

**Mrs. Emma Stolt, of Appleton, Wisconsin**

"A Neighbor Advised Me to Use Peruna. I began to improve at Once."



MRS. EMMA STOLT

Mrs. Emma Stolt, 1069 Oneida St., Appleton, Wis., writes:

"Peruna has done me a great deal of good since I began taking it and I am always glad to speak a good word for it."

"Three years ago I was in a wretched condition with backaches, bearing down pains, and at times was so sore and lame that I could not move about. I had inflammation and irritation, and although I used different remedies, they did me no good."

"A neighbor who had been using Peruna advised me to try it, and I am glad that I did. I began to improve as soon as I took it and I felt much better. I thank you for your fine remedy. It is certainly a godsend to sick women."

**Catarrh of the Internal Organs**

Miss Theresa Bertles, White Church, Mo., writes: "I suffered with catarrh of the stomach, bowels and internal organs. Everything I ate seemed to hurt me. I never had a passage of the bowels without taking medicine. I was so tired mornings, and ached all over. I had a pain in my left side, and the least exertion or excitement made me short of breath."

"Now, after taking Peruna for six months, I am as well as I ever was. Peruna has worked wonders for me. I believe Peruna is the best medicine in the world, and I recommend it to my friends."

At Culross Abbey in Fife, Scotland, a tombstone has been found which is believed to date from the fourth century of the Christian era.

**Sometimes It Does.**

Teacher—Tommy, do you know what an apple is?

Tommy Tucker—Yes'm. It's something you, take that makes you sick to your stomach.

**No Chance.**

"Does your husband indulge in games of chance?"

"No, indeed."

"But I thought he played the races?"

"So he does."

"But that's a game of chance."

"Not with him."—Houston Post.

**Then They Clinched.**

Floorwalker—I'd be ashamed to let my trousers bag as yours do. You ought to have them creased once in a while.

Bookkeeper—If my shins were as sharp as yours I wouldn't have any more trouble in keeping my trousers creased than you do.—Chicago Tribune.

**Going Too Far.**

"Look here," exclaimed the leading man, as he entered the green room; "when I kissed you in the third act some of the coloring came off your cheeks and got on my face."

"You villain!" snapped the irate leading lady.

"Oh, that's all right, madam. I don't mind being a villain, but I don't want to be a deep-deyed villain."

**Determined Optimism.**

"Grandfather, how have you managed to retain your hopefulness and your faith in human nature?"

"My dear, I avoid modern fiction, never go to see a society drama, and read nothing in the newspapers that has a display head over it."

**The Practical Result.**

"The Spendits are certainly a very extravagant couple. What is their income?"

"They haven't any. It's all outgo."—Baltimore American.

**With Apologies.**

"Where are you going, my pretty maid?"

"I'm going a-skating, kind sir," she said.

"May I skate with you, my pretty maid?"

"You're too high a roller, kind sir," she said.

**My Hair is Extra Long**

Feed your hair; nourish it; give it something to live on. Then it will stop falling, and will grow long and heavy. Ayer's Hair Vigor is the only hair-food you can buy. For 60 years it has been doing just what we claim it will do. It will not disappoint you.

"My hair used to be very short. But after using Ayer's Hair Vigor a short time it began to grow, and now it is fourteen inches long. This seems a splendid result to me after being almost without any hair."—Mrs. J. H. Phipps, Colorado Springs, Colo.



**RICH MILK INSPECTOR**

Mrs. Marshall Field Will Try to Save Lives of Chicago Babies.

Mrs. Marshall Field is to lay aside her social obligations to assume the duties of a Chicago milk inspector. The widow of Chicago's merchant prince, society leader and possessor of millions, has caused a stir among the 400 by accepting a position on a civic health commission appointed by Mayor Busse. All other members of the board are men. Her new duties will carry Mrs. Field into the tenement houses and hospitals of the city and she will doubtless become a rival for sociological honors of Miss Jane Addams and Mrs. Potter Palmer.

The appointment of the commission is the result of the milk crusade which was waged in Chicago during the winter. At that time it was found that over half of the milk consumed in the city was infected with germs, and that was the cause of a scarlet fever epidemic.

It is believed that the commission



MRS. MARSHALL FIELD.

will be able to greatly improve the milk supply and that death's summer harvest of babies, which is always large in Chicago, will be lessened by hundreds.

**ALL AFRICANS NOT BRUTAL.**

Moundans Bear Farming Tools Instead of Warlike Weapons.

