

ALL HAIL PE-RU-NA.

A Case of
STOMACH CATARRH.



Miss Mary O'Brien, 306 Myrtle Ave., Brooklyn, N. Y., writes: "Peruna cured me in five weeks of catarrh of the stomach, after suffering for four years and doctoring without effect. In common with other grateful ones who have been benefited by your discovery I say, All hail to Peruna."

Mr. H. J. Henneman, Oakland, Neb., writes:

"I waited before writing to you about my sickness, catarrh of the stomach, when I had over a year ago. There were people who told me it would not stay cured, but I am sure that I am cured, for I do not feel any more ill effects, have a good appetite and am getting fat."

"So I am, and will say to all, I am cured for good."

"I thank you for your kindness. Peruna will be our house medicine hereafter."

Catarrh of the stomach is also known in common parlance as dyspepsia, gastritis and indigestion. No medicine will be of any permanent benefit except it removes the catarrh.

A Great Tonic.

Mr. Austin M. Small, Astoria, Ore., writes: "During the hot weather of the past summer I lost my appetite. I tried Peruna, and found it pleasant to take, a splendid appetizer and a great tonic."

A Unique City.

In one respect, Quito, the capital of Ecuador, is the most unique city in the world. It is situated in both the northern and southern hemispheres—if we accept the equator as the real dividing line—a distinction claimed by no other place of importance on the globe.

At Quito the sun rises and sets at 6 o'clock the year round. You may forget to wind your watch while you are visiting the Ecuadorian capital, but you need not hunt up a regulator; set it when the sun rises or sets, and you will be sure to be right. Old Sol makes no mistakes.

The seasons, as far as names are concerned, change almost instantly; but, as the temperature is remarkably even, these curious points are seldom thought of by the people who make Quito their home.

Our Locked Up Forces.

It is the locked up forces within that lie deep in our natures, not those that are on the surface, that test our mettle. It is within everybody's power to call out these hidden forces, to be somebody and to do something worth while in the world, and the man who does not do it is violating his sacred birthright.—Success Magazine.

LAND SCRIP FOR SALE

Approved Land Scrip for surveyed, unimproved, numbered or private government land, H. M. HAMILTON, Portland, Ore.

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2 to 4 horsepower fully warranted, \$125. All sizes and styles at lowest prices. Write for catalog.

REIERSON MACHINERY COMPANY, Portland, Oregon.

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REPAIRERS of all kinds of cars for reasonable prices. Inquires 215 Front St.

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REPAIRING—Buffum & Perfection, sole agents Alfred Benjamin & Co.'s cordless clothes. Everything in men's furnishing. Morrison and Sixth streets. Opposite postoffice.

POULTRY FOOD—If you want your hens to lay more eggs write us for free particulars about PULINA POULTRY FEED—Acme Mills Co., Portland, Oregon.

PIANOS & ORGANS—Oldest piano house on Pacific coast. Organs and Pianos on easy payments. Write for list. Let us quote you a price. Allen & Gilbert-Hamaker Co., Portland, Oregon.

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TELEGRAPHY TAUGHT FREE. Complete course and book secured when graduated. This offer good only for short time. Write for particulars. PACIFIC TELEGRAPH INSTITUTE Grand Pacific Building, Portland, Oregon.

P. N. U. No. 26-06

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A Tour of Europe

A person starting from New York City on a tour of Europe has much to anticipate and considerable to regret. It is in the great eastern metropolis that true American life in its fullness is attractively and strikingly depicted. The buildings, the environment, are not particularly picturesque, but the rush of business, the crowds of people suggest a restless perpetual activity that will not be met with anywhere in the old countries. The people are well-dressed and good-looking, and it will



STARTING ACROSS THE ATLANTIC.

interest the tourist to recall, when he reaches the other side of the ocean, that all of them wear hats, and pretty ones, except perhaps an occasional beggar, or a foreigner with a shawl upon her head, who is selling crocheted lace from a basket. Another fact to be remembered is that our American policemen walk one by one, while in Italy they will be found always marching about in twos. The skyscrapers are of course a distinctive feature. There is not anything like them in Europe, one group covering the most valuable ten-acre lot in the world.

The initial prospect of the steamer that is to give the tourist his first run from home is not particularly attractive. The great ship does not look enticing in the docks. The sailors make a great task of cleaning it up after coaling, and everything is in confusion over the handling of freight and baggage. The place is noisy, too, and the staterooms are close and musty, redolent of odors of the wharf. The best friend to make at starting is the deck steward, who is always pleased to advise the inexperienced traveler where he will most enjoy traveling on deck during the voyage. This is the more important, because one's first choice of a place will hold throughout the trip at sea.

The great hour comes when the steamer leaves its wharf, and the tourist realizes that he is off for Europe. The crowds on the docks below wave their hats, handkerchiefs and parasols in adieu, and the big ship moves slowly away from American shores. In many instances the tourist is fulfilling the cherished dream of years, and, although it involves partings and heart-aches and personal separations, it means a strong and striking beginning of entirely new things. But anxiety, nervousness and impatience gradually wear off, and all eyes turn from the

Jagged skyline of New York, and look toward Europe.

