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Health.....Dr. Calvin S. White, Portland
State Fair.....W. A. Jones, Salem
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Tax Commission.....Frank K. Lovell, Salem
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Dentistry.....H. H. Olinger, Salem

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University.....P. L. Campbell, Eugene
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Blind.....E. T. Moore, Salem
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Feeble-Minded.....J. H. Thompson, Salem
Insane.....R. E. L. Steiner, Salem
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".....P. P. Olds, LaFayette

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".....W. S. Allan, Dundee
Clerk.....C. B. Wilson, McMinnville
Sheriff.....W. G. Henderson
Assessor.....Martin Miller
Treasurer.....Alice L. Adams
Recorder.....H. S. Maloney
Supt. Schools.....S. S. Duncan
Surveyor.....H. W. Herring
Coroner.....Carey Tibbory
Health Officer.....J. H. Cook
Stock Inspector.....Peter Hanson
Fruit Inspector.....H. E. Crowell, Dundee

The silence of the classics certainly seems to indicate that the Greeks and Romans suffered very little from their teeth. Words for toothache and for tooth extracting instruments can, indeed, be found in the Greek and Latin dictionaries, but the authors quoted for them are generally late and always uninteresting. We can hardly believe that if toothache had been common in Athens Aristophanes would have made no jokes about it. But a classical scholar may pretty safely be defied to cite a single Greek or Latin passage about it. Even Lucretius, when he gets on the subject of teeth in a passage where a reference to toothache might be expected, merely refers to the jar given to the teeth by very cold water or by biting a stone in one's bread.—London Chronicle.

"Mrs. Jones has a new hat."
"Well, you look mightily pleased about it."
"You just ought to see how it looks on her!"—Houston Post.

No Junk No FAKE No Fooling

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THIS ISSUE

SPRINGBROOK

Cecil Hadley and Walter Brown expect to leave next week for North Yakima, Washington. The latter recently returned from his claim in Southern Oregon.

Miss Lesta Cook has been engaged as primary teacher for next year. Miss Cook formerly attended P. A., and has had a successful year in her school this year on Parrett Mountain.

Springbrook defeated Chehalis Center Saturday 17-1. Bobbie Garland struck out 11 of the Center boys and allowed 6 hits, while Springbrook made 18 hits off Zeigler, including a home run and a two-bagger. Umpires Duncan and Hadley gave good satisfaction.

School closed in the primary room last Friday, and in the other grades Thursday (today). All of the twelve in the eighth grade but one passed the examinations. Five of these plan to attend Pacific Academy.

REAL ESTATE TRANSFERS

Edith M. Ackley and hub to Daniel Fahnestock 15 ac in sw¼ of nw¼ sec 10 t 2 s r 4 w \$1075.
Wm O. Barnard and wif to Chas C. Barrett 28.59 ac in A. L. Aldermandle in t 4 s r 3 w \$10.

J. S. Bickford to A. H. and Cora E. Leland lots 5 and 6 blk 33 Oak Park add McMinnville \$800.

Ernest L. Brown and wif to Elizabeth Patten Driver part tract 50 Hurley subd \$1.

W. B. Burke, J. C. Ainsworth tracts 22, 25 and n. 12 ac 28 Chehalis Hill \$10.

W. E. Burke, George Dannes tracts 8, Chehalis Hill \$1485.

C. P. Douglas and wif to Mary E. Kelly lots 7 and 8 blk 33 Oak Park add McMinnville \$1800.

Hattie E. Gilliland to Ernest L.

Brown part tract 50 Hurley subd \$1.

Erica G. Johnson and hub to J. S. O. Wilson 20 ac in M. Hall d l t 3 s r 3 w \$1.

Harry M. Karshaw and wif to Herman Krause 2 ac in N. E. corner of ne¼ of sw¼ of sec 1 in t 6 s r 8 w \$1.

Jos. Kockis and wif to William Yeo lot 4 blk 3 Gardiner's add Sheridan \$200.

Galen C. Miller and hub to Persie Rusby n¼ of n¼ of sec¼ of ne¼ sec 23 in t 5 s r 3 w \$1.

Henry D. Olsen to Maud A. Ker-shmer lot 1 and n¼ 6 blk 9 La Fayette \$1.

J. H. Shipley and wif to N. Crossier blk 23 Oak Park add McMinnville \$10.

Ray W. Smith et al to Peter Maas ne¼ of nw¼ sec 4 t 2 s r 4 w \$75.

