EXERCISE YOUR MIND.

Good Hard Thinking Will Help You Mentally and Physically.

Exercise your body if you will-that enmost barm you and is pretty sure to do you a great deal of good-but, whatever else you do or neglect to do, keep thinking. The well established inw of the physical universe that a machine tends to rust out more quickly than to wear out bolds equally good in the paychical sphere.

It is no mere coincidence that most of the great thinkers of the world. whether in philosophy, science, industry, literature or the arts, have lived to be old men despite the fact that in youth they were in many instances physical weaklings. Significant, too, is the fact that the underity of them began to think, began to exercise their minds along the tines in which they uttimately achieved greatness, while they wice still young. There is here a pregnaut blot for parents.

Whatever aptitude, whatever special interest, your child chances to display encourage him in it. Don't deaden his desire for knowledge, his instinctive tendency to think, by indifference, by fallure to answer his incessant bombardment of questions. Bather thank God that your child has an active mind and set about training tilm in the proper use of it. Teach bim the principles of observation, of analysis, of synthesis -the principles, in short, of truly effective thinking. Accustom him to thinking things out for himself and seek to interest him in whatever it is well for him to know. You need not be afraid that he will overtax his mind. No child's mind-and no man's either-is evertaxed by anything in which a real interest is taken.

The trouble with most of us is that we are not really interested in anything. We have interests, to be sure. but they are diffuse, thin, weak-they do not grip us. That is why comparatively few of us ever think in the true sense of the term. That is why when we are called upon to do anything in the nature of sustained mental effort we are overwhelmed by doubt. fear. worry, and maybap have finally to call ' in the doctor with bbs sage pronouncement, "Foor fellow, he has been thinking too hard." In point of fact, we have not been thinking at all simply because we have not been interested enough to think.

Let us get truly interested in something, no great matter what it is, and we shall find that we can think about it easily enough. And, thinking about it-definitely, tirelessly, cornestly thinking about it-we shall flud ourselves grow both in mental and bodily vigor. -H. Addington Bruce in New York

Began With Love Letters.

Samuel Richardson, the West English novelist, began his literary curver by acting as scribe for a number of young women, for whose correspondence with their aweethearts he frequently supplied not only the words, but the sentiments. His reputation for this kind of composition led a firm of printers to propose that he should prepare a "complete letter writer" for the se of "those country renders who cannot indite for themselves." Two or three of the spistles written for this pirpose suggested a separate afory. "and thence," in Richardson's own phrase, "sprang 'Pamela.' "

Whistler's Drawings of Himself, "Memories of James MacNell

Whistier," by Thomas R. Way, the au-

"Once I questioned Whistier as to the authenticity of a black and white por trait of himself, on brown paper, which my father had bought from him and afterward fancied was by some other artist. The reply was amusing: it was to the effect that he was not in the · holds of collecting the works of his contemporaries, but that it one period of his life he had made a practice of drawing his own portrait each night before going to bed and that doubtless this was one such."

To Remove a Broken Screw.

One often requires to remove a screw with one side of the head broken off. The following is a method of drawing out the broken serew with case and without disfiguring the work: Pace the screwdriver against one side of the bend, and with a small block press tirmly against the screwdriver, at the same time turning the screwdriver and the block. The screw will come out al-, most as easily as if the head were in-

His Comparison.

Maud-So Jack compared me with something sweet, did be? The deaf ' fellow! What was it? Marie-1 don't think I should tell you. Maud-Oh. do. I insist. Marie-Well, he referred to you as "the busian murshmallow." You certainly had laid the powder on * thick, dear.-Boston Transcript.

Politeness,

Politeness is a quality that enables a boosewife to be as considerate of her husband when he upsets his cap of coffee on the tublecloth meshe would if be were a visitor.-Chicago Tribune.

How Unfortunate.

He-1 was born on the same day on which Richard Wagner died. She-Yes, yes! A misfortune seldom comes · slone.-Filegende Bintter.

Natural History.

Teacher-The butterfly comes from a caterpillar. Johnny-And you can get lish from a worm too.-New York

That which is sin in the field is douth

A CHAMPION SPELLER.

Horace Greeley Was a Wonder When Only Six Years of Age.

