

Bad Coughs

"I had a bad cough for six weeks and could find no relief until I tried Ayer's Cherry Pectoral. Only one-fourth of the bottle cured me."
L. Hawn, Newington, Ont.

Neglected colds always lead to something serious. They run into chronic bronchitis, pneumonia, asthma, or consumption. Don't wait, but take Ayer's Cherry Pectoral just as soon as your cough begins. A few doses will cure you then.

Three sizes: 25c, 50c, \$1. All druggists.
Consult your doctor. If he says take it, then do as he says. If he tells you not to take it, then don't take it. He knows. Leave it with him. We are willing.
J. C. AYER CO., Lowell, Mass.

Her Nightly Habit.

The Doctor—Is your wife a good sleeper, Mr. Stubb?
Stubb—Yes, pretty good.
The Doctor—Does she go to sleep as soon as she touches the pillow?
Stubb—Well—er—she goes to sleep as soon as she touches my vest pocket.
—Chicago News.

Raise Bank Cashiers.

One hundred and twenty-one men who were born and reared at Owenton, Ky., have become cashiers of banks since setting out for themselves in the world. This fact was brought out at the funeral of Walter S. Gazle, the cashier of a local bank, who died last week. A number of the surviving cashiers of the town were present on the occasion.

ORDER QUICK—Special bargain list, new goods. South Bend steel flange, wood beams, 4 in. x 4 in. \$7.75; South Bend Chilled Flange, wood beams, 4 in. x 4 in. \$2.50; all sizes and styles in stock. Young America Cream Separator, No. 100, \$5; Steel Wind Mill, 8-foot, \$22; Wood Wheel Wind Mill, 12-foot, \$35. Write us for prices on anything in the machinery line. **Reiderson Machinery Co.**, foot of No. 15th St., Portland, Or.

BREWERY FOR SALE
Complete Brewing and Bottling plant, capacity three barrels per day, for wheat beer, ale and porter, in full operation, only one in Portland or Oregon. Long lease, low rent.
Address "Owner" or apply at C. H. Figgott, Lawyer, 4 Mulkey Building, Portland, Oregon.
FORCED SALE

AN OLD "RELIANCE" and still in the lead—
TOWER'S FISH BRAND
Waterproof Oiled Clothing
BLACK OR YELLOW
FOR SALE BY ALL RELIABLE DEALERS
A. J. Tower Co. Boston, Mass. U.S.A.
SOLE MANUFACTURERS OF LONDON, NEW YORK, SAN FRANCISCO

W. L. DOUGLAS
\$3.50 & \$3 SHOES
You can save from \$3 to \$5 yearly by wearing W. L. Douglas \$3.50 or \$3 shoes.
They equal those that have been costing you from \$4.00 to \$5.00. The famous sale of W. L. Douglas shoes proves their superiority over all other makes.
Sold by retail shoe dealers everywhere. Look for name and price on bottom.
That Douglas was Corcoran's Col! proves there is value in Douglas shoes. Corcoran is the highest grade of leather made.
Full Color. Extra used.
Our \$4 Gilt Edge Line cannot be equalled at any price.
Shoes by mail, 25 cents extra. Illustrated Catalog free. **W. L. DOUGLAS, Brockton, Mass.**

HEADACHE

"Both my wife and myself have been using CASCARETS and they are the best medicine we have ever had in the house. Last week my wife was frantic with headache for two days, she tried some of your CASCARETS, and they relieved the pain in her head almost immediately. We both recommend Cascarets."
CHAS. STEPHENS,
Pittsburg Sale & Deposit Co., Pittsburg, Pa.

CANDY CATHARTIC
Cascarets
TRADE MARK REGISTERED
REGULATE THE LIVER

Pleasant, Palatable, Potent, Taste Good, No Drows, Never Sickens, Weakens, or Grips. 10c, 25c, 50c.
CURE CONSTIPATION.
Selling Sundry Company, Chicago, New York, New York, N.Y.
NO-TO-BAG Sold and guaranteed by all druggists to CURE TOBACCO HABIT.



Pickled Peas.

Pickled peas are recommended for a delicious winter relish. The ripest and most perfect fruit is called for. Pare and remove the blossom end. For every seven pounds of fruit allow a little more than half the weight of sugar, a pint of cider vinegar and a cupful of water. The sugar, water and vinegar is made into a syrup with the addition of selected spices tied in a little bag. When this boils put in the peas, whole if they are small, halved if too large, and let them simmer gently for half or three-quarters of an hour. Lift them carefully into jars, boil the syrup until slightly thick and pour over the fruit.

Apple Batter Pudding.

An apple batter pudding is made by slicing tart apples into a deep dish, adding sugar and a little water, and baking until nearly tender enough. Prepare the batter by sifting together two cups of flour, three tablespoonfuls of baking powder and a little salt. Beat an egg and mix it with a cupful of milk, half a cupful of sugar and two tablespoonfuls of melted butter. Stir the flour into this mixture and pour the batter over the apples. Bake about twenty minutes and serve with whipped cream or a sweet sauce. This pudding may be made with berries, fresh or dried; peaches, or other fruit.

