

Spring Medicine

The best is Hood's Sarsaparilla. It is the best because it does the most good. While it makes the blood pure, fresh and lively, it tones the stomach to better digestion, creates an appetite, stimulates the kidneys and liver, gives new brain, nerve and digestive strength.

An unequalled list of cures—40,366 testimonials in two years—proves its merit.



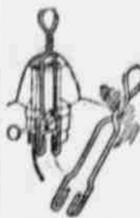
Sarsaparilla—For those who prefer medicine in tablet form. Hood's Sarsaparilla is now put up in chocolate tablets called Sarsaparilla, as well as in the original liquid form. Sarsaparilla has exactly the same curative properties as the liquid form, besides accuracy of dose, convenience, economy, and being free from any irritating, laxative, or purgative effect. Sold by druggists or sent by mail. G. I. Hood Co., Lowell, Mass.

Mrs. J. F. Goss, 56 Grand Street, Boston, Mass., says: "In 25 years experience I have never known Hood's Sarsaparilla to fail, for purifying humors and as a general blood purifier. It cures eczema, skin eruptions, and is equal as a general spring medicine. It gives me genuine satisfaction to say this."



HOUSEHOLD TALKS

Lampwick Hook. Considerable difficulty is frequently experienced in applying a new wick to a lamp burner, owing to the fact that the material of which the wick is formed is not sufficiently stiff to enable it to be readily passed through the burner tube. To obviate this difficulty a Wyoming man has designed an implement for drawing the wick through the tube, as shown in the accompanying illustration. At one end is a finger piece, and at the other, prongs for engaging the wick. In using the device the pronged end of the implement is thrust through the tube of the burner and the end of the wick attached to the prongs. A pull on the handle draws the wick into the tube, after which it can be readily pulled through.



LAMP WICK.

Sour Milk Corn Bread. Sift together one cup of graham flour and three cups of Indian meal. Into three cups of sour milk stir a tablespoonful of melted butter, a teaspoonful of salt and a tablespoonful of sugar. Add this gradually to the meal-and-flour mixture, then fold in three well-beaten eggs and a teaspoonful of baking soda that has been dissolved in a gill of boiling water. Beat hard for five minutes, pour into a well-greased Turk's head tin and bake in a steady oven until a straw comes out clean from the thickest part of the loaf.

Stuffed Ham. Freshen the ham, if necessary, by soaking over night in cold water. When ready to cook, cover with fresh, cold water, and heat slowly to the boiling point. Simmer until tender, remove from the fire and cool in the water in which it was cooked. When sufficiently cool to handle, remove the skin and the bone and fill the cavity with stuffing. Tie securely and sprinkle the fat with fine cracker crumbs and sugar. Bake for one hour in a hot oven. Serve either hot or cold.

Caramels. One quarter of a pound of chocolate, one and a half pounds of brown sugar, one-quarter of a pound of butter, one tumblerful of milk or cream. Put all together and let them melt. Boil for twenty minutes, pour on buttered dishes and before quite cold cut in small squares with a sharp knife. After taking off the saucapan add half a teaspoonful of essence of vanilla. Be careful not to take the caramels off the fire until they are cooked. Test by dropping a little in cold water.

Kindling Material. Melt one pound of resin, add two ounces of tallow, and, while all are hot, stir thick with pine sawdust. While still warm spread about one inch thick upon boards thickly covered with sawdust to prevent sticking. When cold break into pieces about an inch square. One of these pieces will easily ignite with a match and burn long enough and with a strong blaze to ignite any wood fit to burn.

Chocolate Blanc Manger. Put one pint of milk in a double boiler. When hot add two ounces of grated chocolate or two heaping teaspoonfuls of cocoa. Add half a cupful of sugar. Moisten three level tablespoonfuls of corn starch with a little cold milk; add them to the hot milk and chocolate, stir until thick and smooth, turn into the mold and stand aside to harden. Serve cold with cream.

Meat Delicacy. For a veal roast with raisins take three pounds, roast a nice brown in butter, add hot water and salt, and cook. Within one hour of serving add one and one-half cups vinegar sweetened with sugar, three-quarters cup washed raisins, about ten flowers of cloves. When done, remove meat, thicken gravy with a little cornstarch dissolved in water and serve.

Fifteen-Minute Soup. Put a quart can of tomatoes, a slice of onion, a level teaspoonful of salt, a bay leaf, a blade of mace and a pint of water or stock in a saucepan, bring to boiling point and add two level teaspoonfuls of butter rubbed with four tablespoonfuls of flour, stir constantly until boiling, press through a sieve, reheat and serve with croutons.