No champion of the old time spelling matches, perhaps, ever excelled Hornce Greeley. He was, in fact, a spelling prodigy. What would the boys and girls of today, who grumble over their daily stint of twenty words, think of a child not yet six years old who could actually spell every word in the language! That is what the young Cornce w mid to have been able to do.

His schooling began is his fourth year, and the art of spelling at once became a passion with him. In school and out he kept incessantly at its study. Hour after hour he would lie on the floor, spelling over all the diffiuit words he could find in the few books that the family owned.

The fame of his prowess spread. Naturally Horace was the first one hosen at spelling matches. He had a beping, whining voice and spelled his words with the atmost confidence. cometimes in winter, when the snowtriffs were my deep that one of the dg boys had to take him to the schoolnone on the back, the little white naired fellow would drop asleep between turns. When his word came cound his neighbor would nodge him anxiously He would wake, spell his word and drop asleep ugaln at once.

So great was the boy's reputation as student of unusual powers that the electmen of a neighboring town, in presing a role forbidding the attendance at the local school of any pupil from outside the township, honored ulm by adding the clause, "Excepting only Horace Greeley."-Youth's Com-

Sarcastic,

This incident is related of a Scotch doctor, new to the gun, who adventured upon a day's rabbit shooting.

Chased by the ferrets, bunny was a rather quick moving target, and the medico was not meeting with the success be anticipated.

"Hang it all, man," he exclaimed impatiently to the keeper who accompatried him; "these beasts are too quick

"Ave. doctor," the nawky keeper replied, "but ye surely didna expect them the ite still like yer patients till ye kill them?"

Vet He Liked Fresh Air. "My husband was at a smoker Sat-

orday night and never got home until about 1 o'clock. "Was that why be wasn't at church

Sunday morning?" "No; he says the ventilation is so poor in church and the atmosphere atways gets so beavy that he can't keep

CHURCH NOTICES

p. m. Sunday school at 10 a, m. ready begun cutting.

Epworth League at 7 p. m. Prayer meeting Thursday at 8 p. m. Cholr practice Wednesday at 8 p. m.

Baptist.

Bunday school at 9:45, preaching 7 p. m. Prayer meeting at 8 p. m. on Laidlaw. Wednesday, Choir practice Taursday evening at 7:30,

Presbyterian,

Services at the Dream Theatre Sunday, June 22nd, 11 a. m., Bubject. "The Bible, Who Gave it and for Sunday school at 10 s. m. Forrest will sing a solo.

Church of the Brethren.

vices Sunday, June 29, at 3 p. m. growth. in Methodist church, Ira H. Fox,

................... POWELL BUTTE

(Continued from Page 8)

friends to the home of Allen Wilcoxon where a surprise on him was to When they arrived they found it was a frame-up and was a farewell party for them. Just as everything got settled down and the evening's entertainment started, someone at the door asked for Ross. When he came, he was set upon and about 30 of his friends administered a birthday spanking, after which a very pleasant evening was spent by both crowds. Light refreshments were served shortly before midnight. Those present certainly owe many thanks to Mrs. Wilcoxon for the good

Several of the Powell Butte peo-

POWELL BUTTE, June 16 .- J. I. Jones proved up on his homestead last Monday at Prineville, with A. D. Morrill and N. B. Beach as witnesses. He made five-year proof.

J. P. Bowman and Mr. Curtis left last week for the Palouse country in Washington where they will be dur- Capital stock paid in. ing the barvest season.

Mrs. A. D. Morrill returned last week from a trip t othe John Day

J. I. Jones bought a horse recently, STATE OF OREGON, | SS. of "Bi" Hodges in Prineville.

L. P. Hahlen and Ed Persson have Hampton Butte country. There will CHRECT ATTEST:
no doubt be plenty for them to do
this season, as the alfalfa crop will
this season, as the alfalfa crop will
U.C. Coe.
Directors. just brought in a hay baler from the Services Sunday at 11 a. m. and growth, Several ranchers have al-

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TUMALO

Mrs. G. W. Wimer, formerly of this place but now at Ashland, has at Bend, in the State of Oregon, at the close a business June 4th, 1913 been in poor health for some time but was much improved at last accounts.

caller today.

