

HON. W. H. KELBAUGH
OF WEST VIRGINIA
PRAISES PE-RU-NA



Hon. W. H. Kelbaugh.

A Cold at Any Time of the Year, Especially in Hot Weather, is Very Depressing to the System. Pe-ru-na is an Ennequated Tonic for Such Cases. Read What People Say About It.

Hon. W. H. Kelbaugh, Ex-Member W. Va. Legislature, 204 9th street, N. E., Washington, D. C., writes: "You can use my name and word at all times for Pe-ru-na as a medicine and tonic unequalled. I have tried it for a stubborn cold and had my run down system. I tried all sorts of other medicines and paid several expensive doctor bills. Pe-ru-na cured me, strengthened me more than ever, and saved me money."

Mrs. Clara Litterst, Seaford, Ind., says: "Last fall I took a severe cold. I took Pe-ru-na, began to improve and kept on so until I was able to do my work."

If the Mississippi valley were as densely populated as Massachusetts, it would have 350,000,000 inhabitants.

Mothers will find Mr. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

Admirable Arrangement. "Where are you going to spend your vacation this summer, Crossway?" "We are going out to my brother's farm in the country." "You're not afraid to leave your house unoccupied during your absence?" "It won't be unoccupied. My brother and his family are coming to the city for their vacation, and they'll use the house while we are away."

FITS Dr. V. Tor Danon and all Nervous Diseases permanently cured by Dr. King's Great Nerve Restorer. Send for FREE BOTTLE and TRACT. Dr. R. H. King, Ltd., 361 Arch St., Phila., Pa.

Dr. Samuel Smiles, author of "Self Help" and other works, left an estate valued at \$280,820.



Young MEN, Old MEN, Middle-Aged MEN Send for free pamphlet in plain cover. Tells about an appliance that insures happiness, health and success in life. Free—send today.

PORTLAND APPLIANCE CO. Portland, Ore. P. O. Box 25

20-Mule-Team Borax

Is an Economical Labor-Saving Aid to the Household

Cleans without injury the most delicate fabrics, as well as all other materials, such as wool, silk, linen, blankets, woollens, etc. It is the highest value in the toilet, bath and nursery, and is a harmless natural disinfectant.

CLASSIFIED ADVERTISING

Portland Trade Directory Names and Addresses in Portland of Representative Business Firms.

CREAM SEPARATORS—We guarantee the U. S. Separator to be the best. Write for free catalog. Hazenwood Co., Erie, Pa.

MEN'S CLEANSING—Buffum & Pendleton, sole agents Alfred Hazenwood & Co.'s correct clothes. Everything in men's furnishings. Merriam and Smith streets. Opposite postoffice.

PIANOS & ORGANS—Many fine instruments ready to go on account of a change of removal of buyer. Write for description of names now on hand. Terms, etc. Write today. Gilbert Co., Portland.

P. N. U. No. 32-06

When writing to advertisers please mention this paper.

EVERY PERSON CAN FEED. Phoebe was the 4-year-old daughter of a missionary to Persia, born in that land of Oriental ease and hospitality; and her little mind was imbued with such ideas of mutual compliment and her little tongue so given to graces of speech that her New England grandmother had many a shock.

The morning after the little girl arrived at the grandmother's home the old lady was brushing out Phoebe's curls, glistening over her after the fashion of grandmothers.

"My little phoebe-bird" she said over and over again.

"Why do you call me phoebe-bird?" asked the child at last.

"Here in America we have a bird that says 'Phoebe! phoebe!'" explained her grandmother.

The child smiled, and her mother, standing by, knew what was passing in Phoebe's mind. Not so the grandmother, who finished her task reluctantly at last, and then stooped down for a kiss.

"In Persia," said Phoebe, in her most caressing tone, "we have one old cat, who says 'Dranma! dranna!'"

Large for Its Age.

Old Jacob Wyckoff, a farmer whose place was just outside of town, had made a present of his largest yellow pumpkin to the editor of the village paper, and the editor wrote an item acknowledging the gift. But unfortunately the office boy who put it in type got it mixed with an item announcing the birth of a baby in the family of another subscriber. This is the way it appeared in print:

Our old friend, Harry Townsend, is celebrating the arrival of a fine boy at his house. The newcomer is the very image of its father. It is one of the large corn-field variety, with huge bumps all over it and weighs fifty-six pounds. There isn't a flaw in it anywhere, except a dent made by our fool office boy; and that doesn't matter, as we are going to cut it up at once.

You Can Get Allen's Foot-Ease FREE. Write Allen S. Gimsted, Le Roy, N. Y., for a free sample of Allen's Foot-Ease. It cures sweating, hot-swollen, aching feet. It makes new or tight shoes easy. A certain cure for corns, ingrowing nails and bunions. All druggists sell it. Don't accept any substitute.

