



We Positively Give

not only the highest quality in all articles handled here, but the HIGHEST GRADE of SERVICE and the LOWEST POSSIBLE PRICES. Our exceptionally complete stocks include everything in the drug line that a thoroughly progressive drug store should carry. And our SERVICE GUARANTEES YOU EXACTLY what you ask for and desire, WHEN and WHERE you desire it.

THE LEADING DRUGGIST
PARLOR PHARMACY
E. W. HODSON, President Druggist
K. E. ANSCO, Supplies & Finishing
SCHOOL BUILDING, NEWBERG, OREGON.
PHONE WHITE 35

BANISH DEMON OF INSOMNIA

Physician Declares "Balm Sleep" May Be Obtained by Following Advice He Gives.

The other day a medical man, consulted by a patient who feared insomnia, instead of prescribing the expected drug, merely told his patient how to sleep. The threatened insomnia was banished, says London Answers. One should lie on the right side—not because this affects the heart, but because it relieves pressure on the digestive organs. But the right side is not "a full right." There should be a slight tilt to the left, so that the right shoulder blade, and not just the shoulder, takes the weight.

The proper position is to elevate the feet three inches or so higher than the head and just to "crook" the legs slightly. Head pillows should not be used, or but just a small one. And that should come under the neck. Nature's pillow is the sleeper's own arm, curved.

Bed clothing should be just sufficient for warmth. Overweight or over-tightness—some sheets are tucked in much too tightly—induce restlessness, which may easily develop into insomnia, which is as much a habit as a disease.

Each individual has a nervous system which is his own and unlike any one else's. It is, therefore, advisable, in the case of persistent inability to sleep, to move the bedstead. Try an east-west position, instead of a north-south, or vice-versa.

The sleeping result may surprise you.

CONFUCIUS' TOMB A SHRINE

Graveyard in Which Great Teacher is Buried Held Sacred to Him and His Descendants.

The graveyard of Shantung, Chu-Fu, lying one mile from the city gate, is noble expression of the dignity and mystery of death, says Nathaniel Peffer in Scribner's Magazine. Leading to it from the gate is a broad avenue of trees spanned half way by a stone arch of exquisite carving and majestic lines. The graveyard proper, which is really a park, is enclosed in a pink wall.

Within the graveyard any member of Kung clan, descendants of Confucius, may be buried, whether the person be a scholar or a coolie. At the farther end of the park is another wall, behind which are the tombs of Confucius, his son and his grandson. These consist of a piling up of earth, before which are a stone altar, a tablet inscribed with six Chinese characters, a stone urn flanked by two bronze candlesticks, and along its sides a few trees with shrubbery around it.

The Kung family has enormous holdings of valuable property, the government remitting the taxes on much of the property and appropriating periodically for the maintenance and repair of the cemetery.

Function of an Alarm Clock.

Persons who doubt the existence of an English sense of humor should consider the following: Whether an alarm clock is a household requisite or an article of furniture caused a lengthy discussion in a British court recently, according to the Manchester Guardian. If it were found to be a "household requisite," a dealer charged with making excess profits could be convicted under the profiteering law; if it were found to be merely an article of furniture, the profiteer would go free. After much learned debate, it was decided that inasmuch as a hot water bottle, which puts one to sleep, was classed as a household requisite falling under the provisions of the profiteering act, an alarm clock, which rouses one from sleep, should logically be classed in the same category. And "the case was remitted to the magistrate to convict."

HOLY WELLS SPREAD DISEASE

Italian Pilgrims Resist Attempts to Prevent Their Using Polluted Pools They Hold Sacred.

Benares, the city of 2,000 temples, is also the city of holy wells. A pilgrim in Benares can put in a busy day making the round of these landmarks and complying with the ceremonies prescribed for those who would drink from them.

Only the devout Indian pilgrim would care to drink of the sacred wells, for custom says that flowers must be flung into them as peace offerings, and these decayed floral offerings tend to make the water unfit for drinking. The British government did clean up some of the most holy and popular of the wells in the interests of sanitation. But the Hindus were not pleased. They come hundreds of miles to enjoy the benefits of the holy water, taste, scent and all and they do not care to have it tampered with.

