

CAUGHT BY THE GRIP-- RELEASED BY PE-RU-NA

Pneumonia Followed La Grippe--Peruna the Remedy That Brought Relief.
Mr. T. Barncock, West Aylmer, Ontario, Can. writes:

"Last winter I was ill with pneumonia after having la grippe. I took Peruna for two months when I became quite well, and I can say that any one can be cured by it in a reasonable time and at little expense."

Systemic Catarrh, the Result of La Grippe, Peruna Receives Credit for Present Good Health.

Mrs. Jennie W. Gilmore, Box 44, White Oak, Ind. Ter., writes:
"Six years ago I had la grippe, which was followed by systemic catarrh. The only thing I used was Peruna and Masalin, and I have been in better health the last three years than for years before. I give Peruna all the credit for my good health."

Peruna--A Tonic After La Grippe.

Mrs. Chas. E. Wells, Sr., Delaware Ohio, writes: "After a severe attack of la grippe, I took Peruna and found it a very good tonic."

"Most Effective Medicine Ever Tried for La Grippe."

Robt. L. Madison, A. M., principal of Cullowhee high school, Painter, N. C., is chairman of the Jackson county board of education. Mr. Madison says: "I am hardly ever without Peruna in my home. It is the most effective medicine that I have ever tried for la grippe."

Mrs. Jane Gift, Athens, O., writes: "I had la grippe very bad. My husband bought Peruna for me. In a very short time I saw improvement and was soon able to do my work."



Suffered Twelve Years From After Effects of La Grippe.

Mr. Victor Pateneude, 328 Madison St., Topeka, Kan., member of Knights and Ladies of Security, writes:

"Twelve years ago I had a severe attack of la grippe and I never really recovered my health and strength--but grew weaker every year until I was unable to work."

"Two years ago I began using Peruna and it built up my strength so that in a couple of months I was able to go to work again."

"This winter I had another attack of la grippe, but Peruna soon drove it out of my system."

"My wife and I consider Peruna a household remedy."

The Matter of Allowance.

"My dear," whispered the young man, "as we are so soon to be married we should take a practical view of life and profit by the mistakes of others. For instance, there is the subject of a regular allowance every week for spending money, you know."

"Oh, I've thought of that," she replied, sweetly.

"Have you?"

"Yes, indeed--hundreds and hundreds of times; and lately I haven't thought of much else."

"Eh?"

"Yes. Your income is \$2,000, isn't it?"

"Yes, I want it to go as far as possible toward your happiness."

"Of course. Well, I've talked it over with mamma and she thinks an allowance of \$1 a week will be plenty."

"Indeed?"

"Oh, yes. You can walk to the office, you know, and carry your lunch, you know, and so you can use the whole dollar for cigars and neckties and things."--Judge.

The Spoils of War.

Benevolent Old Lady to little boy in street--Why, why, little boy, how did you ever get such a black eye?

Small Boy--Me and Sammy Jones was fightin' for an apple in school, an' he smashed me.

Benevolent Old Lady--Dear, dear! and which glutton got the apple?

Small Boy--Teacher, ma'am.--Harper's Weekly.

Running No Risk.

Hardup--I'll never go to that restaurant again. The last time I was there a man got my overcoat and left his in its place.

Welloff--But the proprietor wasn't to blame, was he?

"No, but I might meet the other man."--Tales.

