

Adoption.
 "When did you adopt the stage as a profession?"
 "I should not say that I ever adopted the stage," answered Mr. Stormington Barnes. "But I spent some weary years persuading the stage to adopt me."—Washington Star.

Think This Over.
 "When you makes fun o' what you doosa' understand," said Uncle Eben, "you wants to stop a minute an' guess whether you is showin' yoh smatness or yoh ig'nance."—Washington Star.

At the Capitol.
 He—This is the ladies' gallery; over there is the men's gallery. Just above the speaker's desk is the press gallery. She—Oh, yes. And where is the rogues' gallery?
 He—Why—er—the congressmen sit down there on the main floor.

Homing Instinct of the Horse.
 When Dr. Erwin's possessions were in transit between Oklahoma and Morrill, Kan., last March, a fine Arabian horse was lost from the car. The horse turned up last week at its old home in Oklahoma and was all right.—Kansas City Journal.

For bronchial troubles try Pilo's Cure for Consumption. It is a good cough medicine. At druggists, price 25 cents.

Watermelon Diamonds.
 Place a fine ripe watermelon on ice and when thoroughly chilled cut in rather thick slices, remove all seeds and cut in diamonds; place in a pretty glass dish and sprinkle each layer with powdered sugar. Serve on dainty plates as any other fruit.—Washington Star.



For Rheumatism
 Neuralgia Sprains
 Lumbago Bruises
 Backache Soreness
 Sciatica Stiffness

Use the old reliable remedy

St. Jacobs Oil
 Price, 25c. and 50c.

P. N. U. No. 46-1903.

WHEN writing to advertisers please mention this paper.

A Good Beginning

If the blood is in good condition at the beginning of the warm season, you are prepared to resist disease and are not apt to be troubled with boils, pimples, blackheads and blotches, or the itching and burning skin eruptions that make one's life a veritable torment and misery.

Now is the time to begin the work of cleansing and building up the blood and strengthening the weak places in your constitution. During the cold winter months we are compelled to live indoors and breathe the impure air of badly ventilated rooms and offices. We over-work and over-eat, and get too little out-door exercise, and our systems become clogged with impurities and the blood a hot-bed of germs and humors of every kind, and warm weather is sure to bring a reaction, and the poisonous matter in the blood and system will break out in boils and pustules or scaly eruptions and red, disfiguring bumps and pimples. Make a good beginning this season by taking a course of S. S. S. in time; it will not only purify your blood and destroy the germs and poisons, but promote healthy action of the Liver and Kidneys and give you a good appetite at a time when you need it most.

S. S. S. improves the digestion and tones up the Stomach, and you are not continually haunted by the fear of indigestion every time you eat, or troubled with dizziness, nervousness and sleeplessness. There is no reason to dread the coming of warm weather if you have your system well fortified and the blood in a normal, healthy condition. It is the polluted, sluggish blood that invites disease germs, microbes and poisons of every kind and bring on a long train of spring and summer ailments, break down the constitution, and produce weakness, lassitude, and other debilitating disorders. Eczema, Acne, Nettle-rash, Poison Oak and Ivy, and other irritating skin troubles are sure to make their appearance unless the humors and poisons are antidoted and the thin, acid blood made rich and strong before the coming of warm weather.

A course of S. S. S. now would be a safe precaution and a good beginning and enable you to pass in comfort through the hot, sultry months and escape the diseases common to spring and summer. S. S. S. is guaranteed purely vegetable and is recognized as the best blood purifier and the most invigorating and pleasant of all tonics. Write for our book on "The Blood and Its Diseases."

THE SWIFT SPECIFIC CO., ATLANTA, GA.

Catarrh Invites Consumption

It weakens the delicate lung tissues, deranges the digestive organs, and breaks down the general health.

It often causes headache and dizziness, impairs the taste, smell and hearing, and affects the voice.

Being a constitutional disease it requires a constitutional remedy.

Hood's Sarsaparilla

Radically and permanently cures catarrh of the nose, throat, stomach, bowels, and more delicate organs.

Read the testimonials.

No substitute for Hood's acts like Hood's. Be sure to get Hood's.

"I was troubled with catarrh 20 years. Seeing statements of cures by Hood's Sarsaparilla resolved to try it. Four bottles entirely cured me." WILLIAM SHERMAN, 1000 6th St., Milwaukee, Wis.

Hood's Sarsaparilla promises to cure and keeps the promise.

Jail for Runaway Husbands.

One year in state's prison, or \$100 fine, or both, is the penalty now imposed by law upon recalcitrant New Jersey husbands who willfully desert their wives and children and go out of the state to escape the responsibility of caring for their families.

