

FERNWOOD

Mrs. J. S. Sanders was a caller in Fernwood Monday afternoon.

Miss Roxie Hobson was the guest of Mrs. A. S. Livengood Sunday night.

Caspar Gettman and family were visitors at the Henry Offel home Sunday.

Mrs. F. E. Hoffmeister, of Portland, is visiting relatives in this neighborhood.

Mrs. Goldie White and Miss Mildred Baker were shopping in McMinnville Monday.

August Kaiser, of Seattle, Washington, is the guest of his sister, Mrs. Fred Siefken.

W. H. Sanders is building an addition to his house and making other improvements.

Miss Matilda Wohlgenuth, who is working in Newberg, was out to visit the home folks Sunday.

Mr. and Mrs. E. O. Jones spent the week end with the latter's parents, Mr. and Mrs. W. A. Parrish.

T. H. Parrish and family took Sunday dinner in Newberg with Mrs. Parrish's aunt, Mrs. McCully.

Chris Adolf has received his honorable discharge, and returned home from Vancouver barracks Sunday morning.

Miss Dena Offel went to Portland Monday where she will take a five weeks' course of study in sewing at the Singer school.

Mr. and Mrs. N. T. Sanders and daughter, Grace, were out from Newberg Sunday and took dinner with the W. H. Sanders family.

Mrs. Caspar Gettman and son, Milton, made a trip to Portland Monday, returning Tuesday. While there they were the guests of Mrs. Gettman's father, Fred Worth.

Wm. Heater, of Newberg, was a visitor at the D. A. Jones home Sunday afternoon. He gave some interesting accounts of his trips to France, while in the service of the U. S. N.

The Newberg high school boys were out to the Fernwood gym Saturday night and played a game of basket ball with the Fernwood Junior team. The home boys were defeated.

Mrs. W. B. Baker had as guests for Sunday dinner, Mrs. Hobson and daughters, Mrs. Goldie White and the Misses Roxie and Carrie, and also Mrs. Hobson's brother, William Daily.

Several of the Fernwood people gathered at the Joe Powell home Sunday evening for Bible study. Those taking part were Mr. and Mrs. Joe Powell, Mrs. Goldie White, Mrs. A. S. Livengood, and the Misses Euphemia Boyes, Evelyn Baker, Roxie and Carrie Hobson, Irene and Agnes Powell.

CHEHALEM CENTER

Mrs. Carrie Johnson returned home from Salem Sunday evening.

F. L. Strait moved his family back to their home from Newberg last week.

Mrs. Elsie Christianson has been visiting friends at North Yamhill for a week or two.

Miss Anna Tangen went to Eugene Saturday, remaining for a few days with friends.

L. H. Meyer and family motored out from Portland Sunday, Mrs. Meyer remaining here for school work.

Services were held at the church by our pastor, Brother Bales, Sunday, the flu epidemic having subsided.

Mrs. J. P. Hall departed Monday for her old home in Wisconsin to visit relatives during the next two months.

Fred Harrison received his discharge and came home last Friday. Ellis Pickett also arrived home from Camp Lewis.

Word has been received that Harry Crater has come over from France and his company is at West Point, Kentucky.

School opened up Monday with quite a good attendance with Mrs. Elizabeth Meyer and Mrs. Evangeline Martin at the helm.

Nelson Johnson, who has been ailing for some time, is in Salem taking medical treatment for a number of chronic ailments.

Mrs. J. B. Vanderbeck went to Portland Sunday to visit Mr. and Mrs. Alphonse Parmentier, as their infant daughter is very sick.

Mrs. Jenny Graves returned home Sunday from Portland where she had spent some time getting acquainted with her new granddaughter, Rose Kathryn Graves, infant daughter of Mr. and Mrs. Wm. K. Graves.

A birthday surprise party was held at the home of Mrs. Mary Johnson in honor of Miss Clara Staley last Friday evening. The

young folks worked a ruse to get her there by claiming they were just going for an auto ride. All seemed to enjoy the evening. Cake and sandwiches were served by way of eats. All lingered until a late hour and in departing wished Miss Staley many more happy birthdays.

Last Friday was the fiftieth anniversary of the wedding of Mr. and Mrs. John Shires. Mr. and Mrs. Wm. Shires, Mr. and Mrs. Chas. Shires, Robert and Benjamin Shires gathered at the home to the big turkey dinner and all did justice to the spread, such as Mrs. Shires knows well how to set up. The bride and groom, who are highly esteemed throughout the neighborhood, have the best wishes of all for many more such happy occasions.

REX

N. L. Wiley shipped nine of his choice Black Minorca fowls to Oakland Monday.

Miss Ruth Schaad left for Portland Monday where she will take a course in sewing.

Mrs. Frank Johnson and daughter, of Newberg, visited with Mr. and Mrs. Elmer Wright Sunday.

Miss Adelia Ackerman left recently for Portland where she has a position with the Pacific Biscuit Company.

Mr. and Mrs. F. D. Frost and daughter were week end visitors at the home of Mr. and Mrs. H. A. Burgett, of Portland.