CATARRH ANNOYING-- DANGEROUS

Catarrh is usually regarded as nothing more serious than a bad cold or slight inflammation of the inner skin and tissues of the head and throat, when it is, in fact, not only a vexatious and troublesome disease, but a complicated and dangerous one. It is true that Catarrh usually begins with a cold in the head, but when the poisons, which are thrown off through the secretions, find their way into the blood, it becomes a constitutional trouble that affects all parts of the body. It has more annoying and disgusting symptoms than any other disease. There is a sickening and offensive discharge from the nostrils, a constant buzzing noise in the ears, headaches and pains in the eyes are frequent, while filthy, tenacious matter drops back into the throat requiring continual hawking and spitting, and in certain stages of the disease the breath has an odor that is very offensive. Catarrh is worse in winter, because the cold weather closes the pores and glands, and the poisons and unhealthy vapors which should pass off that way are thrown back on the tender linings and tissues, causing the inflammation which starts the unhealthy secretions to be absorbed by the blood. When the blood becomes diseased with this catarrhal matter all kinds of complications may be looked for. As the blood circulates through the body the foul matter finds its way into the stomach, ruining the digestion and producing chronic Dyspepsia, or Catarrh of the stomach. It also affects the kidneys, bladder and other members of the body, while the general health is weakened, appetite lost and the patient feels despondent and half sick all the time. But worst of all, if the trouble is not checked the lungs become diseased from the constant passage of poisoned blood through them, and Catarrh terminates in Consumption, the most fatal of all diseases. You cannot get rid of Catarrh by treating it with sprays, washes, inhalations, etc., because they only reach the membranes and tissues, while the real cause of the trouble is in the blood. These relieve the annoying symptoms for a time, but the poison is all the while getting a stronger hold on the system and when they are left off will manifest itself in worse form than before. S. S. S. is the greatest of all blood purifiers, and when it has cleansed the blood, this pure, rich stream circulates through the body, carrying healthful properties to the diseased parts. Then the inflamed membranes and tissues begin to heal, the discharges cease, the general condition of the system is strengthened, every one of the annoying and disgusting symptoms pass away, and the patient is left in perfect health. S. S. S. is the best remedy for Catarrh. It goes right into the blood and removes all effete matter and catarrhal poison and cures the disease permanently, and at the same time builds up the entire system by its tonic effect. S. S. S. is a purely vegetable remedy--non-injurious to the system and a certain, reliable cure for Catarrh. Catarrh sufferers will find our free consulting department helpful in advising local treatment to be used with S. S. S.

S.S.S. PURELY VEGETABLE.
Several years ago my blood was bad and I had in addition a dreadful case of Catarrh. My nose was stopped up, I had headaches, ringing noises in my ears and felt unfit for work. I commenced the use of S. S. S. on the recommendation of a friend, and in a short time it cured me sound and well. I put my blood in good condition and I have never had the slightest return of the Catarrh since that time.
GEO. D. CARR, Evansville, Ind., No. 200 Edgar St.

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JOLLY JOKER

"Pop, what's an interrogation point?" "A little thing that asks questions."--The Schoolmaster.

Bobbie--What are his political convictions? Jobbie--Oh, he's liable to be convicted at any time.--Town Topics.

Knicker--What became of Chauffeur? Boeker--He absent-mindedly crawled under a mile to see why it didn't go.--New York Sun.

Judge--Six months. Cos Cob Con--Ah, wot a relief! Now I kin stop worrying about where I'm going to spend de summer.--Puck.

"But why do you live in the city if you don't like it?" "I have to live here to make money enough to keep up my country place."--Ex.

Knicker--So your wife went to the country to study nature's book? Boeker--Yes, and from the size of her hotel bill it must be among the six best sellers.--Ex.

Mrs. Knicker--How long will you be away this summer? Mrs. Boeker--I don't know. I shall stay \$1,000 at the seaside and \$500 at the mountains.--New York Sun.

Doctor (to pressing creditor)--If you must bring your bill every day, at least you might come with your head tied up, so that people would think you were a patient!--London Tit-Bits.

A young theologian named Fiddle refused to accept his degree. "For," said he, "is enough to be Fiddle."--Puck.

Benham--I have had my life insured for five thousand dollars in your favor. Mrs. Benham--Well, I'll be glad to have the money, but I think you've overestimated your value.--Smart Set.

"Say," asked the first messenger boy, "got any novels to swap?" "I got 'Shake-foot Dan's Revenge,'" replied the other. "Is it a long story?" "Naw! Ye kin finish it easy in two messages."--Philadelphia Press.

"What is your order, sir?" asked the waiter. "Bring me some frenzied eggs," said the man with the napkin tucked under his chin. And presently there was a distinctly audible scramble in the kitchen.--Chicago Tribune.

At the Hub--A New Yorker was visiting in Boston. Seeing a parrot in a cage, he asked: "Does Polly want a cracker?" "I require no sustenance from you whatever," replied the Hack Ray bird, with hauteur.--Exchange.