The most holy of the wells is the Well of Knowledge, which stands near Benares' most ancient shrine, the Golden Temple, and is said to be the dwelling place of a very important god. The most mysterious is the Well of Fate. Any one who looks into the Well of Fate exactly at noon and fails to see his shadow is said to be doomed to die within six months. Of course, if the silent prophecy is unfavorable, the spirits can usually be bought off by offerings at the temple, conveniently near by.

In another well a snake god lives, and still another is dedicated to the spirit of healing. Pilgrims not only drink of the water of this well, but also bathe in it to make sure of the water's power being transferred to them. Half a million pilgrims tour the holy wells of Benares every year and drink enough of the water to stock up their systems with the germs of every disease known to India.

THOUGHT KANGAROO A BIRD

Naturalist With Captain Cook Mistakenly by Remarkable Speed Displayed by Australian Animal.

A naturalist who accompanied Captain Cook on his famous voyage around the world mistook for a bird the first kangaroo he saw.

This is not likely to surprise anybody who has seen kangaroos in their native wilds, for their leaping powers are so wonderful that at full speed they really look as if they were flying.

A scientist, speaking of this matter to the writer, said: "I chanced to come across two 'old-man' kangaroos, huge creatures, in the Australian bush, and measured the leaps of one of them. Thirty-two feet the tape line showed for each jump, taking it from toemark to toemark."

"It is marvelous to see one of those great marsupials streaking across country in immense bounds, literally throwing itself into the air with its mighty hind limbs, and hardly seeming to touch the earth in its flight."

Notice to Creditors

Notice is hereby given that the undersigned has been duly appointed by the County Court of the State of Oregon for Yamhill County, as executrix of the last will and testament of Cyrene Palmer, deceased.

Therefore, all persons having claims against the said estate are hereby required to present the same with proper vouchers therefor to the said executrix at the law office of C. R. Chapin, in Newberg, Oregon, within six months after the first publication of this notice.

Dated August 5th, 1920.
MARY JOHNSON,
Executrix of the last will and testament of Cyrene Palmer, deceased.

C. R. CHAPIN,
Attorney for estate.
First issue, Aug. 5.
Last issue, Sept. 2.

Administratrix' Notice of Final Settlement.

Notice is hereby given that the undersigned administratrix of the estate of A. K. Remellard, deceased, has filed her final account as said administratrix in the County Court of Yamhill County, Oregon, and that said Court has appointed Monday, September 20, 1920, at 11 o'clock A. M. of said day as the day and hour for the hearing of objections to said final account and the settlement thereof.

Now, therefore, all persons interested in the estate of said deceased are hereby notified and required to appear at the County Courtroom at the Court House at McMinnville, said County and State, at said time, to then and there show cause, if any there be, why said account should not be settled, allowed and approved, and said estate forever and finally settled and said administratrix discharged.

Dated August 19, 1920.
Mary Remellard,
Administratrix of the estate of A. K. Remellard, deceased.
Clarence Butt, Attorney for Estate.
First issue August 19.
Last issue September 16.

Hardly the Word.
"Now 'virtuosity' is a good word and in excellent repute," said the head reader to the "club" reporter, "but you must be careful how you use it."

"Yes, sir."
"While it may be properly applied to a fiddler I would not, as you have done in this wretched of a vaudeville show, speak of a trapeze performer's 'virtuosity'."—Birmingham Age-Herald.

Effective Remedy.
"Glipping is beginning to talk bolshevism."
"Is there any cure for that sort of thing?"
"Certainly. Give Glipping a tip that will enable him to pick up a few thousands in the stock market and the alleged woes of the proletariat will no longer mean anything to him."—Birmingham Age-Herald.

