*In HD, these channels run three hours ahead. / Sports programming may vary.

ALSO IN HD; ADD 600 TO CHANNEL No. MOVIES SPORTS KIDS BD-Rend/Redmond/Sisters/Rlack Butte (Digital): PM-Prinaville/Madrae: L.I.a Pine: D1-Directly: D2-Dish Network

	BD	PM	L D	1 D2	12:00	12:30	1:00	1:30	2:00	CABLE CHAN 2:30	3:00	3:30	4:00	4:30	5:00	5:30
KATU (ABC)		2			To Be Announced				Ocean Treks With	Sea Rescue - Matt	Hearts of Heroes	Rock the Park 'G'		To Be Announced		
KTVZ	G	6	G 6	າ ຜາ	(10:00) NFL Footba	II AFC or NFC Wild	Card: Teams TBA	DRL Drone Racing	Jeff Corwin	Gutman	(N) (EI) 'G' Paid Program 'G'	© (DVS) The Vovager-Josh	'G' @ Vets Saving Pets	Cooking to the	Soledad O'Brien	NBC Nightly No
(NBC)				- 1	(N) ♠ (Live)							Garcia	'G' (DVS)	MAXX		- Holt
(CBS)				1 1	at Kansas (N) 📭 (Liv	sketball Oklahoma						CBS Weekend News (N) ©		The NFL Today (N) O (Live) ©	NFL Football AFC Teams TBA (N) • (
KOHD	9	9	9 6	0 0	Paid Program 'G'	Paid Program 'G'	Paid Program 'G'	Paid Program 'G'	Paid Program 'G'	Paid Program 'G'	To Be Announced	To Be Announced	Wipeout Contestar	its run the obstacle	Sports Stars of	ABC World Nev
(ABC) KFXO	0		6	വ	To Be Announced						To Be Announced		course. () 'PG' @		Tomorrow (N)	
(FOX)	w															
(MNT)		13	13		Paid Program 'G'	Paid Program 'G'	*** "It Could Happ	oen to You" (1994, Ro and a waitress split a		colas Cage, Bridget	get help from the ra	n Puddle Proof Police ain. 'PG'	Weather Gone Viral rainfall and tornado		To the Rescue (EI) @	People Weeken
KOAB	7	3	3 6	0 0	Fit 2 Stitch o	It's Sew Easy o	Christopher Kim-	America's Test	Cook's Country	Lidia's Kitchen o	MotorWeek o	The American	Woodsmith Shop	Ask This Old	This Old House	PBS NewsHour
(PBS) KGW		8			'G' (10:00) NFL Footba	'G' II AFC or NFC Wild •	ball's Milk Street Card: Teams TBA	Kitchen DRL Drone Racing	∩ 'G'	'G' @	'G' Paid Program 'G'	Woodshop 'G' Paid Program 'G'	∩ 'G' Earth Odyssey	House 'G' © Wild Child Sum-	o 'G' KGW News at 5 (N	Weekend (N) 0
(NBC)					N) n (Live) 📼			ŭ					With Dylan	mer Session 'G'	,	,
TVZDT2 (CW)	2	7	7 2	2 (22	World of Waves	Paid Program 'G'	Made in Holly- wood 'PG' ©	Drug-Free Relief		<i>mucks"</i> (2010, Come an's encounter with a		ul Rudd, Bruce Green	wood. Comic misad-	The Short List	American Ninja Wa and I-Beam Gap. 'P	
OPBPL	175				Classic-Stretch	Classic-Stretch		Classic-Stretch			Classic-Stretch	Classic-Stretch	Classic-Stretch	Classic-Stretch		Classic-Stretch
					Shockwave Explosi	uo train wrook A	Shockwave Stunt p	lana arachas A		BLE CHANNE		Nature Gone Wild	Court Com A	Court Cam o	Court Cam o	Court Cam o
*A&E	130	44	44 26	55 118	Shockwave Explosi 'PG' ©	ve traili wieck.	'PG' ©	idile Cidsiles. ()	crashes. o 'PG' @		'PG' 🚾	'PG' 🚾	'14' cc	'14' cc	'14' @	'14' @
