ALSO IN HD; ADD 600 TO CHANNEL No. MOVIES SPORTS KIDS

*In HD, these channels run three hours ahead. / Sports programming may vary.

BD-Bend/Redmond/Sisters/Black Butte (Digital); PM-Prineville/Madras; L-La Pine; D1-DirecTV; D2-Dish Network

		A			INING 1/1	1/21	7.200 11.11.5,71.	D 000 TO CHANNEL IN		CABLE CHAN	DD Dclid	/Heamona/Sisters/Bia	ick Butte (Digital); Pi	/I-Prineville/Madras; L	-La Pine; Di-Direci v	; D2-DISH NETWORK
	BD	PM L	. D		6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
(ABC)		2			KATU News at 6 (N	l) 🐧 (Live) 🖾	Jeopardy! (N) n	Wheel of Fortune (N) o 'G'	The Bachelor (N)) '14' ©			The Good Doctor I a veteran with PTSI	im The team treats	KATU News at 11 (N) ©	(11:35) Jimmy Kimmel Live! '14'
KTVZ	6	6	9 6	0 0		NewsChannel 21	NewsChannel 21	Family Feud o	Ellen's Game of G		The Wall Brittany ar		Weakest Link Cont	estants play trivia for	NewsChannel 21	Tonight Show-J.
(NBC) KBNZ	6	6 6) 6			at 6:30 (N) Central Oregon	at 7 (N) © Central Oregon	'PG' @ Central Oregon	play for a chance to		CJ take on the wall. All Rise Lola's form		\$1 million. (N) Ω 'P(at 11 (N) Oregon Daily	Fallon Late Show-Colbert
(CBS)					News at 6pm	Daily News	Daily News	Daily News	o 'PG'	Abishola 6 'PG'	overturned. n '14'		charges. 6 '14' @		News at 11pm Oregon Daily	
(ABC)	a	9 6	JE	ย	Inside Edition (N) 'PG' ©	ABC World News	Jeopardy! (N) o	(N) • 'G'	The Bachelor (N)				a veteran with PTSI		News at 11pm	(11:35) Jimmy Kimmel Live! '14'
KFXO (FOX)	0		6	9 9	Modern Family The Help o 'PG'	The King of Queens o 'PG'	The Big Bang The- ory o 'PG'	The Big Bang The- ory o '14'	9-1-1 What's Next? train derailment.		9-1-1: Lone Star Mi truth about Iris. '14'		News Channel 21	First on FOX (N) ©	TMZ (N) ♠ 'PG' ©	Two and a Half Men '14' @
KPDX		3 6	3		Family Feud o	Family Feud û	The Big Bang The-	The Big Bang The-			9 O'Clock News (N			The Simpsons o	Family Guy The	Family Guy o
(MNT) KOAB	a	នា ន) 6	a (a)	'PG' © This Old House	'PG' BBC World News	ory o 'PG' PBS NewsHour (N'	ory 6 '14'	Antiques Roadsho	w Plains & Prairie	Big Dreams in Um	atilla (N) 'PG'	ory o 'PG' American Experier	14' © The work of Eli-	Dating Game '14' Independent Lens	'14' Life in America over
(PBS)	•				∩ 'G'	Outside	` '		American Indian art	t. (N) 🐽 'G'			zebeth Smith Friedr	nan. (N) 'PG'	a 24-hour period. (N	l) o '14'
KGW (NBC)		8			KGW News at 6 (N) ©	KGW News at 6:30	(N) @	'PG' @	Ellen's Game of G play for a chance to		The Wall Brittany ar CJ take on the wall.		\$1 million. (N) • 'Po	estants play trivia for G'	(N) ©	Tonight Show-J. Fallon
KTVZDT2 (CW)	12	0 E	9	2 22	Bob's Burgers () '14' @	Bob's Burgers () '14' @	Family Guy The Dating Game '14'	Family Guy 10 '14' ©	All American Stori	es (N) 🕜 🚾	Penn & Teller: Foo Malin Nilsson; Mich		Seinfeld The Walle	Seinfeld The Pack- age o 'PG'	Schitt's Creek	Schitt's Creek
OPBPL	175		\pm			Moveable Feast	Wider World		Great Estates Sco	tland Rosslyn 'G'	I'll Have What Phil'		Amanpour and Co		Afropop: Cultural I	
