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"Having taken your wonderful 'Casca-rets' for three months and being entirely curred of stomach estarth and dyspepsia, I think a word of praise is due to 'Cascarets' for their wonderful composi-tion. I have taken numerous other so-called emedies but without avail, and I called remedies but without avail, and I find that Cascarets relieve more in a day than all the others I have taken would in r." Jamea McGune, 108 Mercer St., Jersey City, N. J. a year."

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Scattle, Washington Lock Box 1912.

IT A pure phosphate baking powder that does all that the high priced baking powders will do and does it better. It raises the dough and makes light-er, sweeter and better vicen foods. Sold by are over 250 per pound. It year will send us your name and address, weeter **C**RESCENT CPESCENT MFG. CO. Seattle, Wn.



MAROLD SOMERS, 160 DeKalb Avs., B'hiyn., N. Y.







Government experts have discovered a new kind of food. It is said to be palatable, wholesome, nutriticus, and ought to be reasonably cheap. The food in question is furnished by the seeds of the great yellow water Hly, which in Foutheastern Oregon have been gathered for many centuries by the Klamath Indians, who depend upon them to a considerable extent for their winter provender. They are so delicious, and so obviously available for consumption by civilized people, that it is thought there would be profit in collecting them on a large scale, preparing them for market by modern methods and putting them up for sale in neat and attractive packages, as a new food luxury.

The aborigines in question dwell among the foothills of the great Cascade range, in a region remarkable for multitudinous springs of ky-cold and crystal-clear water. It is from these springs that two vast water spaces, known respectively as Klamath marsh and Klamath lake, are supplied. The Klamath marsh, writes Rene Bach in the St. Louis Globe-Democrat, contains 10,000 acres of the water lilles.

The water lilies are such exceedingly vigorous plants that they practically crowd out all other forms of vegetation over the area they occupy, even to the cat-tails. Thus the 10,000 acres represent that much space exclusively occupied by the "wokas," as the Indians call them. Their seeds are inclosed in large green pods, which when fully ripe undergo quite suddenly a curious sort of decomposition, as one might call it, literally melting and dropping into the water a muchaginous fluid in which the seeds are most engerly sought, the seeds having obtained a maximum of flavor and tenderness.

White people in Southeastern Oregon often buy wokas from the Kinmaths for their own use, paying from 10 to 20 cents a pound for them-that is to say, for the kernels ready prepared and parched. They like them very But the price seems to be rather high, and it is suggested by Dr. much. F. V. Coville, botanist in chief of the Department of Agriculture, that modern methods might be employed to great advantage in placing the crop on the market. It would hardly be practicable, he says, to gather the pods in any other way than that now adopted, but the processes required for separating, cleaning and otherwise preparing the seeds might be performed inexpensively and advantageously by already familiar milling machinesso as to place the product on the market at a price low enough to enable it to compete with other breakfast foods.



Calcutta is to spend nearly half a million dollars for a 9,000,000-gallon tank for its filtered water supply. The tank will be elevated 100 feet above the ground on steel columns.

To facilitate its telephone service, the British postoffice department is experimenting with a slot machine device into which two pennies are dropped when a call is made. If the line is busy the money is returned.

The navy's submarine boat, Octopus, holds the record for depth of operations. With a full crew on board the little vessel was operated for half an hour in Buzzard's Bay, Massachusetts, in water no less than 107 feet deep.

The first electric furnace in this country for annealing, tempering and hardening metals has been erected at Schenectady, N. Y. It consists of a crucible containing metallic salts melted by an alternating current of low voltage A prize of about \$2,400 offered in Germany in 1894 for the best method of preventing the pollution of streams sulphite liquor from paper mills still remains unawarded. Scores of methods have been tried, but none has been notably successful. F. Stuhls, an English ornithologist, expresses the opinion that birds habitually make use of storms in traveling from one part of their range to another. He points out that if a bird cannot find shelter, it must be more comfortable on the wing than on the ground during a storm, because in the flercest gales the air, as a mass, is at rest: that is, the bird is in a moving of the horse was doing his best, pre-supporting medium, like a swimmer in sumably to look pathetic. * a strongly flowing river. The advantages of oil fuel for stationary and marine boilers are receiv- its poor docked tall. One of the two ing much attention in England. Al- legged actors was delivering an imthough the total cost is greater for passioned and really touching speech, oil than coal, oil has the advantage when the audience suddenly burst into of greater convenience, simplicity and a fit of prolonged and uncontrollable cleanliness. It is also more efficient, laughter. since a pound of good oil is found to have a calorific value about 35 per cent greater than that of an equal weight of coal. It also occupies much less space, and in that respect is very suitable for ships. Many improvements have recently been made in the methods of spraying and burning the ofl. A curious photograph of a croco dile's nest filled with eggs, from two of which young crocodiles were just issuing, is contributed to Nature by G. W. Grabham. The photograph was made in the bed of the river Rahad, near the frontier of Abyssinia. The eggs were about three inches long, and the newly hatched crocodiles are ten inches long. They are perfectly formed, and utter flirting, why don't men flirt with their sound resembling the croaking of wives?

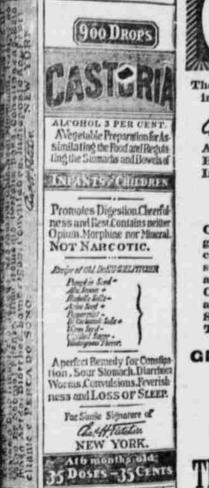
frogs. Before being uncovered, the eggs were buried about three inches deep in the sand at the bottom of a hole a foot deep. The young croco diles. Mr. Grabham says, were perfectly willing to bite, but not strong enough to do any harm.

