Insomnia

"I have been using Cascarets for Insomnia, with which I have been afflicted for twenty years, and I can say that Cascarets have given me more relief than any other remedy I have ever tried. I shall certainly recommend them to my friends as being all that they are represented."
Thos. Gillard, Elgin, Ill.

Pleasant, Palatable, Potent, Taste Good, Do Good. Never Sicken, Weaken or Gripe. 10c, 25c, 50c. Never sold in bulk. The genuine tablet stamped C C C. Guaranteed to cure or your money back. 924

Crushed.

"I suppose you know, barber," said Percy, with a wink at the man in the other chair, "that the hair on a man's head grows at the rate of three-millionths of a yard in a second."

"No, I never heard that before," said the barber, beating a tattoo on the strop with his razor; "but I know there's a spot on the back of your head where the hair wouldn't grow as much as that in a million years."

Willing to Help the Cause.

Philanthropic Person (with subscription paper)—We are raising a fund to prosecute the white slavers. Can you assist us?

Baseball Magnate—Sure! I've just disposed of two of my players and got a good cash price for them. Hundred dollars be enough?—Chicago Tribune.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

His Time to Be Alone.

"Come away, children," said their mother. "Run out in the yard and play."

"But we're watching papa lay the stair carpet, mamma," they answered.

"I know it, but he's going to lay it around the bend in the stairway pretty soon, and I don't want you to hear the language he will use."—Chicago Tribune.

Conversational Opportunities.

"So your wife is a suffragette? Why does she want to vote?"

"She doesn't want to vote," answered M. Meekton.* "She wants to make speeches."—Washington Star.

Little children are suffering every day in the year with sprains, bruises, cuts, bumps and burns. Hamlins Wizard Oil is banishing these aches and pains every day in the year, the world over.

How the Trouble Started.

Estelle—I don't suppose you have heard of it, but George and I are going to be married some time next June.

Maybelle—Glad to know it, dear. Has George heard of it yet?

Proof Conclusive.

Lawyer (cross examining)—You testified that Miss Smythe was walking in her sleep. How do you know she was asleep?

Witness—Well, a mouse ran across the floor right in front of her and she never even batted an eye.—Chicago Tribune.

To Great in New Shoes.

Always shake in Allen's Foot-Ease, a powder, it cures hot, sweating, aching, swollen feet, cures corns, ingrowing nails and bunions. At all druggists and shoe stores, 25c. Dont accept any substitute. Sample mailed FREE. Address Allen S. Olmsted, Le Roy, N. Y.

Get the Axl

"Yes," said the retired auctioneer, "that boy of mine is a chip off the old block, with all the original bark on him; he's a spieler for a 5-cent theater."—Chicago Tribune.

Vacation Days.

"You say Grinder worker last summer just for fun?"

"Oh, no; just for funds!"—Harvard Lampoon.

Among persons of social standing generally the world throughout, the average age of marriage is at present, men 37 and women 28.

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Out-of-Town People

Should remember that our force is so arranged that WE CAN DO THEIR ENTIRE CROWN, BRIDGE AND PLATE WORK IN A DAY if necessary. POSITIVELY PAINLESS EXTRACTING FREE (when plates or bridges are ordered). WE REMOVE THE MOST SENSITIVE TEETH AND ROOTS WITHOUT THE LEAST PAIN. NO STUDENTS, no uncertainty.

For the Next Fifteen Days

We will give you a good 22k gold or porcelain crown for $3.50
22k bridge teeth 3.50
Molar crown 5.00
Gold or enamel fillings 1.00
Silver fillings ..... .50
Good rubber plates 5.00
The best red rubber plates 7.00
Painless extractions ..... .50

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President and Manager

The Wise Dental Co.
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PORTLAND, OREGON

Redeeming a Neglected Garden.

