

Then it's time to act! No time to study, to read, to experiment! You want to save your hair, and save it quickly, tool So make up your mind this very minute that if your hair ever comes out you will use Ayer's Hair Vigor. It makes the scalp healthy. The hair stays in. It cannot do anything else. It's nature's way.

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She Didn't Sleep Well.

A woman who lives in an inland town, while going to a convention in a distant city, spent one night of the journey on board a steamboat. It was the first time she had ever traveled by water. She reached her journey's end extremely fatigued. To a friends who remarked it she replied :

"Yes, I'm tired to death. I don't know that I care to travel by water again. I read the card in my stateroom abotu how to put the life preserver on. and I thought I understood II, but I guess I didn't. Somehow I couldn't go to sleep with the thing on."-Ladies' Home Journal.

Illa System.

"How do you dispose of your garbage asked the stranger, who was gathhere? ering data for purposes of publication. "We sloways throw ours in the garbage

cun," said the man with the chin heard; "but I don't know, of course, about the neighbors."-Chicago Tribune.

Anything but Friendly. "You astonish me. Your engagement with Miss Welloph is broken, is it? Are

the relations between you still friendly?" "I should say not! The relations between us are her relations, and they're my bitter enomies."

No Louger in the Limelight. Then old Vesuvius checked his rage, And straightway called a truce. "There's too much competition now," He muttered. "What's the use !"

HERITAGE OF CIVIL WAR.

Thousands of Soldiers Contracted Chronic Kidney Trouble While in the Service.

The experience of Capt. John L. Ely, of Co. E, 17th Ohio, now living at 500 East Second street, Newton, Kansas, will interest the thou-



sands of veterans who came back from the Civil war suffering tortures with kidney complaint. Capt. Ely says: "I con-Ely says: tracted kidney trouble WAT

Defines the Court's Duty.

A. G. Jewett, lawyer, politician and man of sarcastic wit, was once trying a case in the supreme court in Belfast, Me., his home city. The judge presiding, before being called to the bench, had tried many cases against Jewett, who did not entertain a very high opinion of his ability.

In his closing argument, Jewett, in defiance of the rules of the court, started in to read some law to the jury. The court pounded on the bench and said: "Mr. Jewett, you musi not read law to the jury in your closing argument." Jewett kept on reading, without so much as a glance at the court. The court in thunderous tones ordered bim to stop.

Jewett, who had by this time read all he intended to read, turned calmly to the judge and said : "Did your honor address me?"

"I said," roared the judge, "you must not read law to the jury in your closing argument. I will give the law to the jury. What do you suppose the court ta here for?"

"What is the court here for?" responded Jewett in high falsetto. "I suppose you know, sir, to keep order with the aid of the sheriff, sir, with all Herald.

What Noon Means in Law.

dealt with an odd question, none of them agreeing upon a similar auswer. When is it legally noon? Fire insurance pelicies expire at noon and the ties. Many small towns cling to sun Drain the tripe, add it and serve, time, which may be from a few minutes to nearly an hour earlier than standard.

mitutes past noon, sun time, and the sued the company, holding that local The state courts sustained him.

In another state a similar contention was taken to the courts and just the ing point and quietly simmers. opposite decision given. Several conflicting precedents have been established in state courts, and it is said the question can only be decided for good and all when a case has been carried into the United States courts and passed upon by the Supreme Court .- New York Press.

Dealing with Deadheads.

Willie Collier, the actor, was asked If he was much annoyed by requests from deadheads.

"I receive them in shoals," he repited; "but generally manage to put fat. them off politely, but firmly. The other day, for instance, I received a letter from a man, who wrote that he had had the pleasure of meeting me in California sometime ago. 1 had never even ever, he added kindly that he was be I could send him two seats for the nexf matinee."

"Did you answer the letter?" saying maybe I couldn't."

Edited Out.



Rhubarb Cream Ple.