Still More Difficult.

"Did you ever notice how awkward the average woman is in driving a horse?" "Yes. Strange, too, for a lot of them are pretty graceful at managing a mule-of-a-husband."—Detroit Free Press.

History Repeating Itself.

The parent robin had caught a consumptive looking, insignificant angworm by the tail and was trying to pull it out of the ground.

"Let it go," squawked the jay. "It isn't worth the trouble." "Got to have it," said the robin. "We're absolutely cut of meat, and I've no confidence in the canned goods any more."

Catarrh Cannot be Cured

with LOCAL APPLICATIONS, as they cannot reach the seat of the disease. Catarrh is a blood or constitutional disease, and in order to cure it you must take internal remedies. Hall's Catarrh Cure is taken internally, and acts directly on the blood and mucous surfaces. Hall's Catarrh Cure is not a quick medicine. It was prescribed by one of the best physicians in this country for years, and is a regular prescription. It is composed of the best tonics known, combined with the best blood purifiers, acting directly on the mucous surface. The perfect combination of the two ingredients is what produces such wonderful results in curing Catarrh. Send for testimonials free. J. J. CHENEY & Co., Props., Toledo, O. Sold by druggists, price 75c. Hall's Family Pills are the best.

Obedient Instructions.

Man of the House—Verona, I told you to call me at 7 sharp this morning. Domestic—I called ye as sharp as I could, sorr, but I couldn't wake ye.

"Come, come, old boy, brace up! You know that faint heart ne'er won fair lady." "But she's a brunette."—Cleveland Plain Dealer.

Small Satisfaction.

The man from West Pullman was making a complaint at the water office. "The way we are treated in our suburb," he said, "is outrageous and abominable! Water, sir, is one of the prizes necessities of life!"

"Not at all," responded the imperturbable man at the desk. "If it were, my dear sir, it would all be in the possession of some trust."—Chicago Tribune.

A Coincidence.

"Miss Belle," said the teacher, "I notice one thing peculiar about your work. Your botanical specimens are exactly like those of Mr. Brown. Did you gather them, or did he do the work for you?"

"Why, er," began the girl, "you see we just happened to be always near the same flowers at the same time."—Detroit Free Press.

Overlooking a Bet.

"Tom's a fool!" "Why, Margery! I thought you liked him."

"Well, we were sitting on the sofa last night and he bet me that I couldn't whistle. And I turned to him and pucker-ed up my lips to start and—"

"Well,"

"Well, he let me whistle!"—Cleveland Leader.

Only Way of Escape.

"One jurymen brought all the rest of you around to his way of thinking? He must have presented some pretty strong arguments."

"He did. He wouldn't eat anything but garlic and hamburger cheese, and he had 'em brought in five times a day."—Chicago Tribune.



FARM AND GARDEN

Protected Milk Pail.

That many of the odors and much of the dirt which gets into milk is during the process of milking, most of us know, hence every precaution to overcome this should be taken. One of the best methods of protecting the milk in the pail is to arrange a cover of tin and cheese cloth. Have a tin cover made to go over the pail loosely so as to allow for the space taken by the cloth strainer. The tin cover should be higher in the center than at the sides (see small cut to right) and a hole about four inches in diameter made in the front center through which the milk is directed. Then have plenty of cheese cloth covers large enough to reach five or six



THE PROTECTED MILK PAIL.

inches over the side of the pail, where it may be secured by a tape or by slipping a hoop of sheet iron of proper size over it, and pushing it down hard. Put on one of these covers, then the tin cover, and you are ready for milking. The cheese cloth will prevent any filth getting to the milk, and if these covers are washed in boiling water and sundried they may be used a number of times. The illustration shows the idea plainly, the cut to the lower left showing the pail complete with the strainer and the larger cut showing how the cloth is slashed at intervals so it will fit around the pail without trouble.—Indianapolis News.

Economy Horse Manger.

This is intended for 6-foot stall and can be any width. Stall posts are set up in front of troughs also, two feet back, with cross piece mortised into each, two feet from floor, for trough to rest on. Trough two feet wide, 7-inch breast plank, 9-inch front. Entire trough made of 2-inch oak plank. Hay board two feet wide, one inch thick, hinged to edge of trough. Braces on outer edge of board to bottom of trough. I use an old buggy top joint. Board can be dropped down out of way when not in use. Rack fits space between stall posts, hinged at top so as to swing back when placing grain feed in trough. Rack is made of 2x2-inch hemlock, corners smoothed off. Horses will not chew hemlock. Rack can be made of iron or any kind of wood. No



ECONOMICAL HORSE MANGER.

