

CATARRH ANNOYING-DANGEROUS

Catarrh is usually regarded as nothing more serious than a bad cold or slight inflammation of the inner skin and tissues of the head and throat, when it is, in fact, not only a vexatious and troublesome disease, but a complicated and dangerous one. It is true that Catarrh usually begins with a cold in the head, but when the poisons, which are thrown off through the secretions, find their way into the blood, it becomes a constitutional trouble that affects all parts of the body. It has more annoying and disgusting symptoms than any other disease. There is a sickening and offensive discharge from the nostrils, a constant buzzing noise in the ears, headaches and pains in the eyes are frequent, while filthy, tenacious matter drops back into the throat requiring continual hawking and spitting, and in certain stages of the disease the breath has an odor that is very offensive. Catarrh is worse in winter, because the cold weather closes the pores and glands, and the poisons and unhealthy vapors which should pass off that way are thrown back on the tender linings and tissues, causing the inflammation which starts the unhealthy secretions to be absorbed by the blood. When the blood becomes diseased with this catarrhal matter all kinds of complications may be looked for. As the blood circulates through the body the foul matter finds its way into the stomach, ruining the digestion and producing chronic dyspepsia, or Catarrh of the stomach. It also affects the kidneys, bladder and other members of the body, while the general health is weakened, appetite lost and the patient feels despondent and half sick all the time. But worst of all, if the trouble is not checked the lungs become diseased from the constant passage of poisoned blood through them, and Catarrh terminates in Consumption, the most fatal of all diseases. You cannot get rid of Catarrh by treating it with sprays, washes, inhalations, etc., because they only reach the membranes and tissues, while the real cause of the trouble is in the blood. These relieve the annoying symptoms for a time, but the poison is all the while getting a stronger hold on the system and when they are left off will manifest itself in worse form than before. S. S. S. is the greatest of all blood purifiers, and when it has cleansed the blood, this pure, rich stream circulates through the body, carrying healthful properties to the diseased parts. Then the inflamed membranes and tissues begin to heal, the discharges cease, the general condition of the system is strengthened, every one of the annoying and disgusting symptoms pass away, and the patient is left in perfect health. S. S. S. is the best remedy for Catarrh. It goes right into the blood and removes all effete matter and catarrhal poison and cures the disease permanently, and at the same time builds up the entire system by its tonic effect. S. S. S. is a purely vegetable remedy—non-injurious to the system and a certain, reliable cure for Catarrh. Catarrh sufferers will find our free consulting department helpful in advising local treatment to be used with S. S. S.

S.S.S.

PURELY VEGETABLE.

THE SWIFT SPECIFIC CO., ATLANTA, GA.

Her Miserable Luck.

First Summer Girl—Did you hear about the miserable luck I had yesterday?
Second Summer Girl—No; what was it?
First Summer Girl—While in bathing a man rescued me from drowning.
Second Summer Girl—Why, I'd call that good luck.
First Summer Girl—But the man in the case is married.

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A tract of 1,500 to 2,000 acres of pasture land in the Willamette valley, within fair distance of the railroad. Must be reasonable in price, well watered and in Marion, Linn, Lane, Benton or Polk county. Address, with full particulars, Buyer, No. 415 Marquam Bldg., Portland, Oregon.

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Atlas Engine in service 1,000,000 H. P.

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CASTORIA

The Kind You Have Always Bought has borne the signature of Chas. H. Fletcher, and has been made under his personal supervision for over 30 years. Allow no one to deceive you in this. Counterfeits, imitations and "Just-as-good" are but experiments, and endanger the health of children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

The Kind You Have Always Bought

Bears the Signature of

Chas. H. Fletcher

In Use For Over 30 Years.

THE CENTAUR COMPANY, 77 MURRAY STREET, NEW YORK CITY.



"Mr. Johnsing, you have deceived me. You said you were interested in mining." "So I is, Miss Snowflake, Kalsomining."—Life.

Madam—Be sure to put plenty of nuts in the cake. Cook—I'll crack no more nuts to-day. Me jaw hurts me already.—Harper's Bazar.

"I don't like the man." "Why not?" "I hadn't been talking to him five minutes before he said I was an idiot." "Why the delay?"—Judge.

Very Quick: First Russian—You say the fight was quickly over? Second Russian—Yes, it was finished before you could say Jackpotinsky Romanoffopolowsky.

Office Boy—Wy, cert, I want more pay; I'm only getting "four" a week, and give my mother all I earn. Proprietor—What do you do with the other three and a half?—Puck.

Willie—Papa, if I was twins would you buy the other boy a banana, too? Papa—Certainly, my son. Willie—Well, papa, you surely ain't going to cheat me out of another banana just because I'm all in one piece?—Judge.

