

What is Pe-ru-na?

Is it a Catarrh Remedy, or a Tonic, or is it Both?

Some people call Peruna a great tonic. Others refer to Peruna as a great catarrh remedy.

Which of these people are right? Is it more proper to call Peruna a catarrh remedy than to call it a tonic?

Our reply is, that Peruna is both a tonic and a catarrh remedy. Indeed, there can be no effectual catarrh remedy that is not also a tonic.

In order to thoroughly relieve any case of catarrh, a remedy must not only have a specific action on the mucous membranes affected by the catarrh, but it must have a general tonic action on the nervous system.

Catarrh, even in persons who are otherwise strong, is a weakened condition of some mucous membrane. There must be something to strengthen the circulation, to give tone to the arteries, and to raise the vital forces.

Perhaps no vegetable remedy in the world has attracted so much attention from medical writers as HYDRASTIS CANADENSIS. The wonderful efficacy of this herb has been recognized many years, and is growing in its hold upon the medical profession. When joined with CUBEBS and COPAIBA a trio of medical agents is formed in Peruna which constitutes a specific remedy for catarrh that in the present state of medical progress cannot be improved upon. This action, reinforced by such renowned tonics as COLLINSONIA CANADENSIS, CORYDALIS FORMOSA and CEDRON SEED, ought to make this compound an ideal remedy for catarrh in all its stages and locations in the body.

From a theoretical standpoint, therefore, Peruna is beyond criticism. The use of Peruna, confirms this opinion. Numberless testimonials from every quarter of the earth furnish ample evidence that this judgment is not over enthusiastic. When practical experience confirms a well-grounded theory the result is a truth that cannot be shaken.

Manufactured by Peruna Drug Manufacturing Co., Columbus, Ohio

Something to Amuse Baby

A funny book in colors called "Jingle Book" sent FREE to any mother sending name and address of her baby and tops from two pound cans of "30 Mile Yacht" Package Biscuits, with 4c in stamps. Address Pacific Coast Biscuit Co., Oakland, Cal.

Information.
Tommy—"Paw, what is the Chinese question?"
Mr. Tucker—"I don't know. It used to be Mr. Wu, but he's quit."

In His Element.
Greasy Grimes—You look as if you'd managed to get in de swim somehow.
Tuffold Knutt—Yep, I'm a First Ward boater now.—Chicago Tribune.

FITS St. Vitor's Dance and all Nervous Diseases permanently cured by Dr. King's Great Peppermint Cure, sent for FREE trial bottle and treatise, Dr. R. H. King, 141, 91 Arch St., Philadelphia, Pa.

Racial Prejudice.
MacPherson—Hear about the Italian bank breakin' in New York? One cent was a' that was left.
O'Hagerly—Fwhat was ut? Garlic!

RHEUMATISM

Is most painful.
What's good?

ST. JACOBS OIL

Gives instant relief.
Removes the twinges.

USE IT, THEN YOU'LL KNOW

25c.—ALL DRUGGISTS—50c.



Calling His Attention.
Mr. Lingerlong—I had a queer adventure this afternoon—
Miss de Muir (with a swift glance at the clock)—You mean yesterday afternoon, I presume.

Shop Talk Barred.
Friend (at wedding)—Where are you going to spend your honeymoon, dear?
Blinking Bride—Sh! You mustn't let my husband hear you ask that question. Don't you know he's a bookkeeper?

S.S.S. HEALS OLD SORES

No old sore exists merely because the flesh is diseased at that particular spot; if this were true simple cleanliness and local applications would heal them. Whenever a sore or ulcer refuses to heal readily, the blood is at fault; this vital fluid is filled with impurities and poisons which are being constantly discharged into the place, feeding it with noxious matter and irritating and inflaming the nerves and tissues so the sore cannot heal. These impurities in the blood may be the remains of some constitutional trouble, the effect of a debilitating spell of sickness, leaving disease germs in the system, or the absorption by the blood of the fermented refuse matter which the bodily channels of waste have failed to remove. Again the cause may be hereditary, the diseased blood of ancestry being handed down to posterity; but whatever the cause, the fact that the sore will not heal shows the necessity for the very best constitutional treatment. There is nothing that causes more worry and anxiety than an old sore which resists treatment.