FITS Permanently cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. Send for Free 60 trial bottle and treatise. Dr. R. H. Kline, Ltd., 511 Arch St., Philadelphia, Pa.

Her Idea of Identification.

"That bank clerk wouldn't give me the money. He said I'd have to identify myself."

"Did you?"

"I couldn't. None of my linen is marked except my handkerchiefs and I'd forgotten to bring one with me."—Cleveland Plain Dealer.

CATARRH CANNOT BE CURED

With local applications, as they cannot reach the seat of the disease. Catarrh is a blood or constitutional disease, and in order to cure it you must take internal remedies. Hall's Catarrh Cure is taken internally, and acts directly on the blood and mucous surfaces. Hall's Catarrh Cure is not a quick medicine. It is prescribed by one of the best physicians in this country for years, and its regular prescription. It is composed of the best tonics known, combined with the best blood purifiers, acting directly on the mucous surfaces. The perfect combination of the two ingredients is what produces such wonderful results in curing catarrh. Send for testimonials, free.

P. J. CHENEY & CO., Props., Toledo, O. Sold by druggists, price 75c. Hall's Family Pills are the best.

Deceived.

"She seems to have no confidence in her husband."

"No; she says she caught him telling the truth the other day."—N. Y. Sun.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children the teething season.

Unfortunate Alliance.

Little Mary Whitney, who had just been punished by her father, came to her mother with a deeply-grieved expression upon her face and said:

"Mamma, I wish Extra Whitney had never married into this family."

HORRIBLY AFFLICTED WITH BOILS.

I had a horrible attack of boils that broke out all over my body and from which I could get no possible relief until I began taking your medicine, and from my experience I can safely say S. S. S. is the best blood purifier in the world.

Mrs. M. P. SMYTHEERS, Wytheville, Va.

THE BEST TONIC AND APPETIZER.

While living in Sherman, Tex., I became a victim of impure, watery blood. I ran down in appetite and energy; was scarcely able to get about and had to stop off and rest occasionally. I took S. S. S. and began to improve at once, and after a thorough course became strong and well.

I think S. S. S. the best medicine I ever used as an appetizer and general tonic.

J. G. SCOTT, 611 Railroad street, Rome, Ga.

Write for our book on "The Blood and Its Diseases."

Science AND Invention

In the electric furnace of H. Goldschmidt, a ton of steel is made from the ore by 4,000 horse-power hours of energy, and from scrap iron by 1,300 horse-power hours.

Anemic persons and convalescents seeking strength find great benefit in the grape cure, which is an autumn attraction at Wiesbaden. The effects are explained by the sugar, which forms 25 to 50 per cent of the grapes.

The hot springs that contain living bacteria are much below boiling point in temperature, but J. Adams, of Dublin, reports having observed eggs of a certain mite (Tyroglyphus histioctoma) that survived boiling for five minutes.

Traction tests with electric automobiles in London have shown a surprising increase of the starting pull on oiled pavements. A pull of thirty-nine pounds per ton was needed to start on dry asphalt, forty-nine and a half pounds on wood pavement and 104 pounds on dry macadam. On greasy asphalt a pull of nearly seventy-nine pounds per ton was necessary.

The wireless system of telegraphy has been tested successfully in the Coast Survey. Last summer, as an experiment, one of the surveying vessels, using short-distance apparatus, transmitted the half-second beats of its chronometer to a shore station more than sixty miles away, where they were automatically recorded on a moving tape. It is anticipated that for the determination of longitude the wireless system will eventually take the place of cable and telegraph lines.

Human life is possible under varied conditions, and, if a recent report is correct, British New Guinea has a tribe whose environment has made them incapable of walking. These people live in a swampy region, and, as walking and canoeing are alike impracticable, they remain constantly in their dwellings, which are built in the trees just above the marshes. Disease has caused their limbs to shrink, while their trunks have become bloated, giving them an ape-like appearance and gait.

German experts say that wood which has been floated in rafts, or otherwise, gives a more trustworthy material for joinery and building purposes than does that which has been carted, or otherwise carried dry, to the sawmill and workshop. The reason is that while the wood is lying in the water its sap and albuminous and salty materials are dissolved out. If these substances remain in the wood they readily absorb moisture from the atmosphere, after coming out of the drying rooms, and the wood swells. Artificial processes of washing out the hygroscopic substances from wood which has not been floated are practiced in Germany.

