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The United States Lighthouse service cost \$4,500,000 a year.

Marion Harland.

The celebrated author, as highly esteemed by the women of America, says on pages 103 and 145 of her popular work, "Eve's Laughing Song," or "Common Sense for Maid, Wife and Mother."

"For the thing back—should it be slow in recovering its normal strength—as all cures—this is an excellent comforter, combining the sensation of the 'cup-and-spoon' of a strong, warm hand with certain tonic qualities developed in the wearing. It should be kept over the seat of uneasiness for several days—in obstinate cases for perhaps a fortnight."

"For pain in the back wear an Allcock's Plaster constantly, it is as if it were off. This is an invaluable support when the weight on the muscles of the back becomes heavy and the sitting is essential."

Just as Well.

Singletons—No man can tell what a woman will do next.

Wedderly—And it's just as well he can't. Otherwise she'd be sure to do something altogether different.

Doubtful Compliment.

Dick—Last season I was in the mountains and I tell you among the girls I was a lion. This year I am a lion here at the beach.

Dolly—Ah, I see. Last year you were a mountain lion, and this year you are a sea lion.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

Delicate Operation.

"Yass," suddenly declared Cholly Branceless, "I'm going to work. I've made up my mind."

"You have?" exclaimed Miss Peppery. "My! What a delicate operation!"—Catholic Standard and Times.

You Can Get Allen's Foot-Ease FREE.

Write Allen S. Olmsted, La Boy, N. Y., for a free sample of Allen's Foot-Ease. It cures sweating, hot, swollen, aching feet. It makes new or tight shoes easy. A certain cure for corns, ingrowing nails and bunions. Aids in getting out of shoes. Don't accept any substitutes.

Stops.

Tess—Mr. Mugley has actually asked Miss Pansy if he might call upon her.

Jess—You don't say? I'll bet she's got her bridesmaid picked out already.

—Philadelphia Press.

My Hair is Extra Long

Feed your hair; nourish it; give it something to live on. Then it will stop falling, and will grow long and heavy. Ayer's Hair Vigor is the only hair-food you can buy. For 60 years it has been doing just what we claim it will do. It will not disappoint you.

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Hot Rocks.

One cupful of sweet milk, one-half cupful of butter, one cupful sugar, two eggs, one-half cake of compressed yeast. Make a stiff batter by adding a little flour to the above ingredients, stand in a warm place to rise; when very light work in enough flour to make a rather soft dough, and stand in a warm place to rise again. Mould into rolls when light and set in pans to rise, until twice their size, then rub over the tops with sugar and milk, sprinkle lightly with cinnamon and bake. These can be made of equal parts of whole wheat and white flour and are delicious, but should always be served hot. When reheating them for the table dip into cold water before placing in the oven.

Broiled Chicken.

Single, split down the back, clean and wipe with a damp cloth. Rub inside and out with a little butter, then sprinkle with salt and pepper. Arrange on a greased wire broiler. Cook with flesh side toward the fire at first. When seared hold a little farther away from the fire. Turn occasionally on the skin side, but be careful, as it readily scorches. A chicken weighing two pounds and a half will take from fifteen to twenty minutes; if not well done it will be tough. Transfer to a hot platter and rub again with butter.

Almond Cream Pudding.

Soak three tablespoonfuls of gelatin in cold water and, when soft, add a cup of boiling water. Stir well and set aside to cool. While cooling whip a half-pint of cream and drop a half-cup of blanched almonds. Beat two eggs very light and whip in a cup of sugar. When the gelatin is cool add to it the eggs and sugar, then the whipped cream, one teaspoonful of lemon juice and, lastly, the chopped almonds.

What the Onion Will Do.

It is well known that an onion eaten at bedtime will cure a cold, and as a plaster it removes inflammation and hoarseness. But it is not generally known that it cures sleeplessness. Take all the juice out of one or more onions and you have a smelling compound that will quiet the nerves after a few minutes of smelling. Just from sheer weariness, and sleep will result. It is best to let someone else try this remedy first.

Pepper Mangoes.

Keep large bell peppers in brine for two weeks; soak over night in fresh water. Remove the inside and fill with grated horseradish, grated onion, a little green pepper chopped fine, little white mustard seed and sugar to taste; put in the tops and drop them into spiced vinegar, with which has been heated several tablespoonfuls of olive oil.

To Keep Cake Fresh.

Cut a slice of new bread about an inch thick and place in the tin with the cake. This will help keep the cake fresh for some time. The bread must be renewed when stale, says Home Chat. An apple placed in the cake tin will answer the same purpose as the bread, and should also be renewed when withered.

Brussels Sprouts.

Take the outer leaves off and lay the Brussels sprouts in cold salted water for three-quarters of an hour. Drain, put into salted boiling water and cook about fifteen minutes, or until tender. Drain, and lay in a hot dish, season with salt and pepper and pour over all melted butter. Serve very hot.

Tea Biscuits.

Delicious tea biscuits are made by mixing a tablespoonful of sugar, a teaspoonful of salt, and a teaspoonful of a half of baking powder with a quart of flour, then add two tablespoonfuls of melted butter with milk enough to make the dough roll out easily. Bake in a quick oven.

