

A PRETTY MILKMAID

Thinks Peruna is a Wonderful Medicine.



MISS ANNIE HENDREN.

Miss Annie Hendren, Rockville, Wash., writes:

"I feel better than I have for over four years. I have taken several bottles of Peruna and one bottle of Manslin."

"I can now do all of my work in the house, milk the cows, take care of the milk, and so forth. I think Peruna is a most wonderful medicine."

"I believe I would be in bed today if I had not written to you for advice. I had taken all kinds of medicine, but none did me any good."

"Peruna has made me a well and happy girl. I can never say too much for Peruna."

Not only women of rank and leisure praise Peruna, but the wholesome, useful women engaged in honest toil would not be without Dr. Hartman's world renowned remedy.

The doctor has prescribed it for many thousand women every year and he never fails to receive a multitude of letters like the above, thanking him for his advice, and especially for the wonderful benefits received from Peruna.

Monsieur Hyde.

"M. James Hyde," says the Paris Figaro, "the exceedingly rich American who appertains to the most high society of New York, comes from commanding at Paris a carriage electric. It is to the French industry that M. James Hyde is addressed himself for to have the most comfortable, the most commodious and the most elegant of the vehicles of the city."—Translated by Harper's Weekly.

Wasted Effort.

"It takes time, trouble and infinite patience, of course, to be a good Sunday school teacher, but you have the satisfaction of knowing that you are helping to mold the character of the rising generation."

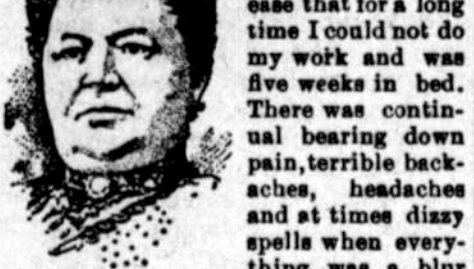
"Yes, but it makes me sad to think how quickly a year's work is undone when green apple time comes."

TERRIBLE TO RECALL.

Five Weeks in Bed With Intensely Painful Kidney Trouble.

Mrs. Mary Wagner, of 1367 Kossuth Ave., Bridgeport, Conn., says: "I was so weakened and generally run down with kidney disease that for a long time I could not do my work and was five weeks in bed. There was continual bearing down pain, terrible backaches, headaches and at times dizzy spells when everything was a blur before me. The passages of the kidney secretions were irregular and painful, and there was considerable sediment and odor. I don't know what I would have done but for Doan's Kidney Pills. I could see an improvement from the first box, and five boxes brought a final cure."

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.



Carl Schurz.

No other man of foreign birth ever showed such fine command of the English language or used it so felicitously. A man who objected strongly to his politics but admired his talents as a writer once said: "I wish Mr. Schurz couldn't write so well; I could hate him better." In 1877 Carl Schurz visited Boston to make a speech against Benjamin F. Butler, who was running for Governor of Massachusetts. While arguing on the question of the resumption of specie payments, an issue that was paramount at that time, Mr. Schurz likened "inflation" to a balloon filled that had carried the American nation off its feet. At that time he made use of the following expression, which brought the immense audience that greeted him to its feet: "We have placed our feet on solid ground again and we propose to keep them there."

Miss Boston—They say she's extremely haughty.

Miss Tours—I should say so! The last time I saw her she was sailing down the street in—

Miss Boston—Pardon me; why do you use that senseless expression? How could she go "sailing" down the street?

Miss Tours—Easy enough. I saw her last in Venice.—The Catholic Standard and Times

A NATIONAL EVIL

Stopping Progress from the Bottom to the Top.

Tipping is rapidly becoming a national evil. It began with the payment of small gratuities to waiters in restaurants and hotels. In this form it was an importation from Europe. Of course, the waiter ought to serve the customer faithfully without being bribed to do the work which he had been hired to perform, but the custom has grown to such an extent that unless one fees he is sure not to obtain good service. He submits, therefore, to the imposition, as the less of two evils. The practice has spread to such an extent that the man who blacks your boots, that helps you on with your coat, that hands you your hat, that tells you the way, that brings you a glass of water, that shaves your face, or cuts your hair, expects a gratuity in addition to the pay which he receives for performing his work.