					The First 48 A teen	agor's life is out	The First 48 Fateful	Dato A shy mo-		BLE CHANNEI d; Fallen Idol A Miami		hift Doadly attack in	(10:01) The First 48	Dotoctivos invosti-	(11:04) The First 48	Procente Critical
*A&E	130	44 4	1 26		short. n 'PG' 📼	Ü	chanic is found shot	dead. o '14'	rapper is gunned do	wn. '14'	a barbershop. o '14	.' cc	gate a double murd	er. O '14'	Minutés 🐧 '14' 🕮	
*AMC	102	50 5	25	113	(4:30) ★★★ "Twister en Hunt, Bill Paxton	" (1996, Action) Hel-	*** "Lethal Weapo		Gibson, Danny Glov	er, Gary Busey. A ve		*** "Lethal Weapo		Mel Gibson, Danny G	over, Joe Pesci. Dete	ectives nail a South
*ANPL	68	48 4	3 28	32 184	Alaska: The Last F	rontier 6 '14'	Alaska: The Last F			rontier: The Frozen	Edge A Threatened I	Frontier '14'	Homestead Rescu	e: Survival Shelter E		
	-	_	_	_	Below Deck No Wa	<i>-</i>	Below Deck '14' @	Lact-Standing	Below Deck (N) '14		Below Deck Blood		Watch What	· /	Izzy plays musical b	ounks. '14' Reba 'PG'
CMT					Last-Standing Shark Tank o 'PG'	Last-Standing CC (DVS)	Last-Standing Shark Tank o 'PG'	Last-Standing © (DVS)	Mom '14' Shark Tank O 'PG'	Mom '14' @	Mom '14' The News With Sh	Mom '14' pard Smith	Mom '14' Streets of Dreams	Mom '14' @	Reba 'PG' Dateline The Inside	
CNN	55	67 6	7 20	200	Cuomo Prime Time	(N) (Live) ©	CNN Tonight with I	Oon Lemon (N)	CNN Tonight with	Don Lemon (N)	Anderson Cooper	360 'PG' 📼	Cuomo Prime Time	1	CNN Tonight with I	Oon Lemon
COTV	135 11	73 7	3 24	19 107	The Office '14' (5:30) Bend Planni	The Office '14'	The Office '14' Oregon News	The Office '14' Daily News	The Office '14' Extreme Desire	The Office '14' Frontier Unlim.	The Office '14' Get Outdoors	The Office '14' Visions of NW	The Office '14' Just for Laughs	The Office '14' Law and Crime	The Daily Show Oregon News	The Office '14' The Yoga Show
		15 1	5 35	0 210	Politics and Public		Oregon News	Daily News	Extreme Desire	Frontier ommi.	Politics and Public		Just for Laughs	Law and Crime	Oregon News	The roga Show
*DIS	-		_			Jessie 'G' @	Jessie 'G' @	Jessie 'G' 🖾	Gabby Duran	Gabby Duran	Raven's Home	Raven's Home	Big City Greens	Bunk'd 'G' 📼		Sydney-Max
*DISC *E!	156	43 4	_	_	Street Outlaws: Ra (5:00) Movie	Chrisley Knows	Street Outlaws: Ra Chrisley Knows		Street Outlaws (N) Chrisley Knows	Chrisley Knows	Chrisley Knows	ega Cash Days (N) (Chrisley Knows		Chrisley Knows	Street Outlaws: Fa Chrisley Knows	Nightly Pop '14'
ESPN	21		3 20	140	(5:00) CFP Nationa	I Championship Tea	ams TBA (N) (Live)	ominion randing	Cililoloy Italiono	Bowl Game	SportsCenter With	Scott Van Pelt	SportsCenter (N) (SportsCenter (N) (
						tball Playoff Bowl (N				(8:45) College Foo		(9:45) UFC Archiva	I	UFC Archival	MI D Decebell	UFC Archival
ESPNC	-	_	_		(5:00) MLB Baseba (5:15) College Foot	tball Teams TBA (N)	MLB Baseball (Live)			Questionable	MLB Baseball Around the Horn	Interruption	Jalen & Jacoby	Questionable	MLB Baseball Around the Horn	Interruption
FNC	57	65 6	5 36	205	Hannity (N) (Live)		The Ingraham Ang	le (N) ©	Fox News at Night	With Shannon	Tucker Carlson To	night @	Hannity @		The Ingraham Ang	le 🖾
