

# IMPORTANT TASK UNDERTAKEN IN PUBLIC HEALTH NURSING, REPORT TO CHAPTER REVEALS

The following report, submitted at the directors' meeting of the Bend chapter of the American Red Cross Thursday night, covers the work of public health nursing from November, 1919 to September, 1920, both dates inclusive:

For convenience, the Red Cross county nurse report is divided into two sections—the report of home nursing work, including tuberculosis work, and the report of school nursing, including school inspections and health habit forming work.

Most of the home nursing work was centered around Bend. There were 199 visits made to 93 sick persons when actual nursing care was given; 55 of these patients were less than 6 years of age; 67 of them recovered, 9 died and 17 continued to require care. Some 40 of the 93 were referred to the nurse by physicians; 38 calls came from various sources. This would indicate that quite a number of persons have been interested in referring sick persons to the nurse.

In addition to the 93 patients above mentioned there were 38 tuberculosis patients under care and observation to whom a good many visits were made. Four maternity patients were cared for at the hour of greatest need and 12 visits were made to pre-natal cases.

There is a particularly interesting fact connected with the 77 infant welfare visits. Beginning with four visits in December, the number increases each month, the maximum number of visits in one month being 15, the only month not showing an increase being February, when so many influenza patients were cared for.

Twice in February and twice in May the nurse responded to night calls after 8 o'clock. The sum total of all nursing, instructive, investigative and other calls made in the interest of patients is 823.

The August-September reports are itemized differently, as the blanks were changed. The following items of the work during those two months are not included in the above summary. During August and September, 91 received 164 visits. Thirteen patients were babies, three were maternity, nine were pre-natal, 52 were patients in attendance at the tuberculosis clinic and the remainder were patients carried over from the July clinic.

Deschutes county has the distinction of being the first county in the state where the offer of the county nurse to cooperate with the County Medical association on a tuberculosis clinic was accepted. The clinic in Bend was the first clinic of its kind to be held outside of Portland.

A specialist in tuberculosis was in charge and six Deschutes county physicians attended, two Crook county physicians also being present. There were 52 patients for examination. Nine were diagnosed as positively tuberculous, 18 were contacts or had suspicious symptoms, to be followed up with treatment or watchful care; six are in need of follow-up care for troubles other than tuberculosis; 19 were dismissed.

One patient alone was worth the time, energy and more than the entire cost of the clinic in the definite results brought. One woman had come to the clinic because she was coughing and expectorating. She was diagnosed an advanced tuberculosis patient. Her work had been dishwashing and the preparation of vegetables in one of the Bend hotels. She realizes the great danger of communicating the disease and is now taking care of herself and learning how to protect others.

School nursing includes a general inspection of the sanitary conditions in and about the school, water supply, drinking and hand-washing facilities, heating, lighting, seating, etc. It means talking with the teacher regarding special advantages and disadvantages for health work; it means making an individual inspection of the pupils and advising the parents of conditions not conducive to the healthy development of the child; it means the encouragement of hot lunches at noon and of methods of promoting the teaching of a practical, living hygiene.

Defective—	Nov.	May.	Sept.	Total
Vision	291	46	337	
Hearing (not all tested)	35	6	41	
Nasal breathing	306	96	402	
Throat conditions	394	91	485	
Teeth	500	123	623	

Skin	47	2	49
Tuberculosis	1		1
Malnutrition	259		1
Other	32	6	38
No. inspected	1115	260	1375
No. referred to dentist	465		
No. referred to oculist	269		
No. referred to physician	521		
No. defects corrected	71		
Total No. visits in re school work*	138		
Talks to pupils in class	35		
Talks to parents' meetings	16		
Insp. of school buildings and premises			21

\*Number of visits to homes, 67.

The 71 children found to have had defects cared for during the summer demonstrates a real cooperative spirit with the school nursing work. Also, 71 boys and girls out of a group of 260 is a very encouraging percentage.

The work of a school nurse does not in any way duplicate that of any other worker. She may be likened to the scout going out in search of the latent ill and the early symptoms while there is still time to avoid any greater defect. Ex-Surgeon General Blue spoke of the public health nurse as "The lookout on the mountain." There is also a great deal of health teaching to be done. There are already some 15 schoolrooms in the county where the boys and girls are keeping the health chores and the nurse hopes to have this work in every school before the end of the year.

