

REV. TROUTMAN SENDS BEST WISHES FOR PE-RU-NA

Rev. George A. E. Troutman, Mt. Washington, Mo., Writes,

"My Wife and I Are Strong Believers in Pe-ru-na."



Catarrh and La Grippe.
Rev. Geo. A. E. Troutman, Mt. Washington, Mo., writes: "My wife and I are strong believers in Peruna."
I was cured of a bad case of catarrh when nothing else that I tried had any effect. My wife was cured from a severe case of la grippe, and we feel that the least we can do is to gratefully acknowledge the merit of Peruna.
"My wife joins me in sending best wishes for your success."

Throat Trouble.
Rev. H. W. Tate, 920 Lincoln Avenue, Walnut Hills, Cincinnati, Ohio, writes: "For several years I have been troubled with a peculiar spasmodic affection of the throat. It would seize me suddenly and for a few minutes I would be unable to speak audibly, and my breath would be greatly interfered with. I would be obliged to gasp for breath."
"I finally concluded that it was some catarrhal affection which probably excited the spasm. It interfered with my vocation as a preacher, attacking me occasionally in the pulpit."
"I had heard so much about Peruna as a catarrh remedy that I determined to try it. After taking two bottles, my trouble has disappeared. I feel sure that Peruna has greatly benefited me."
Rev. P. E. Swanstrom, Swedish Baptist pastor, Box 228, Grantsburg, Wis., writes that from the use of Peruna he is perfectly well, entirely cured of chronic diarrhea and catarrh.

Peruna in Tablet Form.

For two years Dr. Hartman and his assistant have incessantly labored to create Peruna in tablet form, and their strenuous labors have just been crowned with success. People who object to liquid medicines can now secure Peruna Tablets, which represent the medicinal ingredients of Peruna. Each tablet is equivalent to one average dose of Peruna.

Not Yet.
Mrs. De Style—I suppose your daughter is to have her coming-out ball very soon, isn't she?
Mrs. Rose Quayle—O, dear, no! My daughter has another year at school before becoming a dillitante, and will not make her debris until next season.—Judge.

A Premier.
See the man and woman entering the great dry goods emporium.
The man looks very sad.
The woman looks supremely happy.
Why does the man look sad? He is going in to buy something.
Why does the woman look happy? For the same reason.—Judge.

RHEUMATISM CAN NOT BE RUBBED AWAY

It is perfectly natural to rub the spot that hurts, and when the muscles, nerves, joints and bones are throbbing and twitching with the pains of Rheumatism the sufferer is apt to turn to the ligament bottle, or some other external application, in an effort to get relief from the disease, by producing counter-irritation on the flesh. Such treatment will quiet the pain temporarily, but can have no direct curative effect on the real disease because it does not reach the blood, where the cause is located. Rheumatism is more than skin deep—it is rooted and grounded in the blood and can only be reached by constitutional treatment—IT CANNOT BE RUBBED AWAY. Rheumatism is due to an excess of uric acid in the blood, brought about by the accumulation in the system of refuse matter which the natural avenues of bodily waste, the bowels and kidneys, have failed to carry off. This refuse matter, coming in contact with the different acids of the body, forms uric acid which is absorbed into the blood and distributed to all parts of the body, and Rheumatism gets possession of the system. The aches and pains are only symptoms, and though they may be scattered or relieved for a time by surface treatment, they will reappear at the first exposure to cold or dampness, or after an attack of indigestion or other irregularity. Rheumatism can never be permanently cured while the circulation remains saturated with irritating, pain-producing uric acid poison. The disease will shift from muscle to muscle or joint to joint, settling on the nerves, causing inflammation and swelling and such terrible pains that the nervous system is often shattered, the health undermined, and perhaps the patient becomes deformed and crippled for life. S. S. S. thoroughly cleanses the blood and renovates the circulation by neutralizing the acids and expelling all foreign matter from the system. It warms and invigorates the blood so that instead of a weak, sour stream, constantly depositing acid and corrosive matter in the muscles, nerves, joints and bones, the body is fed and nourished by rich, health-sustaining blood which completely and permanently cures Rheumatism. S. S. S. is composed of both purifying and tonic properties—just what is needed in every case of Rheumatism. It contains no potash, alkali or other mineral ingredient, but is made entirely of purifying, healing extracts and juices of roots, herbs and barks. If you are suffering from Rheumatism do not waste valuable time trying to rub a blood disease away, but begin the use of S. S. S. and write us about your case and our physicians will give you any information or advice desired free of charge and will send our special treatise on Rheumatism.

S.S.S. PURELY VEGETABLE
THE SWIFT SPECIFIC CO., ATLANTA, GA.

EPIDEMIC OF GRIP IS SWEEPING COUNTRY

Tens of Thousands of Cases of This Pestiferous Disease Are Being Reported.

SUFFERERS IN MANY CITIES

Business in Many Places Is Disorganized on Account Prostrations from This Ailment.

