

Blood Humors

Commonly cause pimples, boils, liver, eczema or salt rheum, or some other form of eruption; but sometimes they exist in the system, indicated by feelings of weakness, languor, loss of appetite, or general debility, without causing any breaking out.

Hood's Sarsaparilla expels them, renovates, strengthens and tones the whole system. This is the testimony of thousands annually—Accept no substitute, but insist on having

Hood's Sarsaparilla
In usual liquid form or in chocolate tablets known as **Sarsatabs**. 100 doses \$1.

It is stated that at least 20,000 square miles in Liberia are covered with dense rubber-tree forests.

BORAX IS NATURE'S MINE OF PURITY FOR DAIRY UTENSILS

Borax is first, a cleanser that removes dirt and grease with surprising ease; second, it is a sweetener that makes fragrant any surface that has grown musty or stale from neglect; third, it is an antiseptic or destroyer of germs. It prevents the development of bacteria or mouldy growths. With all this it is perfectly free from harm in its resulting effects.

The farm churn is kept free from that stale odor if it is washed with borax in the following proportions—one tablespoonful of borax to a quart of water.

The dairy room has nothing about it but the pleasant aroma of a milk and cream and sweet butter if it is kept clean with borax. There will be no soapy smell and no lurking hint of something gone wrong.

The cream crocks take on an extra freshness when washed with borax and water in the following proportions—one tablespoonful of borax to a quart of water. This preserves the fresh flavor of the cream.

The farm cream separator can be kept thoroughly sweet and clean by a wash of borax and water in the following proportions—one tablespoonful of borax to a quart of water.

Be sure that you get pure borax. To be sure, you must get "20 Mule Team Borax." If you are unable to get "20 Mule Team" brand send us your dealer's name and we will arrange to supply you.

The thumb has more strength than all the other fingers together.

Syrup of Figs and Elixir of Senna

acts gently yet promptly on the bowels, cleanses the system effectually, assists one in overcoming habitual constipation permanently. To get its beneficial effects buy the genuine.

Manufactured by the **CALIFORNIA FIG SYRUP CO.**
SOLD BY LEADING DRUGGISTS—50¢ PER BOTTLE.

HOWARD E. BURTON—Analyst and Chemist, Leadville, Colorado. Specimen prices: Gold, Silver, Lead, Bi, Gold, Silver, Tin, Zinc, Iron, Copper, Bi, Uranium tests. Mailing envelopes and full price list sent on application. Control and Certificate work solicited. Reference: Carbonate National Bank.

ENGRAVING Write Us PLATES FOR PRINTING HICKS-CHATTEN
Portland Oregon

LEARN TO DANCE BY MAIL
Waltz, Two Step, Three Step, etc. Dance completely taught and guaranteed in four lessons. Prof. Wm. Wilson, 19 Belmont Street, Portland, Oregon.

FREE TO ALL D.M. FERRY & CO'S SEED ANNUAL
Ferry's Seeds are the best known and the most reliable seeds grown. Every package has behind it the reputation of a house whose business standards are the highest in the trade. Ferry's 1908 Seed Annual will be mailed FREE to all applicants. It contains colored plates, many suggestions, and full descriptions, prices and directions for planting over 125 varieties of Vegetables and Flower Seeds. Invaluable to all. Send for it. D. M. FERRY & CO., Detroit, Mich.

THE MEN WHO KNOW THE SUPERIOR QUALITIES OF SLICKERS, SUITS AND HATS
are the men who have put them to the hardest tests in the roughest weather. Get the original **Towers Hat Brand** made since 1836. CATALOG FREE FOR THE ASKING. TOWERS HAT CO. DETROIT, U.S.A.

WAYS OF MEADOW MICE

Little Animal Will Eat Twenty-Six Pounds of Vegetation in a Year. The meadow mouse makes a nest of grass blades in the ground in shallow burrows, and if the ground is wet or sloughy puts it in a bunch of grass five or six inches above the surface, says the Montreal Family Herald. The meadow mouse is prolific. If the farmer had brood sows or cows or ewes that bred like meadow mice he would soon be overstocked. Most of the species produce from four to six litters a year, the American species usually producing six at a time and four litters in a season. If there was nothing to stop the increase the progeny of a single pair would in five seasons amount to over 2,000,000, and would about clear out the farmers' crops.