*AMC	102	50	50 25	54 113		Two and a Half Men '14' ©	Two and a Half Men '14' @	Two and a Half Men '14' ©	*** "The Matrix R fighters revolt again		ence Fiction) Keanu F	Reeves, Laurence Fis	hburne, Carrie-Anne	Moss. Freedom	** "The Matrix Rev Keanu Reeves. ©	volutions" (2003)
*ANPL					Pit Bulls and Parole		Pit Bulls and Parol		Pit Bulls and Paro		Pit Bulls and Paro	lees 'PG' @	Pit Bulls and Paro	lees 'PG' @	Pit Bulls and Paro	lees 'PG' 📼
BRAVO	137	58	58 23	37 129	(9:01) *** "The Gre	een Mile"	()		,	vid Morse. A condem		ses a miraculous hea	ling power. @		(5:15) ★★ "It's Com	plicated" 📼
CMRC	_	-	-	$\overline{}$	** "Road House" (Undercover Boss: (e. A legendary bound Undercover Boss		notorious gin mill. Undercover Boss	Λ 'PG' @	*** "Smokey and Undercover Boss	the Bandit" (1977) B	urt Reynolds, Sally F Undercover Boss		(5:15) ** "Road H	(,
CNBC					CNN Newsroom Wi		CNN Newsroom Wi		CNN Newsroom W	-	CNN Newsroom W		Situation Room W		Situation Room W	
COM	135			19 107	The Office '14'	The Office '14'	The Office '14'	The Office '14'	The Office '14'	The Office '14'	*** "Rush Hour" ((1998, Action) Jackie	Chan, Chris Tucker.	CC	★★ "Rush Hour 2"	
COTV	11	45	1E 01		The Dr. Nandi Shov (11:15) Washington		Paid Program 'G'	Paid Program 'G'	Paid Program 'G'	Extreme Desire	Frontier Unlim.	Get Outdoors Communicators	Visions of NW Washington This V	City Club of Centr	al Oregon	
*DIS	_	_		\rightarrow	<u> </u>	Raven's Home	Raven's Home	Jessie 'G' @	Jessie 'G' 📼	Jessie 'G' 📼	Jessie 'G' 🖾	Jessie 'G' @	Bunk'd 'G' @	Bunk'd 'G' @	Bunk'd 'G' 📼	Bunk'd 'G' 📼
*DISC			43 27	78 182	Expedition Unknow		Expedition Unknow		Expedition Unknow		Expedition Unknow		Expedition Unkno		Expedition Unknow	
*E!	136					00) Piper Perabo, Ad	dam Garcia, Maria Be	ello. 🚾	(2:15) ** "Monster	-in-Law" (2005, Rom	ance-Comedy) Jenni	ifer Lopez, Jane Fond	la. 🚾	★★ "The Holiday" (2006) Cameron Diaz	
ESPN ESPN2					To Be Announced College Basketball	Teams TBA (N)	College Basketball	Teams TBA (N) (Live	e)		College Basketbal	II Teams TBA (N) (Liv	e)		College Basketbal College Basketbal	
ESPNC	23	30	30 6	14	(11:00) College Bas	sketball 'G'	College Basketball		-,		College Basketbal		-,		College Basketbal	
	_			_	· / •	by Connacht vs Mun		The Pulse	The Pulse	The Pulse	The Pulse	The Pulse	The Pulse	The Pulse	The Pulse	The Pulse
FNC *FOOD	_	_		\rightarrow	The Journal Editori Guy's Ranch	Guy's Ranch	Food Paradise Deli	eadquarters (N) (Live	e) 🖾 Food Paradise Tac	n-l anchel 'G'	Fox Report with Jo Food Paradise Bru		Life, Liberty & Lev Food Paradise 'G'		Watters' World (N) Food Paradise 'G'	
FREE						Wonderland" (2010)		Liolous G				_awrence, Josh Hutch			"Hunger Games: C	
