Blood Pure

Is certain if you take Hood's Sarsaparilla.

This great medicine cures those eruptions, pimples and boils that appear at all seasons; cures scrofula sores, salt rheum or eczema; adapts itself equally well to, and also cures, dyspepsia and all stomach troubles; cures rheumatism and catarrh; cures nervous troubles, debility and that tired feeling.

This is proved by thousands of testimonials, 40,366 by actual count in the girl from Hood's Sarsaparilla, which last two years—a record unprecedented thoroughly purified her blood after an in the history of medicine.

Be sure to get Hood's Sarsaparilla. Liquid or tablets, 100 Doses One Dollar.

Mexteo's Bathhouses.

not the cleanest people in the world.

attack of that blood-poisoning disand renewed health. Thousands of others tell of similar cores, also cures of scrofula, salt rheum, ecsema, etc.

The Olference.

Every town in Mexico has a public When the inexperienced go traveling bath house. And still the Mexicans are they take along a guide book; the experienced a check book .- New York Press.



Catarrh is usually regarded as nothing more serious than a bad cold or alight inflammation of the inner skin and tissues of the head and throat, when it is, in fact, not only a vexatious and troublesome disease, but a complicated and dangerous one. It is true that Catarrh usually begins with a cold in the head, but when the poisons, which are thrown off through the secretions, find their way into the blood, it becomes a constitutional trouble that affects all parts of the body. It has more annoying and disgusting symptoms than any other disease. There is a sickening and offensive discharge from the nostrils, a constant buzzing noise in the ears, headaches and pains in the eyes are frequent, while filthy, tenacious matter drops back into the throat requiring continual hawking and spitting, and in certain stages of the disease the breath has an odor that is very offensive. Catarrh is worse in Winter, because the cold weather closes the pores and glands, and the poisons and unhealthy vapors which should pass off that way are thrown back on the tender linings and tissues, causing the inflammation which starts

the unhealthy secretions to be absorbed by the blood. When the blood becomes diseased with this catarrhal matter all kinds of complications may be looked for. As the blood circulates through the body the foul matter finds its way into the stomach, ruining the digestion and producing chronic Dyspepsia, or Catarrh of the stomach. It also affects the Kidneys,

Beveral years ago my blood was bad and I had in addition a dreadful case of Catarrh. By nose was stopped up. I had headaches, ringing noises in my ears and feit unfit for work. I commenced the use of B. B. S. on the recommendation of a friand, and in a short time it cured me sound and well. It put my blood in good condition and I have never had the slightest return of the Catarrh since that time.

Mo. 209 Edgar St. Evansville, Ind. Bladder and other members of the body, while the general health is weak-

ened, appetite lost and the patient feels despondent and half sick all the time. But worst of all, if the trouble is not checked the lungs become diseased from the constant passage of poisoned blood through them, and Catarrh terminates in Consumption, the most fatal of all diseases. You cannot get rid of Catarrh by treating it with sprays, washes, inhalations, etc., because they only reach the membranes and tissues, while the real cause of the trouble is in the blood. These relieve the annoying symptoms for a time, but the poison is all the while getting a stronger hold on the system and when they are left off will manifest itself in worse form than before. S. S. S. is the greatest of all blood purifiers, and when it has cleansed the blood, this pure, rich stream circulates through the body, carrying healthful properties to the diseased parts. Then the inflamed membranes and tissues begin to heal, the dis-

charges cease, the general condition of the system is strengthened, every one of the annoying and disgusting symptoms pass away, and the patient is left in perfect health. S. S. S. is the best remedy for Catarrh. It goes right into the blood and removes all effete matter

-If your tongue is slightly coated,

-If your breath is under suspicion,

-If your Head feels a trifle heavy or

-If digestion seems even a little slow,

-If Heartburn, Beiching, Colic or

Restleasness begin to show themselves,

-That's the time to eat a Cascaret.

Don't Imagine the Cascaret is ineffec-

It acts as pleasantly as it tastes. It is

It is not a "Bile-driver" which floods

It atimulates the muscular lining of the

. . .

tive because it is pleasant to eat as Candy.

as congenial to your Bowels as it is to your

out your stomach today with fluid juices

But, it acts like Exercise, instead.