Bronco Bill—What did Tough Tompkins die of? Grizzly Pete—Well, the poor guy needed a change of air and couldn't get it. Bronco Bill—Lung trouble? Grizzly Pete—No; he was lynched.—Judge.

"I got a fine job in de business college." "Gee—wot d'yer do?" "De writin' teacher hired me to shake de table when de new pupils write. 'This is a sample of my handwriting before I began taking lessons.'"—Exchange.

Brilliant Billy: Bill had a bill-board. Bill also had a board bill. The board bill bored Bill, so that Bill sold the bill-board to pay his board bill. So after Bill sold his bill-board to pay his board bill, the board bill no longer bored Bill.

Useless Expense: Lawyer—Now, see here; before I take your case, I want to know if you're guilty. Prisoner—Am I guilty? Dyer suppose I'd be fool enough to hire the most expensive lawyer in the town if I was innocent?

"Do you know," said a Sunday school teacher addressing a new pupil in the infant class, "that you have a soul?" "Course I do," replied the little fellow, placing his hand over his heart. "I can feel it tick."—Moberly (Mo.) Monitor.

The Indian Bureau: "I've been radin'," said Pat, "a good dale in the papers about a bureau for the Indians. Now, I don't believe in their havin' a bureau. I can't afford to have a bureau meself! I kape me papers in a box under the bed."

Parson—Of course you are not afraid to die, Brother Jones. Your good wife, who went before, will meet you at the pearly gates, you know. Sick Man—Yes; and a peach of a time I'll have explaining to her all I've done for the past ten years!—Judge.

Another Heartless Monopolist: Mrs. Gabbie—No, indeed, I don't have that woman doctor any more. Mrs. Query—Why, I thought you liked her. Mrs. Gabbie—Oh, she got to be hateful. She used to keep the thermometer in my mouth nearly all the time, so that I couldn't say a word, while she monopolized the conversation.

A Lively Animal: He was a good-natured German, and his face fairly beamed as he walked into a drug store. The first thing that caught his attention was an electric fan buzzing busily on the soda counter. He looked at it with great interest, and then turned to the clerk. "Py golly!" he said, smilingly, "dat's a liffy squirrel vot you got in dere, ain't it?"—Lippincott's Magazine.

Refined Pork: Harold was playing "keep store" and had prevailed upon his grandmother to become one of his patrons. When she appeared in the role of customer he said: "Have some nice vegetables or fruit or meat? Here is some extra nice boiled ham. Have some?" "No, thank you," she said, "I don't like ham." "Oh, but I think you'd like this, ma'am. It is hardly a bit hammy."—Lippincott's.

A Memory for Dates: A school teacher was trying to impress upon a scholar's mind that Columbus discovered America in 1492. "Now, John," he said, "I will tell you the date in rhyme, so that you won't forget it. 'In fourteen hundred and ninety-two Columbus sailed the ocean blue.' Now, can you remember that, John?" "Yes," replied John. "Next day the teacher said, 'John, when did Columbus discover America?'" "In fourteen hundred and ninety-three Columbus sailed the dark-blue sea."

Improving the Opportunity: "Here, my good man," she said one day last week to a man who had begged alms of her, "here is a three-penny piece, and please to understand that I do not give this because I hope to be rewarded for my charity some day, but because it gives me pleasure to do so." The burly beggar looked dubiously at the tiny silver coin. "Look 'ere, mum," he said, "in this 'ere wicked world we don't often get the chance to enjoy ourselves. Why not make it a shillin' and 'ave a real good time?"

Of course, it's the proper thing for a man to have a backbone, but he should remember that it is jointed.

It's up to some egotists to consult an "I" doctor.

The Boy and the Farm.
The wonderful strides in agricultural science, as well as the vast increase in the insect enemies of growing things, has both boomed and deterred farm work as a profession, so that the old-time ideas of farming cannot be said to bring success except in a very moderate degree. The farming of the future must be done by the boys and girls of to-day, and we owe it to our children to give them the best possible chance to gain knowledge which will help them in their life work. If the boy is seriously interested in agriculture, it will be a paying investment to give him a course in an agricultural college.

If one cannot afford the full course of four years, or if the boy is not sufficiently well educated to take this course, give him the shorter one of two years, or, better than nothing, let him take the short winter course of from ten to twelve weeks and study the particular branch in which he is interested. You will find that his interest in the work will be enough greater to warrant the expense. True, he may not learn a great deal in the short course, but it will be enough to open his eyes to the possibilities, and he will be placed on the right track to study and work by himself. Talk to the boy about it, and write to the agricultural college of your State for detailed information.

