

# LOYAL LEGION MAY CONTINUE

## MEMBERS TO VOTE ON ISSUE.

May Be Retained as Post-War Organization—Election to Be Held to Elect Delegates to Convention.

(From Saturday's Daily.)

Whether or not the Loyal Legion of Loggers and Lumbermen shall continue as an organization of the timber workers of the northwest will be decided at meetings to be held in Portland and Spokane on December 6 and 9, respectively. Under instructions from Legion headquarters the question is now being voted on by all the Legion locals, the official bulletin directing that this step be taken and discussing the situation in general being as follows:

"The granting of an armistice, which undoubtedly means the ending of the war and an early peace agreement, has brought to the attention of the members of the Loyal Legion, in a most forceful manner, the fact that the withdrawal of the spruce production division means the termination of the government's supervision over the activities of the Loyal Legion of Loggers and Lumbermen. Many letters have been received from members containing suggestions and urging that they be given an opportunity to decide as to its future, the most popular method proposed is that a vote of the membership of each local be taken; the same to be ratified by a convention of delegates to follow.

"While it is true the purpose of which the Loyal Legion was organized no longer exists, it is also true that if its continuation as a post-war organization is desired by the members—if it will mean greater stability to the logging and lumbering industry, if it will mean less friction between employer and employe, better hours, wages, living conditions and greater efficiency—its perpetuation is justified, and it is the duty of these headquarters to afford an opportunity for the membership to so determine. Therefore, conventions consisting of one representative from each operator and one employe delegate from each local are called.

"For the Pacific Coast division, Districts Nos. 1 to 8, inclusive, at the Masonic Temple, 288 Yamhill street, in Portland, Oregon, at 10 o'clock a. m., December 6th.

"For the Inland Empire, Districts Nos. 9 to 12, inclusive, at the Armory in Spokane, Washington, at 10 o'clock a. m., December 9th.

"Upon receipt of this bulletin all secretaries are requested to immediately call a meeting of their local at the earliest convenient date, being careful to see that every member is given notice as to time and place of meeting. The special action to be taken at the meeting on which a report will be made by secretaries on the blank enclosed will be as follows:

"First: Shall the Loyal Legion of Loggers and Lumbermen be continued as a peace organization? The number of votes cast for and against the above proposition will be accurately counted and recorded.

"Second: Shall the local pay the expenses of a delegate to the convention, to include mileage, expenses and actual time lost? The latter two items being figured at \$5.00 per day. In case this question is decided in the affirmative, the local should take immediate steps to provide the necessary funds so that payment may be made to the delegate upon his departure for the convention.

"Third: If the vote of the local

indicates that a permanent organization is desired, its delegate should be instructed definitely as to the attitude of the members on the many important matters that may come before the convention, such as (a) method of organization and administration; (b) old age insurance; (c) insurance against loss of work through sickness or accident; (d) hospital care for all members; (e) dues from members to be matched by an equal amount from operator.

"In order that the unbiased opinion of employe members may be obtained on the above questions through a free and open discussion, without prejudice, the attendance at the meeting will be confined to employes only.

"Attention is called to paragraph D of section 2 of the rules governing the Loyal Legion, which reads as follows:

"The chairman of the local or joint conference committee shall be the one regularly accredited delegate to any general convention hereafter called."

"By the above, it will be noted that the election of a delegate is already necessary providing the local has already selected a conference committee, and its chairman is available to represent them.

"It should be remembered that the rules provide for only one conference committee to each operation, some of which include a number of Loyal Legion locals. As it is desired that the proposed meeting be thoroughly representative the delegates to the convention will not be restricted to only one from an operation, if the membership feel that their interests will be advanced by a larger delegation even to the point of one from each local, providing that local desires to care for the expenses.

"Secretaries should not be confused as to the provisions of this paragraph. It means if your local is one of a number within the jurisdiction of one operation it may elect a delegate for each local, if it is desired that representation in addition to the chairman of the conference committee, who is the duly accredited representative of all the locals, is desired.

"As a complete referendum vote on the question, 'Shall the Loyal Legion of Loggers and Lumbermen continue as a peace organization?' a meeting of every local must be called and a vote on that question taken, the action to be reported on the blank enclosed.

"Employers are requested to note that paragraph 2 of this bulletin provides for their sending a representative to the convention. The co-operation of every employer and employe is solicited in obtaining a full representation in order that the decision of the convention may be fair and equitable and in accordance with the wishes of the majority.

"Both the representatives of employers and employes will bring with them credentials certified to by the employer and the secretary of the local they represent, blanks for that purpose being enclosed herewith."