Charles Wimer has been busy of Ross Farnham, Supt. Mrs. Elmer late hauling hay to Send and to the Ward will play a violin solo. Mrs. Bend Company camp near the brick

> The weather of the past week has been cooler than usual, still crops

P. A. Woolley has sold his crop, stock and other things preparatory to leaving this place, having contracted his land to the state to be used in

site of the reservoir. A telephone line has also been constructed from Laidlaw. It is understood that there will be three camps in connection

REPORT OF THE CONDITION OF The First National Bank

RESCURCES. Loans and discounts

Overdrafts, secured and assecured

U. S. Sonds to secure circulation

Bonds, securities, Ric.

Banking house, furniture and batures.

Due from National Banks (not reserve

ple attended the show at Redmond Checks and other Cash Items
Notes of other National Banks
Friday. Appetie # 1 5 the po teormption fund with U. S. Trensurer (5 per cent of circulation). fi25, 66

4 LIABILITIES.

Subscribed and sworn to before me this 12th day of June, 1913. H. C. HLLIS, Notary Public

(Special to The Bend Bulletin.) TUMALO, June 15 .- The postoffice at 11 a. m. and 8 p. m. Brotherhood at this place has been discontinued. at 3 p. m. Young people's meeting at People will now get their mail from

George Campbell was a Leidlaw

No services next Sunday. Ser. of all kinds are making a wonderful

connection with the Tumalo project.

Lumber is now on the ground for the building of camps at the big dam with the work on the project,

OF BEND

agents)
for from State and Frivate Banks and
Bankers Trust Companies and Sav-ings Sanks.

Lawful Money Reserve to Bank, vir.

County of Crook.

I. C. S. Hudson Cashier of the above named bank, do solestinly swear that the above statement is true to the best of my knowledge and belief.

C. S. HUDSON, Cashier.

Three skilled barbers are at innes & Davidson's barber shop serve tou .- Adv.

REPORT OF THE CONDITION OF

The Deschutes Banking & Trust Co.

RESOURCES

LIABILITIES

Capital stock paid in Undivided profits Due to hauke and bankers Individual deposits subject to check. Time Certificates of Deposit. \$15,000 00 . 1 677 76 . 30,000 00 . 35,001 64 . 1,730 00 STATE OF OREGON, | BAL

County of Crook, sa.

I. R. M. Lara, Cashier of the bank, do solemnly swear that the ment is true to the best of my kn belief. F. M. LARA. Cashier. cribed and sworn to before me this sith

day of june, 1913- Jan. RVAN. Notary Public. Correct-Attest: F. O. M. B. PERRELL. Directors.

NOTICE FOR PUBLICATION.

Department of the Interior, U. S. Land Office at The Dalles, Oregon, May 1st, 1913.

Notice is hereby given that John F. Young of Hend, Oregon, who, on May 27th, 1909, made desert entry No. 04915, for SE 4 SW 4, N 2 SW 4 sec. 3 and NE 4 SE 4, sec. 4, township 17 south, range 12 east, Williamette Meridian, has filed notice of intention to make final proof, to establish claim to the land above described, before H. C. Ellis, U. S. Commissioner, at his office at Bend, Oregos, on the 28th day of June, 1913.

Claimant names as witnesses: Earl B. Houston, Adelaide L. Alt, William J. Alt, Albert Harryman, all of Bend, Oregon.

12-16 C. W. MOORE, Register.

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Oregon U. C. COE, M. D. Physician and Surgeon Office over First National Bank

Office Hours: 10 to 12 a. m.; 1 to 3 and 7 to 8 p. m. OREGON C. S. BENSON

Attorney At Law Office in old First National Bank Building Bend, Oregon

VERNON A. FORBES LAWYER First National Bank Building. Oregon

Civil, Mining and Irrigation Engineer, Office at Room 5, First National Bank Building.

GEORGE S. YOUNG

H. H. BE ARMOND LAWYER Sather Building Hend, Oregon

U. N. HOFFMAN NOTARY PUBLIC Bulletin Office, Bend, Oregon.

H. C. ELLIS Attorney-at-Law United States Commissioner First National Bank Building

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