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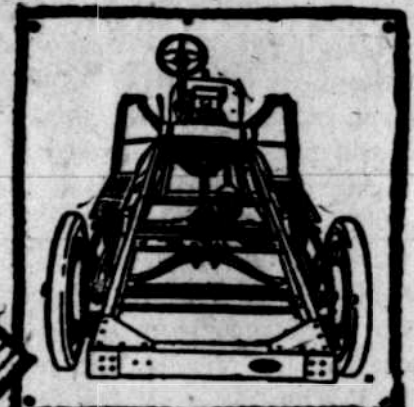
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WEST CHEHALEM

Wm. Sullivan was in Portland Sunday.

Mr. and Mrs. Frank Russell spent last week end in Portland. Mrs. S. M. Calkins, who has been seriously ill for some time, is now rapidly improving.

The Red Cross society is now meeting in its new headquarters near the Ewing Young school.

Mrs. I. E. Sherwood and family and Mr. and Mrs. Muzzy were Sunday guests of Mr. and Mrs. E. G. Fendall.

West Chehalem was there in numbers at Newberg on "Dollar Day" and contributed generously towards the support of the Red Cross.

Last Sunday the sum of \$12

was raised by the Sunday school for the help of the Armenians. This is the second contribution to this cause from the Sunday school.

West Chehalem now has a member in the Junior Rainbow regiment, in the person of Floydia Shaw, son of Mr. and Mrs. D. P. Shaw. This position is given to school boys and girls who have sold \$50 worth of war savings stamps.

George Bush has rented a large part of the A. C. Seely ranch and will occupy the place in the near future. Mr. and Mrs. Seely will move to Newberg where Mr. Seely is acting as receiver for the business of the Western Condensed Milk Co.

A new traveling library from the Oregon State Library has now been at the church for two or three weeks and many people are making use of this splendid opportunity to secure good reading. The books will be loaned to any responsible person free of charge and may be obtained during intermissions at Sunday school and church services every Sunday.

The topic for discussion at the C. E. meeting next Sunday will be "The Risen Christ's Forty Days." Miss Ethel Bush will lead the services. Last Sunday Miss Beryl DeFord, Miss Grace Riley and Harold Lee, of Newberg, also Arthur Parrish, of Fernwood, attended the C. E. meeting. They presented different phases of the state C. E. program and advanced many ideas and suggestions which will aid the local society very much.

DUNDEE

Mr. and Mrs. Theodore Spencer are visiting Robin Lodge and Otterbrook.

Mrs. B. Powell's daughter from Corvallis is a Dundee visitor this week.

Mr. and Mrs. Roe Robison went to McMinnville on Tuesday to visit Mr. Robison's parents. They brought Mrs. Spencer home with them.

Rev. A. C. Grier, of Spokane, who has been on a lecture tour to Colorado, California, Oregon and Western Washington, made a brief visit at Otterbrook last week.

Goods for the superfluity shop in Portland for the Easter sale of the Red Cross were collected in Dundee last week. About two hundred pounds of canned fruit and vegetables, dried fruit, beans and dry goods was Dundee's offering.

A very enthusiastic Friday meeting of the Red Cross workers was held last week when the accumulated clothing for the Belgian Relief collection was put in order for shipping. All the garments were mended or made over and sent in perfect condition. Thirty-two ladies worked at top speed until late in the afternoon. Something over three hundred pounds was packed and shipped.

Requests have come in for substitute yeast bread recipes. Miss Milan, dean of the domestic science department at the O. A. C., recommends from sixty to seventy per cent of substitute flours. In using oat meal or corn meal in yeast bread the meal should first be scalded. Barley flour can be used exactly the same as wheat flour both in sponge and for kneading, but is improved with the addition of a little sifted bran, as barley alone makes a closer grained bread than wheat.

REX

Miss Fleda Kane visited Friday and Saturday with her sister, Mrs. C. H. Miller, in Newberg.

A son was born to Mr. and Mrs. Ewert Garland Saturday, March 23, and all are doing finely.

Rev. G. V. McClure is attending the Young Ministers' Short Course at Pacific College this week.

Quite a delegation from Rex and Chehalem patronized the Newberg merchants and the Red Cross booths Saturday.

Mrs. G. V. McClure's mother, Mrs. Saint, has been confined to the house for several days with a severe attack of the gripe.

Mr. and Mrs. A. L. McCaffree, of Portland, visited the families of A. L. Jenkins and N. L. Wiley over Sunday.

Mrs. G. E. Ohsfeldt and son, Morris, of Portland, are spending the week as the guests of Mr. and Mrs. F. D. Frost.

Miss Ruth Kane, who attends high school in Newberg, is staying at the home of Mr. and Mrs. C. H. Miller since the school schedule has been changed.

C. C. Harmon feels that he can not spare the time to come up to Rex every Tuesday and help sew, and so has very generously agreed to keep the ladies supplied with all the thread they can use in their work.

Owing to the rainy weather the road work has been practically suspended. The Rex hill is in a very bad shape and only the bravest machine drivers venture up, to be assisted in most cases by a team kept there for that purpose.

The Red Cross Auxiliary at Rex will give a box social at the school house Friday evening. An interesting program has been arranged, after which the baskets will be auctioned off. A prize will be given for the most patriotic box.

Mrs. Kane and Mrs. Sawyer,

who had charge of the drive for funds for the Armenians and Syrians, reported a generous response from practically all the people in the community. Complete returns are not in at this time and the sum total will be published next week.

RIBBON RIDGE

Theresa Boyd spent the week end at home.