The tipping evil has gone higher up than this, and is now beginning to spread itself through all the departments of business and politics. It is the duty of the legislator to pass good laws, but he sometimes has to be tipped to do it. It is the duty of the policeman to protect property from robbery, but he often has to be tipped to do it. If you want to sell a line of goods it is even necessary to tip the butler, the farm superintendent, the purchasing agent. Do you want a switch connection or a prompt supply of cars from a railroad? It may be well to tip the railroad official with a gift of money or of stock.

It is about time to check this tipping abuse. Let us stop it first high up, and work down to the bottom.—Wall Street Journal.

Only the Promise.

A big sea turtle was sprawling around in the tank in front of the restaurant. "Look, papa!" exclaimed the little boy. "Let's go in and have some real green turtle soup!"

"Not yet, Georgie," said the father. "Wait till some day when you see this tank empty."

Side Lights on History.

The Hessians at Trenton had surrendered. "Ah, well," they said, "think how much more disastrous it might have been if we had had to make a hurried retreat!"

Later, as if to verify their words, came the Hessian fly.

Bred Contempt.

Girl with the Gibson Girl Neck—Can't you see something familiar in the face of that man sitting on the opposite side of the car?

Girl with the Julia Marlowe Dimple—Yes; it's his eyes. I wish he'd be a little less familiar with them.

STATE OF OHIO, CITY OF TOLEDO, ss. Lucas County.

FRANK J. CHENEY makes oath that he is senior partner of the firm of F. J. CHENEY & Co., doing business in the City of Toledo, County and State aforesaid, and that said firm will pay the sum of ONE HUNDRED DOLLARS for each and every case of CATARRH that cannot be cured by the use of HALL'S CATARRH CURE.

FRANK J. CHENEY, sworn to before me and subscribed in my presence, this 6th day of December, A. D. 1896. A. W. GLEASON, Notary Public.

Hall's Catarrh Cure is taken internally, and acts directly on the blood and mucous surfaces of the system. Send for testimonials, free. F. J. CHENEY & Co., Toledo, O. Sold by Druggists, 75c. Hall's Family Pills are the best.

His Reputation.

Miss Medicus (sister of the new village doctor)—Have you heard of Dr. Medicus about here?

Native—Rather, mum! Do you see that bearse and earriages goin' by over there? That's one of his funerals.—Harper's Weekly.

Usual Dash of Cold Water.

Borus—I've been nearly dead for sleep during the last week. I could scarcely keep awake while I was writing that story that was printed yesterday.

Nagus—I can easily believe it. It affected me the same way while I was reading it—from sympathy, I suppose.

Life-Saving Service.

In perhaps no other country is the life-saving service as proficient as in the United States.

The system was first established in 1871, and there are at present 277 life-saving stations supported by the government, 192 of which are on the Atlantic coast, 68 on the Great Lakes, 16 on the Pacific coast, and one at the falls of the Ohio River near Louisville.

There were only 365 disasters along the coasts during the year ending June 30, 1905, and out of 4,089 persons involved only twenty-seven were lost.

For that Dandruff

There is one thing that will cure it—Ayer's Hair Vigor. It is a regular scalp-medicine. It quickly destroys the germs which cause this disease. The unhealthy scalp becomes healthy. The dandruff disappears, had to disappear. A healthy scalp means a great deal to you—healthy hair, no dandruff, no pimples, no eruptions.

The best kind of a testimonial—"Sold for over sixty years."

Made by J. C. Ayer Co., Lowell, Mass. Also manufacturers of SASSAPARILLA, PILLS, CHERRY PECTORAL.

Science AND INVENTION

The largest frog is now stated to be the new Rana goliath from the Cameroons, with a head and body measuring not less than ten inches. Hitherto the largest known has been a species living in the Solomon Islands.

Root penetration in the soil has been tested by excavating about six feet so as to leave a vertical wall, and then spraying from a garden hose. The bare roots retained their natural positions. Rye, beans and peas each showed a matted felt of white fibers reaching down about four feet, wheat had extended 3½ feet in seven months, and maize and clover were traced to a depth of ten feet in light, rich soil.

The flying frogs of the Malay appear to be mythical, but three tree snakes of Borneo, lately described to the London Zoological Society by R. Shelford, are credited with taking flying leaps from the boughs of trees to the ground. It is found that scales on the lower part of the body may be drawn inward so that the whole lower surface becomes concave. The resistance to the air is thus greatly increased, and experiments indicate that the snakes do not fall in writhing coils, but are let down gently in a direct line by the parachute-like action of their peculiar bodies.

