

DON'T WORRY

"Doctor, how long can I live, do you think?"
Said a patient in fatal decline.
The Doctor was wise and made cheerful reply,
"Oh, only a day at a time."

If you think you have a fortune to make,
Or any sort of a hill to climb,
Don't try to accomplish it all at once,
Just take it a day at a time.

It's a big undertaking to train up a child
Until it reaches its prime,
Enjoy the child, be true to your trust,
It's only a day at a time.

It's a long, long road that has no end,
So don't you begin to repine,
Never give up, or fail, or shirk,
But take it a day at a time.
—Doshia Macy, Springbrook, Ore.

FOR RELATIVES OF DECEASED SERVICE MEN

The nearest relatives of men who died during the World War are requested to send the full names of the soldiers, sailors or marines making the supreme sacrifice, to the American Legion Post in their locality as soon as possible, in order that the men may be remembered in the presentation of memorial certificates of the French Government.

Presentation ceremonies will be held by local Posts of the American Legion on February 22, 1920, Washington's Birthday.

With the names of the men who died, should go the names and addresses of the next of kin, and the probable place where they can be reached on February 22nd.

E. J. Elvers, State Adjutant.

NEW SIGN SAYS TEST SEEDS

"When farmers, college professors and business men desert their work and crawl under the house to mend frozen water pipes it is a good sign in Western Oregon that every bit of seed corn planted should be thoroughly tested for germination," says G. R. Hyslop, head of farm crops at O. A. C. It is admitted that this is a new natural sign, but it indicates that such abnormally cold weather accompanied by the normal moisture content of all seed corn not artificially dried greatly damaged the seed. Directions for making the test will be sent on request, or the college seed testing laboratory will test samples free of charge.

WHY MOLES ARE BLIND

The mole is blind because it lives in the dark. Its case is like that of the blind fishes which live in the darkness of the Mammoth Cave. Moles have eyes. Indeed, they are not born blind. But a degeneration of the optic nerve deprives them of sight. Their remote ancestors doubtless could see very well. Now and then there is an adult mole that can see a little out of one eye. The creature's loss of vision is an obvious illustration of nature's disposition to abolish a disused function.

HOUSEHOLD HINTS

Threads and hairs on a carpet are hard to sweep up, but if the broom is brushed lightly round and round, instead of straight along, the threads will be found in a ball and may be easily picked off the broom.

When coloring an article at home, if it is anything to be made over, color two spools of thread or silk at the same time. It will then be sure to match in color.

To drive a nail into a plastered wall, first put it into very hot water. You can then drive it without breaking or chipping the plastering.

If you find that the water will not go down as quickly as it should in the basin and bathtub, dissolve about five cents' worth of soda in boiling water and pour into outlets.

A weak solution of ammonia will take stains and spots from black material, rubbed in in the same way.

To clean discolored tin and agate utensils, dissolve two pounds of washing soda in a boiler of water; while hot put utensils in and let them lie a few minutes, then rub with scouring soap; they will look like new.

Sewing machine oil can be removed by washing with cold water and soap; hot water will set the stain.

If a garment is stained by medicine, soak it in alcohol and rinse thoroughly.

Bring your job work to the Graphic office.

LIVE IN STABLES AND COOPS

In northern Serbia many families, wealthy before the war, have been found by officers of the American relief administration and the American Red Cross living in stables and chicken coops.

Their homes had been destroyed by the advancing or retreating armies. Now their beds were heaps of straw covered with burlap. It was all that remained as furniture in their once pretentious estates. Penniless and with no clothing except what they wore these people returned in pitiable condition. Many of the refugees made their way across Serbia in makeshift garments of burlap bags, which had contained American food sent to relieve their hunger.

The condition of the Serbian peasants is beyond description. A large proportion are homeless. Most families have been deprived of their wage-earners by death. The mother is now obliged to support herself and children on what she can procure on a farm stripped of its machinery and tools.

Successful Woman Trapper.

Trapping predatory animals is scarcely the kind of occupation in which a woman might be expected to distinguish herself, even with the great extension of the range of feminine activities to which we have been accustomed lately. Mrs. Ada Tingley of Idaho, is reported, however, by the Northwestern division of the United States biological survey, to be so successful in this employment that her male rivals are finding it hard to keep up with her records. Her victims are mainly coyotes, bob-cats, wolves, lynxes and mountain lions. At 8:30 every morning Mrs. Tingley mounts her cayuse and rides off to her traps, of which she runs six lines, of 50 each. She uses a fish bait prepared by a secret formula. On occasion she can use a .32 caliber rifle with almost perfect accuracy.

Johannesburg Now Metropolis.

Johannesburg, with a population of 263,274, is the largest and most cosmopolitan city in South Africa. The tastes of the people are varied, ranging from the simplest requirements on the part of the natives to the most cultivated wants. Music of some form is one of the means of satisfying these wants.