Holding His Job. Michael Callahan, a section boss for the Southern railroad, has a keen Gaelic wit. One warm afternoon while walking along the railroad tracks he found a section hand placidly sleeping beside the rails. Callahan looked disgustedly at the delinquent for a full minute and then remarked: "Slape on, ye lazy spalpeen, slape on, fur as long as you slape you've got a job, but when you wake up you ain't got none."—Lippincott's Magazine.

Fighting as She Saw It. While little Gertrude was looking out of a window during a thunderstorm she saw a flash of lightning play along a telegraph wire. "Oh, mamma," she exclaimed, "I just saw a piece of the sun fall down from the sky!"—New York Press.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

Perfectly Plain. With all the impartiality of the partisan, Prof. Price set forth the contentions of both political parties regarding the tariff.

At the close of his talk he was surrounded by the fair members of the Woman's Current Events Club. "Oh, Prof. Price," cooed the fairest, "thank you so much for your perfectly lovely talk! I understand all about the tariff now. It's just like a lover's comparisons—the free traders are the other girls!"

Not Disappointed. Adam Zawfor—What's got you so much interested in that there paper?

Job Sturkey—I'm looking over this list of a hundred men that owns all the money in the country. I thought maybe my name would be there, but it ain't. Well, I didn't much 'spect to find it, no-how.

There is more Catarrh in this section of the country than all other diseases put together, and until the last few years was supposed to be incurable. For a great many years doctors pronounced it a local disease and prescribed local remedies, and by constantly failing to cure with local treatment, pronounced it incurable. Science has proven Catarrh to be a constitutional disease and therefore requires constitutional treatment. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, Ohio, is the only constitutional cure on the market. It is taken internally in doses from 10 drops to a teaspoonful. It acts directly on the blood and mucous surfaces of the system. They offer one hundred dollars for any case that fails to cure. Send for circulars and testimonials. Address: F. J. CHENEY & CO., Toledo, Ohio. Take Hall's Family Pills for constipation.

Makes a Difference. "If a man loses his pocketbook," said the moralizer, "he thinks the chap who finds it is no better than a thief if he doesn't return it."

"Yes," rejoined the demoralizer, "but if he finds some other fellow's pocketbook—well, it comes like pulling teeth to give it up."

Her Grievance. "Mr. Clugston," said the caller, "you may stop my paper."

"It doesn't fit your pantry shelves, perhaps, ma'am," said the editor of the Spiketown Blizzard, sarcastically.

"That hasn't got nothing to do with it." "You've found that you can borrow it from a neighbor hereafter?"

"That ain't the reason, neither." "Possibly you don't like the editorial policy of the paper?"

"No, sir, I don't. My nephew was arrested last week for stealin' a hog, and you didn't say a word about it!"

To the Uninitiated Observer some of the gymnastics performed in a game of football are beyond explanation. The story is told of a half-back who complained to his family about the injustice of allowing football players to wear head protectors.

"I should think it was most necessary," said his mother, who had witnessed one game with many tremors. "Look at the front teeth your poor cousin Frederick lost!"

"That may be," said her son, stubbornly, "but look at me, laid up for two weeks with a lame foot just from kicking a fellow's nose-gear!"

FITS St. Vitus' Dance and all Nervous Diseases permanently cured by Dr. King's Great Peppermint Cure. Sold by F. J. Cheney & Co., Toledo, Ohio. Dr. H. H. Kline, 141 Arch St., Philadelphia.

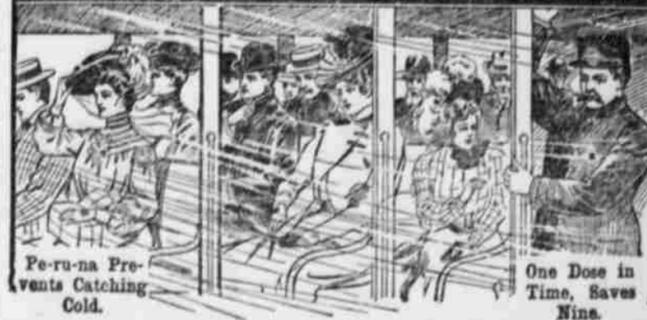
His Idea of One. The teacher in the Darktown school was hearing the class in geography.

"What is known as the Great Divide?" she asked.

"Cuttin' a big watermelon!" answered little "Rastus with a grin that showed all his ivories."—Chicago Tribune.

NO ONE CAN ALWAYS AVOID

Catching Cold on the Street Car



Pe-ru-na Prevents Catching Cold. One Dose in Time, Saves Nine.

Many people persist in riding on the street cars, insufficiently protected by clothing. They start out perhaps in the heat of the day, and do not feel the need of wraps.

The rapid moving of the car cools the body unduly. When they board the car perhaps they are slightly perspiring. When the body is in this condition it is easily chilled. This is especially true when a person is sitting.