Speaking at Glasgow recently, B. H. Brough summed up many facts about the use of iron by the ancients. Interesting in the light of recent metallurgical practice is a part of an iron tool found in the Great Pyramid, because it contains not only nickel, but also combined carbon, showing that it is not of meteoric origin. Under a sphinx at Karnak an iron sickle was found. At Delhi there still exists an iron pillar, 50 feet high and 18 inches in diameter, made up of 50-pound blooms welded together. This pillar, Mr. Brough suggested, may be regarded as "the doyen among products of the heavy iron industry." The use of iron and steel in China has been traced to the year 2357 B. C. The Japanese are said to have had a curious method of making steel. They buried forged iron in marshy ground, and after eight or ten years, through some alchemy of nature, it came out steel.

Interesting experiments have recently been made at the Kew Observatory near London on the effects of the electric currents produced in the earth by the electric traction systems of the British metropolises. The delicate magnetic instruments of the observatory are affected by the currents. Metallic plates buried in the ground were connected with a photographic recording apparatus, and the tracings recorded by the instrument formed a picture of the time-table of the London Central Railway, although the nearest point of approach of that line is six miles from Kew. Even accidental breakdowns occurring on the traction line were indicated in the photographic record. By connecting the earth-plates with a sensitive galvanometer, the effect of the movements of the tramway controllers was rendered evident, and a telephone being attached, sounds were heard at each controller movement.

Two projects for the construction of railway tunnels of unprecedented magnitude are now under discussion. One of them, which appeals strongly to the imagination if it does not enlist much sympathy among practical men, is Monsieur de Lobel's plan for tunneling Bering Strait to connect Siberia with Alaska. The author of this plan explained it before a large meeting of the Navy and Military Club at St. Petersburg recently. Bering Strait, he said, is about 38½ miles broad and 157 feet deep, but it has two islands so situated that the tunnel could be divided into three sections of about 12½ miles each. The other project is older, and relates to tunneling the English Channel between Dover and Calais. French engineers have recently been studying the enterprise anew. The distance is about 23½ miles. The work would be relatively easy because the tunnel would run through chalk.

Not So Very Kind.



Mrs. Wilks—It be kind of you, doctor, comin' so far to see Wilks. Doctor—Not at all. I have a patient on the way, so I can kill two birds with one stone.—Tatler.

The Ruling Passion. The trading-stamp agent was before the court.

"I'll have to hold you in \$1,000 bail," remarked the magistrate. "All right, Judge," said the prisoner; "do you give stamps with a transaction like that?"—Philadelphia Ledger.

Just the Prime of Life. "When do you consider a man at his prime of life?" "When he's old enough to quit writing poetry and not old enough to begin writing love letters to his stenographer."—Cleveland Leader.

Uncle Allen. "It is perfectly natural that we should hate the man who wants to do all the talking," reflected Uncle Allen Sparks. "He prevents us from doing it all."

To Break in New Shoes. Always shake in Allen's Foot-Ease, a powder. It cures hot, sweating, itching, swollen feet. Cures corns, ingrowing nails and bunions. At all drugists and shoe stores. Don't accept any substitute. Sample mailed FREE. Address Allen S. Olmsted, Le Roy, N. Y.

Usual Result. One day, just to try a new pian.

The office went hunting the man;

But it hunted too high.

For the man he was shy—

And it bagged the old boss of a clan.

More Like It. "Grapher is in financial straits, I hear."

"Don't believe it. I'll bet they're financial crookeda."—Philadelphia Ledger.

Mothers will find Mr. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

Served It on Her, Anyway. Mistress (indisposed)—What is it you wish to say to me, Bridget? I am too ill to sit up.

Domestic—Well, mum, ye can take notice widout sittin' up. I have ye nixt Sath'day, mum.

Baron Takaki says four-fifths of the Japanese boys are now studying English, and that it will soon become the language of Japan, and later of the world.