That the native African is not always and invariably a poor, half naked brute has been proved by the reports and photographs brought back to France by the "Moll mission," an expedition sent to the French Congo about eighteen months ago for the purpose of determining some unsettled boundary questions. South of Lake Chad Commandant Moll discovered a peaceful race of agriculturists and shepherds, intelligent and hospitable, ripe for cultivation, living in pastoral simplicity.

Everything about the Moundans is picturesque and interesting. They are a vigorous and handsome race and very brave, but, contrary to the almost universal practice of the Africans in regions where white rule has not been established, they never carry arms. On the contrary, the implement oftenest seen in their hands is a hoe.

Nevertheless, they appear to have descended from warlike ancestors and were probably driven southward from their original mountain home by some conquering chief. Reminiscences of this past may be seen in their semi-military architecture, which does not resemble that of any of the neighboring peoples. At a little distance one of their villages looks like a fortified city.

The Moundan village, of which Lere is an excellent type, is inclosed by a series of round towers connected by walls from two to three meters in height. Inside, parallel to the inclosing walls, is a circle of cupolas, each one pierced with a single hole. These are the granaries, the most important buildings of the town.

They are erected on piles supported on great stones, which places them beyond the reach of termites and rodents as well as of dampness, and the only entrance is through the hole in the vaulted roof. Between the outer wall and the granaries are the homes of the people, while the residence of the chief faces the entrance.

**The Life Plant.**

Visitors to Bermuda often bring back to this country as a souvenir of their trip the leaves of an interesting plant of the house leek family. It is known as the life plant, and when the leaves begin to shrivel and fade they send out little shoots which in turn bear leaves that continue to grow and remain fresh and green for months. The leaves are about four inches long, rich green in color and of a smooth waxy texture. If you take one of the leaves and pin it to the wall indoors, it will begin to sprout within three or four days, be it winter or summer. At first the top portion of the leaf will begin to wither and shrivel up, and this is likely to continue until the upper half has lost its green color. Then tiny white roots will sprout from the edges, and in time diminutive green leaves will appear on these. These little offshoots will sometimes grow to be an inch long and contain several pairs of leaves. The limit of their existence seems to depend upon the amount of heat and light they can obtain.—St. Louis Globe-Democrat.

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**College Days.**

There was once a Yale sophomore who, as many college men do, found himself in financial straits and pawned all his good clothes. A little before Thanksgiving he got a big check from home.

When he got home for the holidays the first thing his mother took out of the trunk was an overcoat and on it was pinned the pawnbroker's ticket he had forgotten to remove.

Hastily grabbing the ticket, he said: "Hello! They must have forgotten to take this off at the Smith dance when I left it in the cloakroom."

A moment later his mother took out his evening trousers. They also had a ticket on them.

"Why, Reginald," she said, "surely you didn't leave these in the cloak room, too, did you?"—Lippincott's.

St. Vincent Dance and all Nervous Diseases permanently cured by Dr. King's Great Peppermint Cure. Send for FREE trial bottle and treatise. Dr. R. H. King, Ltd., 311 Arch St., Phila., Pa.

The London Graphic suggests that the British educational authorities set up phonographs, with a "standard accent" in all the schools of the empire.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

"King Edward the Shrewd" or "the Wise" is, according to a Paris correspondent, the title a near posterity will give to England's ruler.

**No Answer Required.**

Tommy—Paw!

Mr. Tucker—What's the trouble now, my son?

Tommy—Why is it that the magazines don't make their readin' matter as interesting as they do their adv'tising pages?

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SEND FOR CATALOGUE

No Secret.  
"Do tell me, Mrs. Mannidge, how you succeed in keeping your hired help so long."

"By letting them merely help. I really do the work, you know."

Irrepressible.  
"He would joke at the grave's brink."

"What causes you to believe that?"

"Why, he is a boarder and he jokes about prunes."—Houston Post.