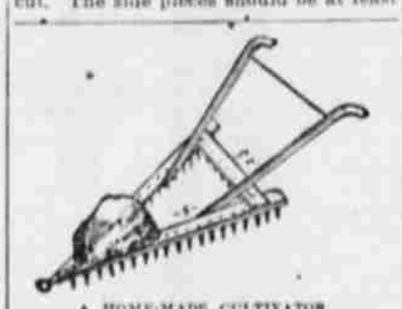
Discouraging as a neglected garden may appear, it is not beyond redemption, even so late in the season—but it must be taken hold of at once. Stunted and failing crops, choked by weeds, should be pulled out at once, weeds and all, and burned, and the ground plowed or spaded, and replanted.

How much more satisfactory and profitable it might have been to have planted only half the space, and worked it well, than to have scattered the available labor over the entire ground and do nothing to perfection.

A garden with rows upon rows of all the delicious vegetables of midsummer and not a weed to be found, is indeed a pleasant picture. But how few of that class are found! Instead of choice vegetables there are rank weeds, and where order and beauty should reign, desolation stares at one in too many family gardens, caused in the majority of cases by simply "biting off more than we can chaw."

Cheap Corn Cultivator.

An excellent home-made device for use in cultivating corn and other crops where frequent work is desired to hold the dust mulch is shown in the cut. The side pieces should be at least



A HOME-MADE CULTIVATOR.

5 feet long and made of oak or other hard wood 3 inches wide and 1½ inches thick. The rear pieces can be made of any width to accommodate the distance between the rows. The teeth are made of forty 60-d spikes, which are driven in clear up to the head. An iron ring is fastened to the front end, while the handles are taken from an old plow. Any handy man can make a cultivator of this kind which is the best I ever used.—F. B. Treadway, in Farm and Home.

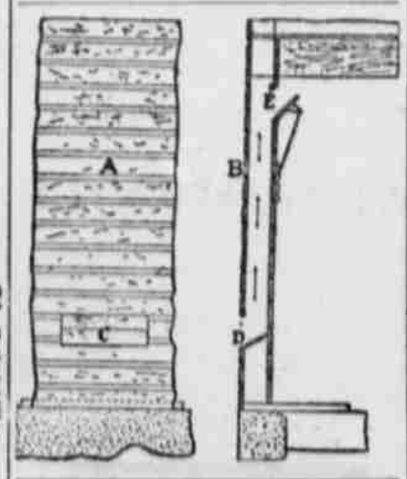
Sulphur Fumigation.

It takes some ingenuity to burn sulphur in a vessel, as it tends to smother flames. If several pounds are to be burned, a fire of cobs or sticks soaked with kerosene must be built above the sulphur and kept burning until you see the blue flame of the sulphur licking up through the wood blaze.

One way to disinfect the poultry house with sulphur is to dissolve one-half pint of turpentine and one-half pint of tar in one-half gallon of kerosene. Soak corncobs in this solution, and when ready to burn out the poultry house for lice or germs of disease have ready a sharp-pointed piece of iron to thrust in the ends of the cobs, set a lighted match to it and while it burns pass the cob over the roosts, cracks in the henhouse and everywhere about it. This should be done every week for a month or more.—Agricultural Epitomist.

System of Ventilation.

Details of the King system of ventilation are shown in the diagram. The outside of board wall is indicated by A and the opening for admission



of air is at C. On the right there is shown a cross section of wall with outside opening at D and inside opening at E. A valve is arranged at E to regulate the supply of fresh air.

Cows Giving Down Milk.

John Burrows, the well-known scientist, in regard to cows giving down their milk says: Many persons think that giving down or holding up the milk by the cow is a voluntary act. In fact, they fancy the udder as a vessel filled with milk, and that the cow releases or withholds it just as she chooses. But the udder is a manufactory; it is filled with blood, from which the milk is manufactured while you milk. This process is controlled by the cow's nervous system. When she is excited or in any way disturbed, as by strangers or by taking away her calf or any other cause, the process is arrested and the milk will not flow. The nervous energy goes elsewhere. The whole process is as involuntary as is digestion in man and is disturbed or arrested in about the same way.

Middlemen.