The steamer passes beneath Bartholdi's statue of Liberty, the copper bronze of which shines brightly in the sunlight, and then skirts Governor's Island, with its old military museum. This was put into practical use seven years ago, when war stared us in the face. Within ten days the tourist may look upon the coast lines of our Spanish enemies of that recent, though now rarely thought of hour. The enormous steamship puts out to sea, a proud Titan of the deep. It is a far cry from Robert Fulton's steamboat of 1807, wherein he made a Hudson river trip of 110 miles in twenty-four hours, to the amazement of every one who heard of the exploit. It is reassuring to consider that specialization of ocean industry has minimized the perils of sea travel, especially with the improvement of submarine signals and perfection of wireless telegraphy. To-day it is less hazardous to cross the Atlantic in an up-to-date steamer than it is to cross the American continent by rail.

The usual seasickness, a sharp lookout for icebergs, the routine of the three great events on shipboard, breakfast, luncheon and dinner, gazing on the day's run—all these lead up finally to the first sight of new land off St. Michael's, of the Azores. Gray masses of rock seem to rise out of the sea, but as the haze lifts the indefinite mass resolves itself into outlines of villages, fruitful lands, marked out by hedges, windmills, solitary houses, gray cliffs. All about are little fishing boats manned by Portuguese fishermen from her islands. Puenta Delgada is the most noticeable of the towns, being Spanish in appearance, and its old houses of stone and colored plaster have taken on exquisitely mellowed tints.

The next land is Cadiz, "the white city of Spain," which rises out of the



ARRIVAL AT GIBRALTAR.

sea like an edifice of dreamland. At first it is like a low-lying cloud, gradually pierced by towers and domes, and then the entire beautiful prospect. Not far from this city is Palos, whence Columbus sailed for the unknown west, and Huelva, where the great statue to the discoverer of America stands. Behind them, further inland, are the snow-topped Sierras.

The tourist looks back towards his native land with the feeling that it is very far away, indeed. He has crossed the broad Atlantic, and just ahead are the straits of Gibraltar and the Mediterranean, giving a nearer glimpse of the actual castles in Spain.

MINUTE MEASUREMENTS.

Apparatus that Measures One-Seventy-Millionth of an Inch.

Dr. P. E. Shaw, of the University College, Nottingham, England, after five years' labor, has completed an apparatus making it possible to measure one-seventy-millionth part of an inch, says the New York Post. Consul Mahlin writes that the invention consists of a very fine micrometer screw and a series of six levers acting in conjunction with it which must be suspended by rubber bands from a specially made frame and inclosed in a box. The frame is placed in a vault under the university and surrounded with every safeguard against friction and vibration, "but even then," says Dr. Shaw, "it is impossible to carry out experiments to be successful while there is a trace in the streets. Every factory, too, where motive power is employed must be closed, even if it is some distance away." Even a draft is said to be fatal to the successful measurement of such minute quantities as one-seventy-millionth part of an inch. Dust must also be kept from the vault, and it is said that even the buzzing of an ordinary fly has made it necessary to suspend experiments till the insect had been disposed of.

The apparatus, it is claimed, could be made especially serviceable in measuring engineering gauges. It is broadly asserted that all scientists recognize that Dr. Shaw has succeeded in surpassing every other form of measurement on gauges in delicacy and accuracy.

Information Wanted.

Nell—I've got a new way to tell a person's age.

Belle—is that so. Will you tell any one's age?

Nell—Yes.

Belle—Tell me yours, then?—Catholic Standard and Times.

What man has done woman thinks she is qualified to improve upon.

The Mole Has Eyes.

The majority of people believe that the mole is but "blinder" than the proverbial bat, but the naturalists know that such is not the case. Sir John Lubbock and Carl Hess, the latter a noted German naturalist, by careful investigation proved that the mole has eyes which are as perfect as those of a horse or an elephant. They are very small optics, to be sure (only one millimeter in diameter), but in the matter of reflection and refraction do not differ from the normal eyes in larger animals.

To Break in New Shoes.

Always shake in Allen's Foot-Ease, a powder. It cures hot, sweating, itching, swollen feet. Cures corns, ingrowing nails and bunions. At all druggists and shoe stores. Don't accept any substitute. Sample mailed FREE. Address Allen S. Gimsted, Le Roy, N. Y.

Few Thoughts.

Fred (after six months' absence)—Are you married yet, old man?

Joe—Not me.

Fred—But I thought you were going to marry that wealthy young widow?

Joe—I thought so, too, but I discovered that she was also a thinker.

Unappreciated Ambition.

"My hair," remarked the middle-aged man, sadly, "is the most ambitious thing about me, it seems."

"What's the answer?" queried his friend.

"It is always coming out on top," explained the party of the first part.

Special Terms!

"And have you any special terms for summer girls when they come in a party?" asked the pretty brunette in the mountain hotel.