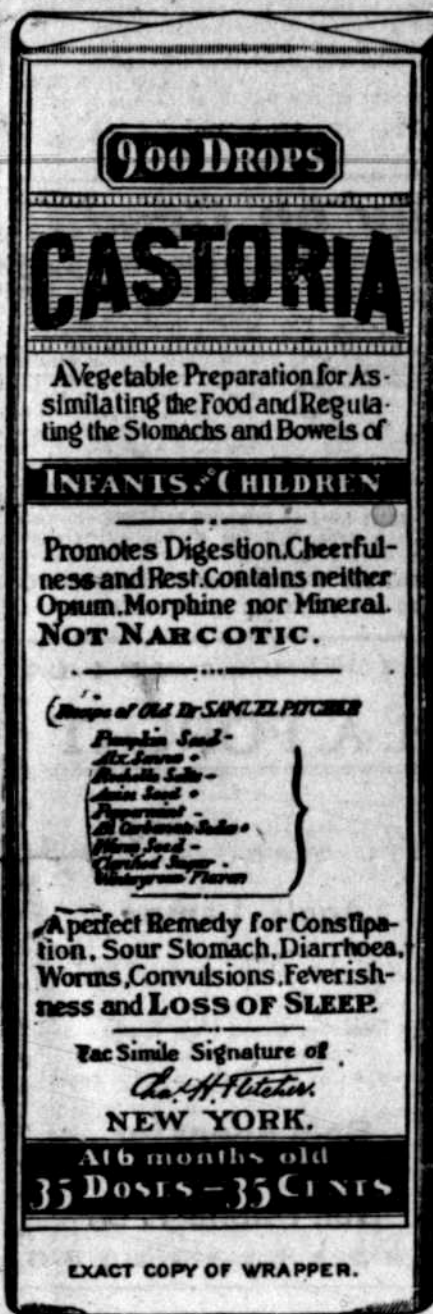
St. Vitus' Dance and all Nervous Diseases permanently cured by Dr. Kline's Great Nerve Restorer. Send for FREE 241 trial bottle and treatise. Dr. R. H. Kline, Jr., 151 Arch St., Phila., Pa.

An Appreciation. "Have you ever seen Hamlet played precisely as you thought it should be?" "No," answered Mr. Stormington Barnes. "I have often wished I might be a spectator at one of my own performances."—Washington Star.

Save the Babies.

INFANT MORTALITY is something frightful. We can hardly realize that of all the children born in civilized countries, twenty-two per cent., or nearly one-quarter, die before they reach one year; thirty-seven per cent., or more than one-third, before they are five, and one-half before they are fifteen!

We do not hesitate to say that a timely use of Castoria would save a majority of these precious lives. Neither do we hesitate to say that many of these infantile deaths are occasioned by the use of narcotic preparations. Drops, tinctures and soothing syrups sold for children's complaints contain more or less opium, or morphine. They are, in considerable quantities, deadly poisons. In any quantity they stupefy, retard circulation and lead to congestions, sickness, death. Castoria operates exactly the reverse, but you must see that it bears the signature of Chas. H. Fletcher. Castoria causes the blood to circulate properly, opens the pores of the skin and allays fever.



Letters from Prominent Physicians addressed to Chas. H. Fletcher.

Dr. A. F. Peeler, of St. Louis, Mo., says: "I have prescribed your Castoria in many cases and have always found it an efficient and speedy remedy."

Dr. E. Down, of Philadelphia, Pa., says: "I have prescribed your Castoria in my practice for many years with great satisfaction to myself and benefit to my patients."

Dr. Edward Parrish, of Brooklyn, N. Y., says: "I have used your Castoria in my own household with good results, and have advised several patients to use it for its mild laxative effect and freedom from harm."

Dr. J. B. Elliott, of New York City, says: "Having during the past six years prescribed your Castoria for infantile stomach disorders, I most heartily commend its use. The formula contains nothing deleterious to the most delicate of children."

Dr. C. G. Sprague, of Omaha, Neb., says: "Your Castoria is an ideal medicine for children, and I frequently prescribe it. While I do not advocate the indiscriminate use of proprietary medicines, yet Castoria is an exception for conditions which arise in the care of children."

Dr. J. A. Parker, of Kansas City, Mo., says: "Your Castoria holds the esteem of the medical profession in a manner held by no other proprietary preparation. It is a sure and reliable medicine for infants and children. In fact, it is the universal household remedy for infantile ailments."

Dr. H. F. Merrill, of Augusta, Me., says: "Castoria is one of the very finest and most remarkable remedies for infants and children. In my opinion your Castoria has saved thousands from an early grave. I can furnish hundreds of testimonials from this locality as to its efficiency and merits."

Dr. Norman M. Geer, of Cleveland, Ohio, says: "During the last twelve years I have frequently recommended your Castoria as one of the best preparations of the kind, being safe in the hands of parents and very effective in relieving children's disorders, while the ease with which such a pleasant preparation can be administered is a great advantage."