Retailers are necessary according to present methods of doing business and until farmers organize a selling force of their own middlemen will continue to toll the farmers' grist as thoroughly as the traffic will bear. Peaches may rot on the ground in Missouri while selling for 2 cents each in Chicago, but the farmer in Missouri is helpless because he has no representative in the market center. The time will come when farmers will have an agent at each central point to handle farm products and distribute them either to the consumer or retail grocer. When that time comes farmers will come nearer getting what they work for. It is just as necessary to sell right as to farm right.—Agricultural Epitomist.

Waste of Timber.

The prodigal waste of timber during the last forty years is estimated to average $50,000,000 annually, or approximately $2,000,000,000 worth of timber wasted. It is time there was a national movement to conserve our national resources and arrest the prodigal waste of our forests and the depletion of the fertility of the land. While Uncle Sam is no longer rich enough to give everybody a farm, there is plenty of agricultural land to support a population of 300,000,000 in the United States, Texas alone being capable of maintaining 10,000,000 people if all her arable land were under cultivation to cereals, fruits and vegetables—Farmer's and Drover's Journal.

Passing of Horned Cattle.

Horned cattle and horned sheep are rapidly disappearing. Many of the cattle bred and fed in the corn belt are hornless. Breeds of this kind are growing in popularity. In the mountainous country and on the plains wild cattle needed long horns for the protection of themselves and their young. Now, however, with the plains thickly settled and with few wild animals the cattle do not need horns. Among the hornless breeds are the Galloway, Angus, Red Poll and Polled Shorthorns. Polled Jersey and Polled Hereford are also coming into favor. By the application of caustic potash the growth of the horns is prevented in the young calf.—Inter Ocean.

Farm Gleanings.

Provide ample pasture for the calves.

Overcrowding of the chickens is a strong bid for trouble.

Fit yourself to the weather. Don't get all out of kink because the weather is.

The work of raising chickens has only begun when you get the downy things out of the shell.

It is claimed that an orchard in the State of Delaware has an annual income of $10,000 from 200 acres of apple trees.

Have a driveway right through your barn. It will prove valuable in many ways, especially in the matter of keeping it clean.

Nothing better for growing swine than good pasturage, and there is no more economical method of raising them, either.

The Connecticut Experiment Station recommends that for the best results in hatching, eggs not over five days old be used.

Poultry and dairy products have almost doubled in price in the past ten years. Eggs and milk are still rising in average price.

Dip the sheep right after clipping them and then again about ten days after to be sure and kill those that hatch after the first dipping.

To have finely colored fruit it is necessary to have plenty of light. A dressing of wood ashes, or potash, around the base of the tree, will also help considerably to improve the color.

Oklahoma is the only state which requires the teaching of agriculture in all country schools. The courses include agriculture, horticulture, stock raising, fertilizers, dairying, drainage, irrigation and grazing.

WAX FROM A MEXICAN WEED.

The Once Despised Candelilla Now Worth $200 or More an Acre.

The discovery by Oscar Pacius of Monterey of a process for extracting wax from the candelilla weed is causing the establishment of a new industry in Mexico and Texas. The candelilla grows abundantly upon many millions of acres of semi-arid land in Northern Mexico and parts of Texas, Arizona and New Mexico. Land owners who have this formerly despised weed growing upon their holdings are now in a fair way to reap a fortune, a Monterey (Mexico) correspondent of the New York Sun says.

When it was discovered a few years ago that a good grade of crude rubber could be manufactured from the guayule shrub experiments began to be made by Mr. Pacius and others with various other kinds of wild vegetation to learn if they possessed commercial properties. Mr. Pacius found that the candelilla contained wax to the amount of 3½ to 4½ per cent. He gathered a supply of the plants and began experiments with a view of arriving at a process of economical extraction of the wax. He perfected this process a few months ago and it is now in practical operation.

The manufacture of this vegetable wax is already on a paying commercial basis. The demand for the product comes at this time chiefly from Germany. The present price of the wax in Mexico is $600 gold a ton. It is said that it takes about thirty tons of the weed to make one ton of the crude wax. The cost of producing a ton of wax is $75 gold.

