## AUTOTRMVEL ON THE INTREEASE




To Stimulate ㅃu" $\pm=$ Big Cut
 Nuw \% 2wan 2 R. J. TODD

HELP THE HOME PMPFR WTH HITHS, SUS HIEE Head of Department of Journalism
at University ot Oremon Tefle How Ctisens May Atd Communits. "It is not enough for a live oom-
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and to promote general proupertity.
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Dr. Wiley Prepares an Ideal Food Box For Starving Belgium

New Plan of Relief Suggested by Washington Woman-..How You Cán Aid the Stricken Little Sister of the World d $=$ By rerILL IREUIN=


MRS. JOSEPH DARLING DIRECTING THE PACKING OF IDEAL

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 Heen knitilian solved the problem. Mra Josept Darling of Wanhlagton ban

 naw Dr Hurvey Wiley, who tald out the hoeni food boxee for Belcaian rellef
and their plan bas now been taken up by the woman's setion of the coumita
 Dr. Wiler's box for Beighao adulte, as silgbtiy revised to get its wolgh tanide the porcel poat rexulations, is as follows: Three No. a tue of beanas.
three No. 1 thas of plak Alauka animon, one fivepound selk of tolle
 one two pound sack of granulated singar, one threepound sack of Callforata prunes, one seven-pound nuck of wheat toar, one one-pound sack of allt, one
can opener, one box. can opener, oue box.
It to intended mainty for such Americans as can afford to go and order booce from the grocen. Helortum wants any kind of food which will ortand oeean
trampportation. Which exclucea fresh frutt and vegetabied. The commindion for rellef to Relgtum has arranged with the postoflce a

 money expended for atampe will be refonded by the commlaston The puckag
ahould welsh not lese thas twenty pounda and not more than Afty.



IS OPEN FOR BUSINESS. The public is cordially invited to visit our shop and inspect our CLEAN and SANITARY methods
C. HOLSCHER
$\overline{-W \text { We have in our employ }} \mathrm{Our}$ Bread a baker with over twenty years experience and can now furnish our patron with Fren, Parman and American Pastry.............

ancobe 5 c per loaf

American Bakery


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