Every symptom suggests pollution and disease—the discharge, the red, angry looking flesh, the pain and inflammation, and the discoloration of surrounding parts, all show that deep down in the blood there are morbid and dangerous forces at work, constantly creating poisons which may in the end lead to Cancer. Local applications are valuable only for their cleansing and antiseptic effects; they do not reach the blood, where the real cause is located, and can therefore have no real curative worth. S. S. S. heals old sores by going down to the fountain-head of the trouble and driving out the poison-producing germs and morbid matters which are keeping the ulcer open. It removes every particle of impurity from the circulation and makes this life-stream pure, fresh and health-sustaining. Then as new, rich blood is carried to the place the healing begins, all discharge ceases, the inflammation leaves, new tissue and healthy flesh are formed, and soon the sore or ulcer is well. S. S. S. is the greatest of all blood purifiers and finest of tonics, just what is needed in the treatment, and in addition to curing the sore will build up and strengthen every part of the system. Special book on Sores and Ulcers and any medical advice desired furnished free to all who write. THE SWIFT SPECIFIC CO., ATLANTA, GA

I want to recommend S. S. S. to any who are in need of a blood purifier, and especially as a remedy for sores and obstinate ulcers. In 1877 I had my leg badly cut on the sharp edge of a barrel, and having on a blue wooden stocking the place was badly poisoned from the dye. A great sore formed and for years no one knows what I suffered with the place. I tried, it seemed to me, everything I had ever heard of, but I got no relief and I thought I would have to go through life with an angry, discharging sore on my leg. At last I began the use of S. S. S., and it was but a short time until I saw that the place was improving. I continued it until it removed all the poison from my blood and made a complete and permanent cure of the sore. JNO. ELLIS, 250 Eavy Street, Brooklyn, N. Y.

WANTED INFORMATION REGARDING **Farm or Business** for sale. Not particular about location. Wish to hear from OWNER only who will sell direct to buyer. Give price, description and state when possession can be had. Address: L. BARRYSHIRE, Box 228, Rochester, N. Y.

PUTNAM FADELESS DYES

Color more goods brighter and faster colors than any other dye. One 10c package colors silk, wool and cotton equally well and is guaranteed to give perfect results. Ask dealer, or we will send post paid at 10c a package. Write for free booklet. MONROE DRUG COMPANY, Quincy, V. Ind.

The Gentle Rebut.
"Immeasurable are the rebuffs that the helpers of the poor, the seekers after charity for their suffering brothers undergo," said a New York charity organization official. "A friend of mine, a Methodist minister in a small western town, told me the other day of his last rebuff, a not unkind one. Entering the office of the local weekly, the minister said to the editor:
"I am soliciting aid for a gentleman of refinement and intelligence who is in dire need of a little ready money, but who is far too proud a man to make his sufferings known."
"Why," exclaimed the editor, pushing up his eyeshade, "I'm the only chap in the village who answers that description. What's this gentleman's name?"
"I regret," said the minister, "that I am not at liberty to disclose it."
"Why, it must be me," said the editor. "It is me. It's me, sure. Heaven proper you, parson, in your good work!"
"Doesn't Please Him."
"That new preacher you have is a pretty wide-awake young man, isn't he?"
"Yep. Keeps right on preachin' when everybody else is asleep."—Cleveland Leader.

Peculiar to Itself

In selection, proportion and combination of ingredients.
In the process by which their remedial values are extracted and preserved.
In effectiveness, usefulness and economy. Curing the widest range of diseases. Doing the most good for the money. Having the most medicinal merit. And the greatest record of cures.

Hood's Sarsaparilla

In usual liquid form or in chocolate tablets known as Sarsatabs, 100 doses \$1.

Exemplified.
George—Auntie, what does irony mean?
Auntie—It means to say one thing and mean the opposite, like calling a rainy day a fine day.

Considerate.
In a country church one Sabbath, as the congregation were rising for the first hymn, an old lady entered the church at the same time. She held up her hand, exclaiming: "Keep your seats. Lash, ye needna arise, though I have come in."—London Express.

\$100 Reward, \$100.
The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages, and that is Catarrh. Hall's Catarrh Cure is the only positive cure now known to the medical fraternity. Catarrh being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving it a permanent strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonials.

Address F. J. CHENEY & CO., Toledo, O. Sold by all druggists. The only Catarrh Cure. Takes Hall's Family Pills for constipation.