C. H. Sallee has acquired a valuable Airdale dog recently.

W. C. Bryant is helping H. L. Amoth spray his orchard this week.

Miss Violet Hertig and friends spent Sunday evening at the Hertig home.

A. H. Boyd grafted some cherry trees for Shelton Hoodenpyl last Tuesday.

Mrs. George Carter and Miss Grace Carter called on Mrs. Boyd Wednesday afternoon.

Mrs. Walter B. Nagel spent Wednesday with her sister, Mrs. M. B. Sleeper, of Mountain Top.

If the weather man would give us a few more days of sunshine most of the spring seeding would be done.

Miss Grace Carter is spending this week with the home folks. She intends to go to Portland soon to study stenography. She will stay with her sister, Mrs. Slade.

FERNWOOD

We are sorry to note the continued illness of T. E. Hobson.

Remember the regular meeting of the P.-T. A. on Friday, April 5. A large attendance is desired.

Mrs. Harry Baker is spending a few days at the home of her daughter, Mrs. Scott Parrett, on Parrett Mountain.

We are glad that the M. J. Jones family are again Fernwood dwellers and hope they may stay with us through the summer at least.

A musical evening was enjoyed at the home of Mrs. H. C. Ross on Saturday with Andrew Kersey, Lee and Noah Jones, violinists, Earl Parrish, cornetist, and Rolland Peters, brother-in-law of Mr. Kersey, at the piano. The music was fine and we wish there might be a repetition of the event in the near future.

The talk by M. P. Elliott, of Newberg, on the Armenian persecution, Sunday at the gymnasium, was both interesting and convincing. The suffering over there is truly appalling. It is hoped the "Armenian Drive" will be successful and be the means of alleviating at least a part of the distress in that afflicted country.

Owing to the weather of last Saturday, which was decidedly wet, and then some, the school standardization rally scheduled for that day was rather meagerly attended. Those who did brave the elements, however, felt fully repaid for the effort. The talks given by Dr. Loughridge, of McMinnville College, and Supt. Duncan were interesting and greatly enjoyed. The school program was excellent and the Hoover lunch satisfying, but the ball game had to be called off, to the great regret of the boys, and of the older ones too.

RAYBELL

Guy Ray went to Portland last week.

The Dell Barber family spent Saturday and Sunday with relatives in Portland.

Mrs. Dell Barber was on the sick list the first of the week. We are glad it wasn't "scarlet fever." Dell and Earl Barber went to McMinnville, or a place near there, after cattle on Wednesday.

School began again on Monday morning after having been closed for two weeks on account of the scarlet fever in the neighborhood.

Walter Ray sold a pure-bred Holstein bull calf to three farm-

ers on French Prairie last Monday. Mr. Ray is the owner of some fine Holsteins.

The Parent-Teacher Association did not hold their meeting last Saturday, as scheduled, so will meet this coming Saturday, March 30. We hope for a good attendance as Miss Ringnes will talk to us about war savings stamps.

Mrs. Chauncey Gell seems fated to be an invalid. First she had scarlet fever, then, last week she sprained her ankle and was just recovering from that, when she stepped on a nail with her lame foot which punctured that member, with the result that poor Mrs. Gell is still going around on one foot. It is to be hoped that she meets with no further misfortune.

POTATOES FOR PATRIOTISM

By eating potatoes instead of wheat the people of the United States can help win the war. We have not enough wheat for the Allies and ourselves if we are to continue at our normal rate of consumption. We have an abundance of potatoes. Wheat flour is a concentrated food and therefore good for shipping, potatoes are bulky and are consequently not suited for limited shipping space, nor are the Allies so short of potatoes as of wheat. Next to cereals, potatoes have been in this country, the mainstay of starchy food, which supplies energy.

The more potatoes we eat, the less wheat we need. A medium-sized potato weighing about 3½ ounces, supplies about as much starch as two small slices of wheat bread one-half inch thick. In other respects also the potato measures up well with wheat bread and even has the advantage over it in supplying certain salts which the body needs to counteract the acidity resulting from the use of such foods as cereals, meat and eggs. By exercising her ingenuity the housewife can prepare potatoes in many different attractive ways, thus increasing their proportion in the family diet and conserving wheat and other staples needed for shipment abroad. An important use of potatoes also, is in the mixing of breads, in which mashed potatoes up to fully ten per cent, may be used without detracting either from its taste or appearance; in fact, many persons insist that potatoes properly mixed in bread, improves both appearance and flavor.

LESS WORK IN COLD MONTHS

Interesting Facts Brought Out by Study of Efficiency in Factories and Educational Institutions.

Dr. Ellsworth Huntington of the department of geography of Yale university has called attention to the fact that there are some rather surprising results to be obtained from a study of efficiency in factories and in schools and colleges at different seasons of the year. The studies were made over a period of four years, and plotted curves show that the lowest wages are earned during January; then there is rather steady increase through February, March, April, May and the first half of June. During the latter part of June and through July and August the curve remains at a lower level than in early June, but much higher than during the winter. About the end of August people begin once more to work fast, and they go on at an increasing rate until the middle of November again. It recovers somewhat in December, owing evidently in part to the rush of holiday orders, and in part to the extra incentive of the special need for money because of Christmas expenditures. Finally, at the end of that month, efficiency drops off rapidly, to remain at its lowest all during January.

NATURAL CONCLUSION.

"When the suspect the secret service men caught was stood up by his picture to identify him, he went into a violent rage."

"Well, wasn't it natural for any man in such circumstances to be beside himself?"

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AT THE
COMING PRIMARIES

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