

Blood Humors

Commonly cause pimples, boils, hives, eczema or salt rheum, or some other form of eruption; but sometimes they exist in the system, indicated by feelings of weakness, languor, loss of appetite, or general debility, without causing any breaking out.

Hood's Sarsaparilla expels them, renovates, strengthens and tones the whole system. This is the testimony of thousands annually.

Hood's Sarsaparilla

Is peculiar to itself. Accept no substitute, but insist on having Hood's and get it today. Liquid or tablets, 100 Doses One Dollar.

Laying It On.

Nell—Did you hear May's fiance rhapsodizing over her complexion?
 Belle—Yes, he certainly did lay it on pretty thick.
 Nell—Yes, but not nearly as thick as May does.—Philadelphia Ledger.

How's This?

We offer One Hundred Dollars reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.
 F. J. CHENEY & CO., Props., Toledo, O. We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all the business transactions and financially able to carry out any obligations made by their firm.
 W. A. RAY, Wholesale Druggist, Toledo, O. W. A. RAY, Wholesale Druggist, Toledo, O. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Price 50c per bottle. Sold by all Druggists. Testimonials free. Hall's Family Pills are the best.

No Great Difference After All.

"It isn't considered polite to ask a Chinese how many wives he has."
 "Well, it isn't polite to ask an American how many wives he's had, either."
 —Detroit Free Press.

Some Other Town.

"Wants to be a police inspector, does he? Has he anything to recommend him for the position?"
 "Yes—he's already rich."

The Dim Past.

Leban was justifying the deception he had practiced upon Jacob in the matter of Leah.
 "I didn't mind letting him have Leah," he said, "but I'm a little more particular as to Rachel. I've had my doubts all the time, anyhow, about taking into my family a young man who is willing to work seven whole years just for a girl. He doesn't seem to me to be the kind of man that would be likely to get ahead in the world."
 But Jacob's willingness to work another seven years for Rachel struck the old man as showing grit and perseverance, and it is a matter of history that the young man finally made good as a son-in-law.

Old-Fashioned Simplicity.

"Our dads were a lot of mossbacks, weren't they?"
 "Deed they were. Why, those old chaps used to actually think that the 'Black Crook' was indecent."—Louisville Courier-Journal.

Title Wanted to Make Sure.

It was Tuesday morning. The clothes had been washed, dried and folded and common sense pointed to the fact that it was ironing day, but cautious Scandinavian Tittle, the new maid, was not going to make the mistake of going ahead before being sure that she was right. Before committing herself to the obvious task she poked her head into the dining room to say, appealingly: "Meesis, I skuld like to speak something." "What is it, Tittle?" "Skal I cook some fatiron?" asked Tittle, earnestly.

Not a Stenographer.

"I understand that you have a new typewriter."
 "Yes."
 "Did you succeed in getting a bright one?"
 "Yes, it's nickel-plated."—Houston Post.



New York Ginger Bread.

Cream, one cupful of butter, add one cupful of brown sugar and beat until very light and creamy. Dissolve two teaspoonfuls of soda in a little warm water and add to one cupful of sour cream. Mix the cream with one cupful of molasses. Beat the yolks of four eggs light, the whites to a stiff, dry froth. Then beat the yolks and whites together. Mix one teaspoonful of salt and the mixed spice with four cupfuls of flour. Add the eggs to the sugar and butter, then the molasses and milk. Mix as quickly as possible with the flour, beating until smooth; turn into a greased tin and bake thirty minutes in a moderate oven. All the spices but the ginger can be omitted if desired. Spice—Mix one teaspoonful of cloves and same of yellow ginger, with one-half teaspoonful of cinnamon.

Chocolate Layer Cake.

Beat the whites and yolks of four eggs separately, adding to the yolks two cups of salt. When the mixture is lukewarm add the whites and two cups of prepared flour. Bake in layer tins and when cold spread with the following mixture: Boil together a cup of granulated sugar and a third of a cup of water, without stirring until it threads. Add a pinch of cream of tartar to the beaten white of an egg and pour the boiled mixture slowly upon this, beating steadily, adding gradually two heaping tablespoonfuls of grated chocolate, two tablespoonfuls of cream, a half teaspoonful of butter and a teaspoonful of vanilla.

Quick Rice Pudding.

From a quart of milk put into a bowl four tablespoonfuls; cook a teaspoonful and a half of raisins in the remainder twenty minutes; beat the yolks of four eggs with the milk in the bowl; add six teaspoonfuls of boiled rice to the milk and raisins; cook five minutes, stirring constantly; stir in the eggs and milk, two teaspoonfuls of salt, a teaspoonful and a half of sugar, and a little grated nutmeg or cinnamon. Stir till the pudding reaches the boiling point and let it boil three minutes. Cover the top with a meringue of the whites of eggs and two tablespoonfuls of white sugar and brown in the oven.

German Coffee Cake.

One-half cup, each, of butter, lard and sugar, a teaspoonful of salt, two beaten eggs, one and a half cups of milk, one compressed yeast cake and four cups of flour. Stir butter, lard and sugar to a cream, add salt and eggs, lastly the milk and yeast cake, which has been previously dissolved in warm water, then the flour. The batter must be quite stiff. Beat hard and set away to rise overnight. In the morning roll out to an inch in thickness and put into pie tins. Let it rise again, cover with melted butter, sprinkle with sugar and cinnamon and bake for twenty minutes.