Baked Quinces.

Baked quinces are wholesome and delicious. Core and pare them and put them in an earthen dish. Fill the cavities with sugar and a little grated lemon rind. Add water in abundance, as the quince is a very dry fruit. Cover closely and bake in a moderate oven until tender and a fine red. Serve cold with whipped cream. Baked quinces and apples may also be used in combination, baking until very soft, or cored apples may be stuffed with bits of quince cooked tender and then baked with plenty of water in the baking dish.

Corn Fudding.

For a medium-sized corn pudding use the pulp of half a dozen ears of corn. Beat two eggs together, add half a teaspoonful of salt and one and one-half cups of milk. Stir in the corn pulp and bake the whole for about two hours in an earthenware pudding dish. Some people add a tablespoonful of sugar to the eggs in stirring them with the other ingredients. The pudding is served on the dinner table with the meat as a vegetable, and is excellent.

Chili Sauce.

For chili sauce use ripe tomatoes. To each eighteen allow two and one-half cups of vinegar, one cupful of sugar, chopped green peppers enough to make one cupful, three onions chopped fine, two tablespoonfuls of mixed ground spices—cloves, allspice and cinnamon. Boil all together until a rich sauce is formed and the flavors are so well blended that no one is especially distinguished from the rest. Pack in small jars and store in a cool place.

Soft Caramels.

One quart (or two pounds) of brown sugar, one-half pint of milk, one-third cup of butter, one-half cake of chocolate are the ingredients. Boil for soft caramels nine minutes, then remove from the fire and stir steadily for five minutes, but not until the mixture is so stiff that it will not pour into a pan. Mark off into squares. This candy will be rich and crumbly.

Short Suggestions.

Butter daintily molded and served on a tiny lettuce leaf is pleasing.
A spoonful of kerosene in boiled starch keeps it from sticking, but do not use enough to make it smell of the oil.
Scatter salt on a carpet when sweeping, and you will not only find it has a cleansing effect, but that it also keeps away moths.

A heaping teaspoonful of pulverized chocolate for each glass of lemonade makes chocolate lemonade, that is a change from the usual kind.
To prevent cheese becoming moldy, wrap it in a cloth which has been dipped in vinegar and wrung as dry as possible. Keep in a cool place.
Careful housewives always have extra covers of heavy muslin over the ticking of their pillows and mattresses, which are taken off at stated intervals and laundered.
Epicures declare that there is a natural affinity between the flavor of mint and peas, and both English and French cooks usually add a sprig of mint to every mess of peas.
To clean bamboo furniture, scrub it with a small brush dipped in warm water and salt, as the salt prevents its turning yellow. Treat Japanese and Indian matting in the same way.

A PROMINENT CHURCH WORKER SAYS SHE OWES HER LIFE TO PE-RU-NA.



Mrs. Hattie La Fountain

Mrs. Hattie La Fountain, Tread, Protective Home Circle and Catholic Ladies of Ohio, writes from Gallen, O., as follows:

"After my first child was born I suffered for several months with bearing down pains accompanied by dreadful headaches. I was afraid my health was ruined for life, and felt very downcast about it. One day when a friend was visiting she told me of Peruna and what it had done for her when she suffered with irregular menstruation. My husband procured a bottle the same evening and I began to take it daily according to directions. Before the first bottle was used I was entirely well, and you certainly have one grateful woman's blessing. I have also advised my friends to use it."
MRS. HATTIE LA FOUNTAIN.

Secretary Woman's State Federation Says: "Pe-ru-na Does More Than Is Claimed for It."

Mrs. Julia M. Brown, Secretary of the Woman's State Federation of California, writes from 131 1/2 Fifth St., Los Angeles, Cal., as follows:

"I have never known of any patent medicine which did what it professed to do except Peruna. This remedy does much more than it claims, and while I have never advocated any medicine I feel that it is but justice to speak a good word for it because I have found it to be such a rare exception. "I have known several women who were little better than physical wrecks, mothers who dragged out a miserable, painful existence, but were made well and strong through the use of Peruna."

Well Informed.
Mrs. Knicker—Is Mrs. Jones a well informed woman?
Mrs. Bocker—Yes, indeed; her cook has lived with all the other families in the neighborhood.—Harper's Bazaar.

Good Advice.
Young Physician—If it is impossible to determine the nature of the disease, what is the proper thing to do?
Old Doctor—Look wise and say nothing.

any permanent improvement.
Her treatment had cost her husband who was a poor man, hundreds of dollars. They had been obliged to deny themselves many comforts of life in order to get money enough to pay the physicians.