What does this little fellow eat? Pretty hard to tell, because he grinds up his food so fine that it takes an expert to tell what it is; but in summer it is some kind of grass or vegetation, unripe seeds or grain and in winter whatever he can get. If he can find nothing better he takes the bark of a cherry or apple tree, and the farmer blames it on rabbits. It is calculated that each grown meadow mouse requires from twenty-four to twenty-six pounds of green vegetation a year. He is particularly fond of strawberry beds, likes to nibble around at the plants in the garden and the potatoes in the ground, or other winter stores, and is rather fond of alfalfa and clover. In fact, there is no green vegetation that is not acceptable to the meadow mouse.

Why is it, therefore, that they do not multiply? Because about everything that is carnivorous has a tooth for meadow mice. The wolf, the fox, the coon, the opossum, the mink, the skunk and the weasel all get a large amount of their living from meadow mice. So do hawks, owls, crows and the butcher bird. All these have a particular fondness for meadow mice.

The meadow mouse has never done any very serious damage in this country, but if the small boy keeps on shooting every screech owl he comes across and ever fowl and hawk, besides those that have acquired the bad habit of hatching young chickens; if he wages warfare on the birds and skunks and about everything that he can shoot at he must not be surprised if, after some dry season, the meadow mice will make his father wonder what is the matter with his crops. It never pays to disturb the plans of nature.

The way to avoid a calamity of this kind is to let the natural enemies of meadow mice alone, unless they develop particularly obnoxious habits; drain out swamps; adopt a rotation of crops that will require the plowing up of grass lands every three or four years; to destroy all weeds, trash and litter, particularly in the orchard, and thus prevent meadow mice from having good winter quarters. If these methods are followed there is no danger; but if the small boy is allowed to use his gun at his pleasure we may be in the same shape that the farmers of Scotland were some years ago, when the landlords waged war on the hawks and owls because it was supposed they interfered with the young pheasants which the nobility came to shoot. Pennsylvania farmers were in the same predicament after the Legislature offered a bounty for a few years on hawks and owls.

We do not write this because we think there is any immediate danger, but simply to emphasize this point, to which we have so often adverted, that we cannot disturb nature's plans without in the end being punished for it.

WONDERS OF ANIMALS.
Strange Freaks in Make-up of Horses, Owls and Fishes.

Unlike most animals, horses have no eyebrows, and hares are minus eyelids. Consequently, the eyes of the latter cannot be shut, and a thin, membranous substance covers them when asleep.

The eye of the owl is also very peculiar, seeing that it is immovably fixed in its socket and cannot stir in any direction. To compensate for this seeming disadvantage, it can turn its head almost completely around without moving its body. If you were to keep a frog's mouth open many minutes it would soon die, as, owing to its peculiar construction, it can only breathe with the mouth closed.

On the other hand, fishes are compelled to keep opening and closing their mouths in order to give their respiratory organs full play. A curious fact about the eel is that it has less life in its head than its tail; consequently, when killing an eel the fisherman smashes its tail. It also has two hearts. Snakes usually have their teeth in the head, but one variety in Africa, whose principal food is eggs, is provided with a substitute for them in its stomach.—Dundee Advertiser.

An Embarrassing Question.

Some little while ago a popular writer visited a jail in order to take notes for a magazine article on prison life. On returning home he described the horrors he had seen, and his description made a deep impression on the mind of his little daughter Mary. The writer and his offspring, a week later, were in a train together, which stopped at a station near a gloomy building. A man asked: "What place is that?" "The county jail," another answered promptly.

Whereupon Mary embarrassed her father and aroused the suspicion of the other occupants of the carriage by asking, in a loud, shrill voice: "Is that the jail you were in, father?" Judge's Library.

My Hair is Extra Long

Feed your hair; nourish it; give it something to live on. Then it will stop falling, and will grow long and heavy. Ayer's Hair Vigor is the only hair-food you can buy. For 60 years it has been doing just what we claim it will do. It will not disappoint you.