An epidemic of la grippe seems to be sweeping over the country, and tens of thousands of people are suffering from the disease. Pittsburgh reports the worst visitation in its history. The business of the city is disorganized on account of the large number of people who have been suddenly forced to remain absent from their places of employment. Factories and mills, offices and stores, are affected seriously.

There is a notable uniformity in the symptoms of the present epidemic, which appears to affect principally the bronchial passages. Bronchitis and pneumonia are its most common accompaniments, and it aggravates fully 50 per cent of the tuberculosis cases. Those most injuriously affected are persons who before the attack were badly run down in their general health. In their cases pneumonia quickly develops, while the heart, brain and other organs become affected.

In Philadelphia an epidemic of grippe is sweeping the city and whole families are prostrated by it. Pneumonia in many cases is followed close upon its heels, and last week many persons died of that disease. Doctors are scarcely able to keep up with the demands made upon them. Baltimore, too, is experiencing an unusual amount of sickness.

Other cities where grippe has made its appearance are Boston, Chicago, Cincinnati, Cleveland, Denver, Milwaukee and New York, and reports from these places indicate that the health authorities fear that the outbreak is only at the beginning. Health Commissioner Evans, of Chicago, has issued a warning to the people, urging them to get plenty of fresh air and to exercise in the open as much as possible. Chicago knows the danger of grippe, for it has been frequently visited by the disease. In 1880 that city had 100,000 grippe sufferers and 112 deaths directly resulted. In 1889 over 300 persons died from the disease, and since the first appearance of the malady the city has paid a tribute of 2,208 lives.

In New York, where the disease is now gaining a strong foothold, sixty-eight deaths resulted last week and there are many cases scattered about the city.

Boston is the worst sufferer on the Atlantic seaboard. There are nearly 100,000 cases there and sixty deaths have resulted. Cincinnati has 2,000 cases and the disease seems to be epidemic in form.

The open winter is held responsible for the spread of the disease. Where it originated no one seems to know. It travels with wonderful rapidity. In 1880, when the grippe appeared in virulent form all over the country, it was tracked back to Europe and thence to Hong Kong in China. The germs of the present epidemic may have come from the same source.

MIX THIS YOURSELF

GIVES RECIPE FOR SIMPLE HOME-MADE KIDNEY CURE.

Inexpensive Mixture of Harmless Vegetable Ingredients Said to Overcome Kidney and Bladder Trouble Promptly.

Here is a simple home-made mixture as given by an eminent authority on Kidney diseases, who makes the statement in a New York daily newspaper, that it will relieve almost any case of Kidney trouble if taken before the stage of Bright's disease. He states that such symptoms as lame back, pain in the side, frequent desire to urinate, especially at night; painful and discolored urination, are readily overcome. Here is the recipe; try it:
Fluid Extract Dandelion, one-half ounce; Compound Karg n, one ounce. Compound Syrup Sarsaparilla, three ounces. Take a teaspoonful after each meal and at bedtime.

A well-known physician is authority that these ingredients are all harmless and easily mixed at home by shaking well in a bottle. This mixture has a peculiar healing and soothing effect upon the entire Kidney and Urinary structure, and often overcomes the worst forms of Rheumatism in just a little while. This mixture is said to remove all blood disorders and cure the Rheumatism by forcing the kidneys to filter and strain from the blood and system all uric acid and foul, decomposed waste matter, which cause the afflictions. Try it if you aren't well. Save the prescription.

Old Saw Proved.
"Most of the old maxims still hold good," observed the random conversationalist.
"Yes," agreed the man who had just returned from an international exposition. "For instance, a world's fair exchange is no robbery. It's worse."—Kansas City Times.

PILES CURED IN 6 TO 14 DAYS.

Probably Grieved Right.
Flashy Youth—I wish I knew what that pretty typewriter girl was buying who just went out. I suspect it was something for me.
Department Store Salesgirl (sneaking him up)—I think it's quite likely. She bought a steel hatpin.

Succeeded.
"Did she marry her husband to reform him?"
"I guess so, and she reformed him, all right."
"Why, he drinks like a fish!"
"I know it, but he didn't use to before she married him."—Houston Post.

Beware of Ointments for Catarrh that Contain Mercury.
As mercury will surely destroy the sense of smell and completely derange the whole system when entering it through the mucous surfaces, such articles should never be used except on prescriptions from reputable physicians, as the damage they will do is ten fold to the good you can possibly derive from them. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, O., contains no mercury, and is taken internally, acting directly upon the blood and mucous surfaces of the system. In buying Hall's Catarrh Cure be sure you get the genuine. It is taken internally and made in Toledo, Ohio, by F. J. Cheney & Co. Testimonials free.

Nautical Notes.
Mrs. Yacht (superciliously)—My husband has a beautiful yacht. I don't suppose your husband can afford such a luxury yet?
Mrs. Natch—No, the best he can do is to hold the mortgage on the one your husband has.—The Bohemian.