The fact that nearly one-half of the 1115 children were in urgent need of dental work; that more than half were referred to physicians for examination; that one-fourth were showing the effects of eye strain and defective vision; that so many were so far from being strong, rugged, ruddy-faced boys and girls as to warrant checking the malnutrition column indicate there is work to be done if we would have them grow up strong, healthy men and women.

It should be understood that the word "malnutrition" does not necessarily mean that the child is not getting enough food. He may be getting the quantity, but not the variety he needs, or he may be getting too little rest at night, or not enough fresh air, or it may be the result of bad tooth conditions; it may be that his defective nasal breathing is affecting his health. There are many conditions to be considered and the child should be thoroughly examined by his family physician to ascertain the real cause of the trouble.

Respectfully submitted,  
MARGARET BREMS, R. N.  
Red Cross County Nurse.

## INGROWN TOENAIL RESULTS IN DEATH

Sixteen Year Old George De Carufel Dies of Blood Poisoning—  
Funeral Held Sunday.

George De Carufel, 16-year-old son of Mr. and Mrs. Joseph De Carufel of this city, died Saturday at his home in Bend as the result of blood poisoning. He had been ill eight days. Funeral services were from the home at 2 o'clock Sunday afternoon and an hour later mass was said at St. Francis Catholic church. Burial was at Pilot Butte cemetery.

Infection had its beginning when the boy picked at an ingrown toenail with a pin. Four days afterward his condition alarmed the parents and a physician was summoned. Septicemia became general, however, and terminated in death at the end of four days more.

## 27 TO 7 DEFEAT IS GIVEN BEND ELEVEN

Bend's second football game of the season was lost Saturday afternoon in Redmond, when the Redmond high eleven took the long end of a 27 to 7 score. Norcott made Bend's only touchdown, going 10 yards on a line plunge to Redmond's goal in the second quarter. Claypool kicked goal. Greater weight and experience spelled victory for Redmond. Yardage was chiefly made by Redmond's end runs.

# CLUB CAMPAIGN DIRECTOR HERE

MEETING HELD WITH OFFICERS

Ben H. Schouboe, George Everson and Brice W. Hoskins To Direct Reorganization And Drive For An Increased Membership.

Three representatives of the American City bureau of San Francisco reached Bend last Monday and immediately set about planning for the reorganization of the Bend Commercial club into a modern, up-to-date civic-commercial organization. The campaign crew here is headed by Ben H. Schouboe, directing manager, with him being George Everson, assistant, and Brice W. Hoskins, publicity director. At a meeting of the board of directors, held late this afternoon, plans for the local campaign were outlined by Mr. Schouboe. Campaign headquarters will be established at some convenient downtown location and a clerical force, together with typists, will be recruited with as little delay as possible.

The first phase of the campaign, according to Mr. Schouboe, will be the compiling of a so-called "prospect list," including the name of every citizen of Bend believed to be interested in the growth and development of the city. Later these citizens will be invited to join hands with other progressive citizens in a movement to build a large, central, thoroughly representative civic-commercial organization, which will serve all community interests as a general clearing house for the best thought and effort of the patriotic element which is willing to lend its support in making Bend a bigger, better and busier city in which to live and do business.

300 Cities Served.  
The service of the American City bureau is divided into three parts: First, the campaign period; second, the installation of the new system; third, the continuation service.

The first period of the campaign will be completed in three weeks, following which an installation director will come here for four weeks to install the new service. The bureau will serve the local organization in an advisory capacity and through return visits by its specialists, and its research department, for three years' time. The Chamber of Commerce that will be built for Bend will be along the same lines as those of more than 300 other American cities served by the American City bureau during the last seven years. The campaign crew that has been sent here came from Sacramento, where it successfully conducted a \$100,000 reorganization campaign for the Chamber of Commerce at that point.

## CLOSE ENTRIES FOR BIG 1920 STOCK SHOW

Two Acres of Additional Space Needed To Shelter Exhibits In Pacific International Exposition.

(By United Press to The Bend Bulletin)  
PORTLAND, Oct. 22.—Entries for the Pacific International Livestock exposition, which will be held here November 13 to 20, have been closed, showing an average increase of 60 per cent in all classes.

Approximately two acres of space additional to the six acres provided by the half million dollar stock show plant which was built last year, will be needed to shelter this pure-bred livestock. Nearly 300 breeders in the Pacific coast and Intermountain states and Western Canada have entered the flower of their flocks and herds.