WHY LAMB AND MINT SAUCE

English Writer Goes Far Back to Trace Custom So Popular in That Country.

Lamb is the only meat with which mint sauce is partaken, and England is the only country where the custom is practiced.

The latter fact seems to disprove the idea that it originated with the Jews, else it would have been adopted in other countries where the race predominates to an even greater extent than in our own. Hence, also, it could not have originated of been associated with the "bitter herbs" which were eaten with the Paschal lamb.

When one remembers what are the vegetables usually eaten with lamb, we get a clue to mint sauce. And it is one that leads us to what is probably the true reason of its combination with lamb. New potatoes and green peas are the adjuncts immemorial time has led us to associate with the flesh of the lamb. These, our forbears decided, were provocative of indigestion, and therefore an adjunct must be introduced to correct this tendency. Mint during all ages has been associated with such an office. The Latin poets have broken into song regarding its merits, and the giver of a feast never thought of laying the meat on the table until the boards had been scoured with this herb. So, in addition to being a corrective, mint had a reputation as an appetizer. Gerarde says, "The smell of mint doth stir up the mind and the taste to a greedy desire of meat."—London Tit-Bits.

TURN RIGHT

The road to success is no rougher, or harder, or more painful than the road to failure, but there is a difference; we voluntarily choose to bear the pains of success, while the pains of failure are thrust upon us. The pains of success are mental and physical as are those of failure.

The boy or girl who aspires to succeed in school pays a daily penalty in the act of resisting the impulses to enjoy pleasures of the moment; in forcing the brain to exercise when it is trying to quit; in doing daily mental tasks which are just as tiring as any physical labor. The man who succeeds pays his penalty, too. He must save when he would like to spend. He must work when he would like to loaf. He must be up and doing when he would like to sleep. He must take kicks and not kick back. He must assume responsibilities when he dislikes to add to his burdens. He must be patient when his nature is to be impatient. He must bring his appetite to reason when it calls to be unreasonable. All of us know men who want to succeed, but we know that they cannot because they will pay the penalties of failure; they cannot avoid them although they think they can. They will pay and pay hard. The penalties of success are suffered for the most part in early years. The penalties of failure are reaped in later years when the rewards of success are being plucked.—The Fortuna Magazine.