Couldn't Be Snubbed.
Mrs. De Style—I've been sending Mary to a fashionable academy, but she doesn't seem to get on very well.
Uncle Jerry—No? She's a pretty bright girl.
Mrs. De Style—Oh! she's bright and very sensible, but—
Uncle Jerry—Ah! I guess that's it. She's too sensible to be affected by it.—Catholic Standard and Times.

Taking No Chances.
"Oh, the sorrow of it!" sobbed the fair maid. "Last night I refused Mr. Blank and this morning his body was found in the river."
"Poor fellow!" murmured her girl friend. "I suppose he was afraid you might change your mind."

For the Children

To succeed these days you must have plenty of grit, courage, strength. How is it with the children? Are they thin, pale, delicate? Do not forget Ayer's Sarsaparilla. You know it makes the blood pure and rich, and builds up the general health in every way.

The children cannot possibly have good health unless the bowels are in proper condition. A sluggish liver gives a coated tongue, bad breath, constipated bowels. Cured all these by giving small laxative doses of Ayer's Pills. All vegetable, sugar coated.

Made by J. C. Ayer Co., Lowell, Mass. Also manufacturers of
Ayer's
HAIR VIGOR,
AGE CURE,
CHERRY PECTORAL.

Would Ask No Mercy.
Mrs. Vick-Senn—What do you suppose you would do if you were to meet the fool killer?
Her Husband—I'd tell him I was the man he was looking for, all right. I have just given orders to have that new addition to the house torn down and built again exactly as you want it.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

These Dear Friends.
Nan—This is Jack's latest picture. Don't you think he looks better in profile than in a front view?
Fan—Much better, dear. It doesn't show his bald spot.

The General Demand
of the Well-Informed of the World has always been for a simple, pleasant and efficient liquid laxative remedy of known value; a laxative which physicians could sanction for family use because its component parts are known to them to be wholesome and truly beneficial in effect, acceptable to the system and gentle, yet prompt, in action.

In supplying that demand with its excellent combination of Syrup of Figs and Elixir of Senna, the California Fig Syrup Co. proceeds along ethical lines and relies on the merits of the laxative for its remarkable success.

That is one of many reasons why Syrup of Figs and Elixir of Senna is given the preference by the Well-Informed. To get its beneficial effects always buy the genuine—manufactured by the California Fig Syrup Co., only, and for sale by all leading druggists. Price fifty cents per bottle.

HOTEL MOORE

OPEN ALL THE YEAR
CLATSOP BEACH SEASIDE, OREGON

Directly on the beach overlooking the ocean. Hot salt baths and surf bathing. Recreation pier for fishing. Sea parlors. Electric lights. Fire-places and steam heat. Fine walk of OREGON and drives. Sea foods a specialty. Rates, \$2.50 and \$3.00 per day. \$2 Special rates by the week. DAN. J. MOORE, Proprietor

MADE FOR SERVICE

IN THE ROUGHEST WEATHER AND GUARANTEED ABSOLUTELY WATERPROOF

TOWERS' FOUR BRAND POMMEL SLICKERS \$3.00

This trade mark and the word TOWER on the buttons distinguish this high grade slicker from the just as good brands

Answers to Queries
By J. L. Ashlock, Washington Examiner, Station, Pullman.
Haverford, Pa.—"Is it considered that hog raising is practicable in the northwestern part of the United States?"
H. W.
"It is probable that there is no place in the United States where the prices for pork products average as high as in the Pacific Northwest. A condition of significance, too, is that the people of this region are not sufficiently alive to the necessity of their meeting the demand for pork products. Those who are in the business are making money. Conditions are improving, however, for at the present time we note a growing tendency among farmers to pay more attention to this business. The Berkshire breed is preferable, in my opinion, although the Duroc Jerseys are making some headway. At the experiment station we have about concluded that a cross of these two breeds would be better than either one by itself."


W. L. DOUGLAS SHOES

\$3.00 SHOES AT ALL PRICES, FOR EVERY MEMBER OF THE FAMILY. MEN, BOYS, WOMEN, MISSES AND CHILDREN.

W. L. Douglas makes and sells more men's \$2.50, \$3.00 and \$3.50 shoes than any other manufacturer in the world, because they hold their shape, fit better, wear longer, and are of greater value than any other shoes in the world to-day.

