

For Thin, Poor Blood

You can trust a medicine tested 60 years! Sixty years of experience, think of that! Experience with Ayer's Sarsaparilla; the original Sarsaparilla; the strongest Sarsaparilla; the Sarsaparilla the doctors endorse for thin blood, weak nerves, general debility.

But even this grand old medicine cannot do its best work if the liver is inactive and the bowels constipated. For the best possible results, you should take laxative doses of Ayer's Pills while taking the Sarsaparilla. The liver will quickly respond, and so will the bowels.

Made by J. C. Ayer Co., Lowell, Mass. Sole Wholesale Agents of
Ayer's
BATH SOAP,
HAIR VIGOR,
ACHE CURE,
CHERRY PECTORAL.

The Origin of Salmon.
The name salmon is given in England and all western states to a large trout-like fish which lives in the sea, chiefly about the mouths of rivers, and which enters the streams to spawn, running for a considerable distance up the stream and returning to the sea after the act of spawning is accomplished, says a writer in the Pacific Monthly. The old males become somewhat distorted, especially through the lengthening of the jaws, but the changes with age and season are not much greater than in any large trout. The true salmon, like the true trout, is black spotted. It is called in science *Salmo salar*, and along with the true trout it belongs to the genus *Salmo*. There is only one species of Atlantic salmon; it is found on both sides of the ocean, and on both sides it becomes sometimes land-locked and dwarfish when it is shut up in a lake and when it cannot or does not go to the sea.

WORN TO A SKELETON.

A Wonderful Restoration Caused a Sensation in a Pennsylvania Town

Mrs. Charles M. Preston of Eikland, Pa., says: "Three years ago I found that my housework was becoming a burden. I tired easily, had no ambition and was fading fast. My complexion got yellow, and I lost over 50 pounds. My thirst was terrible, and there was sugar in the kidney secretions. My doctor kept me on a strict diet, but as his medicine was not helping me I began using Doan's Kidney Pills. They helped me at once, and soon all traces of sugar disappeared. I have regained my former weight and am perfectly well." Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

Caution.

"Is this car perfectly safe?" queried the old lady.
"Perfectly," replied the conductor, reaching to assist her on.
"You are sure they won't no accident happen to it?"
"Absolutely sure, ma'am."
"Well, I'll risk it, ya see (confidentially) I've got a hole in one of my stockings and I'd hate dreadful for anything to happen."—Houston Post.

FITS permanently cured by Dr. King's Great Peppermint Cure. Sold by all druggists and dealers. Dr. R. H. King, 101 South 11th St., Philadelphia, Pa.

Very Like It.

"Mr. Upp," said the merchant, sternly, to Adam Upp, his bookkeeper, "I saw you at the baseball game yesterday. When you asked me to let you off for the afternoon you said you were going to a funeral."
"That's so," replied the bookkeeper, "and I'm pretty near a prophet, ain't it? Did you ever see a slower game in your life?"—The Catholic Standard and Times.

You Can Get Allen's Foot-Ease FREE.

Write Allen R. Olmsted, Esq., Roy, N. Y., for a free sample of Allen's Foot-Ease. It cures itching, hot swollen, aching feet. It makes new or tight shoes easy. A certain cure for corns, ingrowing nails and bunions. All druggists sell it. 25c. Don't accept any substitute.

His Official Title.

A little girl was asked, who is the head of our government?
"Mr. Roosevelt," she replied, promptly.
"That is right," said the teacher; "but what is his official title?"
"Teddy!" responded the little miss, proudly.

How's This?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.
F. J. CHENEY & CO., Props., Toledo, O. We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out all obligations made by him.
W. A. & T. A. J. Wholesale Druggists, Toledo, O. WALKING, KIRKMAN & MARVIN, Wholesale Druggists, Toledo, O.
Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Price 75c. per bottle. Sold by all Druggists. Testimonials free. Hall's Family Pills are the best.

A Little Lesson In Patriotism

"Let our object be our country, our whole country, and nothing but our country."—Daniel Webster.

