

# Spring Medicine

The best is Hood's Sarsaparilla. It is the best because it does the most good.

While it makes the blood pure, fresh and lively, it tones the stomach to better digestion, creates an appetite, stimulates the kidneys and liver, gives new brain, nerve and digestive strength.

An unlimited list of wonderful cures—40,366 testimonials in the past two years—proves its merit. In buying medicine always *get the best*—get Hood's.

Sold everywhere.  
Liquid or tablets, 100 Doses \$1.



Mrs. S. I. Carleton, Ayer, Mass., says: "For a perfect spring medicine to give strength and thoroughly purify the blood, Hood's Sarsaparilla is held in high esteem by our whole family. I have used it from childhood and find it as good for my children as for myself."

President Diaz is not so wealthy as accredited. His fortune is short of a million.

A GUARANTEED CURE FOR PILES. itching, itchy, bleeding, protruding Piles. Druggists are authorized to refund money if PAIN RELIEF fails to cure in 14 days. 50c.

Paris has the biggest debt of any city in the world. It amounts to \$400,000,000.

FITS Permanently Cured. No fitful nervousness after first day's use of Dr. Kline's Great Nerve Restorer. Send for Free Trial Bottle and Treatise, Dr. R. H. Kline, Ltd., 511 Arch St., Philadelphia, Pa.

There are 8,840,780 negroes in the United States, but only 2,577 of African birth.

Electric fishes, exposed to the action of radium, have been found to lose their electric power completely, and to suffer in health.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

When Audubon began the publication of his great work in 1826 he received from many subscribers \$1,000 a copy.

TO CURE A COLD IN ONE DAY. Take LAXATIVE BROMO QUININE TABLETS. Drug stores refund money if it fails to cure. K. W. GROVER'S signature is on each box. 25c.

The Empire of India extends over a territory larger than the continent of Europe, without Russia.



**Prevention of Cooking Odors.**  
Odors from cooking, the careful housewife may be glad to know, can be prevented by tying up in a linen bag a lump of bread about the size of a billiard ball and placing it in the pot with the boiling greens, beans, etc. This will absorb the gases which often-times send such an effluvia to the regions above. A few red peppers or pieces of charcoal put into the pot are also said to stop the unpleasant odor which generally fills the house when green vegetables are boiled.

**Tomato Confections.**  
Scald and skin small tomatoes. To eight pounds of fruit allow three pounds of brown sugar. Cook without water until the sugar has penetrated them, and they look clear. Spread on plates in the sun, adding a little of the syrup while they are drying. Pack in layers in small jars or boxes, sprinkling powdered sugar between the layers. Put down in this way they will keep indefinitely, and are almost equal to figs, which they greatly resemble.

**Egg Biscuits.**  
Sift a pint and a half of flour, add a teaspoon of salt, a tablespoon of lard, two beaten eggs, a tablespoon of sugar and a half a pint of sweet milk to which has been added a teaspoon of cream tartar and half a teaspoon of soda. Work to a smooth dough, roll half an inch thick, cut out in large biscuits, rub over with sweet milk, lay on buttered tin and bake brown in a quick oven.

**Creamed Grapes.**  
Boil a gill of water and a pound of sugar to a sirup. Do not stir. When a little is brittle in lead water take from the fire and set in the inner vessel of a double boiler, having boiled water in the outer vessel. Add to the sirup a tablespoonful of lemon juice. Run a stiff straw or a wire through each grape and dip each into the sirup, then lay on waxed paper to dry.

**English Toast.**  
A pretty way of serving eggs for tea is to cut bread into square pieces and toast. Take eggs out of the shell, keeping the yolks whole. Beat the whites to a stiff froth; lay the beaten white around nicely on the toast, drop yolks in center of white ring, salt and put in hot oven to bake a few minutes. When taken out of the oven pour a little melted butter over the toast.

**Cranberry Relish.**  
Five pounds of cranberries, washed, and picked over, three pounds of seeded raisins and the peel of five large oranges are put through a meat chopper and cut fine. Add the juice of the oranges and three pounds of granulated sugar. Mix well and let it boil up quickly, then set to simmer for three hours.

**Popcorn Balls.**  
Make an old-fashioned molasses candy. Just before taking from the fire stir in enough thoroughly popped corn to thicken the mixture. As soon as the candy can be handled take it by the greatspoonful and lay it on a board thickly covered with popcorn and roll into ball shapes. Set aside to harden.