Stuck Up for His Pa.  
Parson Blank took his little son to prayer meeting for the first time. During the prayer one of the deacons uttered a loud "Amen." Willie suffered this to pass without remark, but when the "Amen" was presently repeated he could stand it no longer, and rising in his seat he exclaimed, "Don't mind him, papa, you pray just as long as you want to."—Boston Transcript.

Not a Bad Description.  
Natural history was the subject, and the teacher asked: "Who can tell me what an oyster is?" A shrill voice called out, "An oyster is a fish built like a nut."

No Kentucky Silver Mines.  
The bureau of mines states that there are no silver mines in Kentucky. There is an old legend which prevails throughout the country regarding lost silver mines in that state, but there is no foundation for it.

# DISTRICT MAY FLOAT BONDS

STATEMENT PREPARED FOR DIRECTORS TO SHOW CAPACITY FOR INCURRING ADDED INDEBTEDNESS.

Following out instructions given at the last meeting of the school board, J. Alton Thompson, clerk of the Bend district, is compiling a financial statement in order that the extent to which the district may float bonds for construction purposes may be ascertained. While no new construction has as yet been authorized, the teaching committee of the board is endeavoring to find two more teachers to take care of the increased registration since the opening of the fall term.

George D. Gove, appointed director to fill the vacancy left by the death of J. P. Keyes, was sworn in and placed on the financing and purchasing and the fuel committees. The use of part of the Reid school lawn by a nearby store for stacking wood was complained of by City Superintendent Moore. He also reported that Idaho street, in front of the school, was littered with cans and other rubbish. His complaints were referred to the building and grounds committee and the sanitation committee respectively. The directors decided that the gungalo schools should be wired for electric lights and a call for bids was authorized. The clerk was instructed to draft resolutions on the death of Mr. Keyes.

## APOPLEXY CAUSE OF AGED WOMAN'S DEATH

Mrs. Elizabeth Stewart, 79, a Resident of Bend For Four Years—  
Burial Will Be In Illinois.

Mrs. Elizabeth Jane Stewart, aged 79 years, for four years a resident of Bend, died here Saturday as the result of apoplexy, with senile decay as a contributing cause. The body was shipped to Illinois Wednesday for burial.

One daughter, Mrs. Ella Gurney, survives in Bend and another is now on her way here from Seattle.

## ASSISTANT NAMED FOR POSTMASTER

For the first time since his appointment as postmaster of the Bend office, W. H. Hudson has a regularly qualified assistant. The position has just been filled by the appointment of S. C. Seeds, arrived this week from Denver. Mr. Seeds has been in the postal service for many years, was formerly an inspector in the San Francisco division and has held assistant postmasterships in Baker, Montana, Sand Point, Idaho, and Douglas, Ariz.

## The Old Red Barn Passes.

Boyhood days without a hayloft are like a play without a stage. The automobile has vanquished the big red barn, as the cement bottomed pool has the old swimming pool. The center of boyhood life has disappeared. Imagine the gang sneaking off from trusting parents on a hot afternoon and congregating in the shiny new garage. Where can they conceal the forbidden weapons, or the thumb-marked yellow-back that mother thinks has long since fallen into the ash heap? Where do they hide to escape the starched shirt and stiff shoes and the party? Where are the circuses given? The train robberies planned? And the half-raised stories repeated? The carefree scenes of boyhood life has disappeared. In no field to grow and expand in. Half the joys of youth have vanished with the passing of the old red barn.—Summer Session Kansan.

Imposing on Hospitality.  
In Alabama a negro team driver came home one night and found his wife highly agitated.

"Jeff," she said, "you know dat Asa Rogers' wife, Sallie, is dead. Ain't you goin' to be a pallbearer at de fun'r'l?"

"No, I ain't," answered Jeff with unusual positiveness.

"You ain't! Well, wasn't you a pallbearer at de fun'r'l of his second wife, Melissa?"

"So I wuz. But dat ain't—"  
"En wuzn't you a pallbearer at de fun'r'l of his first wife, Mandie? What you mean, you ain't goin' to act dis time?"  
"Liza," he said, "suttinly, I wuz a pallbearer at dem fun'r'ls, en I done de best I could, but I'm tellin' you now I ain't acceptin' no mo' favors from nobody what I can't return."—London Tit-Bits.

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The Paper Used in Bibles.  
The Oxford India paper used in Bibles is still manufactured under special conditions which are kept secret, but numerous imitations of good qualities have sprung up.—The Argonaut.

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