Chop enough rhubarb fine to make cup. Add 1 cup of sugar, a pinch of salt and a grating or two of yellow lemon peel. Dissolve 1 rounding table spoon of cornstarch in 2 tablespoons of cold water in a cup; fill the cup with boiling water and stir well. Beat the yolks of 3 eggs light; add to the rhubarb, then the cornstarch and water Line a plate with good paste, pour in the filling and bake in a moderate oven. Cool and cover with a meringue inade with the stiffly heaten whites of 3 eggs and one-balf cup of powdered sugar. Bet in the oven to color lightly.

Tripe With Cream Sauce.

Cut cooked tripe into pieces about an inch square, and dry them on a nap due respect to the sheriff, sir,"-Boston kin. Melt a tablespoonful of butter in a saucepan and put it in one and i half pints of cut tripe; stir gently, and The courts of several states have fry for five minutes, then cover it and set it on the side of the range to keep warm. Melt, in another saucepan, on tablespoonful of butter, adding heaped tablespoonfel of flour, stir and word is admitted to mean exactly 12 cook for two minutes, add one pint of o'clock, midday. But standard time milk, half a tenspoonful of salt, then has not been adopted in all communi- stir, and cook it to a smooth sauce.

The Secret of Bolling Water. To boll anything well it is not ne essary to holl it hard. The average In one state a fire occurred at two kitchen servant thinks that the more commotion in the water the hotter it insurance company held that the policy is, and in order to produce this she had expired before the fire. Sun time burns a great deal of fuel and rulus the is used in that town, but the insured stove by keeping it red hot. Water placed in a steapan directly over a rad customs did not rule the policy and hot iid will, of course, boil more vethat he was entitled to his insurance. hemently, yet it will not cook ment or potatoes any quicker, and not so well as water that just keeps at the boil-

Cheese Cutlets.

Put two tablespoonfuls of butter in a saucepan, and, while melting, add four level tablespoonfuls of cornstarch, a saltspoonful of salt and a dash of white pepper or papriks. When blended add one cup of rich milk; stir until smooth, then add one cup mild American cheese, cut into small pieces, and a half cup grated Parmesan. Mix thoroughly, spread in buttered cutiet molds or pat into shape with the hands, and, when stiff, egg, crumb and fry in deep

Smothered Pointoes.

Pare the potatoes and cut into small ubes. Put them into cold water for a few minutes, then into boiling water heard the man's name before. How, and let them boll about ten minutes. Then drain off all the water and put much pleased with my play, and may the potatoes into a double boiler, dredge them with a tablespoonful of flour, add about the same amount of butter and two cupfuls of milk. Cover "Oh, yes! I sent him a postal-card them, and cook gently for twenty min- \$5." utes. Season with sait, pepper and celery salt. Serve in a hot dish.

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No other remedy has given such perfect satisfaction as a blood purifier and tonic or is so reliable in the cure of blood diseases of every character as S. S. S. It is known as "The King of Blood Purifiers," and the secret of its success and its right to this title is because "IT OURES DISEASE." It is an honest medicine, made entirely of purifying, healing roots, herbs and barks, which are acknowledged to be specifics for diseases arising from an impure or poisoned condition of the blood and possessing tonic properties that act gently and admirably in the up-building of a run-

down, weakened or disordered condition of the system.



One of the greatest points in favor of S. S. S. is that it is the only blood remedy on the market which does not contain a mineral ingredient of some kind to derange or damage the system. It is the one medicine that can be taken with absolute safety by the youngest child or the oldest member of the family, and persons who have allowed their systems to get in such condition that most medicines are repulsive to the stomach will find that S. S. S., while thorough, is gentle and pleasant in its action, and has none of the nauseating effects of the different mineral mixtures and concoctions offered as blood purifiers.