Bowels and Intestines, so that they mechan-

ically digest food and drive out the

The time to use a Cascaret is when you

The only way to have them ready to

use precisely when you need them is to

carry them constantly in your pocket, as

thin, flat, round-edged, and small, for this

The ten cent box of Cascarets is made

Be very careful to get the genuine,

made only by the Sterling Remedy Com-

pany and never sold in bulk. Every

EF FREE TO OUR FRIENDS!

We want to send to our friends a beautiful French-designed, GOLD-FLATED BONBON BOX, hard-enameled in colors. It is a beauty for the dreasing table. Ten cents in stamps is asked as a measure of good faith and to cover cost of Cascarets, with which this dainty trinket is loaded. The Send to-day, meatiening this paper, Address sterling Lemedy Campany, Chicago or New York.

you do a Watch or a Lead pencil.

PURELY VEGETABLE. the blood and removes all enere many ease permanently, and at the same time builds up the entire system by its fine tonic effect. S. S. S. is a purely vegetable remedy-non-injurious to the system and a certain, reliable cure for Catarrh. Catarrh sufferers will find our free consulting department helpful in advising local treatment to be used THE SWIFT SPECIFIC CO., ATLANTA, GA. with S. S. S.

How to Fool a Lazy Liver with Artificial Exercise

dull.

Palate.

needed for tomorrow.

first suspect you need one.

precise purpose.

tablet stamped "CCC."

VERY serious Sickness has a amall beginning. And, in nine cases out of I ten that small beginning is

Indigestion is the beginning of most diseases.

made in the Bowels.

It paves the way for all others. Lack of exercise, hasty eating, improper

food, are its first causes. Laziness, and postponement, permits it

te grow into Chronic Constipation, which means life-long Discomfort.

It isn't necessary to be sick-a-bed, you know, in order to be mighty uncom-

Even slight indigestion affects the nerves, dulls the mind, and obscures the

merry aunahine of Life. And, Indigestion once started, grows fast, corrodes temperament, and discounts

happiness, good cheer, capacity. It does that long before it puts you on the Sick list.

Every thinking Doctor knows why.

. . . Professor Rand knew it.

That's why he framed up for students his famous formula for Happiness, viz.; "Trust in God, and keep your Bowels

The Bowels need adjustment from time to time, just like a clock, or a watch. No "Good time" is humanly possible

without this. And, the time to adjust the watch is

not when it has run down, nor when the main spring is broken, but at the very minute adjustment is discovered necessary. The time to adjust the Bowels is not

merely when your Head Aches, when your Liver is Sick, your Stomach in Revolt, and Nature's Food Process retarded for 24 hours or longer.

) The proper time to adjust them is the very minute you suspect they need adjustMOTHER BIRD'S STRATEGEM.

Has Clever Method of Reaching Her Next Unobserved.

While strolling on the banks of French Creek, near Clayton, in company with my wife and a friend, we started a wood cock, which feigned being wounded and gave utterance to the most plaintive squeaks, from which we inferred the nest must be near, says a writer in Forest and Stream,

A short search discovered it among small bushes on the ground in a comparatively exposed position. The nest contained three eggs, which we, of course, did not disturb. Leaving the nest for over an hour, I cautiously returned, and getting on my hands and knees crept within ten feet of it without disturbing the old bird. After watching her for about 10 minutes saw her stand up in the nest, and with her bill and one foot change the posttion of two of the eggs, after which she settled back on the nest.

She then evidently saw me, for she gave a sudden twist sideways with her head and then slowly and cautiously stretched out as flat as possible, her bill resting flat on the ground. She remained thus for fully five minutes. Presently I arose from my position and stepped forward, when the bird quietly speaked away from the nest, seeming to crouch as near the ground as possible, until about 20 feet away, when she arose with the usual cry, but immediately fell to the ground, fluttered up and down and finally turned over on her back, fluttering her wings as if in the last agony, but as I approached she scrambled away, dragging one wing on the ground until she had led me fully two hundred yards from the nest, when suddenly she bade me an revolr and darted away like a rocket. Secreting myself some distance from the nest, in fourteen minutes I was surprised to see her sitting on it as before being disturbed, but how she reached there I am unable to say, as I did not see her approach, and half a minute before her appearance on the nest nothing was to be seen or heard. As the woods were open I had an excellent opportunity of watching her interesting maneuveres and had hoped to be able to note the manner in which the return would be

Ponchers in the Parks.