"Yes, indeed," responded the clerk, suavely.

"And what are they?"

"Peaches and 'dears.'"

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

That Youngster Again.

"Come, dear," said his mother, pointing to the silvery crescent in the sky, "and look at it. It's the same old moon."

"Tain't neither," he said, still sulking. "This one's broke!"

900 DROPS
CASTORIA
Vegetable Preparation for Assimilating the Food and Regulating the Stomachs and Bowels of
INFANTS & CHILDREN
Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral.
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A perfect Remedy for Constipation, Sour Stomach, Diarrhoea, Worms, Convulsions, Feverishness and LOSS OF SLEEP.
Fac Simile Signature of
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All months old
35 Doses—35 CENTS
EXACT COPY OF WRAPPER.

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The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of **Chas. H. Fletcher** and has been made under his personal supervision since his infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS
Bears the Signature of
Chas. H. Fletcher
The Kind You Have Always Bought
In Use For Over 30 Years
THE CENTAUR COMPANY, 77 MURRAY STREET, NEW YORK CITY.

He Had Remembered.

Hiram Bobbs was absent-minded. He admitted that himself. Still, even he was occasionally surprised by his own failings. One morning he reached his office unaccountably late. "Dear me!" he thought. "Where can I have been?"

The answer was not forthcoming. Hiram sat down at his desk and took out his pocket-handkerchief. It was tied tightly in a knot.

"Now," he exclaimed, "what was that for? Oh, yes! Marthy told me to get my shoes soled."

With an air of resignation to the whims of womanhood he put on his hat, closed his desk, and went out to the "soled-while-you-wait" cobbler's. He went in and sat down, took off his shoes, and settled back in a chair to read his newspaper.

"What is it, Mr. Bobbs?" inquired the cobbler.

"What? Oh, er—er—why—oh, yes! I want my shoes soled."

"Pardon me, sir," said the cobbler, "but I finished soiling them only half an hour ago. They can't be worn out yet, sir."

Deafness Cannot Be Cured

by local applications as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by constitutional remedies. Deafness is caused by an inflammation of the mucous lining of the Eustachian Tube. When this tube is inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed, deafness is the result, and unless the inflammation can be taken out and this tube restored to its normal condition, hearing will be destroyed forever; nine cases out of ten are caused by catarrh, which is nothing but an inflamed condition of the mucous surfaces.

We will give One Hundred Dollars for any case of Deafness (caused by catarrh) that cannot be cured by Hall's Catarrh Cure. Send for circular, free.

F. J. CHENEY & CO., Toledo, O. Sold by Druggists, 75c. Hall's Family Pills are the best.

An Owl.

"She thought he was very prominent before their marriage."

"Yes, she saw his picture in a newspaper labeled 'A Young Man of the Day.'"

"And now that they are married?"

"She has found out that he is a young man of the night."

Your Tongue is Coated!

LOOK inside your watch cover and see!

That's bad business, Bill!

What you been eating?

What were you drinking?

What kind of Lazy Chair did you take exercise in?

Now don't think it doesn't matter!

Because, it's your Bowels that talk now, every time you open your Mouth.

That doesn't help your Popularity, nor your Earning capacity.

Besides, a man with bad Bowels is in a bad way.

And, a Coated Tongue, or a Bad Breath, are sure signs of bad Bowels and poor Digestion.

Go and take a Ten Mile Walk, for Exercise!

"Finest thing in the world for Constipation, Indigestion, or Dyspepsia, Ten Mile Walks.

Have'n't time? Too Lazy?

Well,—there is another Way.

Take Artificial Exercise for your Bowels. That's—CASCARETS.

They rouse the Bowel Muscles, just as a Cold Bath freshens Athletic Muscles.

Waken them up, Strengthen them so they Contract and Expand the Bowels and Intestines in a healthy active manner.

That's how these muscles work the Food along, through your thirty feet of Intestines, to its Finish.

That's how they squeeze Gastric Juice into the food, to Digest it.

That's how they make the millions of little Suckers in the Intestines draw the Nutrition out of Food, and transform it

My Hair Ran Away

Don't have a falling out with your hair. It might leave you! Then what? That would mean thin, scraggly, uneven, rough hair. Keep your hair at home! Fasten it tightly to your scalp! You can easily do it with Ayer's Hair Vigor. It is something more than a simple hair dressing. It is a hair medicine, a hair tonic, a hair food.

The best kind of a testimonial—
"Sold for over sixty years."

Made by J. C. Ayer Co., Lowell, Mass. Also manufacturers of
Ayer's SERRAVALLE PILLS. CHERRY PECTORAL.

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We want to send to our friends a beautiful French-designed, GOLD-PLATED BUBBLE BLOW, hard-mounted in color. It is a beauty for the dressing table. Ten cents in stamps is asked as a measure of good faith and to cover cost of Castoria, with which this pretty trinket is loaded. 753 Send in-day, mentioning this paper. Address Sterling Remedy Company, Chicago or New York.