The land upon which the candelilla weed grows profusely is producing a big revenue in the localities where factories have been established. It is said that where land is well set in the plant it can be made to yield a profit of $200 to $300 gold an acre a year.

The candelilla wax is said to be harder than any other wax. This fact has caused it to be in demand for the manufacture of phonograph records, pharmaceutical articles, varnishes, shoe leather and wood polishes, insulation in electrical wiring, gums, candles and many other things.

The fact that the guayule shrub and the candelilla plant are now known to contain valuable commercial properties has aroused the interest of the federal authorities of Mexico and it is said that a series of chemical experiments and tests of the various other desert plants which cover great stretches of land in Northern Mexico will be made under the direction of the government, with a view of discovering any commercial properties that they may contain. One plant which grows profusely along the Rio Grande is called gubernador and is being used extensively for the manufacture of a boiler compound. There are also two or three kinds of shrubs and weeds which possess cleansing properties almost identical in effect with washing soap. The roots of these shrubs are used by the native Mexicans to the exclusion of manufactured soap.

SOME MARRIED MEDITATIONS.

By Clarence L. Cullen.

It doesn't hurt any to express occasional surprise over the (maybe) fact that she still remains as a girl at heart.

Don't overlook the fact that the girthier and wheezier she gets the more she likes to have you call her "winsome" once in a while.

Why is it that the woman whose ears resemble sun-dried clams is the one who experiences the keenest hankering for those big pendant earrings?

It is difficult for a man to understand why he should be required to wear toeless hose when his wife puts in about nine hours a day needling Irish crochet lace.

Why is it that dandruffiness, linty-featheriness and general unkempt blowsiness are the unfailing exterior characteristics of the woman who wails about her "shattered ideals?"

The woman whose husband goes out before breakfast and fetches home an armful of lilacs for the breakfast table doesn't have to worry about his curves when he's out of her sight, either.

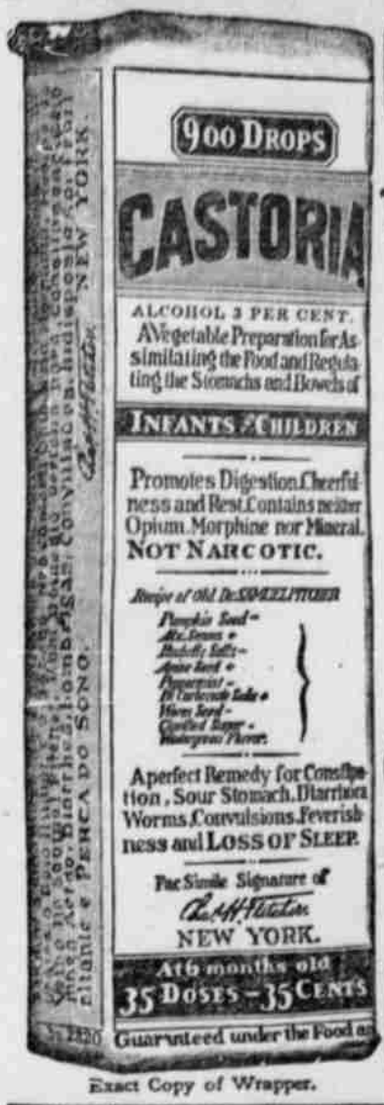
In the first place, a man couldn't be induced to eat fudge and pickles in alternate mouthfuls. But if he could be, he wouldn't loll around a little later on, wondering what in the wide world ailed his stomach.

His Fate Already Settled.

Hicks—Do you think that that flirtation between Jack Wilson and Kate Thornley is serious?

Wicks—For Jack, yes. But he doesn't know it yet.—Somerville Journal.

We suppose "Peach" is the accepted nickname for girls these days because their mothers bring them up in fear and trembling that a frost may get them.



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Second Passenger—With pleasure, sir.

First Passenger—Thanks, awfully, and now, as you can no longer read your newspaper, would you kindly pass it over to me?

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