

RHEUMATISM CAN NOT BE RUBBED AWAY

It is perfectly natural to rub the spot that hurts, and when the muscles, nerves, joints and bones are throbbing and twitching with the pains of Rheumatism the sufferer is apt to turn to the liniment bottle, or some other external application, in an effort to get relief from the disease, by producing counter-irritation on the flesh. Such treatment will quiet the pain temporarily, but can have no direct curative effect on the real disease because it does not reach the blood, where the cause is located. Rheumatism is more than skin deep—it is rooted and grounded in the blood and can only be reached by constitutional treatment—IT CANNOT BE RUBBED AWAY. Rheumatism is due to an excess of uric acid in the blood, brought about by the accumulation in the system of refuse matter which the natural avenues of bodily waste, the bowels and kidneys, have failed to carry off. This refuse matter, coming in contact with the different acids of the body, forms uric acid which is absorbed into the blood and distributed to all parts of the body, and Rheumatism gets possession of the system. The aches and pains are only symptoms, and though they may be scattered or relieved for a time by surface treatment, they will reappear at the first exposure to cold or dampness, or after an attack of indigestion or other irregularity. Rheumatism can never be permanently cured while the circulation remains saturated with irritating, pain-producing uric acid poison. The disease will shift from muscle to muscle or joint to joint, settling on the nerves, causing inflammation and swelling and such terrible pains that the nervous system is often shattered, the health undermined, and perhaps the patient becomes deformed and crippled for life. S. S. S. thoroughly cleanses the blood and renovates the circulation by neutralizing the acids and expelling all foreign matter from the system. It warms and invigorates the blood so that instead of a weak, sour stream, constantly depositing acid and corrosive matter in the muscles, nerves, joints and bones, the body is fed and nourished by rich, health-sustaining blood which completely and permanently cures Rheumatism. S. S. S. is composed of both purifying and tonic properties—just what is needed in every case of Rheumatism. It contains no potash, alkali or other mineral ingredient, but is made entirely of purifying, healing extracts and juices of roots, herbs and barks. If you are suffering from Rheumatism do not waste valuable time trying to rub a blood disease away, but begin the use of S. S. S. and write us about your case and our physicians will give you any information or advice desired free of charge and will send you special treatise on Rheumatism.

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Getting Practice.
"I counted seven girls taking down my sermon in shorthand this morning," said a suburban minister. "I am getting tired of this business of turning church into school. It is a desecration of the Sabbath and of the sanctuary, and it gets worse year by year. "When the thing first began, I admit that I was flattered. I thought the solitary shorthand writer in my front pew was a reporter. I took unusual pains that morning, and I searched all the newspapers the next day. In vain, of course. The shorthand writer was merely a student of stenography, using me to practice on. "Students of stenography should practice on actors and on lecturers, but no—that would cost money. Nothing suits them but ministers, and every Sunday, all over our land, young men and women, with their pads and fountain pens, go to church solely to improve their shorthand."

A Shade of Regret.
"Are you happier now that you own your own home?" asked the solicitous friend.
"Of course," answered Mr. Meekton, "there is a proud satisfaction in having my own place. But occasionally I can't help longing for the time when my wife kicked to the landlord for repairs instead of coming to me."—Washington Star.

Elucidated.
While visiting the south recently a traveler chanced upon a resident of a sleepy hamlet in Alabama.
"Are you a native of this town?" asked the traveler.
"Am I a what?" languidly asked the one addressed.
"Are you a native of the town?" "What's that?"
"I asked you whether you were a native of the place?"
At this juncture there appeared at the open door of the cabin the man's wife, tall, sallow and gaunt. After a careful survey of the questioner, she said:
"Ain't you got no sense, Bill? He means was yo' livin' beah when you was born, or was yo' born before yo' begun livin' beah. Now answer him."—Success.

Peculiar Damage Suit.
In a certain town in Indiana a man brought suit against a hardware company for \$10,000 damages. He claimed that a rope he had bought to commit suicide with broke and thus foiled his plans. After the rope broke, he said, he could not get up courage enough to try it over.—Judge.

These Dear Friends.
Nan—Jack seemed crazy last night. He tried to kiss me.
Fan—He certainly was crazy if he thought any effort on his part would be needed.

GUESS WHERE THEY'RE GOING.



—Cincinnati Post.

FARMS IN FAR NORTH.

Nearly 3,000,000 Acres of Alaska Soon to Be Opened.

At a distance of some fifty miles south of the arctic circle 2,980,000 acres of land will be opened for settlement in Alaska on Sept. 30, by a recent order of the secretary of the interior. This great tract has been held in reserve for a national forest around Norton bay, but the project was abandoned, so many were the demands for entry on land which had been found more suitable for settlement, says the New York Tribune. The spring rush for Alaska overwhelmed steamship accommodations and filled up the wharves at Seattle with household freight, but the order of the secretary is expected to prolong the rush up to the approach of winter. Alaska has been in the throes of a general strike and tie-up, but as usual in such cases this feature is wearing itself out. These troubles were caused by the shortage of labor in southeastern Alaska, owing to the activity of railway building and the development of new mines, culminating in a general demand for higher wages.