Do Not Put HOT ASHES

in wooden Boxes or wooden barrels,
or on wooden floors

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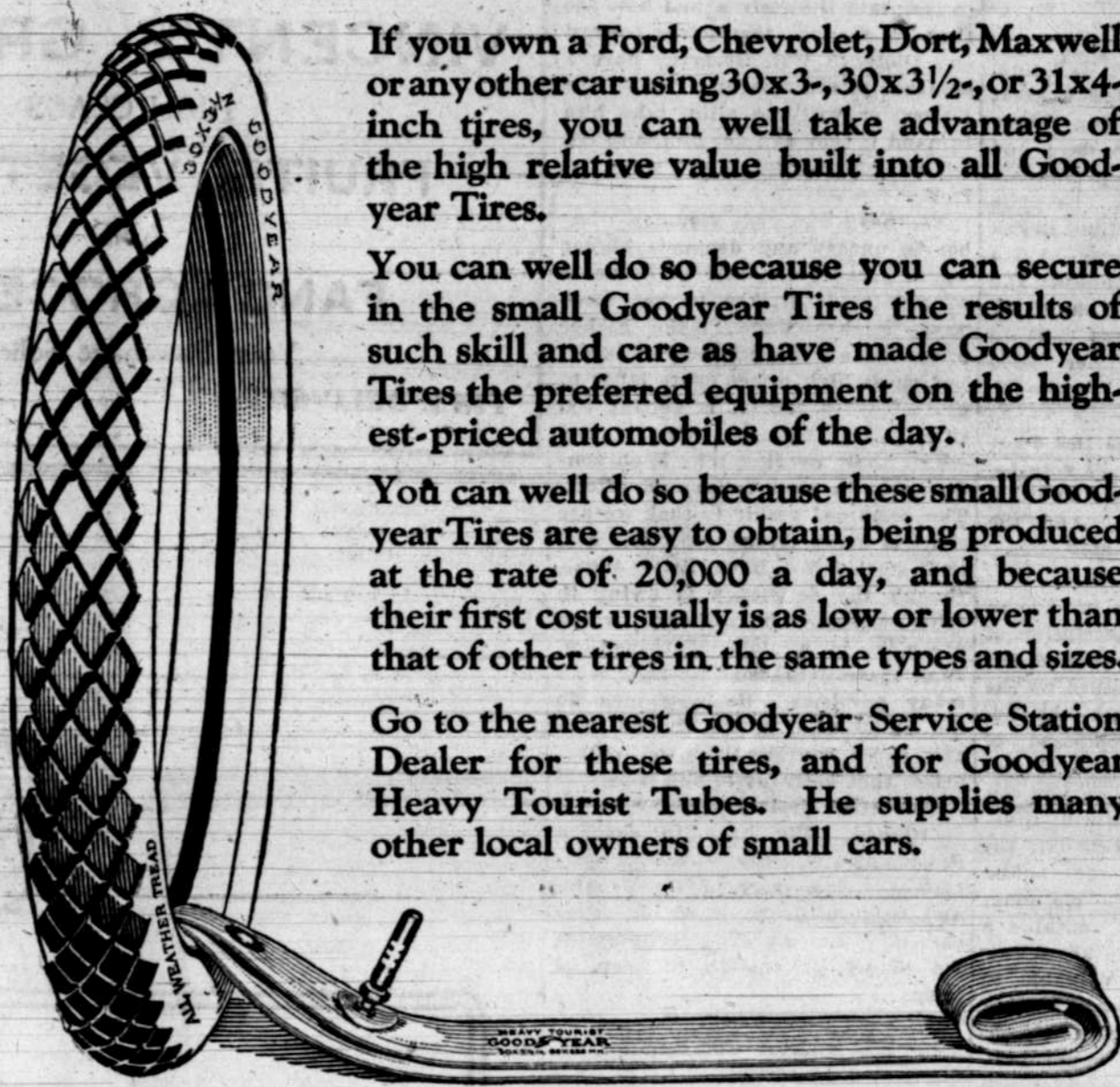
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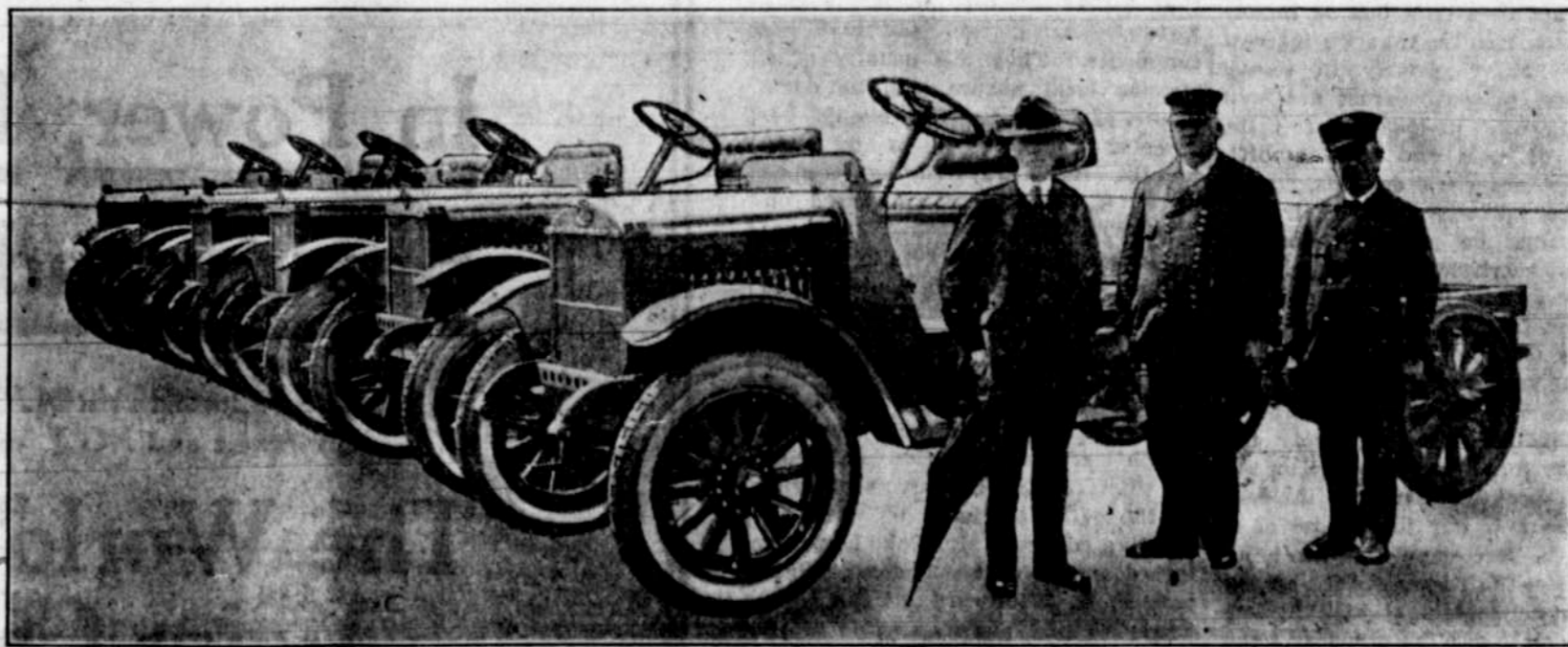
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