W. L. Douglas \$4 and \$5 Gilt Edge Shoes Cannot Be Equalled At Any Price

WE GUARANTEE: W. L. D., just name and price is stamped on bottom. Take No Substitutes. Sold by the best shoe dealers everywhere. Shoes mailed from factory to any part of the world. Illustrated Catalog free to any address. W. L. DOUGLAS, Brockton, Mass.



DAIRYING IN DENMARK.

Land Worked for Hundreds of Years Still Beats Ours.

That American farmers and promoters of agricultural industries are rather lax in grasping their opportunities, and are in danger of being outgeneraled in the markets of the world, unless they improve their methods, is the belief of Dean James E. Russell, of Columbia University, New York. Dean Russell was recently a visitor at the state college, and during his stay there addressed an assembly of the teachers of the Inland Empire, who were attending the teachers' institute in Pullman. Relative to the problems just mentioned, he said:

"Thirty years ago New York was sending butter and cheese to the London market. New York butter and cheese were ruling out similar products from Ontario, and other parts of the world. Just thirty years ago Denmark began to think she could make butter and put it in the London market. The question was, How could she overcome the lead that New York already had in the London markets? She sent men to London to study out the ground; to find what London wanted. Then she set about to give them the required product.

"Denmark is a country of poor soil, which has been tilled and overworked for a thousand years. Nevertheless, the Danish population annually sells in the markets of London \$25,000,000 worth of butter. In 1903 the entire United States exported only \$1,054,000 worth of butter. In addition to the vast quantity of butter mentioned, Denmark sends out one fifth as much pork as we do, and just as many horses; and certainly, we should lead the world in the breeding of horses. In the meantime the Danish nation has taught the hens how to work. Four hundred and fifty thousand dollars worth of eggs were exported by this country in 1875, and in 1903 this export had reached a value of \$5,092,000. In the last ten years Denmark has taken \$8,000,000 worth of corn from Iowa and Nebraska, via New York, which she has fed to Danish cows and pigs, and then placed the latter in the European markets in successful competition with similar products from America.

"I said a moment ago that twenty years ago the competitor of Denmark was the State of New York. In these twenty years the Danish people have increased their exports from \$1,000,000 to \$40,000,000. In the same twenty years farm values in the State of New York have decreased \$200,000,000. In the last fifteen years Ontario has outbid New York in the same way in the cheese market. Twenty years ago New York companies received Canadian cheese and put the New York stamp on it to get one cent more in the English market. Today the New York farmers are sending their cheese over the Canadian boundaries, and paying two cents per pound in order to sell it at all."

Showing the superiority of European methods of education in comparison with American education, Dean Russell said:

"Wurtemberg is a small German state, a little larger than the Inland Empire of Eastern Washington, and having a population of about two million persons. Thirty years ago Wurtemberg began to realize that her population was beginning to dwindle; that something had to be done to maintain her integrity as a state. So she set about building up a system of schools for all the people; that would help the boy who wished to be a carpenter, a plumber, or a farmer, in the same degree, according to his needs, as they would assist the youth who desired to be a lawyer, an engineer, or a physician. Today Wurtemberg has a university giving courses of world-wide fame; technical schools, weaving and manufacturing schools; two hundred and thirty industrial schools in towns and villages; schools for metal workers, and workers in the textile trades; schools of art, of agriculture, of preparation for household management; and numerous farm schools, and high schools throughout the state.

"Wurtemberg's state but little larger than the Inland Empire of Eastern Washington, supports all these institutions, with an income of ten dollars per head of population. What would American citizens think, if in addition to supporting agricultural colleges, they were asked to support five hundred technical and industrial schools for every two million of population? This is what is being done in the small state of Wurtemberg, and from the point of view of American citizens today, it is almost inconceivable; the contemplation of which must lead any American citizen to infer that his country has much to do and learn before it can successfully compete with the old country in the products of industrial education."

A Rapid Counter.
It is not every one who proves the ineffectualness of insomnia cures at 7 years of age; that is why a youngster's experience, as the Louisville Courier-Journal records it, seems remarkable enough to quote.

The father of the lad, who was about 7 years old, was a physician, and when the child found difficulty in getting to sleep, was ready with advice.
"I'll tell you something that will soon put you to sleep," he said. "You begin and count slowly up to one hundred, and then another hundred, and so on, and before you know it you'll be sleeping. Try it to-night when you go to bed."