Beginning a street car ride in the middle of the day and ending it in the evening almost invariably requires extra wraps, but people do not observe these precautions, hence they catch cold.

Colds are very frequent in the Spring on this account, and as the Summer advances they do not decrease. During the Spring months no one should think of riding on the car without being provided with a wrap.

A cold caught in the Spring is liable to last through the entire Summer. Great caution should be observed at this season against exposure to cold. During the first few pleasant days of Spring, the liability of catching cold is great.

No wonder so many people acquire muscular rheumatism and catarrhal diseases during this season.

However, in spite of the greatest precautions, colds will be caught. At the appearance of the first symptom, Peruna should be taken according to directions on the bottle, and continued until every symptom disappears.

Do not put it off. Do not waste time by taking other remedies. Begin at once to take Peruna and continue taking it until you are positive that the cold has entirely disappeared. This may save you a long and perhaps serious illness later on.

Bad Effects from Cold. Mr. M. J. Deutch, Secretary Building Material Trades Council, 151 Washington St., Chicago, Ill., writes:

"I have found your medicine to be unusually efficacious in getting rid of bad effects from cold, and more especially in driving away all symptoms of catarrh, with which I am frequently troubled."

"The relief Peruna gives in catarrhal troubles alone is well worth the price per bottle. I have used the remedy for several years now."

Spells of Coughing. Mrs. C. E. Long, writes from Atwood, Colorado, as follows:

"When I wrote you for advice my little three-year old girl had a cough that had been troubling her for four months. She took cold easily, and would sneeze and have spells of coughing that would sometimes last for half an hour."

"Now we can never thank you enough for the change you have made in our little one's health. Before she began taking your Peruna she suffered everything in the way of cough, colds and croup, but now she has taken not quite a bottle of Peruna, and is well and strong as she has ever been in her life."

Peruna for Colds. Mr. James Morrison, 68 East 16th St., Paterson, N. J., writes:

"I have given Peruna a fair trial, and I find it to be just what you claim to be. I cannot praise it too highly. I have used two bottles in my life for colds, and everything imaginable. I can safely say that your medicine is the best I have ever used."

Lost the Connection. Mrs. Chugwater, in looking over the morning paper, had come across a line that looked like this:

gfccozkwfwshyoyjijykknarxtzhszgmgl "Josiah," she asked, showing it to him, "what does this mean?"

"It means," said Mr. Chugwater, "that the line's out of order. Same old story. Can't you see?"

Of Small Value. The nose of the Egyptian sphinx had dropped off.

"Let it go," said the sphinx, speaking for the first and only time. "It wasn't a Grecian nose, anyway."



"OUCH, OH MY BACK"

NEURALGIA, STITCHES, LAMENESS, CRAMP TWINGES, TWITCHES FROM WET OR DAMP ALL BRUISES, SPRAINS, A WRENCH OR TWIST THIS SOVEREIGN REMEDY THEY CAN'T RESIST

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SHOES AT ALL PRICES, FOR EVERY MEMBER OF THE FAMILY, MEN, BOYS, WOMEN, MISSES AND CHILDREN.

W. L. Douglas makes and sells more men's \$2.50, \$3.00 and \$3.50 shoes than any other manufacturer in the world, because they hold their shape, fit better, wear longer, and are of greater value than any other shoes in the world to-day.

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W. L. Douglas, 271 N. 7th St., Minneapolis, Minn. Sold by the best shoe dealers everywhere. Shoes made from factory to any part of the world. Illustrated Catalogue free to any address. W. L. DOUGLAS, Brockton, Mass.

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Is positive proof of the reliability and confidence our patients have in us. Specialists always in attendance, assisting prompt and courteous attention. Lady attendant always present.

Reliable Painless Dentists.—Our reputation for reliability and thoroughness is well established. Cleanliness, Good Work and Quick Service.

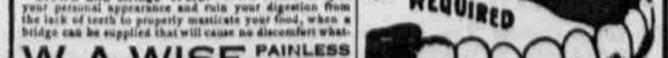
"AND IT DIDN'T HURT A BIT"

Painless Extraction. 50 cents. Extraction Free when plates or bridges are ordered. Plates \$3 and up.

Best Plate Work.—Perhaps your teeth have become so loose that it is impossible to firmly set a bridge. Then the old stumps are removed without causing you the slightest pain, and a plate is fitted. If the plate fits perfectly it will look well and perform its work of maintaining your food satisfactorily. With my 20 years' experience in this work will guarantee satisfaction in every case.

Crown and Bridge Work.—It's a shame to spoil your personal appearance and ruin your digestion from the lack of teeth to properly masticate your food, when a bridge can be supplied that will cause no discomfort whatever.

W. A. WISE PAINLESS DENTIST
FALMOUTH BUILDING, TRUSS AND WASHINGTON, PORTLAND, OREGON



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