With the name of William Lloyd Garrison and John Brown must be recalled the name of Gerrit Smith. He was one of the most ardent supporters of the Anti-Slavery Society, not only writing for the cause and contributing time and money, but taking part in all its conventions and personally assisting the fugitives. He was temperate in all the discussions, holding that the North was a partner in the guilt of the crime of slavery and that in the event of emancipation without war the North should bear a portion of the expense.



GERRIT SMITH.

The attempt to force slavery on Kansas convinced him, however, that the day for considering peaceful emancipation was past. He then advocated whatever measure of force might be necessary.

He gave large sums of money to free-soil settlers in Kansas. He was charged with being an accessory to the affair at Harper's Ferry, but it was shown that he had given money to Brown only, as he did to scores of other men in the cause, and that as far as he knew Brown's scheme tried to discourage him from it.

It is characteristic of Smith that he should have been one of the three signers of the bill-bond of Jefferson Davis. He was a man to whom the welfare of the whole country was dear and who did his best to aid the cause of humanity. During his lifetime he gave away to philanthropic and humanitarian enterprises \$8,000,000.—Chicago Journal.

OUR SECRET SERVICE FORCE.

Marked Development of This Branch of Government.

There is probably no system of police in the world that is quite like the United States Secret Service, of which John E. Wilkie is the chief. Mr. Wilkie is properly classed among the men who do things from the fact that he has built this little branch of the United States government up to a standard which places it on a par with the best police forces in the country.

In a country where men vote and have a voice in the choice of their rulers, there is less of political crime against the state than in European countries, where men are dragged from home and fire and confined to dungeons for years to expiate crimes that are considered as nothing on this side of the water. For instance, a German paper that came to the newspaper offices on this side less than a month ago contained a long account about a German who was sentenced to six months in a military prison because he drew a picture of his Emperor lying in bed snoring. Under the picture was the caption, "Wake up to the needs of your people, oh, sleepy head."

This picture was found pasted on a dead wall in a small city and the secret service bureau spent some time in tracing the crime to the perpetrator. Happily the secret service in this country is not called upon to trace the authorship of cartoons against the President. If it were, its force would have little time to do anything else.

The secret service through its chiefs keeps in touch with the big police systems of other countries and in that way is able to follow the movements of so-called dangerous Anarchists who may



CHIEF JOHN E. WILKIE.

be sent to this country to take the life of the President. The currency of the country is guarded against counterfeiters and in a thousand ways the secret service proves its value every day.

HOUSEHOLD DEPARTMENT

FOOD HURT HIS FEELINGS.

Gentlemanly Beggar Would Take Cash, but Refused to Eat.
Apparently he was in need of some one to extend a helping hand, or a hand-out, to him, but he had the instinct of a gentleman, although his clothes were several shades the worse for wear, says the New York Tribune.

"I beg your pardon," said he to a pedestrian who was giving a life-size demonstration of a New Yorker who had an engagement to meet and just half time enough to meet it; "I don't want you to give me any money, but could you take me in somewhere and get me a bite to eat?"

"Certainly," was the reply. Then he added, sympathetically, "you haven't had anything to eat in two days, have you? Come along and I'll fix you out."

The victim of heartless capital was somewhat surprised at the cordiality of his reception, but admitted that he had been fasting for the length of time named. He followed eagerly for half a block and then began to hang back. The would-be philanthropist observed this defection and assumed that the poor fellow was weakened by starvation, as it must be especially difficult for a starving man to carry his 180 pounds at a rapid pace.

"I don't want to inconvenience you any, sir," said the mendicant, noting the sympathetic look, "and if you're in a hurry and don't want to stop you could let me have a quarter and I—"

"Oh, I don't mind at all about the time; I'm not particularly busy just now and as I have the indignation myself I have a notion to see how a hungry man eats just for old-time's sake."

They went on for another half-block, but this time the falling off in the hungry man's speed was too noticeable to be ascribed to mere physical weakness, and when the benefactor turned again the unfortunate one said:

"You're a gentleman and can understand how I feel. Don't you think it would be more considerate not to humiliate a poor fellow by advertising his poverty in a restaurant just because he's down and out? If you could let me have the money I could walk into the restaurant like a man and retain my self-respect."