**Cucumber Pickles.**  
Use small cucumbers from two to three inches long; soak in cold water for two hours until thoroughly chilled, in running water if possible. Pack in crocks or jars. Cover to the brim with the following mixture: One gallon of pure cider vinegar, one and a half cups of coarse salt, two ounces of dry mustard.

**Cabbage Relish.**  
Shave one good head of cabbage as fine as possible. Take one tablespoonful of grated horseradish to a quart of the cabbage, and also a pint of cider vinegar; let this come to a boil, then beat three eggs well and stir them into the vinegar until cooked, and pour over the cabbage. Set it away to get cool.

**Creamed Bacon.**  
Bake in the oven slices of bacon till they are brown and crisp; put them on a hot platter; add to the fat in the pan a tablespoonful or more of flour; stir till smooth, add gradually a teacupful and a half of milk and cook two minutes.

**Boston Brown Bread.**  
One cup of sour milk, one-half cup of New Orleans molasses, one egg, butter size of walnut, one teaspoon of soda in the milk, and enough graham flour to thicken like cake. Steam three hours; start over cold water.

**Jellied Cranberries.**  
Cook one quart of cranberries until they are soft. Add one full pint of sugar and cook until the juice thickens. Wet a dish or mold in cold water and fill it with cranberries. When cold they will turn out nice and firm.

# THE KING OF BLOOD PURIFIERS

No other remedy has given such perfect satisfaction as a blood purifier and tonic or is so reliable in the cure of blood diseases of every character as S. S. S. It is known as "The King of Blood Purifiers," and the secret of its success and its right to this title is because "IT CURES DISEASE." It is an honest medicine, made entirely of purifying, healing roots, herbs and barks, which are acknowledged to be specifics for diseases arising from an impure or poisoned condition of the blood and possessing tonic properties that act gently and admirably in the up-building of a run-down, weakened or disordered condition of the system.

One of the greatest points in favor of S. S. S. is that it is the only blood remedy on the market which does not contain a mineral ingredient of some kind to derange or damage the system. It is the one medicine that can be taken with absolute safety by the youngest child or the oldest member of the family, and persons who have allowed their systems to get in such condition that most medicines are repulsive to the stomach will find that S. S. S., while thorough, is gentle and pleasant in its action, and has none of the nauseating effects of the different mineral mixtures and concoctions offered as blood purifiers.

As every part of the body is dependent on the blood for nourishment and strength, it is necessary that this vital fluid be kept free from germs and poisons. So long as it remains uncontaminated we are fortified against disease, and health is assured; but any impurity, humor or poison acts injuriously on the system and affects the general health. Pustular eruptions, pimples, rashes and the different skin affections show that the blood is in a feverish and diseased condition as a result of too much acid or the presence of some irritating humor. Sores and Ulcers are the result of morbid, unhealthy matter in the blood, and Rheumatism, Catarrh, Scrofula, Contagious Blood Poison etc., are all deep-seated blood disorders that continue to grow worse as long as the poison remains.

But all blood diseases are not acquired; some persons are born with an hereditary taint in the blood and we see this great affliction manifested in many ways. The skin has a waxy, pallid appearance, the eyes are often weak, glands of the neck enlarged, and as the taint has been in the blood since birth the entire health is usually affected.

In all blood troubles S. S. S. has proved itself a perfect remedy and has well earned the title of "KING OF BLOOD PURIFIERS." It goes down into the circulation and removes all poisons, humors, waste or foreign matter, and makes this stream of life pure and health-sustaining. Nothing reaches inherited blood troubles like S. S. S.; it removes every particle of the taint, purifies and strengthens the weak, deteriorated blood, and supplies it with the healthful properties it needs and establishes the foundation for good health. As a tonic this great medicine has no equal, and it will be found especially bracing to weak, anaemic persons. Rheumatism, Catarrh, Sores and Ulcers, Skin

Diseases, Scrofula, Contagious Blood Poison and all other blood troubles are cured permanently by S. S. S., and so thorough is the cleansing of the blood that no trace of the disease is left to break out in future years or to be transmitted to offspring. If you are in need of a blood purifier get "THE KING" of them all, S. S. S.—and good results are assured. Book on the blood and any medical advice desired furnished without charge to all who write.

