

Safety Rules for Loggers

The following safety-first rules for loggers were issued by The Weed Lumber Co., in their publication, "Splinters."

Loaders.
Do not load a car unless hand brake is set up tight, and if the car be on any grade, see that the snub line with clevis is fastened to the car.

When moving cars ahead, as soon as same are spotted, set up all brakes on both loaded and empty cars.

Take no chances in working or walking under or near logs lifted in the air with hooks. Never use hooks to lift a log scaling more than 1500 feet (it is very dangerous to do so as the hooks are liable to pull out and fly.) Logs scaling over 1500 feet should be rolled onto the cars with straps fastened to the gin-pole and used as a crotch line.

Do not fasten a hook to any portion of car, except the car bunk or axle.

Do not load logs upon car at the landing until the track is thoroughly cleaned out, and the rail clear of all mud, chips, sticks and other obstructions, and all limbs cut off the logs and stamped on both ends.

Always see that the chock blocks on the hunka stand straight up, and that there is no slack in the chain. Use no blocks or rigging that are not perfectly sound and safe in every way.

Fallers.
Never stand close to trees when falling.

Always give plenty of warning to all employes and persons near before a tree is felled.

Always fall every snag that is in anywise liable to blow over or fall on you while at work.

Always keep a lookout for loose limbs and snags, and avoid the same.

Immediately turn in all tools not in proper shape or repair, notify foreman and procure others.

Buckers.
Be careful to cut all logs where measured.

Block up logs so that the same will not split while bucking.

Always work on the upper side of a log on the sidehill, so as to avoid the danger of its rolling down on you.

Do not work near or under trees, having loose limbs, or snags, but first have same cut down.

At all times be extremely careful to keep away from lines, and from falling timber. In long timber the

limbs frequently fly a long distance when felled.

Train Men and Construction Men.

Haul no logs until you are certain that the load is well balanced, secure and safe.

Never stand beside or near a train or load of logs that is in motion.

Do not get on or off the cars or engines while in motion, and do not walk over log cars while in motion.

Never stand between cars while coupling. (Logs often extend over the ends of cars.)

Never get under a pile while it is being raised.

If you know or suspect any physical disability or inexperience in yourself or fellow-workmen, immed-

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lately report same to your superior. Foremen.

Always thoroughly instruct each man as to his work and the dangers thereof, and secure his consent before placing him upon any job involving danger.

Immediately discharge any habitual drunkard or man who comes to the camp in a drunken condition.

Immediately discharge any man who brings liquor to camp.

To All Foremen and Employes.
It is the intention and desire of this company that its employes at all times be very careful and keep out of unnecessary danger in every manner and form while employed at their work.

No man is to start at any kind of work unless he is thoroughly familiar with the dangers thereof, and fully capable of properly performing the work.

For Summer Troubles.
Hay fever afflicts thousands and asthma sufferers endure torture. Foley's Honey and Tar gives relief. It allays inflammation, clears air passages, eases rasping cough, soothes and heals. This wholesome family remedy contains no opiates—a bottle lasts a long time. Sold everywhere.—Adv.

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You can get delicious creamy cottage cheese at American Bakery or O'Donnell's market. Ask for it. If

Preparedness—yes for the big hard time ball at the Hippodrome. Watch for it.—Adv. 20c

See Edwards for good house painting.—Adv.

ELECTING A PRESIDENT



Madison Defeats Pinckney Decisively In 1808.

THE Democratic Republicans nominated James Madison of Virginia in 1808. His running mate was George Clinton of New York. The Republican ticket that year was C. C. Pinckney of South Carolina and Rufus King of New York. The election took place on Nov. 8, and the vote, as counted on Feb. 6, 1809, was: Madison, 122; Pinckney, 47.

In the election of 1812 Madison, renominated by the Republicans, defeated DeWitt Clinton of New York by a vote of 128 to 80. Nominations were made by a caucus, and Clinton refused to be bound, and the Federalists decided to support George Clinton.

(Watch for the election of Monroe in 1816 in our next issue.)

Christy Mathewson by Walt Mason

When Christy's dead a hundred years, the fans will still discuss his play, and sigh, while shedding briny tears, "There are no men like him today! He used the brains behind his brow, and gave the foe a grievous jar; the chroniclers have told us how he was for years and years a star. Great pitchers came and cut some grass, and died, and then forgotten were; he saw them come, and saw them pass, and still kicked up a mighty stir." The chroniclers will also tell how Christy, when a game was played, filled up the pipe he loved so well, to soothe his nerves, all tired and frayed. He smoked Tuxedo every time, the critic's smoke, the mild and rare, Tuxedo fragrant and sublime, the cool, sweet smoke beyond compare.



CHRISTY MATHEWSON Pitcher—New York Giants
"Tuxedo gets to me in a natural, pleasant way. It's what I call good, honest, companionable tobacco—the kind to stick to."

See J. Ryan & Co., for farm land loans.—Adv.
For sign painting see Edwards.—Adv.

to do this, but you can learn, just as you learned to read and write, or to ride a bicycle, or to skate.

Do not make hard work of being healthy. If you worry about it you will not be healthy. Lay down certain rules and follow them the best you can until you get used to doing them.

Do not hurry if you can help it. Start to your work a little earlier in the morning and take your time. You will not be tired when you get there and you will work better.

Take your time going home at night. You will enjoy your supper more and sleep better. Then you will do better work the next day and will be happier in your work.

We all want many things, but we must not want them so hard that it will strain our minds and bodies to get them. Take your life and your work cheerfully. When you learn to do this, you will be happier and you will get more of the things you want. Almost anyone can do this if he makes up his mind to do it.

Clean up and paint up. See Edwards.—Adv.

ONE CENT A WORD is all a little Want Ad will cost you.

- DO YOU KNOW THAT
- Efficient muzzling of dogs will eradicate rabies?
- The protection of the health of children is the first duty of the Nation?
- Bad temper is sometimes merely a symptom of bad health?
- Insanity costs every inhabitant in the United States \$1 per year?
- The U. S. Public Health Service has proven that typhus is spread by lice?
- Untreated pellagra ends in insanity?
- In the lexicon of health there is no such word as "neutrality" against disease?
- The death rate of persons under 45 is decreasing; of those over 45 it is increasing?

A desirable bread knife free with every annual subscription to The Bend Bulletin.

See J. Ryan & Co., for farm land loans.—Adv.

For sign painting see Edwards.—Adv.

How to Live Long

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ACTIVITY—RULE 15.
Be Cheerful and Learn Not to Worry. The mind and the body work together.

The mind has a strong effect on the health of the body. A fit of anger, or a spell of worry, or envy, or hate, or jealousy may make you more tired than a hard day's work.

Try to drive out the thoughts that make you unhappy by thoughts that make you happy. Say to yourself of your worry, "Forget it." It is hard

LAW SCHOOL

A LAW SCHOOL will be opened in Bend about September 1, 1916, by Grant M. Raymond, LL. B., and Arthur J. Moore, LL. B. The school will be a night school, for the benefit of those who are otherwise engaged during the day.

Applications for admission are now being received at the law office of Raymond & Moore, on Bond street. Tuition will be within the reach of all.

The regular law course as prescribed by the leading law schools of the country will be adopted. Upon completion of the course graduates will be eligible for admission to practice law in the State of Oregon upon passing the State Bar Examination.

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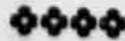
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