FX	131	46	46 24	18 136	13 Hours: Sec	*** "Deepwater H	orizon" (2016, Suspe					2018) Ryan Gosling. A				
*HIST					Love It or List It 'PO The Dark Ages o 'F		Love It or List It 'Po	3' @	Love It or List It 'P	G' (DVS) vs of Terror ♠ 'PG'	Love It or List It 'P	'G' ₪	Love It or List It 'P Buried: Knights Te		Love It or List It 'P Buried: Knights Te	
LIFE							016) Ashley Scott. '14	, cc	,	gate" (2018) Kelly Thi		'14' cc		nare" (2020) Anne H		
					MSNBC Live		MSNBC Live		PoliticsNation (N)	(-, -	Voices-Alicia Men		Voices-Alicia Men		The Week With Jos	
MTV					Ridiculousness SpongeBob	Ridiculousness	Ridiculousness SpongeBob	Ridiculousness	Ridiculousness SpongeBob	Ridiculousness SpongeBob	Ridiculousness SpongeBob	Ridiculousness		Ridiculousness The Loud House		Ridiculousness
OWN	161	213	25 30	79 189	My 600-Lb. Life Mill	a's Story 'PG'	My 600-Lb. Life Ma			Shanta's Story LaSh				ottie's Story 'PG'		
PAC12	47	33	33	406	Pac-12 Football	Women's College I	Basketball	•	College Basketbal	Oregon State at Co	lorado (N) (Live) 📼			College Basketbal		n 🚾
							y After Tomorrow" (20 ill For" (2014) @ (DV			al, lan Holm. 🐽 🖾 ing Citizen" (2009) Ja		**** "The Dark K		Christian Bale, Heat (2013) Bruce Willis, J		1/2)
							Turning Point with		Graham Classic		Precious Memorie			Charles Stanley		
*TBS							** "Uncle Drew" (2	018, Comedy) Kyrie		y, Nick Kroll. Older		nents" (2000, Comedy		ne Hackman, Órland	o Jones. Misfit sub-	** "The Equaliz
					Ing leeth. () PG (©) (10:45) ★★★ "Mid-	(12:45) *** "Famil	basketball players o V Plot" (1976, Suspe	ompete in a tournam nse) Bruce Dern, Kai	ent. (DVS) ren Black. Barbara H	arris. Couples' paths	*** "King Kong"	d during a football str " (1933, Adventure) Frances through Nev	ike. (DVS) av Wrav. Bruce Cabo	t. Captive gigantic	*** "North by No	rthwest" (1959)
TCM					mgm Lacc	oross as they seek t	womano non.				apo cocapos ana re	ampages unough Net	V TOTAL ESS (DVO)		Cary Grant. 🖾 (DVS	
*TLC	178	57	57 28	80 183	Four Weddings o 'F	PG' © ns" (2005, Action) Ch	7 Little Johnstons pristian Bale, Michael		7 Little Johnstons		Unexpected Kids F	Having Kids '14' d" (2016, Action) Will:	Unexpected '14' Smith, Jared Leto, M		Unexpected '14' supervillains unite to	** ",lustice
*TNT	17	40	40 24	15 138	Dark Knight. 📼 (DVS	5)				<u>, </u>	battle a powerful en	ntitỳ. 🖾 (DVS)				League" (2017)
*TOON	84		29	7 177	Wrld, Gumball	Wrld, Gumball	-	Wrld, Gumball		Wrld, Gumball			Teen Titans Go!			Teen Titans Go
					The Osbournes Wa Roseanne 'PG'		The Osbournes Wa Roseanne 'PG'	Roseanne 'PG'	The Osbournes Wa Roseanne 'PG'		Ghost Nation Evil Roseanne 'PG'		Ghost Nation 'PG' Roseanne 'PG'	Roseanne 'PG'	Ghost Nation 'PG' Roseanne 'PG'	Roseanne 'PG'
