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All For the Best.

"Why do the roses fade slowly away?" she inquired poetically.

"Well," replied the baldheaded young man, "when you think it over it's all for the best. It's more comfortable to have them fade slowly away than to go off all of a sudden, like a torpedo."

PERSIAN DIPLOMACY.

Not Much Was Said, but the Prince Understood the Shah.

There were great variety and charm in the society of Kingman, writes Princess Lasarovich in her account of a holiday on the continent. There were people from the four corners of Europe, America and the Orient, each having a distinct personality that brought vivid suggestions of his origin.

Prince Malkom was the diplomatic representative of Persia for all Europe, being accredited at the same time to London, Petrograd and Rome. His wife, a beautiful Armenian princess, a Christian, was one of my dearest friends in London. Prince Malkom told us one day of how he came to be a Persian diplomatic representative. He was a relative of the shah, had been educated in several countries in Europe and had become interested in the Christian religion as the root force of western civilization.

Prince Malkom told us how he studied and pondered long to hit upon some means of bringing Christian principles to Persians in forms that they would understand, making Christianity the fulfillment of old Mithraic and Zoroastrian conceptions. Having formed a plan, he returned to Persia and began to talk to his countrymen and put before them the ideas that he believed would raise up the fallen nation. The people everywhere listened to him eagerly and followed him about in throngs. Some of them began to proclaim him a prophet and almost worshiped his person. He tried in every way to combat that tendency, in which he saw the speedy and complete wreck of his dearest hopes.

One day the shah sent for him and said:

"My cousin, you are much followed about here. You are exerting yourself too much. You need rest. Would you like to go as my ambassador to Europe—and stay there many years?"

Then Prince Malkom added:

"I knew what he meant. So with my heart falling like a stone I answered, 'Yes, your majesty, I accept.' On that day I started on my journey westward. And all these years I have been virtually a European."

"But what did the shah really mean?" I asked.

Prince Malkom grinned, showing his white teeth, and with a queer gurgle made the sign of a knife drawn across his throat.

MEANINGS OF DREAMS.

What Scientific Analysis of Slumber Visions May Disclose.

Scientific dream interpretation helps us to see ourselves as we really are, gives us intimate glimpses of the subconscious as well as conscious desires, fears and moods of thinking that enter into the making of our character and fate.

A Long Lived Pike.

In 1497 an enormous pike was caught in a lake near Hallerum, in Saxony, with a brass ring attached to it, engraved on which was a statement that the fish was put in the lake in the year 1230, thus indicating that it must have lived at least 267 years.

Tactful Discretion.

"But you listen to people who talk gossip."

"Always," replied Miss Cayenne, "so as to know what topics to avoid in my own conversation."—Washington Star.

His Lesson.

"But, you silly boy, if I married you with your means you couldn't even dress me."

"Perhaps with a few lessons I could learn."—Exchange.

Pendleton Normal School Proven Necessity

(Copied from Portland Oregonian.)

MONMOUTH, Ore., June 25.—The Oregon Normal school opened this week. . . students enrolled 785, largest on record for state Normal in Oregon. . . how to care for large student body a problem. . . 800 being crowded into auditorium with seating capacity of 450. Galleries filled with extra chairs in aisles. More than 150 students seated on platform. New boarding houses completed, additions to rooming houses built and tents used. One hundred girls sleep on upper floor of school.

The official school report gives 150 grade pupils in Monmouth, for teacher practice.

Read what those you have elected to handle the affairs of your state and who are thoroughly informed regarding school conditions in Oregon have to say concerning measure 308 on the ballot at the coming election:

By James Withycombe, Governor of Oregon:

"Oregon is unquestionably in need of more normal school work and Pendleton is the logical place for a school of this class in Eastern Oregon."

By J. A. Churchill, State Superintendent of Public Instruction:

"I trust that the voters of the State will assist in raising the standard of our schools by establishing a State Normal School at Pendleton."

By P. L. Campbell, President of the University of Oregon:

"At least one additional Normal School is urgently needed in Oregon."

By W. J. Kerr, President of the Oregon Agricultural College:

"Since the people of Pendleton are initiating a measure for the establishment of a Normal School at that place, it will give me pleasure to support this measure."

By J. H. Askerman, President Oregon Normal School, at Monmouth:

"A careful analysis of the situation will convince any one that Oregon needs a Normal School in Eastern Oregon and Pendleton fills all the government requirements."

By the County School Superintendents of Oregon:

"Resolved, that it is the sense of the County School Superintendents of the State of Oregon, in convention assembled, that the best interests of the schools of the State demand increased facilities for the training of teachers, and that we, therefore, endorse the initiative measure to establish a Normal School at Pendleton."

By Mrs. Charles H. Eastner, President of the Oregon Federation of Women's Clubs:

"I most heartily endorse the location of said Normal School at Pendleton."

Prof. Robert C. French, Former President of the Normal School Located at Weston:

"An immediate establishment of such a school at some central point such as Pendleton would prove a great asset to the State of Oregon."

B. F. Mulkey, Ex-President Southern Oregon Normal School:

"I shall support the location of an Eastern Oregon Normal School at Pendleton."