"My hair used to be very short. But after using Ayer's Hair Vigor a short time it began to grow, and now it is fourteen inches long. This seems a splendid result to me after being almost without any hair."—Mrs. J. H. PIERCE, Colorado Springs, Colo.

Made by J. C. Ayer Co., Lowell, Mass. Also manufacturers of **SARSAPARILLA PILLS, CHERRY PECTORAL.**

A Criticism.

"Mrs. Chatterton is a perfect talking machine."
"As a piece of machinery, though, she lacks one detail."
"What is that?"
"The exhaust."—Baltimore American.

Only One "BROMO QUININE."
That is LAXATIVE BROMO QUININE. Look for the signature of F. W. GROVE. Used the World over to Cure a Cold in One Day. See.

If all the tenement dwellers in the lower east side of New York City should be in the streets surrounding their homes at one time they would be so crowded as hardly to be able to move.

A railroad in Nigeria, Africa, will be constructed by the British colonial government to develop the resources of the country, and in particular to stimulate the cotton growing industry. The road will be about 400 miles long.

Beware of Ointments for Catarrh that Contain Mercury.

as mercury will surely destroy the sense of smell and completely derange the whole system when entering it through the mucous surfaces. Such articles should never be used except on prescriptions from reputable physicians, as the damage they will do is ten fold to the good you can possibly derive from them. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, O., contains no mercury, and is taken internally, acting directly upon the blood and mucous surfaces of the system. In buying Hall's Catarrh Cure be sure you get the genuine. It is taken internally and made in Toledo, Ohio, by F. J. Cheney & Co. Testimonials free. Sold by Druggists. Price, 75¢ per bottle. Take Hall's Family Pills for constipation.

Evidently a Mistake.
"That watch," said the jeweler, handing it back, "is one of the kind that's made to sell."

"Durn it!" exploded Uncle Josh, who had bought the timepiece at a State street auction establishment. "I've showed that there watch to 'leven different jewelers. They all tell me it was made to sell 'n' yet I can't get a blamed cent fur it—whereas!"



"OUCH" OH, MY BACK

IT IS WONDERFUL HOW QUICKLY THE PAIN AND STIFFNESS GO WHEN YOU USE

ST. JACOBS OIL

THIS WELL-TRIED, OLD-TIME REMEDY FILLS THE BILL 25¢—ALL DRUGGISTS—50¢.

CONQUERS PAIN

Within the last four years France has recorded 28,000 suicides, while in Italy the number has been only 8,000.

PLENTY GOOD WATER

TELLS READERS HOW TO CURE RHEUMATISM AND THE KIDNEYS.

Gives Readers Advice; Also a Simple Prescription to Make a Home-Made Mixture Said to Give Prompt Relief.

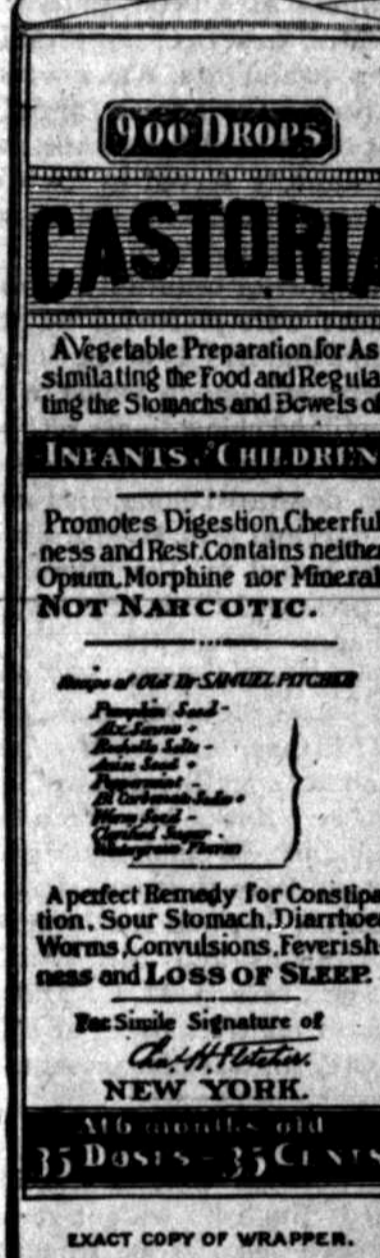
Now is the time when the doctor gets busy, and the patent medicine manufacturers reap the harvest, unless great care is taken to dress warmly and keep the feet dry. This is the advice of an old eminent authority, who says that Rheumatism and Kidney trouble weather is here, and also tells what to do in case of an attack.