**SKIN DISEASES**

**HUMORS IN THE BLOOD**

When the blood is pure, fresh and healthy, the skin will be soft, smooth and free from blemishes, but when some acid humor takes root in the circulation its presence is manifested by a skin eruption or disease. These humors get into the blood, generally because of an inactive or sluggish condition of the members of the body whose duty it is to collect and carry off the waste and refuse matter of the system. This unhealthy matter is left to sour and ferment and soon the circulation becomes charged with the acid poison. The blood begins to throw off the humors and acids through the pores and glands of the skin, producing Eczema, Acne, Tetter, Psoriasis, Salt Rheum and skin eruptions of various kinds. Eczema appears, usually with a slight redness of the skin followed by pustules from which there flows a sticky fluid that dries and forms a crust, and the itching is intense. It is generally on the back, breast, face, arms and legs, though other parts of the body may be affected. In Tetter the skin dries, cracks and bleeds; the acid in the blood dries up the natural oils of the skin, which are intended to keep it soft and pliant, causing a dry, feverish condition and giving it a hard, leathery appearance. Acne makes its appearance on the face in the form of pimples and black heads, while Psoriasis comes in scaly patches on different parts of the body. One of the worst forms of skin trouble is Salt Rheum; its favorite point of attack is the scalp, sometimes causing baldness. Poison Oak and Ivy are also disagreeable types of skin disease. The humor producing the trouble lies dormant in the blood through the Winter to break out and torment the sufferer with the return of Spring. The best treatment for all skin diseases is S. S. S. It neutralizes the acids and removes the humors so that the skin instead of being irritated and diseased, is nourished by a supply of fresh, healthy blood. External applications of salves, washes, lotions, etc., while they soothe the itching caused by skin affections, can never cure the trouble because they do not reach the blood. S. S. S. goes down into the circulation and forces out every particle of foreign matter and restores the blood to its normal, pure condition, thereby permanently curing every form of skin affection. Book on Skin Diseases and any medical advice desired sent free to all who write. S. S. S. is for sale at all first class drug stores.

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PURELY VEGETABLE  
THE SWIFT SPECIFIC CO., ATLANTA, GA.

**Don't Poison Baby.**

**FORTY YEARS AGO** almost every mother thought her child must have PAREGORIC or laudanum to make it sleep. These drugs will produce sleep, and A FEW DROPS TOO MANY will produce the SLEEP FROM WHICH THERE IS NO WAKING. Many are the children who have been killed or whose health has been ruined for life by paregoric, laudanum and morphine, each of which is a narcotic product of opium. Druggists are prohibited from selling either of the narcotics named to children at all, or to anybody without labelling them "poison." The definition of "narcotic" is: "A medicine which relieves pain and produces sleep, but which in poisonous doses produces stupor, coma, convulsions and death." The taste and smell of medicines containing opium are disguised, and sold under the names of "Drops," "Cordials," "Soothing Syrups," etc. You should not permit any medicine to be given to your children without you or your physician know of what it is composed. **CASTORIA DOES NOT CONTAIN NARCOTICS**, if it bears the signature of Chas. H. Fletcher.

**900 DROPS**

**CASTORIA**

A Vegetable Preparation for Assimilating the Food and Regulating the Stomachs and Bowels of

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Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. **NOT NARCOTIC.**

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**Letters from Prominent Physicians addressed to Chas. H. Fletcher.**

Dr. J. W. Dinsdale, of Chicago, Ill., says: "I use your Castoria and advise its use in all families where there are children."

Dr. Alexander E. Mintie, of Cleveland, Ohio, says: "I have frequently prescribed your Castoria and have found it a reliable and pleasant remedy for children."

Dr. J. S. Alexander, of Omaha, Neb., says: "A medicine so valuable and beneficial for children as your Castoria is, deserves the highest praise. I had it in use everywhere."

Dr. J. A. McClellan, of Buffalo, N. Y., says: "I have frequently prescribed your Castoria for children and always got good results. In fact I use Castoria for my own children."

Dr. J. W. Allen, of St. Louis, Mo., says: "I heartily endorse your Castoria. I have frequently prescribed it in my medical practice, and have always found it to do all that is claimed for it."

Dr. C. H. Glidden, of St. Paul, Minn., says: "My experience as a practitioner with your Castoria has been highly satisfactory, and I consider it an excellent remedy for the young."

Dr. H. D. Benner, of Philadelphia, Pa., says: "I have used your Castoria as a purgative in the cases of children for years past with the most happy effect, and fully endorse it as a safe remedy."

Dr. J. A. Boardman, of Kansas City, Mo., says: "Your Castoria is a splendid remedy for children, known the world over. I use it in my practice and have no hesitancy in recommending it for the complaints of infants and children."

Dr. J. J. Mackey, of Brooklyn, N. Y., says: "I consider your Castoria an excellent preparation for children, being composed of reliable medicines and pleasant to the taste. A good remedy for all disturbances of the digestive organs."

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The Estey Organ is the standard. Everybody knows the Estey to be first-class, rich in tone and durable. Estey Parlor Organs range in price from \$60 to \$150. The cut shown above is style #81, price \$95. We also have Packard and Chicago Cottage Organs, Victor Talking Machines, and twenty different makes of Pianos—Steinway, Knabe, Cable, Ludwig, Conover, Kingsbury, Packard, Wellington and many others. Write for catalogue and price list. You can buy just as cheap by mail as by visiting one of our stores. Be sure and address your letter to G. F. Johnson, manager.

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