The North Pole.
It is often said that, when the North Pole is discovered, there will be found a Scotchman doing business. The Highlander always ranked foremost amongst the pioneers of the American West. His Herculean strength fitted him for frontier life, and to his constant use of "porridge" for breakfast is attributed his splendid physique. This generation can be as brawny by eating Pillsbury's Vitos.

Canoe and Eff-cit.
Mrs. Caller—I see your husband is smoking again. I thought he had given it up.

Mrs. Shopper—So he did; but I found such a lovely smoking jacket at a bargain sale that he just had to commence again.

Beware of Ointments for Catarrh that Contain Mercury.
Mercury will surely destroy the sense of smell and completely derange the whole system when entering it through the mucous surfaces. Such articles should never be used except on prescription from reputable physicians, as the damage they will do is tenfold to the good you can possibly derive from them. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, O., contains no mercury, and is taken internally, acting directly upon the blood and mucous surfaces of the system. In buying Hall's Catarrh Cure be sure you get the genuine. It is taken internally, and made in Toledo, Ohio, by F. J. Cheney & Co. Testimonials free.
Sold by Druggists, price 25c. per bottle. Hall's Family Pills are the best.

Professional Advice.
The new doctor had been called in to see a lady with a swollen jaw. "Does it hurt you to talk?" asked the pill dispenser. "Yes," she replied. "Then don't," said the M. D. "Two dollars, please."—Chicago Daily News.

Mother will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

In After Years.
Wife—But during our courtship you never objected to my talking. Husband—Of course not. Being talked to is one thing and being talked at is quite another.

Ask Your Own Doctor

If he tells you to take Ayer's Cherry Pectoral for your severe cough or bronchial trouble, then take it. If he has anything better, then take that. But we know what he will say; for doctors have used this cough medicine over 60 years.

"I have used Ayer's Cherry Pectoral for hard colds, bad coughs and influenza. It has done me great good, and I believe it is the best cough medicine in the world for all throat and lung troubles."—E. C. STANT, Albany, Oregon.

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PILLS.
HAIR VIGOR.

Keep the bowels open with one of Ayer's Pills at bedtime, just one.



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Stubb—There goes Miss Flasher. Says she is just back from Newport and her complexion is as brown as a nut.
Penn—Yes, a chestnut.

Height of Sea Waves.
Careful experiments made by a noted English navigator along the north coast of Spain show that waves frequently attain a height of 42 feet, which is nothing compared to the rise of Pillsbury's Vitos in the estimation of people who like good, pure, common-sense wheat food. You will like it. Ask for it at your grocer's.

Methods of the Magnates.
Reporter—And why do you carry a Waterbury watch?
Rocky—To wind when I've nothing else to do.
Reporter—What do you gain by that?
Rocky—I save time.—Cleveland Leader.

To Break in New Shoes.
Always shake in Allen's Foot-Ease, a powder. It cures hot, sweating, aching, swollen feet. Cures corns, ingrowing nails and bunions. At all druggists and shoe stores. Don't accept any substitute. Sample mailed FREE. Address Allen S. Gilmsted, Le Roy, N. Y.

Peaceful.
"Bobbins was tickled to death over the outcome of the Portsmouth conference. He is a radical advocate of universal peace."
"That so?"
"I should say so! Why, he offered to lick any one in the hotel who disagreed with him on the subject."

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Besides the regular reed tone, this instrument also has several novelties of the regular pipe effects, to be found in no other make.

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If more than ordinary skill in playing brings the honors of the game to the winning player, so exceptional merit in a remedy ensures the commendation of the well informed, and as a reasonable amount of outdoor life and recreation is conducive to the health and strength, so does a perfect laxative tend to one's improvement in cases of constipation, biliousness, headaches, etc. It is all-important, however, in selecting a laxative, to choose one of known quality and excellence, like the ever pleasant Syrup of Figs, manufactured by the California Fig Syrup Co., a laxative which sweetens and cleanses the system effectually, when a laxative is needed, without any unpleasant after effects, as it acts naturally and gently on the internal organs, simply assisting nature when nature needs assistance, without gripping, irritating, or debilitating the internal organs in any way, as it contains nothing of an objectionable or injurious nature. As the plants which are combined with the figs in the manufacture of Syrup of Figs are known to physicians to act most beneficially upon the system, the remedy has met with their general approval as a family laxative, a fact well worth considering in making purchases.

It is because of the fact that SYRUP OF FIGS is a remedy of known quality and excellence, and approved by physicians that has led to its use by so many millions of well informed people, who would not use any remedy of uncertain quality or inferior reputation. Every family should have a bottle of the genuine on hand at all times, to use when a laxative remedy is required. Please to remember that the genuine Syrup of Figs is for sale in bottles of one size only, by all reputable druggists and that full name of the company—California Fig Syrup Co., is plainly printed on the front of every package. Regular price, 50c per bottle.

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