Get from any good prescription pharmacy one-half ounce Fluid Extract Dandelion, one ounce Compound Sarsaparilla, three ounces Compound Syrup Sarsaparilla. Mix by shaking in a bottle and take a teaspoonful after meals and at bedtime, also drink plenty of water. You can't drink too much of it.

Just try this simple home-made mixture, and don't forget the water, at the first sign of Rheumatism, or if your back aches or you feel that the kidneys are not acting just right. This is said to be a splendid kidney regulator, and almost certain remedy for all forms of rheumatism, which is caused by uric acid in the blood, which the kidneys fail to filter out. Any one can easily prepare this at home and at small cost. Almost any druggist in the smaller towns can supply the ingredients named as they are commonly used in the prescription department.

Physicians Recommend Castoria

CASTORIA has met with pronounced favor on the part of physicians, pharmaceutical societies and medical authorities. It is used by physicians with results most gratifying. The extended use of Castoria is unquestionably the result of three facts: **First**—The indisputable evidence that it is harmless; **Second**—That it not only allays stomach pains and quiets the nerves, but assimilates the food; **Third**—It is an agreeable and perfect substitute for Castor Oil. It is absolutely safe. It does not contain any Opium, Morphine, or other narcotic and does not stupefy. It is unlike Soothing Syrups, Bateman's Drops, Godfrey's Cordial, etc. This is a good deal for a Medical Journal to say. Our duty, however, is to expose danger and record the means of advancing health. The day for poisoning innocent children through greed or ignorance ought to end. To our knowledge, Castoria is a remedy which produces composure and health, by regulating the system—not by stupefying it—and our readers are entitled to the information.—Hall's Journal of Health.



100 DROPS CASTORIA

Vegetable Preparation for Assimilating the Food and Regulating the Stomach and Bowels of INFANTS & CHILDREN

Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. NOT NARCOTIC.

A Perfect Remedy for Constipation, Sour Stomach, Diarrhoea, Worms, Convulsions, Feverishness and Loss of Sleep.

Be Sure of the Signature of **Chas. H. Fletcher** NEW YORK.

15 DROPS 35 CENTS

EXACT COPY OF WRAPPER.

Letters from Prominent Physicians addressed to Chas. H. Fletcher.

Dr. B. Halstead Scott, of Chicago, Ills., says: "I have prescribed your Castoria often for infants during my practice, and find it very satisfactory."

Dr. William Belmont, of Cleveland, Ohio, says: "Your Castoria stands first in its class. In my thirty years of practice I can say I never have found anything that so filled the place."

Dr. J. H. Taft, of Brooklyn, N. Y., says: "I have used your Castoria and found it an excellent remedy in my household and private practice for many years. The formula is excellent."

Dr. R. J. Hamlen, of Detroit, Mich., says: "I prescribe your Castoria extensively, as I have never found anything to equal it for children's troubles. I am aware that there are imitations in the field, but I always see that my patients get Fletcher's."

Dr. Wm. J. McCrann, of Omaha, Neb., says: "As the father of thirteen children I certainly know something about your great medicine, and aside from my own family experience I have in my years of practice found Castoria a popular and efficient remedy in almost every home."

Dr. J. R. Clausen, of Philadelphia, Pa., says: "The name that your Castoria has made for itself in the tens of thousands of homes blessed by the presence of children, scarcely needs to be supplemented by the endorsement of the medical profession, but I, for one, most heartily endorse it and believe it an excellent remedy."