There was a faint little crack, duclously echoed through the underbrush. Then the listener heard a few high pitched squawks and a whir of wings. The park policeman, who had been talking leisurely with the visitor started off on a run. A writer in the New York Tribune continues the story as an illustration of the difficulties of protecting song birds from destruction by ignorant foreigners.

"Yes, they're at it again," explained the officer, leading the rapid pace through a by-path.

"Was it a shotgun?" pants the visi-

"No, no; a 22-caliber rifle, short cart-

"How do you know the direction?" "Heard the gun, and saw those robins do? starting up. Now when we come to that open space beyond the swamp, you get married.

just keep back a little." Obeying instructions, the visitor

The detective was nowhere in sight. A second look, however, showed him close to the trunk of a hickory. Then he slid forward to another shelter. Such was the manner of progress un til reaching a treeless patch of ground when the figure went to earth, and in approved Indian style wormed ahead in the shelter of a few bushes. Finally he rose behind a tree and leaped forward.

The suspect, a black-browed, mustached Italian in velvet coat, had no chance to take alarm, escape or fight. "You were shooting at the birds. I'll

have to arrest you." "No, no! Me no shoot anyt'ing." "Have you been in the hospital?"

asked the detective.

"No. boss !" "Then perhaps this explains your stiff gait!'

The explanation, in fact, was the barrel of a 22 caliber rifle which the officer drew from the Italian's trouser leg. The stock, which had been unscrewed from the barrel a moment after the shooting, was found under the man's coat. A blood-stained bunch of feathers, which was lately a song-sparrow, came from a back pocket.

These offenders are not only breaking the law which protects song-birds but in carrying weapons are punishable by a heavy fine or imprisonment.

"They are crazy after bird ple," explained the officer, as he walked his prisoner toward the station-house.

Belief.

Figg-You'll generally find that people believe what they want to believe. Fogg-Yes, and probably that accounts for the beltef in everlasting punishment-for other people, of course-being so popular.

Society is a good deal like our rich kin: We are mighty nice to its face, but make fun of it behind its back.

Sound Familiar,

("If the sentiments contained in our popular songs were more loftily and poetically expressed, they would lose nothing of their effect." Take this home and try it on your plane.)

Toll; wearing toll, is the unhappy let Of all our humble family save one-The hoary-headed man who calls me

My honored sire, he only labors not. From dawn to dusk, in his accustomed

spot, Where glows the log the ruddy hearth

upon, Rests he, in silence ever, moved of And burns tobacco noisomely, God wot!

Natheless the others idle not at all, For o'er a steaming caldron, lo! there bends

The form of mother, molling all the And sister, too-sweet Ann, so fair and

To the same task her young assistance lends, While only pater whiles his time away! Cleveland Leader.

A GUARANTEED CURE FOR PILES. Itching, Ri nd, Bleeding, Protending Piles. Drug-giate are authorized to refund money if PAZO OINTMENT falls to cure in 5 to 14 days. 890.

Hello!

A young lady, desiring to communicate with a certain society beau, was told to call him up by telephone at his club at a certain hour. She rang up the exchange, gave the number and waited. Presently a voice said :

"Hello!" "Hello," she called. "Is Mr. S.

there?" "Mr. who?"

"Mr. 8."

"Mr. 8.7 No."

"Are you sure?" "Yes, sure. We have no record of any one of that name being here." "Please look and see if he isn't

mewhere about." "There's no use looking, ma'am. We have 'em all down in the book." "Well, it is strange. I was told that

he would be there at this hour." "Say, look here, what number do you want?"

Why, 200 ." "Oh, that's the - City Club. This is the Morgue."-Lippincott's.

CASTORIA For Infants and Children. The Kind You Have Always Bought

Bears the Chart Hitcher.

Needless Request.

"I have come, sir," said the young man, as he entered the library, "to ask you to give me your daughter's hand.

"Why," rejoined the surprised parent, "when I came through the hall about an hour ago it was in your possession,"

A Lively Catch.