# S.S.S.

PURELY VEGETABLE

THE SWIFT SPECIFIC COMPANY, ATLANTA, GA.



Gentlemen—S. S. S. is used as a family medicine in our home. I myself have taken and always found it what it is claimed to be. It thoroughly cleanses the system of impurities, increases the appetite, improves the digestion, and builds up the general health. I have given it to my children with fine results. It promptly restores the appetite and clears the skin of all eruptions. It is a very fine blood tonic and has my hearty endorsement.  
124 S. 9th St., Lebanon, Pa. P. H. THOMPSON.

## St. Jacobs Oil

Is the short, sure, easy cure for  
**Rheumatism**  
and  
**Neuralgia**

It penetrates to the seat of torture, and relief promptly follows.  
Price, 25c. and 50c.

**Helping Out.**  
With an exclamation of delight the hardened tourist rushed out on the baggage platform and started to smash his trunk with an ax.  
"Hold on!" shouted the baggage man. "Are you crazy?"  
"Not at all," replied the hardened tourist as he continued to smash. "I read that baggage men were overworked at this season, so I thought I would smash my own trunk and save you the trouble."

There is more Catarrh in this section of the country than all other diseases put together, and until the last few years was supposed to be incurable. For a great many years doctors pronounced it a local disease, and prescribed local remedies, and by constantly failing to cure with local treatment, pronounced it incurable. Science has proven Catarrh to be a constitutional disease, and therefore requires constitutional treatment. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, Ohio, is the only constitutional cure on the market. It is taken internally in doses from 10 drops to a teacupful. It acts directly on the blood and mucous surfaces of the system. They offer one hundred dollars for any case it fails to cure. Send for circulars and testimonials.  
Address, F. J. CHENEY & CO., Toledo, O. Sold by Druggists.  
Hall's Family Pills are the best.

A creamed adult human body leaves a residuum of gray ashes which altogether do not weigh more than about two pounds.

**Told by the Typewriter.**  
The following correspondence explains itself:  
"Mr. Thompson presents his compliments to Mr. Simpson, and begs to request that he will keep his pigs from trespassing on his ground."  
"Mr. Simpson presents his compliments to Mr. Thompson, and requests that in future he will not spell his pigs with two gees."  
"Mr. Thompson's respects to Mr. Simpson, and he will feel obliged if he will add the letter 'o' to the last word in the note just received, so as to represent Mr. Simpson and lady."  
"Mr. Simpson returns Mr. Thompson's note unopened, the impertinence it contains being only equalled by its vulgarity."

**The Rolling Passion.**  
Old Stoxanbons—Are you sure that you can no longer control the thing?  
His Chauffeur—Yes, sir. I'm afraid it will get away from me very soon.  
Old Stoxanbons—Then for heaven's sake run into something cheap!—Puck.

Miss Mary Tillinghast of New York is one of the most successful designers of stained glass windows in America.

## The Home of the Wave Circle

is the home where good cooking is loved, where the family enjoy the finest of biscuits, doughnuts, cakes, and pies and other good things every day. The baking is always delicious and wholesome because

### K C Baking Powder

—the baking powder of the wave circle, is used.  
Get K C to-day! 25 ounces for 25c. If it isn't all that we claim, your grocer refunds your money. Send for "Book of Presents."

JAQUES MFG. CO.  
Chicago.



**SILVER FILINGS**  
Often times a silver filling is more advisable than gold. But some dentists use the material allowing the most profit to themselves. You have to leave this to the judgment of the dentist. Why not go to dentists who have built and maintained a reputation for reliability? Examinations free.  
**WISE BROTHERS**  
DENTISTS  
Cor. Third and Washington Sts.



## To Get More Strength from Your Food

**L**OTS of people are starving with a full stomach.  
You know, it's not how much we eat, but how we digest that makes us Strong, or Brainy, or Successful.  
When the Bowels are filled with undigested food we may be a great deal worse off than if we were half starved for want of Food.  
Because, food that stays too long in the Bowels decays there, just as if it stayed too long in the open air.