JONES BROTHERS

ARE NOW READY

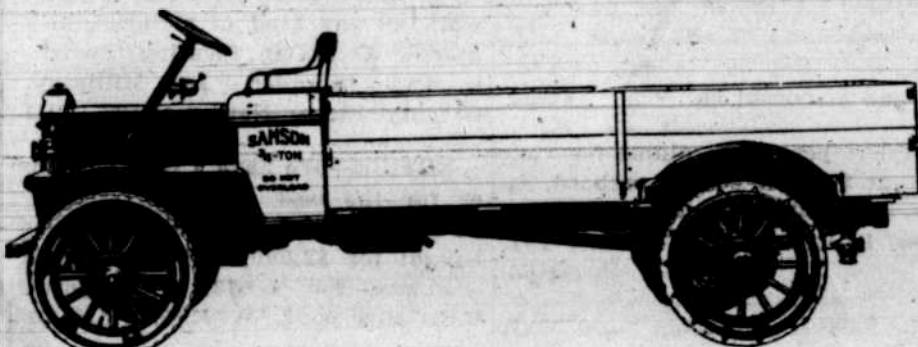
To Receive Your

Early Cider

Apples

Phone Black 170

Announcing the New Line OF Samson Trucks



Combining new ideas of great utility and economy in two models of motor trucks for city, town and country use—and at a price within the reach of everybody.

The Samson 3-4 Ton \$775+Tax
The Samson 1-4 Ton \$1195+Tax

Now on display at

McCoy Bros. Auto Co.

Newberg Oregon



Pennsylvania
AUTO TUBE
"TON TESTED"

For a LIMITED period we are giving new and regular customers, with each Vacuum Cup Tire bought at our store, one "Ton Tested" Tube of corresponding size. Buy NOW! Save money by anticipating your Spring and Summer tire and tube needs.

Adjustment basis—per warranty tag attached to each casing:
Vacuum Cup Fabric Tires . . . 6,000 Miles
Vacuum Cup Cord Tires . . . 9,000 Miles

S. M. Calkins & Sons

DR. I. M. BLOWWICK
CHIROPRACTOR

Steam baths and hydropathic treatments.

802 First st. Black 9
Newberg, Oregon

DR. THOS. W. HESTER

Physician and Surgeon

Office in Dixon Building
Phones: Office White 11, Res. Orange 11
NEWBERG - OREGON

DRS. LITTLEFIELD & BARCROFT

Physicians and Surgeons

Office over First Natl. Bank Bld.
PHONES
Office White 49, Home Blue 104

E. A. ROMIG, M. D.

Physician and Surgeon

Sherwood, Oregon

Dr. John S. Rankin

PHYSICIAN and SURGEON

Office over U. S. National Bank

Office Phone Black 171

Residence Phone Gray 171

Drs. Gochmour & Daniels

CHIROPRACTORS

Massage, Hydro-therapy
and Electric Treatments

STEAM AND

ELECTRIC BATHS

Phone Black 40 for appointment
110 North School street, first door
north of Yamhill Electric Office

DR. A. M. DAVIS

DENTIST

Office over Ferguson's Drug Store

PHONE BLACK 37

E. H. UTTER, D. M. D.

DENTIST

Office over First National Bank

Office Phone Black 31

Residence Phone White 174

Dr. H. C. Dixon

DENTIST

Phones

Office, White 22; Res. Red 123

C. R. CHAPIN

LAWYER

Practice in all courts; Probate, Deeds, Mortgages and all legal papers. Abstracts examined.

ATTORNEY AT LAW

CLARENCE BUTT

Will practice in all the courts of the state. Special attention given to Probate work, the writing of deeds, mortgages, contracts and the drafting of all papers. Newberg, Oregon. Office, Second floor in Union Block.

Cement Contractor

FOUNDATIONS

BUILDING PIERS,

PORCH FLOORS,

STEPS, WALKS, Etc

JOHN GROFF

Phone Blue 149

W. W. HOLLINGSWORTH

COMPANY

ESTABLISHED 1900

RELIABLE

FUNERAL DIRECTORS

Lady Assistant

Office Phone White 25

Night Phone Black 94