Oyster Macaroni.

A delicious way of preparing oysters with macaroni is to first boil the macaroni; then, in a buttered baking dish, place a layer of macaroni and then a layer of oysters until the dish is full. Pour over it half a cupful of milk and oyster juice. Put small pieces of butter on top and cover with bread crumbs. Bake in oven and serve garnished with sliced hard-boiled eggs and parsley.

When Burning Garbage.

It is a mistake to put waste cabbage leaves, potato parings, etc., direct on the fire. Put at the back of the fire, where it will dry without burning. It may afterward be raked on to the embers and burned rapidly without smell. Potato parings dried in the oven or under the grate during the night are useful for fire kindling in the morning.

Turnip Soup.

Boil six small turnips until soft enough to rub through a sieve. Fry an onion until it is cooked, but not brown, in a trifle of butter. Put the turnips, onion, pepper and salt in a saucepan and add a quart of milk. Stir thoroughly and when smooth serve with a little grated cheese on top.

Chocolate Pie.

Beat together the yolks of four eggs with a cupful of sugar, add a cupful of hot milk, a little vanilla and three tablespoonfuls of grated chocolate. Bake with an under crust only. Whip the whites of the eggs, sweeten, spread over the top and set in the oven to brown slightly.

Potato Stew.

Boil a small square of pickled pork in two quarts of water; when done take out, score and brown in the oven. Add to the liquor ten sliced raw potatoes, two small onions sliced; boil half an hour; add a teaspoonful of milk and a beaten egg.

RHEUMATISM

ALMOST AS COMMON IN SUMMER AS IN WINTER.

While the damp, cold, changing weather of Winter intensifies the pains and other disagreeable symptoms of Rheumatism, it is by no means a winter disease exclusively. Through the long months of Summer its wandering pains and twitching nerves are felt by those in whose blood the uric acid, which produces the disease, has accumulated.



Last Summer I had a severe attack of Inflammatory Rheumatism in the knees, from which I was unable to leave my room for several months. I was treated by two doctors and also tried different kinds of liniments and medicines which seemed to relieve me from pain for awhile, but at the same time I was not any nearer getting well. One day while reading a paper I saw an advertisement of S. S. S. for Rheumatism. I decided to give it a trial, which I did at once. After I had taken three bottles I felt a great deal better, and I continued to take it regularly until I was entirely cured. I now feel better than I have for years.
 CHAS. E. GILDERLEVE,
 613 32nd Street, Newport News, Va.

Rheumatism is a disease that involves the entire system. Its primary cause results from the failure of the eliminative organs, the Liver, Kidneys and Bowels, to carry out of the system the urea, or natural refuse matter. This coming in contact with the different acids of the body forms uric acid which is taken up and absorbed by the blood. This acid causes fermentation of the blood, making it sour and unfit for properly nourishing the body, and as this vital stream goes to every nook and corner of the body, the poison is distributed to all parts. The nervous system weakens from lack of rich, pure blood, the skin becomes feverish and swollen, the stomach and digestion are affected, the appetite fails and a general diseased condition of the entire system is the result.

Not only is Rheumatism the most painful of all diseases, with its swollen, stiff joints, throbbing muscles and stinging nerves, but it is a formidable and dangerous trouble. If the uric acid is allowed to remain in the blood, and the disease becomes chronic, chalky deposits form at the joints, and they are rendered immovable and stiff, and the patient left a helpless cripple for life. Every day the poison remains in the system the disease gets a firmer hold. The best time to get rid of Rheumatism is in warm weather; because then the blood takes on new life and the skin is more active and can better assist in the elimination of the poisons. With the proper remedy to force the acid out of the blood, and at the same time build up and strengthen the Liver, Kidneys, Bowels and other organs of the body, Rheumatism can be permanently cured. External applications relieve the pain and temporarily reduce the inflammation, and for this reason are desirable, but they cannot have any effect on the disease. The blood is poisoned and the blood must be treated before a cure can be effected.

S. S. S., a remedy made from roots, herbs and barks, is the best treatment for Rheumatism. It goes into the blood and attacks the disease at its head, and by neutralizing the acid and driving it out, and building up the sour blood so it can supply nourishment and strength to every part of the body, it cures Rheumatism permanently. S. S. S. is the only safe cure for the disease; being purely vegetable, it will not injure the system in the least, as do those medicines which contain Potash or some other mineral ingredient. S. S. S. tones up every part of the body by its fine tonic properties. While cleansing the blood of all poisons it builds up the appetite and digestion, soothes the excited nerves, reduces all inflammation, relieves pain and completely cures Rheumatism in every form—Muscular, Inflammatory, Articular or Sciatic. If you are worried with the nagging pains of Rheumatism, do not wait for it to become chronic, but begin the use of S. S. S. and purge the blood of every particle of the poison. Write for our book on Rheumatism, and ask our physicians for any advice you wish. We make no charge for either.



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On His Guard.
 Correspondent—Senator, may I ask what considerations have induced you to oppose the statehood bill?
 Eminent Statesman (flying into a rage)—"Considerations?" Sir, that question is a damnable insult!

Correspondent—Then you are doing it without consideration? Do you know, Senator, that is what the most of us have been suspecting?

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in the Bowels, or exist through poor Nutrition.

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They stimulate the Bowel-Muscles to contract and propel the Food naturally past the little valves that mix Digestive Juices with Food.

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