Well, when food decays in the Bowels, through delayed and overdue action, what happens?  
The millions of little Suction Pumps that line the Bowels and Intestines then draw Poison from the decayed Food, instead of the Nourishment they were intended to draw.  
This Poison gets into the blood and, in time, spreads all over the body, unless the Cause of Constipation is promptly removed.  
That Cause of Constipation is Weak, or Lazy, Bowel Muscles.

When your Bowel-Muscles grow flabby they need Exercise to strengthen them—not "Physic" to pamper them.  
There's only one kind of Artificial Exercise for the Bowel-Muscles.  
Its name is "CASCARETS," and its price is Ten Cents a box.  
Cascares act like Exercise on the Muscles of the Bowels, and make them stronger every time they force these Muscles to act naturally.

The stronger these Muscles propel the food, the stronger does the friction of the food act on the flow of Digestive Juices.  
The more of these Juices that act on food, the more Nutrient does that food turn into, and the richer nourishment do the little Suction Pumps of the Intestines draw out of it.

It needs only one Cascaret at a time to stimulate all the Bowel-Muscles enough, without purging, discomfort or loss of nutrition.  
So, if you want the same natural action that a six-mile walk in the country would give you, (without the weariness) take one Cascaret at a time, with intervals between, till you reach the exact condition you desire.

One Cascaret at a time will properly cleanse a foul Breath, or Coated Tongue, thus proving clearly its ready, steady, pure, but mild and effective action.

A coming Headache can be warded off, in short order, by a single Cascaret, and the cause removed.

Heartburn, Gas-belching, Acid-risings in the throat, and Colicky feeling are sure signs of Bowel trouble from food poisons, and should be dealt with promptly.

One Cascaret will stop the coming trouble, move on the Bowel load, and free the Digestive Juices, if that one Cascaret is taken as soon as the first signs are noticed.

Don't fail to carry the Vest Pocket Cascaret Box with you constantly.  
All Druggists sell them—over ten million boxes a year, for six years past.  
Be very careful to get the genuine, made only by the Sterling Remedy Company and never sold in bulk. Every tablet stamped "CCC."

**IF FREE TO OUR FRIENDS!**  
We want to send to our friends a beautiful French-designed, GOLD-PLATED SUNBURN BOX, hard-enamelled in colors. It is a beauty for the dressing table. Ten cents in stamps is asked as a measure of good faith and to cover cost of Cascares, with which this dainty trinket is loaded. **TT** Send to-day, mentioning this paper. Address Sterling Remedy Company, Chicago or New York.

Prof. George Howison of the department of philosophy of the University of California has declared his belief in immortality for animals.

Christianity is growing in India faster than the population.

The old box-like compartment cars on French railways are being gradually displaced by vestibuled cars of a more modern type.

Sliding seats were first used in rowing races in 1873.

Well Drilling Machinery, Drilling & Fishing Tools, Irrigation Plant, Hydraulic Rams, Spray Pumps, etc.  
Write Us  
REEDER'S MACHINERY CO.  
152-154 Morrison St.  
Portland Oregon

Ferry's Seeds are best because so successful years have been spent in their development—half a century of expert care in making them superior to all others.  
We are specialists in growing Sweet and Vegetable seeds.  
1200 Seed Annual Co.  
D. M. FERRY & CO.,  
Detroit, Mich.  
**FERRY'S SEEDS**

**W. L. DOUGLAS**  
\$3.50 & \$3.00 SHOES FOR MEN  
W. L. Douglas \$4.00 Clit Edge Line cannot be equalled at any price.



**W. L. DOUGLAS MAKES & SELLS MORE NEW \$3.50 SHOES THAN ANY OTHER MANUFACTURER IN THE WORLD.**  
\$10,000 REWARD to anyone who can disprove this statement.  
I could take you into my three large factories at Brockton, Mass., and show you the intimate care with which every pair of shoes is made, you would realize why W. L. Douglas \$3.50 shoes cost more to make, why they hold their shape, fit better, wear longer, and are of greater intrinsic value than any other \$3.50 shoe.  
W. L. Douglas Strong Made Shoes for Men, \$3.50, \$2.00, Boys' School & Dress Shoes, \$2.50, \$1.75, \$1.50.  
CAUTION—Insist upon having W. L. Douglas shoes. Take no substitute. None genuine without his name and price stamped on bottom. Fast Color Spectra used. They will not wear cheap. Write for Illustrated Catalogue.  
W. L. DOUGLAS, Brockton, Mass.