For Croup, "Flu" and "Grip" Coughs

M. T. Davis, leading merchant of Bearsville, W. Va., writes: "A few nights ago one of my patrons had a small child taken with croup about midnight. Came to my store and got Foley's Honey and Tar Compound. Before morning the child entirely recovered. Parents can't say enough for Foley's Honey and Tar." Sold everywhere.—Adv.

# U. S. HEALTH SERVICE ISSUES WARNING

## Increase in All Respiratory Diseases After the Influenza Epidemic Probable.

Influenza Expected to Lurk for Months. How to Guard Against Pneumonia. Common Colds Highly Catching—Importance of Suitable Clothing—Could Save 100,000 Lives.

Washington, D. C.—With the subsidence of the epidemic of influenza the attention of health officers is directed to pneumonia, bronchitis and other diseases of the respiratory system which regularly cause a large number of deaths, especially during the winter season.

According to Rupert Blue, Surgeon General of the United States Public Health Service, these diseases will be especially prevalent this winter unless the people are particularly careful to obey health instructions.

"The present epidemic," said Surgeon General Blue, "has taught by bitter experience how readily a condition beginning apparently as a slight cold may go on to pneumonia and death. Although the worst of the epidemic is over, there will continue to be a large number of scattered cases, many of them mild and unrecognized, which will be danger spots to be guarded against." The Surgeon General likened the present situation to that after a great fire, saying, "No fire chief who understands his business stops playing the hose on the charred debris as soon as the flames and visible fire have disappeared. On the contrary, he continues the water for hours and even days, for he knows that there is danger of the fire rekindling from smoldering embers."

"Then you fear another outbreak of influenza?" he was asked. "Not necessarily another large epidemic," said the Surgeon General, "but unless the people learn to realize the seriousness of the danger they will be compelled to pay a heavy death toll from pneumonia and other respiratory diseases."

### Common Colds Highly Catching.

"It is encouraging to observe that people are beginning to learn that ordinary coughs and colds are highly catching and are spread from person to person by means of droplets of germ laden mucus. Such droplets are sprayed into the air when careless or ignorant people cough or sneeze without covering their mouth and nose. It is also good to know that people have learned something about the value of fresh air. In summer, when people are largely out of doors, the respiratory diseases (coughs, colds, pneumonia, etc.) are infrequent; in the fall, as people begin to remain indoors, the respiratory diseases increase; in the winter, when people are prone to stay in badly ventilated, overheated rooms, the respiratory diseases become very prevalent.

### Suitable Clothing Important.

"Still another factor in the production of colds, pneumonia and other respiratory diseases is carelessness or ignorance of the people regarding suitable clothing during the seasons when the weather suddenly changes, sitting in warm rooms too heavily dressed or, what is even more common, especially among women, dressing so lightly that windows are kept closed in order to be comfortably warm. This is a very injurious practice.

### Could Save 100,000 Lives.

"I believe we could easily save one hundred thousand lives annually in the United States if all the people would adopt the system of fresh air living followed, for example, in tuberculosis sanatoria. There is nothing mysterious about it—no specific medicine, no vaccine. The important thing is right living, good food and plenty of fresh air.

### Droplet Infection Explained in Pictures.

"The Bureau of Public Health, Treasury Department, has just issued a striking poster drawn by Berryman, the well-known Washington cartoonist. The poster exemplifies the modern method of health education. A few years ago, under similar circumstances, the health authorities would have issued an official dry but scientifically accurate bulletin teaching the role of droplet infection in the spread of respiratory diseases. The only ones who would have understood the bulletin would have been those who already knew all about the subject. The man in the street, the plain citizen and the many millions who toil for their living would have had no time and no desire to wade through the technical phraseology."



Copies of this poster can be obtained free of charge by writing to the Surgeon General, U. S. Public Health Service, Washington, D. C.

# ADVICE TO "FLU" CONVALESCENTS

## SPAIN AND ENGLAND REPORT INCREASE IN TUBERCULOSIS AFTER INFLUENZA EPIDEMIC.

U. S. Public Health Service Warns Public Against Tuberculosis. One Million Cases Tuberculosis in United States—Each a Source of Danger.

Influenza Convalescents Should Have Lungs Examined—Colds Which Hang On Often Beginning of Tuberculosis. No Cause for Alarm if Tuberculosis is Recognized Early—Patent Medicines Not to Be Trusted.

- Beware tuberculosis after influenza. No need to worry if you take precautions in time. Don't diagnose your own condition. Have your doctor examine your lungs several times at monthly intervals. Build up your strength with right living, good food and plenty of fresh air. Don't waste money on patent medicines advertised to cure tuberculosis. Become a fresh-air crank and enjoy life.