Mrs. S .- And so you are leaving us, Bridget? And what are you going to Bridget-Please, mum, I'm going to

Mrs. S .- Dear me! Isn't that rather sudden? Who is the happy man?

slackened pace. A brief ascent led to Bridget-Do you remember, mum, a partial clearing in a hollow. A man me askin' you about four weeks ago in a feit hat and a short overcoat was to go to the funeral of a friend? Well, walking among the trees 200 yards I do be goin' to marry the corpse's wuz the life o' the party."-Harper's eighty years, and he is more than 90

The Taking

Cold Habit

The old cold goes; a new one quickly comes. It's the story of a weak throat, weak lungs, a tendency to consumption. Ayer's Cherry Pectoral breaks up the taking-cold habit. It strengthens, soothes, heals. Askyour doctor about it.

"I had a terrible cold, and nothing ratioved me. I tried Ayer's Cherry Pectoral and it promptly broke up my cold, stopped my cough, and sased every part of my body. It did wonderful work for me."—Mn. J. F. LUTZ, Toledo, Ohio.

Made by J. C. Ayer Co., Lowell, Mass ers PILLS.

Keep the bowels regular with Ayer's Pills, Just one pill each night.

There are nearly 23,000,000 horses in European Russia. No other country in the world has so many horses as Rus-

TO CURE A COLD IN ONE DAY Take LAXATIVE BROMO Quinine Tablets. Drug-gists refund money if it falls to cure. E. W. GROVE's eignature is on each box. 25c.

He sent for a pass to Mr. Cassatt, Who answered, "You pay or you stay where you're at."

Mothers will find Mr. Winslow's Boothing Syrup the best remedy to use for their children during the teething period.

"How do you manage to distinguish between rheumatism and gout, doctor?" queried the medical student. "By consulting the books," replied

the eminent physician. "By consulting the books!" echoed

the embryo M. D. "Yes," answered the eminent physician. "I look up the patient's rating

with the commercial agencies. See?" FITS Fermanently Cured. No fits or nervousness flastorer. Send for Free & E trial bottle and treation. Dr. M. H. Kitos, Ltd., Wil Arch St., Philadelphis, Pa.

"I admit," said the merchant, who had advertised for an assistant, "that your experience in business might make you a valuable man. But the salary you ask is a good deal of money just for your experience."

"Well," replied the man who had seen better days, "I assure you I'm offering my experience to you for less than it cost me."-Philadelphia Press.

There is more Catarrh in this section of the country than all other diseases put together, and until the last few years was supposed to be incurable. For a great many years doctors pronounced it a local disease, and prescribed local remedies, and by constantly failing to cure with local treatment, pronounced it incurable. Science has proven catarrh to be a constitutional disease, and therefore requires constitutional treatment. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, Ohio, it the only constitutional cure on the market. It is taken internally in doses from 10 drops to a temporarily. It acts directly on the blood and muorus surfaces of the system. They offer one hundred dollars for any case it falls to cure, send for circulars and testimonials.

Address. F. J. CHENEY & CO., Toledo, O Bold by Druggists, Téc.

Hall's Family Fills are the best. There is more Catarrh in this section of the

Matthew Faulds, a weaver, of Kilhusband. Sure, he told me then I marnock, Scotland, has been at his loom years of age.

CLASSIFIEDADVERTISING Portland Trade Directory

Names and Addresses in Portland of Representative Business Firms.

PHOTO SUPPLIES: Rotak developing and print-ing; write for prices. Weedard, Clarke & Co. MAGIC LANTERNS - Weister Co., Formand, Lowest prices on Lanterns and filldes.

LLANTIU HOSTERY; Supporters, Braces; Entito Fit; free measurement blanks; Woodard, Clarke. HORSES of all klods for sale at very resonable prices. Inquire 275 Front St.

TRUNSES sent on approval; we guarantee fit in most difficult cases; Woodard, Clarke & Co.

WEET PEAR-tiend 10c for peng, assetd Fair Gold Medai peas, J. J. Butser, 188 Front street,

ARTIFICIAL EYES; every shade and chape; assoriment sent on approval; Woodard, Claras Co CREAM SEPARATORS—We guarantee the U.S. Reparator to be the best. Write for free cutalog. Haze:wood Co., Fifth and Onk.