Sarah A. Springer et al to James and Martha E. Woodward nw¼ of nw¼ of sec 4 in t 3 s r 5 w \$100.

Fred D. Williams and wif to Lea and Achsah Shankland lot 6 blk 13 LaFayette \$10.

E. J. Young and wif to J. T. and Maggie M. Coffey lots 2 and 3 blk 13 Whiteson \$10.

MARRIAGE LICENSES

Sophia Hansen, age 42 yrs. to Christen Hansen, age 39.

To Exchange

Eighty acres unimproved land, good shot clay soil, lies sloping to the south and east, spring of water, easily cleared, three miles from town of 1100 people and good school, railroad and boat landing. All underlaid with a good article of coal. Will make a good farm at little cost of clearing. Will exchange for small improved acreage near Newberg. For further particulars address George W. Rowan, Castle Rock, Washington. 32-35

CHEW YOUR FOOD WELL.

This Will Aid Digestion and Help to Banish Dyspepsia.

"Chew your food well," is a motto which should be written large on the walls of dining rooms, restaurants and every other place where human beings eat. The reason is that in order to digest food in the shortest possible time and with the least possible effort it must first be dissolved, and this can be accomplished only by adequate chewing.

Just how much thorough chewing lessens the strain on the digestive apparatus can be seen by a very simple experiment.

Take a one inch cube of hard, solid, nonporous sugar candy and drop it into a pint of water. It will take at least half an hour and perhaps much longer to dissolve because a cube of this size has only six square inches of surface exposed to the solvent action of the water.

If, however, a similar cube of candy is broken into 100 smaller pieces before being placed in the water it will dissolve 10,000 times as quickly because there is now 10,000 times as much surface area exposed.

In digestion we have to deal not merely with simple solution, but with the chemical conversion of insoluble into soluble substances—a much more difficult process. For this reason a one inch cube of solid food would take much more than 10,000 times as long to digest as the same quantity which had first been reduced to fine bits by the action of the teeth and the saliva glands.

Science now believes that much modern dyspepsia arises from our having lost the habit of living on hard, dry foods. When all our food was so hard and dry that it had to be well chewed before we could swallow it our salivary glands were kept more active and our teeth cleaner.—New York American.

Odd Signs.

A tinman in the south of England has a sign which reads, "Quart Measures of All Shapes and Sizes Sold Here."

At a market town in the midlands the following placard was affixed to the shutters of a watchmaker who had decamped, leaving his confiding creditors mourning, "Wound Up and the Mainpring Broke."

In one of the principal streets of another small town the same shop was occupied by a doctor and a shoemaker, the man of medicine having the front and he of the leather working in the rear. Over the door hung the sign, "We Repair Both Body and Sole."

On the window of a coffee room there one day appeared the notice, "This Coffee Room Removed Upstairs Till Repaired."—London Mail.

The Fulmar Petrel.

The fulmar petrel somewhat resembles a common gull at a distance, but has a much more graceful flight, skimming the waves or hovering by the cliffs without perceptible motion of the wings. It makes its nest upon the grassy ledges and cliffs of St. Kilda and is caught with a rod in the same way as a puffin, only as it is found on the precipices it is more difficult to secure. It was greatly valued formerly for its oil, of which each bird has about half a pint and which it uses as a means of defense and ejects with great force at an enemy. It is the purest animal oil in existence and is still used for various purposes and also medicinally by the natives for sprains and bruises.—London Mail.

Why Turkish Women Go Veiled.

Turkish women do not wear veils because of their religion, as many suppose. It is merely the survival of an old custom. When the Turks still lived in Tartary, before the time of Mohammed, it was the habit of the men to steal such women for wives as attracted them. This led to so much fighting that about the second century after Christ the Turks came together and decided that henceforth the women should go veiled and should not meet men, but dwell in harems, as soon as they arrived at womanhood, which was at about eleven years of age.

Unconscious Self Criticism.

Mr. X., the subeditor, was asked to write an article on superstition and imbecility.

When the article was printed the opening sentence was found to be as follows: "That imbecility is not on the wane perusal of the following lines will amply demonstrate."—Paris Figaro.

Their Natural Place.

"The waves of laughter in the audience."
"What about them?"
"Naturally, they passed over a sea of faces."—Baltimore American.

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