"That Mrs. Snags is too much of a aristocrat fur me to mingle wid." "How's that?" "She was knocked down by a pushcart and she had it put into the paper dat she was hit by an automobile."--Detroit Free Press.

"Boss," began the beggar, "won't yer help a poor?" "See here," interrupted Goodheart. "I gave you some money last week." "Well, gee whiz! ain't yer earned any more since?"--Philadelphia Public Ledger.

Mother--Willie, you must stop asking your father questions. Don't you see they annoy him? Willie--No'm; it ain't my questions that annoy him. It's the answers he can't give that make him mad.--Philadelphia Ledger.

"See here," cried the bill collector, "this bill I've been bringing here so often is getting worn out, and so is my patience." "Gee whiz, man," replied the debtor, "so is your welcome, if you only knew it!"--Philadelphia Press.

Miss Peachie--I want a hammock that will not break down. Poite clerk Can't guarantee any of 'em, miss. Miss Peachie--Why that's strange! Poite Clerk--Not at all. We'd do it if you were a homely girl, but!--Cleveland Leader.

"I think," he said, "that I am now just about even with the world." "Even with the world?" "Yes, I figure that I have now reached a point where I owe just about as many people as I don't owe."--Brooklyn Eagle.

Tramp--It is needless to ask you the question, madame. You know what I want. Lady--Yes, I know what you want badly, but I've only one bar of soap in the house, and the servant is using it. Come again some other time.--Glasgow Times.

He--As soon as we are married, dearest, I will take out an endowment insurance policy, so that you may be protected. She--Don't you think you'd better take out an accident insurance policy now. George? You haven't spoken to father yet, you know.--Philadelphia Press.

"You claim that the railways discriminate against you?" "Yes," answered Farmer Cornstossel. "Three of my neighbors have got damages for cows that were killed. I've let my cattle stray all over the track and the pesky engineer refuses to hit any one of 'em."--Washington Star.

A little boy once told his friend, another youngster, that his mother was accustomed to give him a nickel every morning so that he should take his codliver oil in peace and quietness. "Well, what do you do with it?" inquired the little friend. "Mother puts it in a money-box until there is a dollar." "And what then?" "Why then mother buys another bottle of codliver oil with it."--The Pathfinder.

PISO'S CURE FOR CONSUMPTION

Just How It Happened.
Mother--What! Fighting again? Such a black eye! If you'd only follow the lead of the minister's little boy--
Tommy--Aw, I did try to follow his lead, but he led again wid his left an' dat's where he bilfed me.--Philadelphia Press.

Deafness Cannot Be Cured
by local applications as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by constitutional remediation. Deafness is caused by an inflammation of the mucous lining of the Eustachian Tube. When this tube is inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed, deafness is the result, and unless the inflammation can be taken out and this tube restored to its normal condition, hearing will be destroyed forever; and cases of deafness are caused by Catarrh, which is nothing but an inflamed condition of the mucous surfaces.

We will give One Hundred Dollars for any case of deafness (caused by catarrh) that cannot be cured by Hall's Catarrh Cure. Send for circulars, free.
F. J. CHENEY & CO., Toledo, O. Sold by Druggists, etc.
Hall's Family Pills are the best.

In Her Line.
"In this morning's paper," remarked the new boarder, "I noticed an advertisement about 'a good cotton duck.' Now, what's a cotton duck?" "Give it up," replied Starboard. "If it was an India rubber chicken, Mrs. Starvem might tell us something about it."--Philadelphia Press.

For bronchial troubles try Pisco's Cure for Consumption. It is a good, cough medicine. At druggists, price 25 cents.

Easy Enough.
Pondered the new answers-to-correspondents editor, "I wonder how to answer this. Here's a subscriber who wants to know what's a good thing to take ink stains out of white fannel."

"That's easy," replied the sporting editor, "a pair of scissors."--Philadelphia Press.

To Break in New Shoes.
Always shake in Allen's Foot-Ease, a powder. It cures hot, sweating, itching, swollen feet. Cures corns, ingrowing nails and bunions. At all druggists and shoe stores. Don't accept any substitute. Sample mailed FREE. Address Allen & Overwood, Le Roy, N. Y.

