

Weak Lungs Bronchitis

For over sixty years doctors have endorsed Ayer's Cherry Pectoral for coughs, colds, weak lungs, bronchitis, consumption. You can trust a medicine the best doctors approve. Then trust this the next time you have a hard cough.



His Platform as Amended.
"My platform," shouted the orator, bringing his fist down with a resounding thump on the desk before him, "is, 'Leave well enough alone!'"
"Beg pardon," whispered the chairman of the meeting, an eminent Boston citizen, pulling his coat tails gently. "Let well enough alone" is the preferable form.

ENGRAVING Write Us PLATES FOR PRINTING HICKS-CHATTEN
Portland Oregon

C. Gee Wo CHINESE DOCTOR
Root and Herb
Has made a life study of roots and herbs, and in that study discovered and is giving to the world his wonderful remedies.

A SURE CANCER CURE
Best Received from Peking, China—Safe, Sure and Reliable.
If you are afflicted, DON'T DELAY. DELAYS ARE DANGEROUS.
CONSULTATION FREE!
If you cannot call, write for system blank and circular. Include 2 cents in stamps.
THE C. GEE WO CHINESE MEDICINE CO.
1115 First St., Cor. Morrison, Portland, Oregon.
Please Mention This Paper.

Improve Your Baking
K C Baking Powder will do it! Get a can. Try it for your favorite cake. If it doesn't raise better, more evenly, higher, —if it isn't daintier, more delicate in flavor, —we return your money. Everybody agrees K C has no equal.

KC BAKING POWDER
Pure, Wholesome, Economical.

W. L. DOUGLAS \$3.00 & \$3.50 SHOES
BEST IN THE WORLD
\$25,000 Reward
The Reason W. L. Douglas shoes are worn by more people in all walks of life than any other make is because of their excellent style, easy-fitting, and superior wearing qualities. The selection of the leathers and other materials for each part of the shoe and every detail of the making is looked after by the most complete organization of superintendents, foremen and skilled workmen, who receive the highest wages paid in the shoe industry, and whose workmanship cannot be excelled. If you take you into my large factory at Brockton, Mass., and show you how carefully W. L. Douglas shoes are made, you would then understand why they hold their shape, fit better, wear longer and are of greater value than any other make.

Trades that Kill.
One of the most dangerous of trades, according to the Pilgrim, "is the covering of toy animals with skin, chamois leather being used, for instance, for the elephants, calfskin for the horse, and goatskin for the camels. This covering must of course fit without a wrinkle to look natural, so the wooden model is first dipped into glue, then sprinkled with chalk dust; then the skin is put on. The chalk is so fine that it fills the air and is drawn into the throat and lungs. A year of this sort of work often results in death. Another very injurious toy is the rubber balloon. The fumes and solvents used in reducing sheet rubber to the necessary thinness while retaining its strength and the dyeing of the brilliant yellow, green and purple are most of them poisonous.

Catarrh is a Constitutional Disease
It originates in impure blood and requires constitutional treatment, acting through and purifying the blood, for its radical and permanent cure. The greatest constitutional remedy is **Hood's Sarsaparilla**
In usual liquid form or in chocolate tablets known as **Sarsatabs**. 100 doses \$1. Nasal and other local forms of catarrh are promptly relieved by Antiseptics or Catarrhals, 50c., druggists or mail.
C. I. Hood Co., Lowell, Mass.

Hard to Reach.
The numerous "help" who have "had had good characters but lost them" are no worse off than the domestic mentioned in Illustrated Bits, whose search for employment was hindered by an untoward circumstance. Said the master of the house to an applicant: "Can't you find any work at all?" "Plenty, sir; but everybody wants references from me last employer." "Can't you get them?" "No, sir. He's been dead twenty-eight years."

SPECIAL HOLIDAY OFFER!
Mail us any good picture with a wrapper for 10c and we will send you a beautiful photo engraved on a hand-colored mount like one of those that you see in our 5c and 10c envelopes. We do all kinds of engraving and book binding. Send us your 10c and we will return you 10c worth of our 5c and 10c envelopes.
Geo. H. Strong
143 W. Park St.
Portland, Oregon

ADVICE TO VICTIMS
TELLS READERS HOW TO PROMPTLY CURE RHEUMATISM AT HOME.
Directions to Mix a Simple Preparation and the Dose to Take—Overcomes Kidney and Bladder Trouble Promptly.

There is so much Rheumatism everywhere that the following advice by an eminent authority, who writes for readers of a large Eastern daily paper, will be highly appreciated by those who suffer:
Get from any good pharmacy one-half ounce Compound Kagon, three ounces of Compound Syrup Sarsaparilla. Shake these well in a bottle and take in teaspoonful doses after each meal and at bedtime; also drink plenty of good water.

It is claimed that there few victims of this dread and torturous disease who will fail to find ready relief in this simple home-made mixture, and in most cases a permanent cure is the result.
This simple recipe is said to strengthen and cleanse the eliminative tissues of the Kidneys so that they can filter and strain from the blood and system the poisons, acids and waste matter, which cause not only Rheumatism, but numerous other diseases. Every man or woman here who feels that their kidneys are not healthy and active, or who suffers from any urinary trouble whatever, should not hesitate to make up this mixture, as it is certain to do much good, and may save you from much misery and suffering after while.

