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THE BEND BULLETIN, BEND, ORE., WEDNESDAY, OCTOBER 14, 1914.

NEW VEGETABLE SEEMS SUCCESS

HELIANTI IS FOUND DELICIOUS

Tuber Developed by F. Edwards on Dry Land Ranch Has Many Uses And is Highly Satisfactory as A Desirable Table Delicacy.

There seems every reason to believe that F. Edwards has developed a vegetable here that will be a great commercial success. It is called Hellanthi. Frost and drouth have no effect on the tuber—for Hellanthi is a root—and already it has been raised with marked success on raw ind, absolutely without irrigation. Those who have eaten the tuber find it delicious. In appearance it resembles an under sized sweet po-

find it delicious. In appearance it find it delicious. In appearance it resembles an under sized sweet potato, and in taste reminds one of an oyster plant. However, it is far more versatile than either, when it comes to cooking, for Helianthi may be cooked and served in a multitude of ways. It can, for instance, be used like asparagus, like potato or even for soup. Further, experiments have shown that stock take to it greedily, and when big production is undertaken its importance in this direction no doubt will be developed. Mr. Edwards, whose ranch is half a mile off the Bend-Burns road eight

Mr. Edwards, whose ranch is half a mile off the Bend-Burns road eight miles east of town, has been experimenting with crops for three years. Now he says that Helianthi is by all odds the best he has discovered, and he is enthusiastic concerning its pizsibilities.

sibilities. In a table of food values furnished by a physician, Dr. Koch, Hallanthi shows 540, while green peas register 465, turnips 133 and pointoes 126. According to authorities on this little known vegetable, and as stated by Mr. Edwards, it will produce more units of food value to a given area than any other vegetable known. Its tops are also valuable for stock fodder. Incidentally, they bear an attractive bloom, something like a large yellow cosmos.



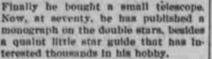
east homestead country. Absolutely unharmed by frost or drought. A commercial opportunity for the Central Oregon farmer! It produces enormous quantities of nutritious food in very small areas. For sale for seed purposes

or F. EDWARDS, Box 280, Bend

hobby to confirm his diagnosis. In ten years he has discovered, classified and tested 170 kinds of edible mushrooms and has published a book which is one of the standard authorities for mushroom enters of the world.

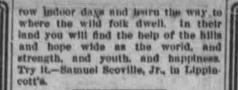
Another septusgenarian attributes his long life to the stars. Confined to business during the day, he sought the e open air at night and began to study the changing constellations and the perpiesting planets. Then he found that with an opera glass he could detect their colors and reveled in the blue light of Vega, the green glare of Sirius, the rose red of Aldebaran, the fame color of Reteigness and the strange

the rose red of Aldebaran, the dame T rolor of Reteignese and the strange Try shades of other gleaming sky kings Esc



None of the nature studies requires much money or time. A cheap filustrated guidebook, an opera glass and, if possible, some walks and talks with an expert, and you will learn almost immediately to identify a score or more of flowers, or birds, or constellations, or mushrooms, and you will have found a hobby on which you may ride away from Death.

Try it, young men, lest you grow old. Try it, old men, before you grow tired. Escape into the open from these nar-



Across the Atlantic.

The narrowest part of the Atlantic is between Brazil and Guines, where the ocean is only about 1,800 miles wide. From Newfoundland to Ireland, the narrowest breadth north of the equator, is nearly twice as far. From New York to the nearest point of France is nearly three times as far.

The Lesser Evil.

"It's Mr. Horeleigh I think I'll send him word I'm ont." "Won't the still, small coice reproted

you?"

"Oh, yes, but I'd rather listen to the still, small voice than to Mr. Hore leigh's."- Boston Transcript.

The most deadly foe to success in the future is the inertia which springs from self satisfaction in the success of the past.

the second s

Flower and Weed Test. How to tell the flowers from the weeds: Pull them up by the roots. If they are flowers that will be the inst of 'em: if weeds, only the beginning.--Chicago Newa.

COTTAGE CHEESE. Fresh cottage cheese on sale at the Creamery at all times. Adv 29321

Is It Done Right?

WHO DOES



Did the Bend Water Light & Power Co, when they built their new Power Plant use the best SAND and GRAVEL they could buy?

WHY did the City, when they built the new SEWER SYSTEM, use the best SAND and GRAVEL the market afforded? The answer is obvious. They KNEW that the best materials for concrete work pay the largest dividends in the end.

As we have been able to satisfy the exacting demands of these customers, we feel that your demands can be as successfully met.

We can supply you with the proper sizes of washed sand and screened gravel for your particular purpose. Ask for quotations.

Bolton, Ruetenik & May

FRANK MAY, Mgr. Bend, Ore. Office with Robt. B. Gould, Deschutes Bank Building. "Concrete Ultimately, Why Not Now?"





Easy and Pleasant and Costs but Little to Try It.

A GOOD WAY TO CHEAT DEATH.

The Prescription is to Mix Open Air and a Hobby, Shake Well and Take as Many Hours a Day or Night as Possible—The Cure in Real Life.

Old age can be cured. The prescription is a simple one. Mix open air and a holdy, shake well and take as many hours a day as possible. No one begins to age until he is bored, and the first gray hair comes when a man audniv thinks to himself. "Wint's th use?" Then is the time when a bobby makes life interesting agata. There was an official on one of our great railroads who was retired at seventy. "He'll die now," snid his friends kindly. But he didn't. Instead, he became interested in the wild flowers. and now he is too busy in looking for the ram's head orchid and trying to find a new station for the hart's tongue fern and tramping around in the woods and fields in all kinds of weather even to think of dying Anyway, he would not have time until he's finished his monograph on the willows of the United States. There is a woman in Baltimore, seventy-two years old, who years ago sought to forget a great sorrow by learning the butterflies. Her city home has become a rendezvous for entomologists all over the world and houses a famous collection While her contemporaries are dozing their lives away in caps and easy chuirs she spends her summers in the mountains and her winters in Fiorida with a butterfly net. Twenty-one new species to identify are her contribution to the lepidoptera, and she pluns to live until the last goal of an entomologist is reachedthe using of her single initial species. An octet of men in Philadelphia, all well past their threescore years, some in business and some foot loose, belong to the same ornithological society. They are affeld every day of the year, rain or shine, to watch the ever changing bird life. In the spring each propares migrant sheets showing the arrivals of the bundred odd migrants that pass through every place every year. There is great rivalry as to who shall score the most warblers or identify the largest number of birds in one day. At present writing the oldest of the elabt holds a record of seventyfive different kinds of birds seen or heard in one day between dawn and durk-one for each year of his age and one to grow on. A man in North Carolina by the audden death of two of his family was left alone with but little money, no. friends and the cheering dictum from his doctor that he had only a year to live. To while away the few months still left to him as well as to help out his household expenses he took up the study of edible mushrooms. At the end of a year in the open he notified his indignant physician that he had become too much interested in his



Give you all of the good and none of the bad effects of coffee. They eliminate the poison and make coffee PURE and WHOLESOME **PRICE....\$7.50**

The ELECTRIC TOAST-ER makes ideal toast. We have a few at..... \$2.50

The BEND WATER LIGHT @ POWER CO.