Thirsty Lands.

According to an expert in the employ of the Interior Department, the enormous basin drained by the Missouri River absorbs no less than 88 per cent of all the rain that falls upon it, whereas the basin of the Ohio River absorbs only 70 per cent. The amount of rainfall in the course of a year is proportionately greater in the Ohio than in the Missouri basin, and so the former river, although such the shorter of the two, contributes more water to the Mississippi than does its gigantic rival from the west.

Dustless Road Test.

At Sharon Hill, Pa., automobilists and horsemen are deeply interested in a mile of dustless and waterproof road-way that is being constructed by the Darby & Chester Turnpike Company as an experiment. The cost of the mile is to be \$1,200. The new substance, which is known as Westernite, is a German invention, it is said, and has been imported only eight weeks. It is mixed and spread like cement. A German expert has charge of the work. The experimental mile is being laid at Midley Park.

Weeds in Corn.

The corn plant is a gross feeder and accepts any kind of manure that may be applied, but it will not thrive in partnership with any other plants, for which reason it must be kept free from grass and weeds, in order to have it mature before frost comes in the fall, which necessitates the frequent use of the cultivator. The clean preparation of the land before planting and the stirring of the surface soil after every rain destroys weeds and grass, which permits the farmer to accomplish such task at the least cost, as he benefits the corn crop while preparing the land for another the following season. For this reason, where large fields are cultivated, there can be no substitute for corn, and whether prices rise or fall the corn crop is a necessary adjunct to farming in this country. On the farm its value is not confined to its grain alone, but the entire plant can be utilized for some purpose. It is, therefore, the most inexpensive preparatory crop known. Every farmer aims to secure a crop of corn, and late planting is resorted to rather than incur total failure. Success with a late-planted crop depends upon the condition of the soil, the variety and the mode of cultivation, but the main drawback is the appearance of frost early in the season, which, however, does not frequently occur.

Peaches Peeled with Lye.

The method of the California Fruit Cannery Association at San Jose of using lye for eating off peach skins as a substitute for paring was investigated by a member of the California State Board of Health. By this process the fruit is immersed in the hot lye and quickly passed into pure cold water, which is constantly changing and quickly washes away the alkali. The process is believed to be entirely clean and the fruit healthful, the peaches not being handled as they must be when peeled by hand. Two cans of peaches thus prepared were analyzed with reference to acid content. In both practically the normal amount of acid was found. It is stated that the same process is used with prunes.

Hay Stacker.

The hay derrick shown here is for stacking hay in the field. The skids are 10x12 inches, 16 feet long. The two cross pieces are 8x10 inches, 8 feet long, each set in 2 inches. The upright



FOR STACKING HAY.

post is 8x8, and 9 feet high. The three braces are 4x4, or round poles. The boom pole is 32 feet long, 4 inches at top and 8 or 10 at butt. The chain can be shortened to raise the boom or lengthened to lower. The boom is swung by a swing rope, as can be seen. "A" shows the fork on which boom pole is swung. The hole in the post is lined with a piece of gas pipe with solid plug in bottom. A 6-tine grapple fork can be used.

Handling Guinea Fowls.

Young guinea fowls are quite tender and need feeding frequently, say every two hours, for a week or two. They can be raised successfully if fed similar to turkeys or young chicks with a variety of feed, including small seeds, etc. They must have pure water and shade and some animal feed, such as worms, grubs, or green bone. Mrs. Tate wrote to Farm and Home that her chicks are fed equal parts of bran, cornmeal, crushed rice, and a little bone-meal, and some ground raw potatoes each day after the first week. Chicks are fed all dry food in hoppers, so none is wasted or soiled. They are fed all they can eat of the dry corn, meal, bran and crushed rice. Gravel and fresh water are kept before them all times. Water must be in tin and galvanized drinking fountains so chicks can just get their heads in, but not their feet.

New System of Cheese Making.

A large cheese factory is projected in the province of Ontario, Canada, by New York produce merchants, reports Consul Van Sant from Kingston. The factory is to be operated on an entirely new system of cheese-making. White cheese is now in great demand at Liverpool, being 48 cents higher than colored.

Calf Feeding.

In 112 days calves fed whole milk in a feeding test in England gained 1.5 pounds per head per day as compared with 1.07 pounds with those fed separator skim milk and cod liver oil. About four ounces was food to be the maximum amount of oil which could be fed. A feed relished by calves was made up of oatmeal, ground linseed meal, linseed cake, and lentils 8:5:3:4, cooked over night with a small quantity of salt and molasses, and fed warm in the proportion of three pounds of meal to five quarts of water.

