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CHEHALEM CENTER

School begins Monday with Mr. F. L. Strait, principal, and Mrs. Yergen presiding over the primary room.

Miss Dora Yarns visited relatives living near Amity during the past two weeks.

Mr. and Mrs. L. R. Ralston attended the State Fair at Salem during the week.

Andrew Christenson and wife, of North Yamhill, visited at the home of his mother Tuesday.

The W. C. T. U. will hold their meeting at the home of Miss Nancy Atkinson next Wednesday. Let all come prepared with their quarterly reports.

Mrs. Margaret Green and daughter, Miss Rosa left Monday for their home in Jefferson.

Mr. S. W. Childers has a force of men cutting corn and filling his silo this week.

Mrs. Mary Christenson who was stricken with paralysis on the left side a short time ago, improves but slowly. She is very patient for one who has always been active.

Mr. and Mrs. Ben Ritz and little son and daughter have taken charge of the home for the ensuing year.

Ellis Pickett gave the message from the pulpit Sunday.

Miss Maude Wills left last week for Eugene where she takes up school work as teacher in one of that city's schools.

Miss Nellie Crater is on the sick list.

Merill Morris was greeting his old Chehalis friends last Sunday. He is at his home in Newberg, having spent a year and a half in California.

Mr. and Mrs. Post have their new bungalow partly finished and have moved into it. They will complete the work when the fall work is over.

Mr. and Mrs. Ousterhouse, of Portland, were weekend visitors at Glen Hazel, the home of Mrs. L. M. Ikley.

Jno. Shires accompanied Dan. Sanders and wife, of Georgetown, Illinois, on a trip to Newport last week.

The Only Rights Left.

Michael J. Gibbons, junior vice commander of the Medal of Honor Legion (membership thereof is a proof that one has received a medal for most distinguished gallantry in action), was talking at Portsmouth about a parade that had been broken up by a procession of automobiles.

"What is the world coming to?" said Mr. Gibbons. "They tell a story about a city chap who, in an effort to cross a busy street, dodged an electric truck, leaped over a 60-horsepower roadster, squirmed out of the way of a trolley car, escaped a taxicab by the skin of his teeth, and was just setting his foot on the opposite sidewalk with a sigh of relief when a descending monoplane bore down on him."

"Has a pedestrian no rights these days?" cried the poor fellow, dodging this way and that. "Sure he has—funeral rites," answered the aviator, as he volplaned heavily down on the man's head."

Cole's Air Tight heaters for sale at Larkin-Prince Hdwe. Co.

IN THE INTEREST OF U. OF O.

We, the Associated Students of the Willamette Valley, including all students attending the University of Oregon from Washington, Polk, Benton, Linn, Yamhill, Clackamas and Marion counties, in meeting assembled, resolve as follows:

First, that we believe it to be the overwhelming sentiment of the people of the Willamette valley that the present facilities for education in Oregon are too small rather than too great.

Second, that the future efficiency of Oregon's educational system depends upon opportunity for undisturbed growth, that the policy of political agitation in educational matters has been pursued by certain individuals in Oregon for six years with merely negative results, and that there is no prospect of any definite solution through the holding up of reasonable appropriations. We believe that the only result of such action would be further partisan campaigning, political deals, and misuse of direct legislation.

Third, on the other hand, the election called for November 4th furnishes the first opportunity that has come in Oregon for many years to put education on a firm basis, by constructive and not destructive methods, especially as hereafter the needs of both university and college will be taken care of or a moderate and reasonable scale by the millage bill which removes both institutions permanently from politics.

Therefore, we urge all friends of education in the Willamette valley to register for the election of November 4th, and to vote at this election upholding the most moderate appropriations for much needed buildings for a state university made by any state, and we direct that these resolutions be sent by our president and secretary to each newspaper in the Willamette valley, with the request that they be published, and that the papers use their great influence to bring out a representative vote at this election.

Cleve Simkins, Sec.
 John Elliott, Florence Rees,
 Laura Hammer, Evah Hadley,
 V. T. Motschenbacher, Com.

FOR CONSIDERATION OF VOTERS

A special election will be held on November 4 when the following referendum measures will be placed in the hands of the voters of Oregon:

Shall an appropriation of \$100,000, made by the 1913 Legislature, to construct and equip an administration and classroom building for the University of Oregon and to extend the heating plant through it, be permitted to stand?

Shall an appropriation of \$75,000, made by the 1913 Legislature, for additions and repairs to three University of Oregon buildings and to the University's central heating plant, be permitted to stand?

Shall the Sterilization Act, passed by the 1913 Legislature, to protect the public from habitual criminals and moral degenerates be permitted to stand?

Shall the act of the 1913 Legislature providing a county at-

torney for each county and fixing salaries, stand?

Shall the Workmen's Compensation Act stand?

"Hoosit"

A Chicago lady had a Swedish cook, and she heard this conversation between her cook and the maid next door, also a Swede:

"How are you, Hilda?"
 "I well, I like my job. We got cremated celler, cemetery plumbing, elastic lights and a hoosit."
 "What's a 'hoosit,' Hilda?"
 "Oh, a bell rings. You put a thing to your ear, and say, 'Hello,' and someone says 'Hello,' and you say 'Hoosit.'"