MEN'R CLOTHING — Sustan & Pundleton, sole agen a Alfred Senjamin & Co.'s correct circles. Evverybing in men's furnishings. Morrison and Sixth atrests. Opposite postoffice.

FREE LAND IN OREGON under the Carey Irrigation act. Deed d rect from state. Write today, Downlet and map free. B. S. Cooke & Co., 334 Alder street, Fortland, Oregon.

POULTRY FOOD-if you want your hens to lay more eggs write us for free particulars about PU-BINA POULTRY FEEDS-Acms Mills Co., Portrand, Oregon.

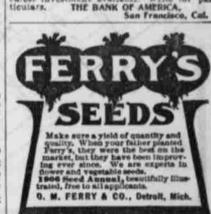
TAILORS—Commbia Woolen Mills Co., Fortiand, Ore. Latest style clothes made to measure chean, Our self measurement system insures period fit. Write for free samples and prices.

FIANOS & ORDANS — Oldest plans house on Pa-cific const. Organs and Planos on easy payments. Write for list. Let us quote you a price. Allen & Gibert-Ramaker Co., Portland, Oragon.

Human Hair Goods—Switches, Fempadours, Man's Toopees and Wigs; best quality: lowest prices; send for free price list; mail orders a speciality. Paris Hair Store, 900 Washington St. Est 1988.

BURTON, HOWARD E., Assayer and Chemist, Leadville, Colorado. Specimen prives: Gold, Silver, Lead, B.; Gold, Silver, The; Gold, 50c; Zine or copper, B. Cyanida tests. Mailing envelopes and full price list sent on application. Control and Umpire work solicited. Reference: Carbonate National Bank.

5 PER CENT GOLD BONDS Why accept a lower rate of interest from savings banks when we own and offer for sale \$250,000 of the \$1,000,000 issue of the Monna Hood Electric Co. (Fortland, Oregon) 29 year Gold Bonds, paying 5 per cent, secured by a First Mortgage on \$0,000,000 worth of property,



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out of the city write for blackr and c roulars Send stamp. CONSULTATION FREE.

Address THE C. GEE WO CHINESE MEDICINE CO 16214 First St., S. E. Cor. Morrison Mention paper. PORTLAND, OREGON.

DOUGLAS '3.50 & '3.00 SHOES ® W. L. Douglas \$4.00 Cilt Edge Line cannot be equalled at any price.



W. L. DOUGLAS MA NES & SELLS MORE NER'S \$3,50 SHOES THAN ANY OTHER NEM'S \$3,50 SHOES THAN ANY OTHER NEM'S \$10,000 REWARD to anyone who can disprove this statement.

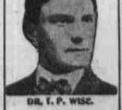
It could take you into my three large inctories at Brockton, Mass., and show you the infinite sare with which every pair of shoes is made, you would realize why W. L. Douglas \$3.50 shoes cost more to make, why they hold their shape, it better, wear longer, and are of greater intrinsic value than any other \$3.50 abos.

W. L. Douglas Strong Made Shoes for Mass, \$2.50, \$2.00. Boys' School & Drees Shoes, \$2.50, \$2.00. Boys' School & Drees Shoes, \$2.50, \$2.00. Boys' School & Drees Shoes, \$2.50, \$2.00. Boys' School & Wille Shoes. Take no substitute. None genuing without his name and price stamped on bottom. Fost Orice Egists used; they still not war brussy. Write for Illustrated Catalon.

W. L. DOUGLAS, Brockton, Mass.

No. 11-08

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By the Oven Fire Put the wonderful KC Baking Powder to the test. Get a can on approval. Your money will be returned if you don't agree that all we claim is true. You'll be delighted with the delicious, wholesome things that K C POWDER BAKING will bring to life in your oven.
K C Baking Powder is twothirds cheaper and makes purer, better, more healthful food than other powders anywhere near E.C. Quality. 25 ounces for 25 cents. Get it to-day!

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Send a postal for Book of Presents.

And doing deatal work all the time—that is the record of Dr W. A. Wise. In our es-tablishment are expert deutists who are

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