Dr. R. M. Ward, of Kansas City, Mo., says: "Physicians generally do not prescribe proprietary preparations, but in the case of Castoria my experience, like that of many other physicians, has taught me to make an exception. I prescribe your Castoria in my practice because I have found it to be a thoroughly reliable remedy for children's complaints. Any physician who has raised a family, as I have, will join me in heartiest recommendation of Castoria."

GENUINE CASTORIA ALWAYS Bears the Signature of

Chas. H. Fletcher
The Kind You Have Always Bought
In Use For Over 30 Years.

Statistics show that 140,000 children in Belgium—more than 13 per cent of the population—are without any education.

ETS permanently cured by Dr. Kline's Great Nerve Restorer. Send for FREE 24 trial bottle and treatise. Dr. B. H. Kline, Ltd., 812 Arch St., Phila., Pa.

Non Est.
Hilker—There's one thing I forgot to ask you about Bilker. What's his religion?
Spilker—It isn't.

A dainty book in colors, called the "Jingle Book," will be sent free to any Mother sending name and address of her baby, and the tops from two one-pound cartons of "20-Mule-Team" Borax and 5c in stamps. Address Pacific Coast Borax Co., Oakland, Cal.

Consolation.
Mrs. Upsome—It's too bad that Prince Wilhelm isn't coming to Chicago.
Mrs. Highmose—Why do you mention it? He's only the second son of a crown prince, anyway.—Chicago Tribune.

SKIN DISEASES HUMORS IN THE BLOOD

When the blood is pure, fresh and healthy, the skin will be soft, smooth and free from blemishes, but when some acid humor takes root in the circulation its presence is manifested by a skin eruption or disease. These humors get into the blood, generally because of an inactive or sluggish condition of the members of the body whose duty it is to collect and carry off the waste and refuse matter of the system. This unhealthy matter is left to sour and ferment and soon the circulation becomes charged with the acid poison. The blood begins to throw off the humors and acids through the pores and glands of the skin, producing Eczema, Acne, Tetter, Psoriasis, Salt Rheum and skin eruptions of various kinds. Eczema appears, usually with a slight redness of the skin followed by pustules from which there flows a sticky fluid that dries and forms a crust, and the itching is intense. It is generally on the back, breast, face, arms and legs, though other parts of the body may be affected. In Tetter the skin dries, cracks and bleeds; the acid in the blood dries up the natural oils of the skin, which are intended to keep it soft and pliant, causing a dry, feverish condition and giving it a hard, leathery appearance. Acne makes its appearance on the face in the form of pimples and black heads, while Psoriasis comes in scaly patches on different parts of the body. One of the worst forms of skin trouble is Salt Rheum; its favorite point of attack is the scalp, sometimes causing baldness. Poison Oak and Ivy are also disagreeable types of skin disease. The humor producing the trouble lies dormant in the blood through the Winter to break out and torment the sufferer with the return of Spring. The best treatment for all skin diseases is S. S. S. It neutralizes the acids and removes the humors so that the skin instead of being irritated and diseased, is nourished by a supply of fresh, healthy blood. External applications of salves, washes, lotions, etc., while they soothe the itching caused by skin affections, can never cure the trouble and forces out every particle of foreign matter and restores the blood to its normal, pure condition, thereby permanently curing every form of skin affection. Book on Skin Diseases and any medical advice desired sent free to all who write. S. S. S. is for sale at all first class drug stores.

I suffered with Eczema for forty years and could find nothing to cure me until I tried S. S. S. I suffered intensely with the itching and burning; pustules would form from which there flowed a sticky fluid; crusts would come on the skin and when scratched off the skin was left as raw as a piece of beef. I suffered agony in the long years I was afflicted, but when I used S. S. S. I found a perfect cure. There has never been any return of the trouble. C. H. EVANS, Stockman, Neb.

S. S. S. PURELY VEGETABLE

because they do not reach the blood. S. S. S. goes down into the circulation and forces out every particle of foreign matter and restores the blood to its normal, pure condition, thereby permanently curing every form of skin affection. Book on Skin Diseases and any medical advice desired sent free to all who write. S. S. S. is for sale at all first class drug stores.

THE SWIFT SPECIFIC CO., ATLANTA, GA.