USA	15	45	45 24	12 105	*** "Avengers: Age	of Ultron" (2015, Ac	tion) Robert Downey	Jr. (DVS)		(2:45) *** "Ant-Ma	an" (2015, Action) Pa	ul Rudd, Michael Dou	iglas. @ (DVS)	'	"Guardians of the C	Galaxy Vol. 2"
VH1	191	82	82 33	35 162	Cheaters 6 '14'	Cheaters 6 '14'	Cheaters 6 '14'	Cheaters o '14'				*** "The Brothers	" (2001) Morris Ches	tnut, D.L. Hughley. o	CC	Daddy's Girls
FS1	35	35	35 2	9 150	College Basketball		College Basketball	UNLV at Colorado S		ABLE CHANN		Elite Youth 'PG'	High School Bask	etball		Elite Youth 'PG'
FS2	34	324	6	18 397	Drag Racing	Drag Racing	Drag Racing		Drag Racing		NHRA Drag Racing	g Lucas Oil Winterna	ionals From Auto Clu	ub Raceway at Pomo		1
	_			_	* "The Perfect Guy" 2015, Suspense Sanaa Lathan. 'PG-13' Golf Central Pregame (N) 'G' Tiger Woods - Chasing History 'PG' Tiger Woods -				(1:55) ★ "Truth or Dare" 2018, Horror Lucy		y Hale. 'PG-13' (3:50) ★★★ "Ge PGA Tour Golf Sentry Tournament of Champions, Third F		,	Out" 2017, Horror Daniel Kaluuya. 'R' @		
	_	_		\rightarrow	Golf Central Pregar (11:00) "Bridal Wave	. ,	"Hearts of Winter" (ntry Tournament of Cl 19, Romance) Trevor		. ,	Golf Central (N) (L "Taking a Shot at L	
	_	_	_	_	` '	. ,	" 2019, War Ed Skre			'CC	<u> </u>	019, Comedy-Drama			(4:50) ★ "Swimfan"	. ,
IFC	105	_	-	\rightarrow		Saved by Bell				,		d to work for the FBI.			e" 2006 Daniel Craig	-
					(11:10) ** "Wander Port Protection Ala		Port Protection: Ice	at a Funeral" 2007	o 'R' Port Protection: Ic		oys" 2019 Jacob Trer Port Protection: Ic		Port Protection: Ic	<i>lykillers"</i> 2004 Tom H e Breakers	anks. 'R' Port Protection: Ic	(5:38) The Door
					College Basketball			La Salle at Massach		- Dicuncia		II Saint Louis at Saint			FIS Alpine Skiing	
IATGEO	_	204	115 30	178	Dude Perfect	Dude Perfect	Dude Perfect	Dude Perfect	Dude Perfect	Dude Perfect	Dude Perfect	Dude Perfect	Dude Perfect	Dude Perfect	Dude Perfect	Dude Perfect
IATGEO NBCSN NTOON		201	307 60	6 396	(11:00) Major Leagu	ue Fishing Cups	MLF All Angles		For Love	Dead Meat	MeatEater '14'	WildFed 'PG'	Blood Run: Fly Fis		Blood Run: Fly Fis	
NBCSN NTOON OUTD	_	_			(11.00) +++ "Tha !	hotor" 2015	+++ "Groon Book"	2018 Viggo Martana	on A DC 10' m		(2:10) Valle Hance	Dart Five 'MAN'	(1.10) +++ "Notion	allamnoon's Animal	House," 1070 John 1	
NBCSN NTOON OUTD SHO	500		54	16 319	(11:00) *** "The Lo		*** "Green Book" (1:06) American Go			ods 'MA' @	(3:10) Your Honor (3:11) American G		(4:10) *** "Nation			
NBCSN NTOON OUTD SHO STARZ	500 300	631	54 408 52	16 319 26 361	(11:00) ★★★ "The Lo American Gods ↔ (11:21) ★ "The Intrud	MA' cc	(1:06) American Go		(2:08) American G	ods 'MA' 📼	(3:11) American G		(4:13) American G		House" 1978 John E (5:12) American G (5:05) *** "Out of	ods 'MA' 📼