As every part of the body is dependent on the blood for nourishment and strength, it is necessary that this vital fluid be kept free from germs and poisons. So long as it remains

uncontaminated we are fortified against disease, and health is assured ; but any impurity, humor or poison acts injuriously on the system and affects the general health. Pustular eruptions, pimples, rashes and the different skin affections show that the blood is in a feverish and diseased condition as a result of too much acid or the presence of

Gentlemen:---8. S. S. is used as a family medicine in our home. Imyself have taken and always found it what it is claimed to be. It thoroughly cleanses the system of im-purities, increases the appetite, improves the digestion, and builds up the general health. I have given it to my chikiren with fine results. It promptly restores the appe-tite and clears the skin of all eruptions. It is a very fine blood tonic and has my hearty sudorsement. 124 S. 9th St. Lebanon, Pa. P. H. THOMPSON. 124 S. 9th St., Lebanon, Ps.

sustaining. Nothing reaches inherited blood

troubles like S. S. S.; it removes every particle

of the taint, purifies and strengthens the weak,

deteriorated blood, and supplies it with the

healthful properties it needs and establishes the

foundation for good health. As a tonic this

great medicine has no equal, and it will be found

especially bracing to weak, anaemic persons.

some irritating humor. Sores and Ulcers are the result of morbid, unhealthy matter in the blood, and Rheumatism, Catarrh, Scrofula, Contagious Blood Poison etc., are all deep-seated blood disorders that continue to grow worse as long as the poison remains.

But all blood diseases are not acquired; some persons are born with an hereditary taint in the blood and we see this great affliction manifested in many ways. The skin has a waxy, pallid appearance, the eyes are often weak, glands of the neck enlarged, and as the taint has been in the blood since birth the entire health is usually affected.

In all blood troubles S. S. S. has proved itself a perfect remedy and has well earned the title of "KING OF BLOOD PURIFIERS." It goes down into the circulation and removes all poisons, humors, waste or foreign matter, and makes this stream of life pure and health-



Rheumatism, Catarrh, Sores and Ulcers, Skin Diseases, Scrofula, Contagious Blood Poison and all other blood troubles are cured permanently by S. S. S., and so thorough is the cleansing of the blood that no trace of the disease is left to break out in future years or to be transmitted to offspring. If you are in need of a blood purifier get "THE KING" of them all, S. S. S.-and good results are assured. Book on the blood and any medical advice desired furnished without charge to all who write.

THE SWIFT SPECIFIC COMPANY, ATLANTA, GA.

Momentary Relapse. Two Kinds of Pelleans "Mr. Spotcash," said the reformed sport, "we want to buy a thousand crullers for the walfs' picnie. Can you give us something?" "Yes," answered the merchant. "Here's "Thanks, Mr. Spotcasn. I told the boys, by George, it was dollars to dough- Manitoba and in Nevada have resulted nuts you'd cough up liberal !"

We have in America two kinds of pelicans, the white and the brown. Of the former, I can only say that it does not encourage the advances of the avian psychologist. Invasions of its strongholds on remote lake islets in in their complete desertion by every





into a chronic case. At one time I had to use a crutch and cane to get about. My back was lame and weak, and besides the aching, there was a distressing re-tention of the kidney secortions. I was in a bad way when I began using story. Doan's Kidney Pills in 1901, but the remedy cured me, and I have been well ever since."

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

His Good Season.

"Why does Smithy visit his wealthy aunt so often?"

"If he didn't he might have to visit his 'uncle." -- Houston Post.

and the occasional at- not to come and meet me by stealth. It isn't right. My family wouldn't like it. tacks finally developed "All's fair in love or war, Lorns," chuckled John Ridd, "and this is both."

light play of the intellect was not suited all mention of the incident in writing the

It Was Unbearable. Towne-1 hear you've got a first-

class cook now. Browne-Yes, but I'm going to get

bearable. Towne-How?

Browne-Oh, my wife is always boththe cook wears .-- Philadelphia Press.

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C POWDER

costs one-third the price of powder anywhere near K C quality, and makes better, purer, more healthful baking. 25 ounces for 25c.

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Plain Cake.

Cream one-half cupful butter; add to it one cupful sugar and beat well, then the yolks of two eggs, with one tea-But Mr. Blackmore, fearing that this spoonful any flavor. Add one-half supful mlik alternately with two cupsful to so heavy a man as Big John, omltted flour in which has been mixed one teaspoonful baking powder, and last of all add the whites of the eggs beaten to a stiff froth. Bake one hour.