GENUINE CASTORIA ALWAYS

Bears the Signature of

Chas. H. Fletcher.

The Kind You Have Always Bought

In Use For Over 30 Years.

How Good Food may Turn to Poison

DECAY is not digestion, you know, even when it takes place in the stomach.

Food decayed in the body after being eaten is as dangerous to health as food decayed before being eaten. Food nourishes or poisons, just according to how long it remains in the bowels undigested.

Cascarets are the simplest and surest safeguard against Delayed Digestion yet discovered.

Sold in a thin Enamel Box, half as thick as your watch, which fits into the vest pocket or lady's purse as if it grew there.

In this round-edged Enamel Box are found six small Candy Tablets.

One of these toothsome tablets works wonders for digestion.

Soon as placed in the mouth it starts the Saliva flowing, which at once gets to work dissolving it.

The Saliva becomes blended with the Candy Cascaret tablet, and from the moment they start going down your throat together they start working to gether.

Now, what do they work at? Bowel-work, of course—Digestion.

Most of the Digestion occurs in the thirty feet of intestines that connect with the Stomach.

They are lined with a set of little mouths, that squeeze Digestive Juices into the Food eaten.

The Digestive Juices thus mix with the food, just as Saliva mixes with Cascaret tablets, dissolving and changing that food into nourishment, as it passes along the channel.

The Intestines are also lined with millions of little suction pumps, that draw the Nutrient from Food, as it passes them in going through.

This Nutrient is then carried into the Blood, and spread over the Body as Brain, Bone and Brawn.

But, when the Bowel-Muscles are weak, the Food moves too slowly to stimulate the little Gastric Mouths and there is no flow, or too little flow of Digestive Juice, to change the food into nourishment.

Then, the food decays in the Bowels, and in the thirty feet of Intestines.

When this Decay begins the little suction pumps draw Poison from the decayed Food, into the blood, instead of the Nutrient it should have drawn.

Now, Cascarets contain the only combination of drugs that Stimulates these Muscles of the Bowels and Intestines just as a Cold Bath, or open-air Exercise, stimulates a Lazy Man.

Cascarets therefore act like Exercise.

They produce the same sort of Natural result that a Six Mile walk in the country would produce, without any injurious Chemical effect.

The Vest Pocket Cascaret Box is sold by all Druggists, at Ten Cents.

Be sure you get the genuine, made only by the Sterling Remedy Company, and never sold in bulk. Every tablet stamped "CCC."

FREE TO OUR FRIENDS!

We want to send to our friends a beautiful French-designed, GOLD-PLATED BOMBON BOX, hard-mounted in colors. It is a beauty for the dressing table. Free cents in stamps is asked as a measure of good faith and to cover cost of Cascarets, with which this dainty trinket is loaded. Send to-day, enclosing this paper. Address Sterling Remedy Company, Chicago or New York.



Wise Bros. Dentists

Young MEN, Old MEN, Middle-Aged MEN. Send for free pamphlet in plain cover. Tells about an appliance that insures happiness, health and success in life. Free—send today.

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MULETEAM BORAX

Will produce Whiter, Cleaner

Clothes in Your Laundry Than

Any other Article without Labor

All dealers. Free Sample Box and Borax Soap, Booklet and Souvenir Picture in colors, for 10 cents and Dealer's name. PACIFIC COAST BORAX CO., Oakland, Cal.

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Names and Addresses in Portland of Representative Business Firms.

CREAM REPARATORS—We guarantee the U. S. Separator to be the best. Write for free catalog. Hazelwood Co., Fifth and Oak.

MEN'S CLOTHING—Buffum & Pendleton, sole agents Alfred Benjamin & Co.'s correct clothes. Everything in men's furnishings. Morrison and Sixth streets. Opposite postoffice.

POULTRY FOOD—If you want your hen to lay more eggs write us for free particulars about FURINA POULTRY FEEDS—Acme Mills Co., Portland, Oregon.

PIANOS & ORGANS—Oldest piano house on Pacific coast. Organs and Pianos on easy payments. Write for list. Let us quote you a price. Allen & Gilbert-Ramaker Co., Portland, Oregon.

WANTED—Men and Women to learn Barber trade in eight weeks; graduates earn from \$15 to \$25 weekly; expert instructors; catalog free; Moier System of Colleges, 35 N. Fourth St., Portland.

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