Too Much of a Good Thing.

"Even assuming that humor is the salt of life, we don't want to eat salt with a spoon. But here in America everything seems to be sacrificed to humor. Your politics have to be made humorous. Your courts of justice have to amuse. Before a great time has gone by you will be having funny sermons. We shall hear that Rev. Mr. So-and-so's Sunday morning sermon was a real screamer—that it was received with roars of laughter. Then the church service will be considered a bit too slow, and will have to be rewritten by some bright young humorist from a newspaper office. Your very murder cases will have to be made 'bright.' It is a foregone conclusion that domestic tragedies shall be side-splitting. I really am not sure that in time America will not get a comical funeral service, with a low-comedy undertaker."—Jerome K. Jerome in the Cosmopolitan.

Where He Excelled.

Church—What degree did your son get at college? Gotham—S. S. "Never heard of such a degree." "Oh, yes you have. Short stop."—Yonkers Statesman.

Corroborative.

Caller—Don't you consider Prof. Jones by a man of much practical wisdom—not at all conceited or opinionated, you know, but full of accurate knowledge and plain common sense? Mrs. Lapsling—Yes, indeed; I think he's one of the most saponacious men I ever met.

My Hair is Scraggly

Do you like it? Then why be contented with it? Have to be? Oh, no! Just put on Ayer's Hair Vigor and have long, thick hair; soft, even hair; beautiful hair, without a single gray line in it. Have a little pride. Keep young just as long as you can.

"I am fifty-seven years old, and until recently my hair was very gray. But in a few weeks Ayer's Hair Vigor restored the natural color to my hair so now there is not a gray hair to be seen."—J. W. HARRIS, Boulder Creek, Cal.



Made by J. C. Ayer Co., Lowell, Mass. Also manufactured by SARGENT & WELLS, PHILADELPHIA, CHEEKY PECTORAL.

The Speculator's Progress.

Graball—So you sent your boy around the globe for a little trip, eh? I heard he was dabbling some in stocks? Ritchie—Dabbling? He probably was—at first, but when I discovered his predicament he was floundering in them.—Puck.

CASTORIA

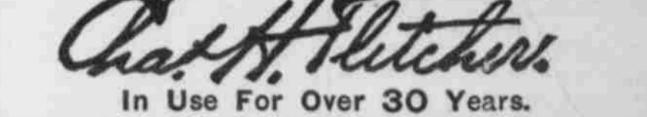
The Kind You Have Always Bought has borne the signature of Chas. H. Fletcher, and has been made under his personal supervision for over 30 years. Allow no one to deceive you in this. Counterfeits, imitations and "Just-as-good" are but experiments, and endanger the health of children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

The Kind You Have Always Bought

Bears the Signature of



In Use For Over 30 Years.

How to Exercise the Bowels

Your Intestines are lined inside with millions of little suckers, that draw the Nutrition out of food as it passes them. But, if the food passes too slowly, it decays before it gets through. Then the little suckers draw Poison from it instead of Nutrition. This Poison makes a Gas that injures your system more than the food should have nourished it. You see, the food is Nourishment or Poison, just according to how long it stays in transit.



They do not waste any precious fluid of the Bowels, as Cathartics do. They do not relax the Intestines by greasing them inside like Castor Oil or Glycerine. They simply stimulate the Bowel Muscles to do their work naturally, comfortably, and nutritiously. And, the Exercise these Bowel Muscles are thus forced to take, makes them stronger for the future, just as Exercise makes your arm stronger.

MY CASCARET POCKET MY WATCH POCKET

The usual remedy for this delayed passage (called Constipation) is to take a big dose of Castor Oil.

This merely makes slippery the passage for unloading the current cargo. It does not help the Cause of delay a trifle.

It does slacken the Bowel-Muscles more than ever, and thus weakens them for their next task.

Another remedy is to take a strong Cathartic, like Salts, Calomel, Jalap, Phosphate of Soda, Aperient Water, or any of these mixed.

What does the Cathartic do? It merely flushes-out the Bowels with a waste of Digestive Juice, set flowing into the Intestines through the tiny suckers.

But, the Digestive Juice we waste in doing this today is needed for tomorrow's natural Digestion. We cannot afford to lose it. That's why Cascarets are the only safe medicine for the bowels.

FREE TO OUR FRIENDS! We want to send to our friends a beautiful French-designed, GOLD-PLATED BORNHOLD, hard-mounted in colors. It is a beauty for the dressing table. Ten cents in stamps is asked as a measure of good faith and to cover cost of Cascarets, with which this quality trinket is loaded. Send in today, mentioning this paper. Address Sterling Remedy Company, Chicago or New York.