					Chopped 'G' ©	Supromacy" (2004) N	Chopped 'G' Att Damon, Franka F	Atonto Promioro M	Kids Baking Cham			pionship Sweets ma ion) Matt Damon, Jul		ry items. 'G'	Chopped Belly Dan	
					(4:30) ★★ "The Equ				Diesel. A mysterious	woman forces Dom t				Furious" (2017, Actio		
						Dream Home	100 Day Dream Ho		100 Day Dream Ho		Ty Breaker (N) 🖾		Celebrity IOU (N)			Flip or Flop 'G'
*HIST LIFE					Pawn Stars An icon Rizzoli & Isles Burd		Pawn Stars o 'PG' Rizzoli & Isles '14'		Pawn Stars () 'PG' Rizzoli & Isles Foo		Pawn Stars Wild W (9:03) Rizzoli & Isla		(10:03) Pawn Stars (10:03) Rizzoli & Is		(11:05) Pawn Stars (11:03) Rizzoli & Is	
			_	_	The Rachel Maddo		The Last Word		The 11th Hour Witl		The Rachel Maddo		The Last Word	17 19	The 11th Hour With	
MTV							Diesel, Paul Walker, N ** "The Rugrats M			Ridiculousness		Ridiculousness	Ridiculousness Friends o '14'	Ridiculousness		Ridiculousness
	161		_	_	Dateline on OWN T		Dateline on OWN \	. ,	Dateline on OWN	D '14' @	Young Sheldon Dateline on OWN	Young Sheldon	Deadline: Crime W	Friends 6 '14'	Friends 6 '14' Dateline on OWN 6	Friends () '14'
PAC12	47	33 3	3	406	Basketball Rep.	College Basketball	Oregon at Colorado	(N) ©	Women's College	Basketball Oregon a	t California	Women's College I	Basketball: Beavers	at Cardinal	Pac-12 Football in	60 ©
						Two/Half Men	★★★ "My Cousin Vi ves, Dennis Hopper,		ci. An inept lawyer tri	es to free his cousin t	from a Dixie jail. 🐽 📼 08, Action) Will Smith.		★★★ "The Help" (2	011, Drama) Viola Da	vis, Emma Stone. 🐽 ile" (1999) Tom Hank	
			_	72 260	Steven Furtick	Beyond Blessed	Your Best Life	Prince: Let Go	Praise 'G' 🖾		Joseph Prince	Perry Stone	Steven Furtick	Beyond Blessed		Jordan Rubin
*TBS	16	41 4	1 24	17 139	Family Guy '14' © (DVS)	Family Guy '14' @ (DVS)	Family Guy Peter Problems 6 '14'	Family Guy Grimm Job '14'	Family Guy '14' @ (DVS)	Family Guy '14' @ (DVS)	Family Guy 3 Acts of God '14'	Family Guy Fresh Heir '14'	Go-Big Show Taler Macon, Ga. '14' @	it acts converge on	Conan '14' 🚾	Go-Big Show
TCM	101	51 5	1 2!	6 132	(5:00) *** "The I	our Feathers"	(7:15) *** "Junale	Book" (1942, Adven	ture) Sabu, Joseph (Calleia, John Qualen.	(9:15) *** "The 7	Thief of Bagdad" (194	10, Fantasy) Sabu, Jo	ohn Justin. An Arabi-	(11:15) ** "An Idea	l Husband" (1948)
	470			100	(1939) John Clemer My Pregnant Husb		4000 - 01-4	lowgli can talk to anir	D. Dimela Danasa	0. (4.4)	D. Dissala Dassas	gain his throne from a Cystic River '14'	(40.04) 4000 LL 0:	sters (N) o '14'	Paulette Goddard. © (11:01) Unpolished	
*TNT	17	40 4	2/2/	15 400	(5:30) ★★ "Captain	Marvel" (2019) Brie I	Larson, Samuel L. Ja	ckson. Captain Mar-	*** "A Star Is Borr	n" (2018, Romance) E	Bradley Cooper, Lady	Gaga, Sam Elliott. A	country music star f	alls in love with a	*** "A Star Is Borr	" (2018, Romance)
*TOON					vel gets caught in the Teen Titans Go!	ic illiadic of all alich	war. es (DVO)	Wrld, Gumball	taicitica siriger. E	DVS) Bob's Burgers		American Dad		Rick and Morty	Bradley Cooper. Family Guy '14'	(DVS) Family Guy '14'