Marsh Mallow Cake.

A most delicious cake is a marshnallow cake, and it is as tempting to rid of her. She's making my life un- the sight as it is to the taste. Two cupfuls of sugar, one cupful of butter, one cupful of milk, yolks of four eggs and whites of three, four cupfuls of ering me to get her gowns as swell as flour, two large teaspoonfuls of baking powder. Bake in four long layers.

Oatmenl Holls.

To a vegetable dish of cold oatmeal left from breakfast, add one tablespoonful of melted butter, one egg, one pint of hot milk, two teaspoonfuls of baking powder, and flour to make a stiff batter. Bake in gein trons or muffin rings in a brisk oven.

Catsup Without Seeds.

Boil half an hour briskly the juice expressed from five pounds of unstemmed currants, three pounds of brown sugar, a pint of vinegar, a tablespoonful each of allspice, cloves, pepper, and a half of cinnamon, a tablespoonful of salt, with one nutmeg grated.

Spice Cake.

Two cupfuls of brown sugar, one-half cupful of butter, two and one-half cupfuls of flour, one cupful of sour milk, one teaspoonful of soda, one teaspoonful of ground cloves, one-half teaspoonful each of ground allspice and mustard, two teaspoonfuls of cinnamon.

Sauce Tartare for Fish.

Make a cup of mayonnaise dressing and beat gradually into it a teaspoonful each of French mustard, chopped pickles and minced capers, a dozen drops of onion juice and a tablespoonful of minced parsley. Beat hard and have a good time, and to-day I owe \$13,parve.

FITS St. Vitus' Dance and all Nervous Diseases Nerve Restory, Bend for FREE #2trial bothe and treatise. Dr. B. JL Kline, Ld. 501 Arch St., Phila., Pa

Well Up in the Classics. The principal of one of Washington's high schools relates an incident in connection with the last commencement day of the institution mentioned. A clever girl had taken one of the prin-

cipal prizes. At the close of the exercises her friends crowded about her to offer congratulations.

"Weren't you awfully afraid you wouldn't get it, Hattie," asked one, "when there were so many contestants?"

"Oh, no!" cheerily exclaimed Hattle. "Because I knew that when it came to English composition I had 'em all skinned allve!"-Harper's Weekly.

Mothers will find Mr-, Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

Where He'd Be.

Mrs. McSosh-I wish all the saloons in creation were in the bottom of the

Mr. McScah-Gee, you gotta mean disp'altion ! Wanner get me drown', ah?-Cleveland Leader.

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Catarrh Cannot be Cured with LOCAL APPLICATIONS, as they cannot reach the seai of the disease. Catarrh is a blood or constitutional disease. And in order to cure it you must take internal remedies. Hall's Catarrh Cure is taken internally, and acts directly on the blood and mucoussurfaces. Hall's Catarrh Cure is not a queek medicine. It was prescribed by one of the best physicians in this country for years, and is a regular pre-scription. It is composed of the best tonics known, combined with the best blood puri-fiers, setting directly on the mucous surfaces. The perfect combinas ion of the two ingredients is what produces such wonderful results in curing Catarch. Send for testimonials free. J. CHENEY & CO., Props., Toledo, O. Bold by druggints, price 7ac. Bold by druggiais, price fac. Hall's Family l'ills are the best.

Achievement.

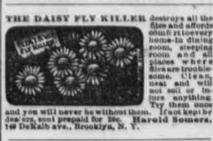
Rich Uncle-Leonard, have you ever succeeded in carrying out one single purpose in all your life? Sprudthrift Nephew (deeply hurt)-Uncle, I have! Six years ago I formed a resolution that I would cut losse and

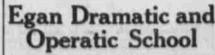
white pelican old enough to spread a wing; and success here is doubtless not to be looked for so long as this snowyplumaged bird remains a shining mark for every roving rifleman .-- Century.

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