Just Like a Woman.
It was 2 o'clock in the morning when he staggered up the stairs.
"Here you come at last!" exclaimed his better half. "I've worried myself half to death over your absence."

"Well, if that ain't (hic) jus' like a woman," he replied. "They only (hic) half do things."

Perfectly Suitable.
Clymber (to valet)--Now, John, when the guests are here to-night I shall call you Jean.

Valet--Very well, sir; and what shall I call you?
"Oh, you blockhead!"
"Very well, sir; anything you say."--Famille-Journal.

Matter of Birth.
Western Man--I suppose any man can get into New York's "400" if he has enough money.

Eastern Man--If he made it himself he can't; if he inherited it he can.

Wasting No Time.
"Yes," said the friendly critic, handing back the manuscript, "that's quite a good sonnet. Why don't you mail it to the Hyacinth Magazine?"
"Mail it?" cried the struggling young poet. "I'm going to telegraph it."--Catholic Standard and Times.

FITS Permanently Cured. No fitful nervousness after first day's use of Dr. Kline's Great Kidney and Bladder Remedy. Send for Free Trial Bottle and treatise. Dr. R. H. Kline, Ltd., 931 & 933 N. Philadelphia, Pa.

Unrepentant.
Visitor--But there is an essential difference between right and wrong.
Convict--Oh, there wouldn't have been so much difference if I had had a good lawyer.--Puck.

Mother will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

The British empire is sixteen times larger than all the French dominions, and forty times greater than the German empire.

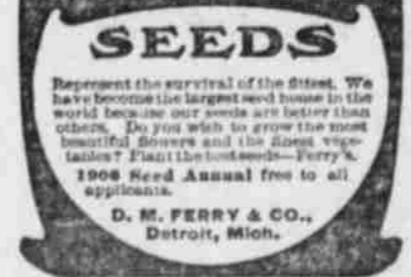
Blood Humors

Commonly cause pimples, boils, hives, eczema or salt rashes, or some other form of eruption; but sometimes they exist in the system, indicated by feelings of weakness, languor, loss of appetite, or general debility, without causing any breaking out.

Hood's Sarsaparilla expels them, renovates, strengthens and tones the whole system. This is the testimony of thousands annually.

Hood's Sarsaparilla

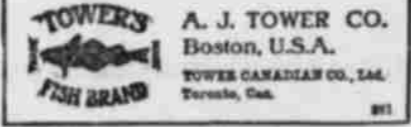
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Represent the survival of the fittest. We have become the largest seed house in the world because our seeds are better than others. Do you wish to grow the most beautiful flowers and the finest vegetables? Plant the best seeds--Ferry's. 1908 Seed Annual free to all applicants.
D. M. FERRY & CO., Detroit, Mich.

Don't Get Wet!

TOWER'S SLICKERS will keep you dry as nothing else will, because they are the product of the best materials and seventy years' experience in manufacturing.



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We'll be writing to advertisers please mention this paper.

Why Refer to Doctors

Because we make medicines for them. We give them the formula for Ayer's Cherry Pectoral, and they prescribe it for coughs, colds, bronchitis, consumption. They trust it. Then you can afford to trust it. Sold for over 60 years.

"Ayer's Cherry Pectoral is a remedy that should be in every home. I have used a great deal of it for hard coughs and colds, and I know what a splendid medicine it is. I cannot recommend it too highly."--MARK E. CONNOR, Hyde Park, Mass.

Made by J. C. Ayer Co., Lowell, Mass. Also manufactured by SASSAPARILLA PILLS, HAIR VIGOR.

Ayer's

Ayer's Pills greatly aid the Cherry Pectoral in breaking up a cold.