Mr. and Mrs. F. D. Frost wish to express their gratitude at the kindness of their friends and for the many floral offerings during their recent bereavement.

Quite a number of the Rex ladies attended the farewell party on Mrs. F. Castritius at Chehalis Wednesday afternoon. Mrs. Castritius has made her home with Mr. and Mrs. J. P. Semmer for the last year and a half and is now returning to her home in Minneapolis, via California. She was presented with a fountain pen by her friends as a slight token of the high regard in which she was held in the neighborhood.

RAYBELL

Mrs. Jack Larsen was a business visitor in Portland last week.

John Johnston was called to Portland last week on account of the serious illness of a relative there.

Mr. and Mrs. Chancy Gell were in Portland Friday to see Mr. Gell's brother-in-law, who is seriously ill. School began again on Monday after a two weeks' vacation, caused by the illness of the teacher, Miss Berg.

The Zenzen family are rapidly recovering from a visitation of influenza. We will be glad when they are all entirely well.

Nearly every house in Raybell will have a telephone in the near future as the line is being repaired and made ready for us to "tie on."

Mrs. Bert Belleu has been quite ill for the past week but is now convalescing. Her sister, Miss Etta Tobey, of Eugene, is head cook and housekeeper during Mrs. Belleu's illness.

Guy Ray is in Portland where he was called on Wednesday to the bedside of his brother-in-law, Wallace Mauzy, who passed away on Thursday. Mr. Mauzy will be missed by his many friends at Raybell.

DOUGHBOY MEANING

The tendency has been noticed to find a present-day origin for the term "doughboy," as applied to the overseas American soldier in the present war. Some suggest that as our soldiers were always well supplied with money the slang term "dough" was applied to it, and that soon became "doughboy." But the facts are against this assumption, and show that the non-de-plume was in use in earlier American wars. The Standard dictionary says that "Doughboy" is the jocular name given by the American cavalry to the infantry from the fact that their buttons are or were of a globular shape, like doughboys or dumplings. In Mrs. Custer's "Tenting on the Plains," page 516 (1888 edition) is found the following: "Early in the Civil War, the term was applied to the large globular brass buttons of the infantry uniform, from which it passed by natural transition to the infantry themselves." R. H. Thornton in his "American Glossary," gives the same derivation and he gives the quotation, from a letter of General Custer of March 28, 1867: "Wasn't I glad I was not a doughboy." These references dispose of the idea that the word is of recent origin and quite conclusively tell us where it did come from.

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NEWBERG CHURCH SERVICES

Methodist

Re-construction. All kinds of re-construction—reconstruction sales, re-construction program in the war sectors. After the flu ban it will be necessary to re-construct our church activities.

All Methodists are requested to be present at church Sunday. Sunday school, 9:45. Preaching, 11 a. m. E. L., 6:30 p. m. Preaching, 7:30 p. m.

Christian

Bible school at 10 a. m., Ethel Keeler, superintendent.

Preaching at 11 a. m., theme, "The Gospel for a New Age." C. E. at 6:30 p. m. Sermon at 7:30 p. m., theme, "How to be Happy." We extend a cordial invitation to every one to come and worship with us.

Friends

Sunday school 9:45. Meeting for worship 11 a. m. C. E. 6:30 p. m. Evening meeting 7:30 p. m., subject, "What Next?" The public is cordially invited to these services.

Monthly meeting February 5th, 7:30 p. m. Choir practice Thursday evening, 7:30 p. m.

Baptist

Regular services Sunday, February 2. Sunday school at 10 a. m. Preaching at 11 a. m. and at 7:30 p. m. B. Y. P. U. at 6:30 p. m. A hearty welcome is extended to all.

West Chehalis Church

Sunday school at 10 a. m., De Vere Fendall, superintendent. Church service, 11 a. m. Young Peoples' Meeting in the evening. Gilbert Shambaugh, Pastor.

WHISTLE RESOUNDS FOR TWELVE MILES

The largest whistle in the world is attached to the smokestack of the Homestead, Pennsylvania, steel works, 200 feet above the ground. It is five feet long and one foot in diameter, and is connected with a three-inch steam pipe. It requires 160 pounds of steam to blow the whistle, which can be heard twelve miles.

STATE BOARD OF HEALTH GIVES DATA ON INFLUENZA

A careful analysis of all data obtainable in regard to the present epidemic shows the following striking features, from which most valuable deductions can be drawn in considering control measures:

Three days after an unusual gathering of people there is an increase in the number of cases reported. Thus every Tuesday is high because of Saturday and Sunday minglings; the 28th of December was high following Christmas; the 3rd and 4th of January were high following New Year's festivities. Therefore there should be no unnecessary or unusual gatherings. Of gatherings, dances constitute the greatest number of cases. Dances therefore should be prohibited during the epidemic.

The waves of the epidemic run in about three week intervals. A study of the causes of this and the matter of carriers, indicate that many cases remain carriers for a period of two or three weeks. The greatest number of severe cases during a wave are able to be up and around in about three weeks and are unconsciously spreading the disease causing next wave. Therefore, in addition to the ten days' quarantine, each recovered case should wear a mask for a period of two or three weeks in the presence of unexposed persons, and all persons coming in close contact with the sick should wear masks. Masks, to be effective, should be sufficiently large to completely cover the nose and mouth. They should have at least eight layers of gauze and should be sterilized after three hours' use. Sterilizing is easily accomplished by dropping the mask into boiling water for ten minutes.