Everything remained quiet that night until the father went to retire. As he passed the boy's bed a little voice piped:
"Papa!"
"Yes, my boy."
"What comes after trillions?"
But the wakeful youngster's query was not answered; his father had vanished into his own bedroom.

Then the Quarrel Ceased.
They were having the usual family quarrel. As was also usual, she could not convince him that she knew whereof she argued.
"Didn't I go to school, stupid?" she screamed.
"Yes, dear, you did," he replied calmly. "And you came back stupid."—The Bohemian.

When any one feels good, it is not because he has good luck, or takes medicine, but because he is young.

POPULAR SCIENCE

Owing to the great amount of decomposed vegetable matter contained in Brazilian waters, which causes rapid deterioration of this steel, the hull of the new dispatch boat Guanabara, built for the Brazilian Government, is constructed entirely of bronze. Against this metal, says Popular Mechanics, the corrosive action of the Brazilian waters has no effect, and, although more costly, both in material and construction, the vessel is much lighter than if built of steel or wood. The propeller shafting and propeller are also of bronze.

The brownish spots which appear in old books are really due to the ravages of bacteria, says Popular Mechanics. The tiny destroyer is especially fond of starchy material and its propagation is promoted by damp. It has been well understood that damp produced discoloration and decay, but the share of the microbe in the operation has not hitherto been suspected. Tiny fungus or mold is responsible for gray and black marks upon old papers. In spotting the surface the fungus helps to break down the fabric and hasten the process of its destruction.

R. Lydekker, the English naturalist, calls attention to the observations of R. I. Pocock on the significance of the close relationship of lions, tigers and leopards. On lion cubs the pattern of the markings is intermediate in character between the stripes of the tiger and the rosettes of the leopard, but inclines more toward the former. East African lions retain more or less distinct traces of these early markings even when they reach maturity. A distinct tiger-like feature of the lion cub is a white patch over the eye, which disappears in the adult. Puma cubs show a pattern quite unlike that of the lion, tiger, leopard and jaguar.

At the recent meeting of the American Association for the Advancement of Science, in Chicago, attention was called to the interesting fact that the work on the Panama Canal is changing biological conditions in Panama, and that its completion will enable the fresh-water fauna of the Atlantic and Pacific slopes to intermingle. Undoubtedly many marine animals will pass from one ocean to the other. Thus a permanent change of conditions will be brought about, which may or may not possess much practical importance, but its scientific interest is very great. In view of these facts, the association resolved to urge upon Congress the necessity of an immediate biological survey of the Panama Canal zone.

The report that the Gulf Stream now runs with greater speed than formerly, and its influence on the time required for the crossing of the Atlantic, furnishes the theme for an article by Dr. Brennecke in the German magazine, Umschau. Dr. Brennecke analyzes the climatic and geographical reasons for the existence and continuance of the Gulf Stream, and points out how the change in the wind currents and the density of the atmosphere all affect the life and power of the famous current. This is chiefly dependent, he points out, on the location and areas of high and low pressure over the sea. A series of carefully made reports over a long period of time by the German Marine Observatorium seems to indicate that the Gulf Stream now moves more rapidly than formerly.

It is not every one who proves the ineffectualness of insomnia cures at 7 years of age; that is why a youngster's experience, as the Louisville Courier-Journal records it, seems remarkable enough to quote.
The father of the lad, who was about 7 years old, was a physician, and when the child found difficulty in getting to sleep, was ready with advice.
"I'll tell you something that will soon put you to sleep," he said. "You begin and count slowly up to one hundred, and then another hundred, and so on, and before you know it you'll be sleeping. Try it to-night when you go to bed."

Everything remained quiet that night until the father went to retire. As he passed the boy's bed a little voice piped:
"Papa!"
"Yes, my boy."
"What comes after trillions?"
But the wakeful youngster's query was not answered; his father had vanished into his own bedroom.

Then the Quarrel Ceased.
They were having the usual family quarrel. As was also usual, she could not convince him that she knew whereof she argued.
"Didn't I go to school, stupid?" she screamed.
"Yes, dear, you did," he replied calmly. "And you came back stupid."—The Bohemian.

When any one feels good, it is not because he has good luck, or takes medicine, but because he is young.