Washington, D. C. (Special).—According to a report made to the United States Public Health Service, the epidemic of influenza in Spain has already caused an increase in the prevalence and deaths from pulmonary tuberculosis. A similar association between influenza and tuberculosis was recently made by Sir Arthur Newsholme, the chief medical officer of the English public health service, in his analysis of the tuberculosis death rate in England.

In order that the people of the United States may profit by the experience of other countries Surgeon General Rupert Blue of the United States Public Health Service has just issued a warning emphasizing the need of special precautions at the present time. "Experience seems to indicate," says the Surgeon General, "that persons whose resistance has been weakened by an attack of influenza are peculiarly susceptible to tuberculosis. With millions of its people recently affected with influenza this country now offers conditions favoring the spread of tuberculosis."

### One Million Consumptives in the United States.

"Then you consider this a serious menace?" was asked. "In my opinion it is, though I hasten to add it is distinctly one against which the people can guard. So far as one can estimate there are at present about one million cases of tuberculosis in the United States. There is unfortunately no complete census available to show exactly the number of tuberculous persons in each state despite the fact that most of the states have made the disease reportable. In New York city, where reporting has been in force for many years, over 35,000 cases of tuberculosis are registered with the Department of Health. Those familiar with the situation believe that the addition of unrecognized and unreported cases would make the number nearer 50,000. The very careful health survey conducted during the past two years in Framingham, Mass., revealed 200 cases of tuberculosis in a population of approximately 15,000. If these proportions hold true for the United States as a whole they would indicate that about one in every hundred persons is tuberculous. Each of these constitutes a source of danger to be guarded against."

### What to Do.

In his statement to the public Surgeon General Blue points out how those who have had influenza should protect themselves against tuberculosis. "All who have recovered from influenza," says the Surgeon General, "should have their lungs carefully examined by a competent physician. In fact, it is desirable to have several examinations made a month apart. Such examinations cannot be made through the clothing nor can they be carried out in two or three minutes. If the lungs are found to be free from tuberculosis every effort should be made to keep them so. This can be done by right living, good food and plenty of fresh air."

### Danger Signs.

The Surgeon General warned especially against certain danger signs, such as "decline" and "colds which hang on."

These, he explained, were often the beginning of tuberculosis. "If you do not get well promptly, if your cold seems to hang on or your health and strength decline, remember that these are often the early signs of tuberculosis. Place yourself at once under the care of a competent physician. Tuberculosis is curable in the early stages. Patent Medicines Dangerous in Tuberculosis.

"Above all do not trust in the misleading statements of unscrupulous patent medicine fakers. There is no specific medicine for the cure of tuberculosis. The money spent on such medicines is thrown away; it should be spent instead for good food and decent living."

# Mike laughed at the Judge



for chewing Gravely.

The Judge came right back at Mike with a friendly chew—just a couple of little squares off his plug of Real Gravely.

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# RECEIVED TOBACCO WHILE IN HOSPITAL

A kit of tobacco from The Bulletin tobacco fund furnished Private Tom Moore of the American expeditionary forces with comfort while he was in a hospital in France, wounded, according to a card received by Henry Clow in this city, the donor. Private Moore states it is not possible for words to express the comfort which the men derive from the tobacco sent them.

# INFLUENZA RAISES MORTALITY RATES

Insurance Companies Reported Over 500 Per Cent. Increase in Deaths During 1918.

The effect of the influenza epidemic throughout the nation is best determined from an account of the casualties sent out by the life insurance companies to their agents. J. B. Anderson, agent for the California State Life in this city, has received such a bulletin from the head office, one paragraph relating to the mortality rates saying:

"As an evidence as to the extent the mortality increase has been increased through the epidemic of influenza, the average of October for the past six years previous, 1912 to 1917, both inclusive, was three deaths, totalling \$11,250. During October, 1918, there were 26 claims, totalling \$80,522.60."

Mr. Anderson's company has made several heavy payments in this county, the most recent being in the claim of William E. Durand of Red-

mond, who was accidentally killed while driving his machine from Eugene to his home at Redmond, Mr. Durand had taken out the California life limited pay policy for \$2000, carrying a double indemnity clause for accidental death. The check was submitted to Mrs. Durand on November 7, and was for \$4039.88. The additional \$2000 being in payment on the indemnity plan, the \$39.88 being the dividend on the policy for the two years which it had been held by Mr. Durand.

Pain Kept Him Awake Nights. J. W. Peck, Coraopolis, Pa., writes: "I suffered terrible pain; unable to lie down at night. Tried three different doctors. Three weeks ago began taking Foley Kidney Pills; improvement in my condition is really wonderful." Use Foley Kidney Pills for kidneys, bladder trouble, backache, rheumatism. Sold everywhere.—Adv.

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