It has been discovered that the disease is being spread to a greater extent than has been realized by utensils used in eating and drinking. Therefore all dishes, cups, glasses, knives and forks, etc., used in eating and drinking in all public places, and in all private homes or public institutions wherever there are cases of influenza, should

be thoroughly sterilized by boiling fifteen minutes.

The modified quarantine, in addition to the mask provision and the sterilization of utensils, consists of a strict isolation of the patient and attendants for a period of ten days following the resumption of normal temperature. Members of the household not in contact with the sick are not quarantined. The house must be placarded. Release from quarantine is only by direction of the health officer. The matter of closure is left for each community to decide for itself, except in the matter of dance halls and such places of amusement or public gatherings that are not properly ventilated.

MANY ROADS TO LONGEVITY

People Who Have Reached Advanced Age by No Means Unanimous as to the Best Path.

Records show that more women live to be centenarians than men. When the census of the United States was taken in 1900 it was found that 6,298 persons between the ages of ninety-five and ninety-nine were living, and of this number 3,536 were women. Miss Eliza Work, who reached the age of one hundred and five, gave as the reason for her long life that she never drank tea or coffee; Mrs. Margaret Neve, who lived to be one hundred and ten, gave as her reason that she never lacked resources and was always busy, and Mrs. Sylvia Dunham, aged one hundred and one, lived to enjoy the enthusiasm of 22 presidential campaigns. Born in July, 1800, at the age of five she rode in a stage coach, at forty in a canal boat, at ninety-nine in an electric car, and at one hundred in an automobile.

Abraham lived to be one hundred and seventy-five years old and Sarah lived to be one hundred and twenty-seven years old, and Isaac, their son, lived to be one hundred and eight, but whether a year was reckoned then as we do now is not known.

William Gladstone lived to be eighty-nine, and at the time of his death his intellect was one of the finest that the world has ever known, and he was called "the Grand Old Man." This is just one of the many cases proving a man is just as useful, if not more so, when he is old than when he is young.

INSOMNIA NOT HARD TO CURE

Easy to Tell the Cause of the Affliction and Remedy is Matter of Common Sense.

"There are two kinds of insomnia, and each has its cure," a doctor said. "In the first kind you go to bed apparently sleepy, and as soon as your head touches the pillow, you become wide awake, and the most vivid and feverish thoughts whirl through your mind for hours. At last, sick with exhaustion, you fall asleep, but it's too late then. Too much time has been lost. You rise in the morning unrefreshed.

"In the second kind of insomnia you go to sleep all right as soon as you go to bed, but in an hour or so you wake up. You lie tossing a long while. You rise unrefreshed here, too.

"The first kind of insomnia is due to rich, undigested food clogging the stomach. The remedy is simpler meals in the evening—no pork or game or cheese or pastry, but, instead, fish or chicken, whole-meal bread, custards or milk toast.

"The second kind is due to lack of exercise. A daily half-hour's gymnastics, followed by a cold bath and a rub-down, will drive it permanently away."

THE VOICE OF COMMAND.

It is by his voice that the non-commissioned officer controls the movements of the troops under his charge. Consequently a "word of command" guaranteed to stimulate the most lethargic recruit into a condition of alert responsiveness is the ambition of every "sergeant-instructor." N. C. O.'s are not born, they are made. And their "word of command" is also made. That is to say, they are sent to a special school of N. C. O.'s, where they are taught how to instruct, and it is at this school that they cultivate the gift of tongues. Imagine a squad of newly-made N. C. O.'s out for "communication drill," as it is called. Each man has to issue orders as though engaged in squad drill or rifle exercises. An hour a day for two weeks you will find yourself possessed of a "word of command" like the crack of a whip.

A GENTLE HINT.

"Let's drop into Gadspar's office and pass the time of day." "Not for me." "What's wrong?" "When loafers come around Gadspar has a disturbing habit of taking out his watch and jaying it down on his desk face up."—Birmingham Age-Herald.

When in need of job printing get it at the Graphic office.

Fish to Combat Mosquitoes.
An agent of the bureau of fisheries, S. F. Hildebrand, who has been conducting experiments in the vicinity of Camp Hancock, near Augusta, Ga., has met with noteworthy success in controlling the breeding of mosquitoes by the use of fish. Public health service officials have given strong indorsement to the services thus rendered for the protection of the health of soldiers and civilians.

Newberg Lodge No. 104 A. F. & A. M. Regular meeting Second and Fourth Thursday evenings of each month. Visiting brothers always welcome. By order W. H. Woodworth, W. M., John Larkin, Secretary.

SHILOH RELIEF CORPS NO. 28. Meetings held the 2nd and 4th Thursday of each month at 2:30 P. M. in the I. O. O. F. Hall. Mrs. Minnie V. Byers, Pres. Emma L. Snow, Sec.


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