Agriculture is proceeding hand in hand with the efforts of government experiment stations, which are constantly determining what will grow which heretofore has been exotic to the soil. So far, all the hardier vegetables have been made to thrive, and in the large valleys of the interior experiments are being made, with every prospect of success, to grow hay, grain and stock feed capable of maintaining work animals. The great valley along the Susitna river in central Alaska, extending north from Cook's inlet and Resurrection bay, it is declared, has a mild climate all the year, owing to the warm currents of the ocean, and will grow almost anything that is raised in temperate zones.

Most important to Alaska has been the improvement of the transportation facilities, both on steamship and railway lines. In the Susitna valley the Alaska Central railway last year had forty-seven and a half miles of standard gauge track in operation north from Seward and its roadbed in excellent shape. The series of tunnels and heavy grade work for the next six and a half miles were 90 per cent completed last year and are now about to be opened. The seven tunnels in this section are 8,800 feet long and with their completion trains will have fifty-four miles of track. The line aims for Galtrbanks, Monastuskas coalfields and the Yukon, 400 miles northward. The Copper River railway had completed twenty miles of road from Cordova and its grade was done almost to Copper river at the close of last season. Much of its heavy rock work through the Abercrombie canyon of the Copper river was completed.

The Tanana Mines railway had in operation when the snowfall began last autumn thirty-six miles of road, from Chenete Gilmore through Fairbanks. The Copper River and Northwestern railway had about completed twenty miles of grading north from Valdes and surveyors were laying out other routes, including one from Catalla to the Kayak coal fields and thence parallel with the Copper River railway. The Valdes and Yukon railway had completed its wharf and office, laid one mile of standard grade track and graded part of its roadbed. The Solomon River railway had extended its line to Casadepaga and pushed construction to reach Council City.

The Nome and Arctic railway had purchased the Wild Goose railroad and pushed its line toward Kougarok. The Alaska Short Line railway, with terminus at Iliamna bay, proposes to

push on to Nome. Most of these lines are anxious to build into the Kayak coal fields, where coal is plentiful and of high grade for coking and general use.

The permanent white population of Alaska is now 33,000, with 6,000 nomads at work here and there. The increase now averages 3,500 souls a year, a figure which the coming opening of lands is expected to swell materially. These people shipped to the states last year \$29,339,296 worth of gold, silver, copper and merchandise in the form of fish products. Cable, telegraph and mail connections are being generally extended and already Alaska is ambitious to become a state.

ROASTED RATS.

Here's an Old Japanese Legend that Carries a Moral.

In olden times, runs a Japanese legend, a Buddhist priest became acquainted with a daimio's courier, who on his journeys to and from Tokyo would often stop and spend the night at the temple. He seemed to be a man of remarkable intelligence, with whom it was a great pleasure to converse upon all sorts of subjects, says the Youth's Companion. One night when the two were talking together the courier said:

"I thank you for the many favors you have shown me since we became friends, but to-morrow morning I must bid you farewell and never see you again."

"Why must that be?" asked the priest.
"I will tell you the whole truth," answered the courier. "I am not a man, but a fox. For the purpose of deceiving the daimio I assumed human form. One of his retainers, however, became suspicious and learned my secret. He has made a trap and baited it with a roasted rat, in order that he may capture me on my return journey and put me to death. Alas! It will be impossible for me to escape."

The priest exclaimed in astonishment: "Can it be true that you are a fox? This is a strange story. Since you know all about the trap, why do you not leave the bait untouched?"

"Because it is impossible for a fox when once it smells roast rat to keep from tasting it."

"Why, how is it," asked the priest, "that you, whose wisdom is more than that possessed by most men, can throw away your life for the sake of eating a roast rat? Among men even a fool would know too much for that."

The fox answered with a bitter laugh: "Ah, it is only roast rat that can lead a fox astray. But men, though well aware of the danger, are caught by their love of pleasure, of strong drink or of gold. To obtain these they not only throw away their own lives, but they bring ruin upon their families and their country."
"These temptations are only other forms of roasted rats."

The Deadliest Poison.

Prussic acid is popularly known as the most deadly poison extant; but cyanide of ecodyl is far more deadly. A millionth part in the atmosphere of an air-tight cage caused the instant death of four dogs in succession. The vapor from a few grains diffused in the atmosphere of a roomful of people would cause the death of all present.

Contrast.

It doth perplex poor mortal man,
The weather's change to note.
One minute he requires a fan,
And next an overcoat.
—Washington Star.

If it isn't in you to be good there isn't much use trying.

Indians and War Paint.

The Indians have a tradition that tells how the custom of painting their faces originated. A certain big chief while hunting deer was chased by a lion and fell exhausted, calling upon the Big Bear, which Indians believe was the grandfather of man, to save him. The Big Bear heard and went to the man's assistance, scratching his foot and sprinkling the blood over him. No animal will eat bear or taste his blood, and when the lion smelled it he turned away. But in doing so he scratched some of the blood off the Indian's face with his claw by accident. When he found himself unharmed, the Indian was so thankful that he let the blood dry on his face. With the marks of the lion's claws this gave the effect of stripes, and ever afterward when going on hunting expeditions for man or beast the Indian painted his face in stripes as a charm against danger.

King Edward is quite six inches shorter than Queen Alexandra.

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Hooster Wonder.
Indiana claims among its other human peculiarities a 3-year-old boy who can read Shakespeare.

But why should he read Shakespeare and neglect home talent—Cleveland Plain Dealer.

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