State Board of Regents of Oregon Normal School declares that "the necessity for additional Normal school facilities in Oregon is apparent."

Portland Chamber of Commerce endorses measure 308 and says Pendleton most logical location for Normal school in Eastern Oregon.

308 X YES IS A VOTE FOR YOUR CHILDREN

Eastern Oregon State Normal School Committee.

By J. H. Gwinn, Secy., Pendleton, Ore.

(Paid Adv.)

GASTRIC REBELLION.

Some of the Mistakes in Eating That Invite Poor Digestion.

Indigestion is often attributed to hasty eating, and people are reproved, and rightly so, for bolting their food, but it is interesting to observe that, while the bolting of meat is always severely censured, one never hears any blame attached to those who swallow fruit by the mouthful and devour uncooked vegetables without any attempt at mastication. Nevertheless it is the hasty swallower of vegetable fiber who is really the inciter of gastric rebellion. Vegetables are at all times very imperfectly digested by the stomach and require their tough fibers to be thoroughly broken up by the teeth if they are to be dissolved even in the bowel.

There is a well known saying which avers that digestion waits upon appetite, and there is no doubt that of all the adjuncts to digestion a keen desire for food is the most powerful and important. But appetite itself often depends upon conditions which are independent of the body's absolute necessities. Thus the aspect of the food, its smell, taste and even the manner in which it is served all help either to stimulate a desire for it or to induce a sense of aversion, while the environment of the diner often exercises important influence, beneficial or otherwise.

Brain work of any kind interferes with the rapid digestion of food, and even the habit of reading during meal-times, practiced by so many, is conducive neither to appetite nor digestion. A well lighted room, music and frivolous conversation will often permit a chronic dyspeptic to enjoy without remorse the pleasures of the table, while a depressing atmosphere, un congenial company and unappetizing dishes may induce a fit of indigestion in the most healthy individual.—Food and Cookery.

CHARM OF THE BIBLE.

Its Poetic Beauty, and the Marvel of Its Word Pictures.

Then some of us who cared for literature took up the Bible casually and found its poetic beauty. We read the book of Job—which, by the way, Mr. Swinburne is said to have known by heart—and as we read it even the stars themselves seemed less wonderful than this description of their marvel and mystery:

Canst thou bind the sweet influence of Pleiades or loose the bands of Orion? Canst thou bring forth Mazzaroth in his season? Or canst thou guide Arcturus with his sons?

Or we read in the thirty-seventh chapter of the book of Ezekiel of that weird valley that was full of bones—"and as I prophesied there was a noise, and behold a shaking, and the bones came together, bone to bone"—surely one of the most wonderful visions of the imagination in all literature.

Or we read the marvelous denunciations of Jeremiah and Isaiah or the music of the melodious heart-strings of King David. We read the solemn adjuration of the "King Ecclesiast" to remember our Creator in the days of our youth, with its haunting picture of old age, and the loveliness of "The Song of Songs" passed into our lives forever.

To this purely literary love of the Bible there has been added within the last few years a certain renewed regard for it as the profoundest book of the soul, and for some minds not conventionally religious it has regained even some of its old authority as a spiritual guide and stay. And I will confess for myself that sometimes as I fall asleep at night I wonder if even the most picturesque of modern writers has written anything to equal the Twenty-third Psalm.—Richard Le Gallienne in Phoenix.

The mean decennial rate of increase in the population of the world is 8 per cent, and at this rate the 28,000,000 square miles comprising the fertile regions of the earth, which Ravenstein computed can only support 207 persons per square mile, will have their maximum population of 5,994,000,000 persons in the year 2072. This estimate allows fourteen persons per square mile in the 18,000,000 square miles of steppes and deserts.

Crookedest Railroad in the World.

Up California's Tamapals runs the crookedest railroad in the world. Of the eight miles of track the longest tangent is but 413 feet. In one notable instance the road makes five complete loops and ties two complete bowknots to attain an elevation of ninety feet. The end of the line is about half a mile higher than the starting point, and there is not one particularly steep grade in the entire system.—Wall Street Journal.

Painfully Frank.

Hostess (to departing guest)—Must you go so early, Mr. Blank? Blank—I'm very sorry that I must leave, Mrs. Park. The fact is, not expecting to have such a pleasant time this evening, I made another engagement.—Boston Transcript.

Worse Still.

"Did Mr. Jobless pay his bill?"

"Yes, sir," answered the collector.

"But he made a lot of fuss about it."

"Um! Don't let that trouble you, son. It's the fellow who bellows and doesn't pay that we should worry about."—Birmingham Age-Herald.

Mint That Failed.

Visitor (waiting an invitation to lunch)—Two o'clock! I fear I'm keeping you from your dinner. Hostess—No, but I fear we are keeping you from yours.—Meggendorfer Blaetter.

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Bonds, Securities, Etc.	89,322.25	Surplus and Profits	23,184.52
Furniture and fixtures	3,045.00	Circulation	50,000.00
Cash and Exchange	107,517.43	Deposits	372,132.54
Total	\$508,301.06	Total	\$508,301.06

United States National Bank

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