The man addressed could not see it that way, however, and when he turned around a moment later he was pained to observe that his hungry friend had become lost in the crowd.

Improved the Shining Hour.

"Sometimes," said Mrs. Marchmont, ruefully, "I wish people wouldn't apologize for their children's misdeeds, but would spend the time spanking the children."

"You speak with feeling," returned the good woman's husband. "What's the trouble?"

"Why," returned Mrs. Marchmont, "right after breakfast this morning Mrs. Sufferen came in with one of my very best tulips in her hand. As nearly as I can remember, this is what she said:

"O Mrs. Marchmont! I'm so ashamed of my little Edward that I don't know what to do. He came right into your yard and picked this perfectly lovely tulip, and I left him on your horseblock and came right in to apologize. I've told him time and again that he mustn't pick flowers out of other people's gardens, but he's always doing it. I don't know what you'll think of him. He isn't a bad child, but he does love to pick flowers. And your tulip-bed is always so pretty that it seems just a shame to pick even a single blossom. I know how much you think of it and how much time and money it takes to have a pretty garden. That's the way she talked."

"I don't see," returned Mr. Marchmont, "that there was anything out of the way about that."

"There wasn't," returned the owner of the tulip-bed, sadly. "But while his mother was apologizing for that one blossom Edward picked all the rest."

How to Save Gas Bills.

A city merchant who has a passion for reading out-of-town newspapers and also for answering many of the advertisements he finds in them tells this on himself:

The other day he answered an advertisement in one of the New York papers stating that for one dollar a method for saving gas bills would be sent. In two days he received a printed slip by mail which read, "Paste them in a scrapbook."

One Good Turn Deserves Another.

Office Boy (to employer)—Please, sir, will you give me a raise in my wages?

Employer—Yes, my boy. Is there anything else I can do for you?

"You might make my hours shorter, so I'll have time to spend my raise."

Translated for Tales from Familien Journal.

What has become of the old-fashioned woman who told fortunes by coffee grounds?



Corn Pudding.

Virginia Recipe.—Take six large ears of corn; with a sharp knife cut each row of grains in the center and shave in very thin slices. Add this to the yolks of three well-beaten eggs, half a teaspoonful of melted butter, a tablespoonful of rice flour, two tablespoonfuls of sugar, one of salt, and a pint of new milk. Mix well, and gradually stir in the stiffly-beaten whites of the eggs. Turn into a buttered pudding dish, set in hot oven; when the pudding is set, cover the top with a greased paper, and let bake until a light brown. Grate browned crackers over the top and serve.

Raspberry Cream.

Half box gelatine, half cupful cold water, half cupful boiling water, one cupful sugar, one pint of cream, whipped, one pint of raspberry juice. Soak the gelatine one hour in the cold water, then put it with the sugar and boiling water in a double boiler over the fire, and stir until thoroughly dissolved. Add the raspberry juice, strain and set in a cool place. When it has begun to form, stir in the whipped cream, turn into a mold and set on the ice to harden.

Gold Cake.

Cream one cup of butter, add two cups of sugar and beat until creamy. Add one cup of milk and the well-beaten yolks of eight eggs and beat them in one cup of milk alternately with four cups of flour sifted with two slightly rounding teaspoons of cream of tartar and one level teaspoonful of soda, or five level teaspoons of baking powder, three times. Flavor with a teaspoon of vanilla and bake in two loaves.

English Cherry Pie.

One cup lard and butter mixed, two cups flour, one teaspoon salt. Work the shortening into the flour with a knife, mix with sufficient ice water to hold together, handling as little as possible. Line the sides of a deep earthen baking dish, fill two-thirds full with stoned cherries, add two cups sugar, and place one small cup (inverted) in the center of the dish. Cover with a thick top crust, no bottom crust being used.

Cherry Decoration for Table.

Red and white cherries tied together in big clusters and arranged in a glass dish make attractive centerpieces for a summer dinner table. If the color of the fruit is reflected in a glass mat under the dish and the mat is edged with green leaves or fern fronds, the effect is enhanced. Currants may be used in the same way.

Gooseberry Pie.