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Names and Addresses in Portland of Representative Business Firms.
- PHOTO SUPPLIES:** Kodak developing and printing; write for prices. Woodard, Clarke & Co.
- MAGIC LANTERNS:** Webster Co., Portland. Lowest prices on lanterns and slides.
- ELASTIC HOSE:** Suppiger, Brass; Roll to Fit; free measurement blank; Woodard, Clarke & Co.
- HORNES of all kinds for sale at very reasonable prices. Inquire 275 Front St.**
- TRUNKS and suit cases; we guarantee fit in most difficult cases. Woodard, Clarke & Co.**
- SWEET PEAS:** Seed the best; send Fair Gold Medal peas. J. J. Bator, 181 Front street.
- ARTIFICIAL EYES:** every shade and shape; no matter how long worn, we will refit you. Woodard, Clarke & Co.
- CREAM SEPARATORS:** We guarantee the U. S. Signal or to be the best. Write for free catalog. Woodard, Clarke & Co.
- MEN'S CLOTHING:** Hoffman & Friedman, sole agents; a full line of men's clothing. Everything in men's furnishing. Morrison and Smith streets. Opposite postoffice.
- FREE LAND IN OREGON:** a clear title; irrigation water. Send 2 cent stamp. Write today. Journal and State Free. B. S. Cooke & Co., 241 Alder street, Portland, O. Regon.
- POULTRY FOOD:** If you want your hens to lay more eggs write us for particulars about PULINA POULTRY FEEDS--Acme Mills Co., Portland, Oregon.
- TAILORS:** Columbia Wooten Mills Co., Portland, Ore. Latest styles; custom made or measure; cheap; our self-measurement system. Inquiries per card. 217 W. 10th for free samples and prices.
- PIANOS & ORGANS:** Offer piano business on Pacific coast. Organ and Piano on easy payments. Write for list. Let us quote from a price. Allen & Gilbert-Hamaker Co., Portland, Oregon.
- Oregon Herbs--Specific for all Kidney and Bladder troubles. Cures BACKACHE. Price low. Trial size sent by mail for 10c. In stamps. Send today. 2009 Third St.**
- Human Hair Goods:** Swatches, for wigs, Mrs. Tompkins and Wight, hair quality; lowest prices; send for free price list; mail orders a specialty. Par a Hair Store, 206 Washington St. Est 1886.

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A bright man with team in your county. Steady work and good wages to right man. References required. For particulars address
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THE LAXATIVE OF KNOWN QUALITY

There are two classes of remedies: those of known quality and which are permanently beneficial in effect, acting gently, in harmony with nature, when nature needs assistance; and another class, composed of preparations of unknown, uncertain and inferior character, acting temporarily, but injuriously, as a result of forcing the natural functions unnecessarily. One of the most exceptional of the remedies of known quality and excellence is the ever pleasant Syrup of Figs, manufactured by the California Fig Syrup Co., which represents the active principles of plants, known to act most beneficially, in a pleasant syrup, in which the wholesome Californian blue figs are used to contribute their rich, yet delicate, fruity flavor. It is the remedy of all remedies to sweeten and refresh and cleanse the system gently and naturally, and to assist one in overcoming constipation and the many ills resulting therefrom. Its active principles and quality are known to physicians generally, and the remedy has therefore met with their approval, as well as with the favor of many millions of well informed persons who know of their own personal knowledge and from actual experience that it is a most excellent laxative remedy. We do not claim that it will cure all manner of ills, but recommend it for what it really represents, a laxative remedy of known quality and excellence, containing nothing of an objectionable or injurious character.

There are two classes of purchasers: those who are informed as to the quality of what they buy and the reasons for the excellence of articles of exceptional merit, and who do not lack courage to go elsewhere when a dealer offers an imitation of any well known article; but, unfortunately, there are some people who do not know, and who allow themselves to be imposed upon. They cannot expect its beneficial effects if they do not get the genuine remedy.

To the credit of the druggists of the United States be it said that nearly all of them value their reputation for professional integrity and the good will of their customers too highly to offer imitations of the

Genuine--Syrup of Figs

manufactured by the California Fig Syrup Co., and in order to buy the genuine article and to get its beneficial effects, one has only to note, when purchasing, the full name of the Company--California Fig Syrup Co.--plainly printed on the front of every package. Price, 50c per bottle. One size only.

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Color more goods brighter and faster colors than any other dye. One 10c package colors silk, wool and cotton equally well and is guaranteed to give perfect results. Ask dealer, or we will send post paid at 10c a package. Write for free booklet how to dye, bleach and mix colors. MONROE DRUG CO., Unionville, Missouri.