Unconquerable Souls.

The English soldier who sent his people the tunic he had worn in a batat the beginning of the South tle African War, and wrote from hospital, 'You will see that there are eleven bullet-holes in it, but I was awfully lucky; only six of them hit me," has a rival in an English schoolboy of 10, whose cheerful acceptance of the "bludgeonings of chance" a writer in St. James' Budget has made public.

"My life has been a very lucky one," wrote the 10-year-old. "When I was 3 years old I fell downstairs and cut my head. When I was 5 years old I ed States Senator at \$0. He did not was looking at some hens, and a dog

bit my leg. "When I was 8 I went with my brother in the trap, and the horse fell and threw us out of the trap; my brother lit on his feet and I lit on the horse's back.



States and states and states and

Discordant Note. "Mr. Meekun, don't you think a wom an should receive a man's pay when she does a man's work ?" "Why-er-look at the other side of the question a moment, will you? Think

how many men are doing women's work and not getting a cent for it ?" One Distinction.

"Good day, str."

"Good day."-Chicage Tribune.

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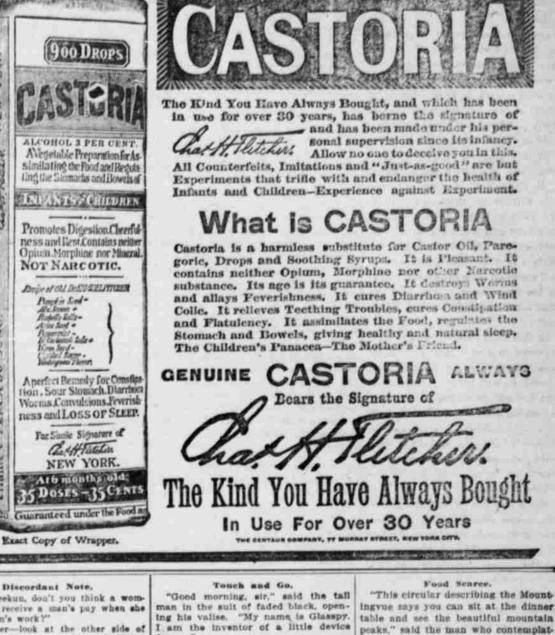
Dressed as Scholars.

At the wedding lately of the head master of Eastbourne College, England, the three pages in the bridal procession were garbed as scholars in black satin knee breeches, buckled shoes, scarlet silk gowns, with white shirt fronts. Each carried a mortarboard hat and a scarlat-bound prayer book.

Early Showed Greatness.

Andrew Jackson was a marvel of precocity. He carried a flintlock musket, as a soldier of the revolutionary army, at the age of 14. At 23 he was appointed by Washington district attorney of Tennessee. He was a Unitreach the presidency until he was 62. -Sunday Magazine.

Mothers will find Mrs. Winslow's Southing Byrap the best remedy to use for their children during the teething period. Due to Score Next Time.



ed going. "I am glad to meet you, Mr. Glass-"That is true." replied the one who py," interrupted the man in the door-way. "My name is Washabaugh. I had been; "and that's just about all you can see."-Youkers Statesman. have the sole right in this county to take subscriptions for a new and co-piously illustrated edition of the works



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Dr. W. A. Wise ient and Manager The Wise Dental Co. (INC.) Third and Washington Sta. PORTLAND, OREGON PNU No. 33-09

Withing to advertisers plan mention this paper.

"Last year I was playing, and ran into a lurry and cut my eyebrow, and it has left a mark.

"One day I went into the slaughterhouse, and a big sheep ran after me and knocked me down, and broke my arm

"I have had a happy life."

spolled the Performance.

The play was all about a horsefamous horse, the autoblography of which is even yet among the "best sellers," and over the sufferings of which thousands of readers have shed tears of sympathy. The four-legged actor that had been cast for the part

With drooping head, it stood on the stage, from time to time switching

The oration came to a sudden stop. The actor glanced at the horse, then turned and fled in dismay behind the scenes

"Black Beauty" was yawning.

What She Was Doing. "Didn't you telephone us that your wife was ready to go with us when we started?"

"Yes, but she's upstairs now changing her mind."

If we could only each in our talk how many millionaires there would be.

If there is so much enjoyment in

"You refuse me, do you, proud girl?" he howled. "Well, you're not doing anything original! This is the third time I've been turned down!" "So I'm the third sacker, am I7" merrily responded the girl, thrusting

her tongue in her cheek in a well meant but only partially successful ef-fort to look like Mr. Steinfeldt. History Rewritten.

With much reluctance King George III, had decided to let his American colonies go.

'Mark my words, though," he said, "they'll be governed some day by a monarch ten times as absolute and despotio as I am!"

If any doubt exists that his Britannic majesty had the spirit of prophecy upon him, look at Mr. Aldrich .--- Chioago Tribune.

A Studied Explanation.

"Will you be able to explain your attitude on the tariff?" "Yes," answered Senator Sorghum.

"I'll have my explanation ready when the time comes. But I'll wait till my constituents are interested in other things and will carefully make it a little hard to understand."-Washington Star.

Getting Back.

"Captain, what time does the boat start?' "It starts, madam, when I give the

"Then I've always had the wrong idea. I thought it started when the engineer pulled a lever, or did soma-thing. Thank you ever so much."-Chicago Tribune.

The Old Adam.

"I wonder why three-fourths of the stenographers in business offices are women?" "I guess it is because men like to fgel that there is at least one class of women whom they can dictate

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