In describing experiments made for the Department of Agriculture on the effects of lime and magnesia upon animal production, D. W. May of the Kentucky Experiment Station remarks that it is a well-known fact that the greatest development in live stock has been attained in limestone regions. He adds that in the blue-grass region of Kentucky, long noted for the beauty and quality of its live stock, and especially of its thoroughbred horses, the soil has been formed largely by the disintegration of a limestone very rich in phosphates. But even in that favored region experiments are under way to determine whether the quality of the animals may not be improved by the addition of certain mineral elements to the food.

Census Work in Europe.

To the American observer of European census methods, one of the most striking characteristics is the decentralization of census work. In the United States the census is completely centralized; every person engaged in the work acts as an officer or employee of the federal government, and all expenditures for census purposes are made from the United States treasury. In most countries of continental Europe, on the contrary, both the labor and the expense of collecting the original census data devolve upon the municipalities, townships or communes.—Century.

Eyesight of Fishes.

In the water fishes see only at very close range—about half their own length. This will seem perhaps unlikely to anglers, although some of them can cite instances showing that fish cannot see far. Snakes seem to have a very mediocre sense of sight. The boa, for example, does not see at more than a quarter or a third of its own length; different species are limited to one-fifth or one-eighth of their length. Frogs are better off, they see at fifteen to twenty times their length.

We would suggest to the men that when they get real mad, they take it out in shaking rugs instead of slamming doors.



Miss Agnes Miller, of Chicago, speaks to young women about dangers of the Menstrual Period—how to avoid pain and suffering and remove the cause by using Lydia E. Pinkham's Vegetable Compound.

"To YOUNG WOMEN:—I suffered for six years with dysmenorrhea (painful periods), so much so that I dreaded every month, as I knew it meant three or four days of intense pain. The doctor said this was due to an inflamed condition of the uterine appendages caused by repeated and neglected colds.

"If young girls only realized how dangerous it is to take cold at this critical time, much suffering would be spared them. Thank God for Lydia E. Pinkham's Vegetable Compound, that was the only medicine which helped me any. Within three weeks after I started to take it, I noticed a marked improvement in my general health, and at the time of my next monthly period the pain had diminished considerably. I kept up the treatment, and was cured a month later. I am like another person since. I am in perfect health, my eyes are brighter, I have added 12 pounds to my weight, my color is good, and I feel light and happy."—Miss AGNES MILLER, 25 Potomac Ave., Chicago, Ill.

The monthly sickness reflects the condition of a woman's health. Anything unusual at that time should have prompt and proper attention. Fifty thousand letters from women prove that Lydia E. Pinkham's Vegetable Compound regulates menstruation and makes these periods painless.

READ WHAT MISS LINDBECK SAYS:

"DEAR MRS. PINKHAM:—Lydia E. Pinkham's Vegetable Compound has greatly benefited me. I will tell you how I suffered. My trouble was painful menstruation. I felt as each month went by that I was getting worse. I had severe bearing-down pains in my back and abdomen.

"A friend advised me to try Mrs. Pinkham's medicine. I did so and am now free from all pain during my periods."—JESSIE C. LINDBECK, 1201 6th Street, Rockford, Ill.

FREE ADVICE TO WOMEN.

Remember, every woman is cordially invited to write to Mrs. Pinkham if there is anything about her symptoms she does not understand. Mrs. Pinkham's address is Lynn, Mass., her advice is free and cheerfully given to every ailing woman who asks for it. Her advice has restored to health more than one hundred thousand women. Why don't you try it, my sick sisters?

\$5000 FORFEIT if we cannot forthwith produce the original letters and signatures of above testimonials, which will prove their absolute genuineness. Lydia E. Pinkham Medicine Co., Lynn, Mass.

French Army Mortality. Official figures show that during the years 1888 to 1900 the mortality in the French army was more than double that in the German army.

Live By Fishing. More than one-fourth of the inhabitants of New Foundland are engaged in catching and curing fish for a living.

THE PROPER ENTRANCE.

Mildred, aged 4, was dividing some candy which had been given her with her family, saying: "This is for mamma, this for Virginia, this for Charlie," etc. Mamma asked: "Where does papa come in?" "At the front door," was the prompt reply.

VETCH SEEDS ALSO ALL KINDS OF GRASS AND CLOVER SEED. Send for Autumn Catalog Free. Mann, the Seedman, 188 Front Street Portland, Or.

Sanders Disk Plow Simplest and most perfect made. Before you give your order for a Disk Plow be sure to examine the Sanders. For sale by the old reliable house of Mitchell, Lewis & Staver Co., PORTLAND, - - OREGON. Send for Special Circular SPOKANE SEATTLE BOISE SALEM MEDFORD

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