If possible, use only the hairy kind; line a dish with paste and lay in the fruit; cover thickly with sugar, and put on a top crust; place in a moderate oven; at the end of an hour it will be done; but it is an excellent idea to open the oven door and let it remain until cool; by doing so the berries will turn red.

Cooking Dried Fruit.

Dried fruits should be washed scrupulously clean, then soaked over night in clear, cold water, in which they should be stewed with sugar the next morning. Enough water should be allowed to make a large quantity of juice, as that is what makes dried fruits appetizing.

Delicious Hash.

Good hash is made by using about three-fourths potatoes and moistening the mixture with soup stock. A finely chopped onion flavors hash as nothing else will. Very cheap cuts of meat will make good hash if boiled until tender and all gristle removed.

Cucumbers in Salt.

Four quarts of salt, two quarts of water, one quart of vinegar. Cover the cucumbers with this, placing a weight on top so as to keep all covered with the brine, and they will keep as long as there is salt undissolved in the bottom of the tub.

Girdle Scones.

Mix one-half pound flour, one teaspoonful cream of tartar, one-half teaspoonful carbonate of soda, one dessertspoonful sugar, one egg, pinch of salt and milk, pour into buttered rings, and bake in a moderately hot girdle until brown.

Cherries and Walnuts.

A delicious salad was recently served at a country house luncheon. Cherries were stoned and the cavities filled with English walnut meat. Then they were covered with French dressing and left on the ice for three hours. Just before serving the fruit was drained, filled into nests formed with lettuce leaves and dressed lightly with oil and vinegar.

CASTORIA

The Kind You Have Always Bought has borne the signature of Chas. H. Fletcher, and has been made under his personal supervision for over 30 years. Allow no one to deceive you in this. Counterfeits, imitations and "Just-as-good" are but experiments, and endanger the health of Children—Experience against Experiment.

What is CASTORIA
Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

The Kind You Have Always Bought Bears the Signature of

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THE CENTAUR COMPANY, 77 NASSAU STREET, NEW YORK CITY.

The "400" Defined.

"Pop," said Tommy, "what do the newspapers mean when they say 'a member of the 400'?"

"They refer, Tommy, to certain society men and women who think they are better than anybody else, and that's about all the thinking they do."

"Did you ever see one of 'em, pop?"

"I don't know, Tommy; but you can easily tell one if you happen to run across it."

"If it's in a street car it talks so loudly that you can't hear the roar of the wheels."

"If it's in church, the plumes on its hat hide the preacher."

"If it's at a party, the most of its clothes are in the dressing room."

"If it's in an automobile, dodge it, if you are quick enough, and come home to mamma alive."

"If it's walking on the sidewalk, it usually strides along as if it was taking the street home with it."

"If it's in a theater, you can tell by the stony stare in its face that the actors are doing good and intelligent work."

"If it's in a railroad station, in full dress, you'll wonder why the locomotive doesn't jump the track and take to the woods."

"You can't miss it, Tommy."

The Faith of the Boy.

The four-year-old son of a certain western senator had a very high opinion of the importance of his father. The latter tells how, on one occasion in their western home, the lad came across a magazine in which, by some chance, there were engraved side by side portraits of the President and the Senator mentioned.

When the lad caught sight of his father's features he broke into a broad smile. "That's a good picture of you, daddy," said he.

"Very good, my son."

"Who's the man next to you, daddy?" asked the youngster.

"Why, my son?" exclaimed the Senator, "don't you know? That is one of the greatest men of the world, a man more admirable and more powerful than any king. That, my son, is President Roosevelt."

The lad again looked at the picture of the President. Then, after a thoughtful pause, he observed:

"Say, daddy, the people in the east will be awful proud when they see the President's picture next to yours, won't they?"—American Spectator.

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Prepares for Dramatic and Operatic Stage and places Graduates in six months—Forty Graduates now with traveling companies. Send for Catalogue.

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Will Sterilize All Articles of Clothing, Acting as an Antiseptic and Preventing Odor from Perspiration.

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Wherever you live, you can obtain W. L. Douglas shoes. His name and price is stamped on the bottom, which protects you against high prices and inferior shoes. Take no substitute. Ask your dealer for W. L. Douglas shoes and insist upon having them.

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