According to Rules.
Sentry—You can't leave.
Soldier—But I have the captain's oral permission.
Sentry (importantly)—Let's see it!
—I Motto per Riders.

\$100 Reward, \$100.
The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages, and that is Catarrh. Hall's Catarrh Cure is the only positive cure now known to the medical fraternity. Catarrh being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving it a patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonials.
Address F. J. CHENEY & CO., Toledo, O. Sold by all druggists.
Take Hall's Family Pills for constipation.

After He'd Been Sentenced.
Lawyer (in courtroom)—What time have you got, please?
Prisoner (at trial table)—I can't tell you until after the trial.

SINKS AND DRAINS A FREQUENT CAUSE OF TYPHOID.
Purify These and You Will Be Safe From Contagion.
DISINFECTING THE ONLY PREVENTIVE
BORAX, A SIMPLE, SAFE AND SURE METHOD
How to keep our homes clean, sweet and free from germ influences is a question. While there is no occasion for alarm, it is always well to be forearmed on the theory that "An Ounce of Prevention is Better Than a Pound of Cure" and no ounce of prevention has yet been discovered that is more simple, more direct and more effective, yet harmless to the human system, than is Borax.

BORAX has been known and used for generations as a purifier and preventive against epidemic influenza originating from unsanitary conditions resulting from unsanitary sinks and drains, and when used as a hot solution in the proportion of two tablespoonfuls in a gallon of hot water flushed through the offending locations, removes every trace of disease germs and renders the pipes clean and wholesome.
Borax in addition to its hygienic qualities is a household necessity, and can be used for numerous domestic purposes. It softens the water, makes linen dazzling white, will cleanse every article in the kitchen or dining room and make it bright, will prevent moths, soften and whiten the skin, remove dandruff and cleanse the scalp, and for cleansing and sterilizing baby's milk bottle and nipple has no equal.
Borax, unlike every other cleanser and disinfectant is absolutely harmless to the system, and is safe, simple, economical, and can be purchased at any druggist or grocer.



Attachment for Pitchers.
A peculiar and unique invention just patented is shown in the illustration below. This drip cup was designed to provide a simple means of preventing the contents of pitchers and similar vessels having a discharge spout (trickling on the table or on whatever object they happen to be placed. The drip cup is secured to the receptacle beneath the spout. Its use will be apparent, the drippings from the spout of the receptacle dropping into the drip cup. It is impossible for the contents of the drip cup to drop out when the pitcher is tilted. For this purpose a guard is placed partly across the top.

Peach Enche.
Measure out seven pounds of peaches peeled, then slice or cut in halves; three pounds and a half of sugar and a pint of vinegar. Put into a porcelain or granite kettle with two tablespoonfuls whole cinnamon or cassia buds and a tablespoonful whole cloves tied in a lace bag. Cook with the fruit until it is spiced to taste, then remove the bag. Cook the peaches until as thick as marmalade, stirring frequently and taking care not to let it scorch; then put into cans and seal.

Oatmeal Crisps.
Cream one teaspoonful of butter and rub it into one cup of sugar. Add one-half teaspoonful of salt, two level teaspoonfuls of baking powder and two and one-half cups of dry rolled oats. Mix thoroughly, then add two well-beaten eggs and one teaspoonful of vanilla. Place by teaspoonfuls, 2 or 3 inches apart, on this lined with waxed paper, and bake in a slow oven till golden brown. They will flatten out to a sort of flange texture. Do not remove from the paper till cold.

Potatoes and Eggs.
Boil potatoes size of a small egg without peeling, and when cool peel and cut in halves. Put one tablespoonful of butter in frying pan and brown the potatoes in it, seasoning to taste. Just before taking up add three or four eggs, making little places among the hot potatoes for them. When nearly set, gently stir potatoes and eggs together and remove the instant the eggs are cooked.

Piccolini.
One peck green tomatoes, chopped fine; put in layers in a jar with layers of salt; let stand over night; drain, and add eight onions, eight peppers, two large (or three small) heads of cabbage, all chopped fine; whole spices to suit taste, one cup of sugar if you wish, vinegar to make moist enough; heat it all up together. Can be canned or put in a jar; keeps fine.

In Ironing.
When ironing, the best thing with which to rub the irons is a fairly large pad of folded brown paper. This will also serve to test their heat. Beside this a cloth should be kept on hand on which to wipe off any flakes of soot or dirt. A small piece of wax is excellent for producing a gloss when rubbed on the iron and paraffin has the same effect also.

Corn Chowder.
Put six or eight paper-thin slices of bacon in a kettle with two finely chopped onions and brown. Add a little water, lump of butter the size of an egg and one quart of green corn scraped from cob. When tender, add one cupful thin cream and serve. Many like it better without the onion. Season with salt and pepper.