	-	47 4	_	_	True Terror With Ro		True Terror With Ro	bert Englund	True Terror With Ro	obert Englund	World's Most Unex	plained (N) 'PG'	Paranormal Declas	ssified (N) ©	Paranormal Declas	
						Andy Griffith	Andy Griffith	Andy Griffith		Love-Raymond		Love-Raymond	Love-Raymond	Love-Raymond		King of Queens
USA VH1					Chicago P.D. False Living Single O		Chicago P.D. Inform		Love & Hip Hop (N	<u>ht RAW (N) </u>		Dance" (2001, Roma	nce) Julia Stiles, Sea	ın Patrick Thomas. 🕡	Straight Up	Modern Family Living Single 0
										ABLE CHANN	ELS					
	35 34		_	_	Boxing World Poker	World Poker	Skip and Shannon	: Undisputed World Poker		TMZ Sports '14' World Poker	PBA Bowling Playo	offs, Round of 16 © Fishing		Fishing	PBA Bowling Playo	offs: Round of 8 Red Bull Series
FXM	104	225 12	0 25	384	(5:55) ★★ "Hotel Tra	nsylvania 3: Summer	r Vacation" 2018 'PG'	CC	(7:50) ★ "Diary of a	Wimpy Kid: The Long		FXM Presents		Kid: The Long Haul'	2017 Jason Drucke	
							nt of Champions, Fina	al Round 'G'	Golf Central 'G' @		PGA Tour Golf Sen	ntry Tournament of Ch		1	The Colder Old	The Colder Old
					(5:45) Tiger () (Part		iney, John Reardon. 1		<i>"Love in Paradise"</i> se of La Llorona" 20 [.]	(2016) Luke Perry, Er 19 'R'	30 Coins The Mirro			The Golden Girls Shame" 2014 Elizabet		(11:45) 30 Coins
IFC	105		56	64 133	Two/Half Men	Two/Half Men	Two/Half Men	Two/Half Men	Two/Half Men	Two/Half Men	Two/Half Men	Two/Half Men	Two/Half Men	Two/Half Men	Two/Half Men	Two/Half Men
							010 Jesse Eisenberg Two separate space		** "The Hunt" 202 Tiny House Nation	0 Ike Barinholtz.	Tiny House Nation		Lincoln: Vampire Hur Tiny House Nation	ter" 2012 Benjamin V	Valker. Tiny House Nation	Live by Night 'R'
					Poker Central	THIS HOUSE WALLON	Poker Central	5. I'U 🖳	Poker Central	II J W	Poker Central	II J W	Poker Central	1 0 164	Poker Central	1 U III
NTOON	89	204 11	5 30	178	The Astronauts o		Danger Force 0	Young Dylan	Odd Parents	Odd Parents	The Loud House		The Loud House		Casagrandes	The Loud House
	37 500	301 30				BigWater In" 1986 Tom Cruise.	Bush Pilots	Hollywood The Circus Ins	Your Honor Part Si	Fight to Survive	Gold Fever Just Pa Shameless NIMBY		Ice Pilots NWT Sca	ary landing. 'PG' Var George MacKay,	Fat Guys in the Wo	
STARZ	300		8 52	26 361	(5:26) ★★ "Stealth"	2005 Josh Lucas. 'Pe	G-13' 🚾	In The Long Run	(7:57) American G			007 Nicolas Cage. 'Po		(10:37) American G	iods 'MA' 📼	(11:37) Chloe 'R'
	-	641 40	$\overline{}$	$\overline{}$	`		Rodriguez. o 'PG-13'					the top of Miami's dr		and American	(10:53) *** "Carlit	
	525 143	54 5			★ Cutting Class Criminal Minds '14'		ole Brown Simpson" Criminal Minds The		* "Paranoia" 2013, Criminal Minds '14	Suspense Liam Hem	nsworth. 6 'PG-13' Criminal Minds '14		"Mob Town" 2019 D Criminal Minds Th	avid Arquette. 6 'R' e Lesson 6 '14'	Triminal Minds Pe	*★ Dark Blue rennials ♠ '14'
						\/	,			\ •/	1	\ •/				