Correct (?)

The Sunday School class had listened—more or less—to the parable of the prodigal son, and the teacher was asking a few questions on the story.

"Who was it," she said, "who took no part in the welcome home to the prodigal, who stayed outside the house, who saw no cause for the feast, and, in fact, did not wish to be present?"
 "Please, miss," said little Molly, "the fatted calf."

Martine Tells a Story.

Senator Martine of New Jersey—the "farmer senator," as it is his pride to be called—was relating in Washington memories of his farm life.

"What quaint minds," he said, "have those New Jersey colored folks who work New Jersey farms! I remember an old uncle who once paused in a job of potato hoeing to sing in my ear the praise of chicken."

"'Chickens,' he said, 'is so accommodatin'. Dey's so accommodatin', sur, yo' can eat 'em befo' dey's bawn, an' yo' can eat 'em aftah dey's dead.'"

REAL ESTATE TRANSFERS

Willard M Bernard & wf to Alfred W & Mabel Carpenter e½ of n¼ of nw¼ sec 6 tp 6 s r 3 w except 1½ ac sold \$3000.

Jennie E Brain to Eugene J Brain 120 ac in Isaac Peet d l c tp 2 s r 4 w m \$1.

Alson H Bunn & wf to Willard M Bernard e½ of n¼ of nw¼ sec 6 tp 6 s r 3 w m \$1200.

E F Cooper to Ida R Stokes w½ of sw¼ and sw¼ of nw¼ and lot 4 sec 4 tp 3 s r 6 w m \$2000.

Fred Crawford et al to Dora Robertson n½ lots 1 and 2 blk 2 Deskin's 4th add Newberg \$1.

Jesse Edwards & wf to Henry White s 100' lots 9, 10, 11, 12 blk 27 Edward's add Newberg \$1100.

J D Gordon & wf to Robt Gomez and Jane Reid 131.1x100 ft in J B Rogers d l c tp 3 s r 2 w m \$10.

John D Gordon & wf to Harrison C Conklin and G E Conklin 40 ac in sec 32 tp 2 s r 5 w \$3000.

Harriett P Harger to Emerette H Harger lot 2 blk 5 Deskins add Newberg \$1.

G H Kleinsorge Co to Julia Marquam lot 10 and 11 Hyland Orchards \$2000.

Matt Mouss & wf to J P Wade 13.96 ac in O P Turner d l c in tp 5 s r 5 \$884.60.

Thos Myhre to Sarah E Myhre

n½ lot 3 blk 14 Edward's add \$10.

Wm Perkins & wf to Arminda M Bohall 49-100 ac in D D Deskins d l c tp 3 s r 2 w \$245.

Jas H Putman & wf to M C Tharp 12.49 ac in O P Turner d l c tp 5 s r 5 w \$920.

Leroy Smith & wf to Clarence and Inez B Butt lots 5, 6, 7, 8 blk 36 Edward's add Newberg \$5.

Lewis I Thompson & wf to W J Summers sec¼ of ne¼ sec 17 t 3 r 5 \$2400.

Larry C Thompson to Lewis L Thompson 196.20 ac in S C Adams d l c tp 3 s r's 4 and 5 w \$1.

Josephus Tompkins & wf to Morton and Forbes B Tompkins lots 5, 6, 7 and 8 sec 26 tp 5 s r 3 w containing 144.26 ac \$4000.

BENDING FORWARD.

Why It Is an Easier Operation Than Bending Backward.

Can you stoop and touch the floor with your fingers without bending your knees? Any child can do it, and any man or woman who has not grown stiff through lack of exercise ought to be able to do it. But no one except a contortionist can bend as far backward as he can forward.

The reason for this is threefold. The human body is so designed that bending is easiest in the direction in which it is most useful. We can see on the ground in front of us; we cannot see behind us. Our arms are placed so as to work in harmony with our eyes, ahead of us, not behind us. We want to pick up things we can see.

Therefore it is a wise provision that enables us to keep our balance when leaning forward more easily than when leaning backward. The weight of our bodies rests normally upon our heels, and our feet extend forward to take up our weight when we stoop.

Again, the muscles of our bodies are massed where they will give us most power. The biggest and strongest groups of muscles are on our backs and the backs of our legs. When we lift any weight it is this great chain of muscles that extends from the heel in successive links to the base of the skull that gives us the power.

These muscles, when relaxed, are capable of great extension, in order that we may be able to bend far forward. In tension they hold us erect. The muscles on the front of our body, with the exception of that tremendously powerful ligament in front of the hip joint, are comparatively thin and weak. If we bend far backward they are not strong enough to pull us up again.

The only parts of the spine that are capable of much backward bending are at the neck and waist. But at the waist the spines on the back of the vertebrae are so large and thick that when we bend backward they come together and prevent us from going any further. Then that powerful ligament in front of the hip joint is there for the express purpose of preventing us from falling backward, and it is not capable of much stretching.

All these structural and mechanical details explain why we cannot bend nearly so far backward as forward. Our bodies are designed for stooping forward and were never meant for backward bending, which would, anyway, be of no use. —New York Press.

THE SAME STORY

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