Use for Bread Crumbs.
Breadcrumbs are always better than cracker crumbs for covering anything that has to be dipped in egg. The cracker crumbs do not brown well. Brown your stale pieces of bread in the oven and crush them with a rolling pin. Keep in glass jar, covered, until needed.

Quince Honey.
Pare and grate six large quinces. Boil a quart of water with five pounds of granulated sugar for five minutes, then add the grated quinces and boil for thirty minutes. Pour into pint jars and seal. This makes from five to six pints.

Apple Gelatine.
Make an ordinary apple sauce, having it rather thin. To every pint of this add a tablespoonful of soaked gelatine, beat hard and set aside to cool. Serve with rich cream or heap upon it unspiced meringue, sweetened.

One of the Essentials
of the happy homes of to-day is a vast fund of information as to the best methods of promoting health and happiness and right living and knowledge of the world's best products. Products of actual excellence and reasonable claims truthfully presented and which have attained to worldwide acceptance through the approval of the Well-Informed of the World; not of individuals only, but of the many who have the happy faculty of selecting and obtaining the best the world affords.

One of the products of that class, of known component parts, an Ethical remedy, approved by physicians and commended by the Well-Informed of the World as a valuable and wholesome family laxative is the well-known Syrup of Figs and Elixir of Senna. To get its beneficial effects always buy the genuine, manufactured by the California Fig Syrup Co., only, and for sale by all leading druggists.

Edwin's Explanation.
Edwin, aged 3, who fondled his small cat overmuch and unwisely, appeared before his mother one day, his little face guiltily pained and a scotch upon his hand.
"What happened?" she asked.
"I bent the kitty a little," he said, briefly.

THE MAN WHO SWEARS BY THE FISH BRAND SLICKER
is the man who has tried to get the same service out of some other make
Clean - Light - Durable
Guaranteed Waterproof
and Sold Everywhere
at \$3.00
REGISTERED TRADE MARK FOR THE SLICKER
A. J. SWIFT SPECIFIC CO., NEW YORK, N. Y.

CASTORIA
The Kind You Have Always Bought has borne the signature of Chas. H. Fletcher, and has been made under his personal supervision for over 30 years. Allow no one to deceive you in this. Counterfeits, imitations and "Just-as-good" are but experiments, and endanger the health of Children—Experience against Experiment.

What is CASTORIA
Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

The Kind You Have Always Bought
Bears the Signature of
Chas. H. Fletcher
In Use For Over 30 Years.
THE CASTORIA COMPANY, 77 MURRAY STREET, NEW YORK, CITY.

A Substitute.
"You're rather a young man to be left in charge of a drug store," said the fussy old gentleman. "Have you any diploma?" "Why—er—no, sir," replied the drug clerk. "but we have a preparation of our own that's just as good."—Philadelphia Press.

RHEUMATISM CAN NOT BE RUBBED AWAY

It is perfectly natural to rub the spot that hurts, and when the muscles, nerves, joints and bones are throbbing and twitching with the pains of Rheumatism the sufferer is apt to turn to the liniment bottle, or some other external application, in an effort to get relief from the disease, by producing counter-irritation on the flesh. Such treatment will quiet the pain temporarily, but can have no direct curative effect on the real disease because it does not reach the blood, where the cause is located. Rheumatism is more than skin deep—it is rooted and grounded in the blood and can only be reached by constitutional treatment—IT CANNOT BE RUBBED AWAY. Rheumatism is due to an excess of uric acid in the blood, brought about by the accumulation in the system of refuse matter which the natural avenues of bodily waste, the Bowels and Kidneys, have failed to carry off. This refuse matter, coming in contact with the different acids of the body, forms uric acid which is absorbed into the blood and distributed to all parts of the body, and Rheumatism gets possession of the system. The aches and pains are only symptoms, and though they may be scattered or relieved for a time by surface treatment, they will reappear at the first exposure to cold or dampness, or after an attack of indigestion or other irregularity. Rheumatism can never be permanently cured while the circulation remains saturated with irritating, pain-producing uric acid poison. The disease will shift from muscle to muscle; or joint to joint, settling on the nerves, causing inflammation and swelling and such terrible pains that the nervous system is often shattered, the health undermined, and perhaps the patient becomes deformed and crippled for life. S. S. S. thoroughly cleanses the blood and renovates the circulation by neutralizing the acids and expelling all foreign matter from the system. It warms and invigorates the blood so that instead of a weak, sour stream, constantly depositing acid and corrosive matter in the muscles, nerves, joints and bones, the body is fed and nourished by rich, health-sustaining blood which completely and permanently cures Rheumatism. S. S. S. is composed of both purifying and tonic properties—just what is needed in every case of Rheumatism. It contains no potash, alkali or other mineral ingredient, but is made entirely of purifying, healing extracts and juices of roots, herbs and barks. If you are suffering from Rheumatism do not waste valuable time trying to rub a blood disease away, but begin the use of S. S. S. and write us about your case and our physicians will give you any information or advice desired free of charge and will send our special treatise on Rheumatism.

S.S.S. PURELY VEGETABLE
THE SWIFT SPECIFIC CO., ATLANTA, GA.