Prompt Acceptance.
Mrs. Fetherleigh (as the caller is departing)—You must come and take dinner with us some day, Mrs. Glimpses.
Caller (with alacrity)—I'll be delighted, Mrs. Fetherleigh. When shall I come?



The New Orleans baseball club will erect a \$30,000 steel stand.
A battle between Tommy Burns and Roche was arranged to take place in Dublin on St. Patrick's day.
The Washington State football eleven defeated that of St. Louis university by the score of 11 to 0, at Spokane, Wash.
The Coney Island Jockey Club announced that improvements in its plant now under way will cost at least \$100,000.
There will be half a dozen Smiths in the major leagues next season, the Americans having four players of this name and the Nationals two.
Elmer Collins, the Lynn bicycle rider, continues to add to his already enviable record in Paris, and is hailed by the Frenchmen as the coming world's champion.
Cincinnati has asked for waivers on seventeen men. Provided all these players are turned back to the minors, the next manager of the Reds still will have twenty-two athletes to aid him in capturing a second division berth.
The baseball critics seem inclined to the belief that the Boston got all the best of the big deal with New York. The Bean Eaters, it would seem, should occupy a higher place in the race than they have held for the past few years.

Uncle Allen.
"Talking of short measure," said Uncle Allen Sparks, "there are lots of people that never seem to have got their share when the milk of human kindness was handed around."

ETS.
Mr. Victor Dance and all nervous stomachs permanently cured by Dr. Kline's Great Kidney and Bladder Cure. Sold for FREE in trial bottles and treated. Dr. R. H. Kline, La. 831 Arch St., Philadelphia, Pa.

The metric system has been introduced in Denmark by a law of March, 1907. The law provides that the old weights and measures may be used for a period of five years in conjunction with the new. However, all government and local authorities may use the old system for only two years to come.

No one will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

Exaggerated.
"Is it true, colonel, that your recent losses in Wall street have compelled you to sell your automobiles?"
"No—that's a ridiculous and unmitigated falsehood. All I've had to do has been to cut down my consumption of gasoline a few gallons a day."

To Break in New Shoes.
Always shake in Allen's Foot-Ease, a powder, it cures hot, sweating, itching, swollen feet, corns, ingrowing nails and bunions. At all druggists and shoe stores. Do not accept any substitute. Sample mailed FREE. Address Allen S. Gimsted, Le Roy, N. Y.

Notices on a Connaught railway platform: "There will be no last train on Saturday."

A gale blowing eighty miles an hour exerts a pressure of nearly thirty-two pounds to the square foot.

For that Dandruff

There is one thing that will cure it—Ayer's Hair Vigor. It is a regular scalp-medicine. It quickly destroys the germs which cause this disease. The unhealthy scalp becomes healthy. The dandruff disappears, had to disappear. A healthy scalp means a great deal to you—healthy hair, no dandruff, no pimples, no eruptions. The best kind of a testimonial—"Sold for over sixty years."



A "10-penny nail" means that 1,000 nails weigh ten pounds. The word "prony" in this case is a corruption of pound.
Only One "BROMO QUININE."
That is LAXATIVE BROMO QUININE. Look for the signature of F. W. GROVE. Used the World over to cure a Cold in One Day. 25c.
First Broker—Any excitement on the street to-day?
Second Broker—You bet! Sudden drop in copper. Trolley wire broke.

CASTORIA

The Kind You Have Always Bought has borne the signature of Chas. H. Fletcher, and has been made under his personal supervision for over 30 years. Allow no one to deceive you in this. Counterfeits, imitations and "Just-as-good" are but experiments, and endanger the health of Children—Experience against Experiment.

What is CASTORIA
Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrup. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

The Kind You Have Always Bought Bears the Signature of
Chas. H. Fletcher
In Use For Over 30 Years.
THE CENTAUR COMPANY, 17 NASSAU STREET, NEW YORK CITY.

W. L. DOUGLAS SHOES
\$3.00 SHOES AT ALL PRICES FOR EVERY MEMBER OF THE FAMILY. MEN, BOYS, WOMEN, MISSSES AND CHILDREN.
W. L. Douglas makes and sells more shoes than any other manufacturer in the world, because they hold their shape, fit better, wear longer, and are of greater value than any other shoes in the world to-day.
W. L. Douglas \$4 and \$5 Gilt Edge Shoes Cannot Be Equaled At Any Price.
W. L. DOUGLAS, 271 W. WASHINGTON ST., BOSTON, MASS.
Sold by the best shoe dealers everywhere. Shoes mailed from factory to any part of the world. Illustrated Catalog free to any address.

Guaranteed Pure and Wholesome.

You save money and avoid failures in your baking if you use

KC BAKING POWDER

25 Ounces for 25 Cents

Here is true economy. You cannot be sure every time or have your food dainty, tasty and wholesome if you pay less or accept a substitute.

Jaques Mfg. Co. Chicago.