Gems.

To one pint of boiling water add a teaspoon salt; stir in corn meal and one-half cup white flour until a thick mush is made. Cook eight minutes, stirring all the time that it may be smooth. Pour in greased gem tins; bake thirty minutes.

Canned Peas.

Lay the shelled peas in cold water for half-hour, then drain and boil tender in salted water. Pack in air-tight jars, boil up the salted liquid, fill the jars to overflowing with this and seal immediately.

Sponge Cake.

Two eggs, well beaten; one tumbler of sugar; one tumbler of flour; one-half tumbler of cold water; one-half teaspoonful of soda; one teaspoonful of cream of tartar. Flavor with extract of lemon.

She Knew.

Sunday School Teacher—Can any of you children tell me what was King David's nationality?

Willie—Hebrew.

S. S. T.—That's right. Now, can any one tell me his wife's nationality?

Annie (after pause)—I know, teacher.

S. S. T.—Well, Annie, you may tell us.

Annie—Shedrew.—Toledo Blade.

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Differentiating.

"William," said the boss, "sort those eggs into two piles. They are to be sold at different prices."

"Yes, sir," said the boy. "The fresh and the near-fresh?"

"No, you lunkhead; the big and the little."—Chicago Tribune.

Information.

The train had stopped for water at a little station in the country.

The passenger with the skull cap, seeing a lone native standing on the station platform, addressed him.

"Farmers around here seem to have been cutting a good deal of hay this morning," he said.

"Yes, sir," answered the native.

"They're taking risks. Don't you think it looks like rain?"

"Sort o'."

"What do you suppose they will do if it does rain?"

"I reckon they'll have sense enough to go in out of it, mister."—Chicago Tribune.

In the Nick of Time.

Coleridge was enumerating the stench of Cologne.

He had counted up to seventy-one, and stopped in despair.

"That seems to be all!" he muttered.

"And I've just got to have another one!" At this moment an automobile whizzed by.

"Ah!" he exclaimed. "There it is!"

Sniffing the strange odor with satisfaction in spite of its disagreeable quality, he proceeded to write his immortal poem.

Mean Man.

"So the burglar that paid your home a visit the other night wasn't a 'gentleman burglar'?" said Mrs. A.

"I—I should say not," pouted Mrs. Z.

"He took all of your money?"

"Y-yes."

"And all of your jewels?"

"Y-yes. But I could have stood all of that, but for one thing."

"And what was that, dear?"

"He—he said the baby was home-ly."

The other day in Paris a dog was seen in a motor car with a well-fitted pair of blue spectacles to protect his eyes.

Physicians Recommend Castoria

CASTORIA has met with pronounced favor on the part of physicians, pharmaceutical societies and medical authorities. It is used by physicians with results most gratifying. The extended use of Castoria is unquestionably the result of three facts: **First**—The indisputable evidence that it is harmless; **Second**—That it not only allays stomach pains and quiets the nerves, but assimilates the food; **Third**—It is an agreeable and perfect substitute for Castor Oil. It is absolutely safe. It does not contain any Opium, Morphine, or other narcotic and does not stupefy. It is unlike Soothing Syrups, Bateman's Drops, Godfrey's Cordial, etc. This is a good deal for a Medical Journal to say. Our duty, however, is to expose danger and record the means of advancing health. The day for poisoning innocent children through greed or ignorance ought to end. To our knowledge, Castoria is a remedy which produces composure and health, by regulating the system—not by stupefying it—and our readers are entitled to the information.—Hall's Journal of Health.

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Dr. William Belmont, of Cleveland, Ohio, says: "Your Castoria stands first in its class. In my thirty years of practice I can say I never have found anything that so filled the place."

Dr. J. H. Taft, of Brooklyn, N. Y., says: "I have used your Castoria and found it an excellent remedy in my household and private practice for many years. The formula is excellent."

Dr. R. J. Hamlen, of Detroit, Mich., says: "I prescribe your Castoria extensively, as I have never found anything to equal it for children's troubles. I am aware that there are imitations in the field, but I always see that my patients get Fletcher's."

Dr. Wm. J. McCrann, of Omaha, Neb., says: "As the father of thirteen children I certainly know something about your great medicine, and aside from my own family experience I have in my years of practice found Castoria a popular and efficient remedy in almost every home."

Dr. J. R. Clausen, of Philadelphia, Pa., says: "The name that your Castoria has made for itself in the tens of thousands of homes blessed by the presence of children, scarcely needs to be supplemented by the endorsement of the medical profession, but I, for one, most heartily endorse it and believe it an excellent remedy."

Dr. R. M. Ward, of Kansas City, Mo., says: "Physicians generally do not prescribe proprietary preparations, but in the case of Castoria my experience, like that of many other physicians, has taught me to make an exception. I prescribe your Castoria in my practice because I have found it to be a thoroughly reliable remedy for children's complaints. Any physician who has raised a family, as I have, will join me in heartiest recommendation of Castoria."

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