The woman had become weak, nervous and wretched, and scarcely able to keep out of bed. Her children were growing up neglected and ragged, because of the want of a mother's care. Her husband was becoming discouraged and broken down with overwork.

Picking up the paper one day she happened to read an item which contained the news that Dr. Hartman would treat such cases free of charge by letter. She immediately wrote the doctor describing her case, and giving him all her symptoms.

She soon received a letter telling her exactly what to do, and what medicines and appliances to get. She began the treatment (the principal remedy being Peruna) at once, and in a few weeks she was well and strong again, able to do her own work.

This offer of free home treatment to women is still open to all who may need the services of this eminent physician. All letters applying for treatment will be promptly answered, and be held strictly confidential.

Miss Annie Hoban, Post Pocahontas of Yemassee Council of Red Men (Woman's Branch), writes from 872 Eighth Avenue, New York:

"Three months ago I was troubled with backache and a troublesome heaviness about the stomach. Sleep brought me no rest for it was a restless sleep. The doctor said my nervous system was out of order but his prescriptions didn't seem to relieve me. I was told that Peruna was good for building up the nervous system. After using it for two months I know now that it is. I want to say that it made a new woman of me. The torturing symptoms have all disappeared and I feel myself again. Peruna did me more good than all the other medicines I have taken."
ANNIE HOBAN.

Miss Mamie Powell, Lake Charles, Louisiana, writes:

"I sincerely believe that Peruna is woman's best friend, for it has certainly been that to me. I had had headaches, backaches and other aches every month for a long time, but shortly after I began taking Peruna this was a thing of the past, and I have good reason to be grateful. I take a bottle every spring and fall now, and that keeps my health perfect, and I certainly am more robust now than I have been before and am weighing more. I do not think anyone will be disappointed in the results obtained from the use of Peruna."
MISS MAMIE POWELL.

If you do not derive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case, and he will be pleased to give you his valuable advice gratis.

Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, Ohio.

HER GREAT FORTUNE

A Woman Saved From Life-Long Misery and Made Happy and Useful.

A woman confined to the house for several years with a chronic female derangement had finally given up hope of being cured.
She had tried physician after physician, and remedied after remedy, without

Right Along
A good thing lives and takes on new life, and so

The Old Reliable
St. Jacobs Oil
keeps right along curing
Pains and Aches.
Price 25c. and 50c.

A Slight Drawback.
"Yes, it's a pleasure to see her eat corn off the cob. Her teeth are so white and even and her lips are so full of red, and she has the cunningest pose. But there was one thing I didn't like about it."
"What was that?"
"It took five ears to satisfy her."

STATE OF OHIO, CITY OF TOLEDO, Lucas County.
FRANK J. CHENEY makes oath that he is the senior partner of the firm of F. J. CHENEY & CO., doing business in the City of Toledo, County and State aforesaid, and that said firm will pay the sum of ONE HUNDRED DOLLARS for each and every case of Catarrh that cannot be cured by the use of HALL'S CATARRH CURE.
FRANK J. CHENEY
Sworn to before me and subscribed in my presence, this 24th day of December, A. D. 1886.
A. W. GLEASON,
Notary Public.
Hall's Catarrh Cure is taken internally and acts directly on the blood and mucous surfaces of the system. Send for testimonials, free.
F. J. CHENEY & CO., Toledo, O.
Sold by druggists, 75c.
Hall's Family Pills are the best.

Educational Idea.
"Have you heard the latest educational item?" asked Biggs.
"No," replied Wiggs, "what is it?"
"They have just decided," said Biggs, "to rewrite the primer in words of five syllables for Boston children."

VETCH SEEDS
ALSO ALL KINDS OF GRASS AND CLOVER SEED
Send for Autumn Catalog Free.
Mann, the Seedman, 185 Front Street Portland, Or.

Cause for Happiness.
"Oh, look what a pretty kitten, mamma!" exclaimed small Harry.
"Yes," replied his mother, "and, just think, it never cries."
"Well, no wonder," replied the youngster. "It doesn't have its neck washed."
—Exchange.

Piso's Cure is a remedy for coughs, colds and consumption. Try it. Price 25 cents, at druggists.

Her Place.
Dolly—What place does Mrs. Rusher hold in the 400?
Kitty—Oh, she's one of the naughts.
—Baltimore American.

P. N. O. No 44-1903.
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Liver Pills
That's what you need; something to cure your biliousness, and regulate your bowels. You need Ayer's Pills. Vegetable; gently laxative.
J. C. Ayer Co., Lowell, Mass.

Want your moustache or beard a beautiful brown or rich black? Use **BUCKINGHAM'S DYE**
FIFTY CENTS OF DRUGGISTS OR R. P. BULL & CO., NEWTON, N. H.

PISO'S CURE FOR
BILIOUSNESS AND ALL THE FAULTS OF THE LIVER
Best Cough Syrup, Tonsil Drops, Vanishing Cream, Sold by druggists.
CONSUMPTION