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Feed your hair; nourish it; give it something to live on. Then it will stop falling, and will grow long and heavy. Ayer's Hair Vigor is the only hair-food you can buy. For 60 years it has been doing just what we claim it will do. It will not disappoint you.

"My hair used to be very short. But after using Ayer's Hair Vigor a short time it began to grow, and now it is fourteen inches long. This seems a splendid result to me after being almost without any hair."—Mrs. J. H. Frazar, Colorado Springs, Colo.



GREAT TUNNEL PLANNED.

Central Pacific to Pierce the Sierra Nevada Mountains.

"The boring of what will be the longest tunnel in the United States, and one of the longest in the world, has very recently been determined upon by the Central Pacific Railroad Company," says J. Wayne Baltimore in the Technical World Magazine.

Chief Engineer William Hood has finished plans and reports for the proposed gigantic six-mile hole to be bored through the Sierra Nevada Mountains in California, a short distance west of the town of Truckee, Ariz.

The object of this great tunnel is to cut down the present mountain climb of 7,017 feet by fully 2,000 feet, and thus eliminate many of the present curves and much of the grade. Chief Engineer Hood's reports contain some modifications of his first series of surveys, made some years ago, and these will doubtless be approved by President Harriman; and work, it is expected, will very soon be commenced on this great tunnel.

"It is estimated that the tunnel will cost not less than \$10,000,000 and that among other things it will cheapen the annual expenses of operating trains over the mountain division by fully \$100,000. Being over 38,000 feet in length, the tunnel will be one of the longest in the world and certainly the longest in the United States. The longest now in existence on this continent is the 16,000-foot bore in the Cascade range in Washington, on the Great Northern Railroad."

Encouraging Hints.
The Young Man (ardent, but bashful)—Miss Hope, I shall try to show you that I am not—as big a fool as I seem. You mustn't judge me by my appearances.
The Young Woman—Certainly not, Mr. Wrightson. You don't make your appearances here often enough for that.

Protection of American Birds.

The movement for the protection of birds in America has long since assumed formidable proportions, says American Homes and Gardens. Much of the credit for the work accomplished is due to the Audubon societies, which exist in thirty-five States, and which for a number of years have carried on an active work for the conserving of bird life. The results accomplished are considerable. A "model law" drawn up by the American Ornithologists' union is now in force in thirty States and the District of Columbia. The Lacey law excludes from interstate commerce all birds killed illegally in any State, and makes those legitimately killed subject to the law of the State in which they are bought.

Laws prohibiting the sale of game out of season, even when killed in season, look toward the same end of conserving bird life. Public attention has been aroused on the subject, and even the manufacturer of air rifles no longer calls attention to the fact that they will kill small game within short distances. Absolute protection has not yet been given the birds everywhere, but a great and important work has been well begun and is being carried forward.

Clear as Thick Ink.
On the South Side is a Chinaman who has not been in Chicago long enough to master the English language, save that he has grasped the meaning of a few words. The other day he went into the store of a tradesman, but was unable to make any one in the store understand what he wanted.

To the clerk he kept saying "ting, ting." After all had given up in despair and when John was about to make his departure, the proprietor happened to make his appearance. At once "ting" to him was string and he procured a section of rope the size of a clothesline.

John looked at it for a moment, took it in his yellow fingers and then said "young ting." Then the merchant went to a cabinet, pulled out a drawer and came back with a spool of thread. The Mongolian's face was at once wreathed with smiles. He handed over his nickel and went about his business with the air of a man who had accomplished a great undertaking.—Chicago News.

Fortune's Wheel.
"See that old chap?" remarked the clubman, pointing out the window to an old peddler, who carried a basket of shoe laces. "Well, he came to this country from Russia ten years ago. He borrowed some money to purchase a basket and began to peddle shoe laces. How much do you think he's worth to-day? Just make a guess."
Several large sums were mentioned expectantly.
"Wrong," said the clubman. "He isn't worth a cent and he still owes for the basket."—Puck.

Had Tried It.
"You ought to try taking a long walk on an empty stomach."
"Why, doctor, I did the other day, after the races were over, and felt all the worse for it."



Upper-Ten Child.—My papa is abroad. Is yours? Lower-Ten Child—Yes. Mine is at large ag'in.—New York Weekly.

Jack.—How is it you lavish so much affection on those dumb brutes? Ella—For want of something better.—Judge.

Lady Customer. (In baker's shop, to shop girl)—Are these buns to-day's, because what I bought yesterday weren't.—Punch.

Woman's Ages.—He: "They say a man has seven ages." She: "Women are more stable. They have one age and stick to it."

Well Answered.—Mistress: "Do you like children?" Applicant for Nurse: "Do yes expect to get a Roosevelt for four dollars a week?"

Mamma. is it possible to hate anyone you have never met and don't know personally? "Certainly, darling; don't we all hate 'Central'?"—Life.

Suspicious.—"What is the prisoner's reputation for truth and veracity?" "I don't know, except that I have frequently seen him go past with a fishing pole."

Mose Johnson.—Doan yo' hate to see a woman's hands covered wif rings? Pete Perstimmous—Ah suttinly does. Ah'd as soon git hit wif brass knuckles!—Puck.

As It Ought to Seem.—"Hans, how long have you been married?" "Well, dis is a ting that I seldom don't like to talk about, but ven I does, it seems so long as it never vas."

Shocking.—"What would you do if I should give you a penny?" asked the old lady. "Madame," replied the beggar, "I am afraid I should be compelled to invest it in a nerve tonic."

Miss Debutante.—Now that you're graduated from college, don't you miss the outdoor exercise? Mr. Greenwain—Not especially. You see, I'm serving subpoenas for a law firm now.—Puck.

How dare you laugh at our investigation? said the irate statesman. "Thought it was the proper thing to do," answered the financier. "Was told it would be a farce."—Washington Star.

Regrets.—A country paper has this personal item: "Those who know old Mr. Wilson of this place personally will regret to hear that he was assaulted in a brutal manner last week, but was not killed."

His Hope.—Mother: "Oh, you bad boy! Dirty hands again! I'm afraid you're a hopeless case." Tommy (eagerly): "Oh, ma, does 'hopeless' mean you're going to give up talking about it?"—Philadelphia Ledger.

Yellow a Peril.—"What broke up the Ladies' Debating Society?" "The leading member was told to prepare an essay on the yellow peril. She did so, and the opening sentence read: 'Yellow apparel is very trying to most complexions.'"

Miss Skreecher.—What sort of songs do you like best, Mr. Suphrer? Mr. Suphrer—The songs of the seventeenth century. Miss S.—How odd! Why do you prefer them? Mr. S.—Because nobody ever sings 'em nowadays.—Cleveland Leader.

Modern Natural History.—The teacher had been telling the class about the rhinoceros family. "Now name some things," said he, "that is dangerous to get near to, and that have horns." "Automobiles," promptly replied little Robbie Bright.

"No," he said, "I'm not sure whether my wife's Christmas gift to me was meant to please me or to humble my pride." "What did she give you?" "She had a crayon portrait of me made by an amateur artist."—English Illustrated Magazine.

Miss Watkins.—Where is Mr. Cashleigh now? Mr. Wilkyns—I don't know exactly. Somewhere up in Canada. Miss Watkins—Why, I didn't know that he was going away. Mr. Wilkyns—The bank directors didn't either.—Somerville Journal.

Governor (at the consul's party).—I remember your face perfectly, sir, but your name for the moment has escaped me. Stranger—I am delighted to meet you again, your excellency. My name is Ivan Petrovitch Swerczakiski.—Somerville Journal.

Patient—Doctor. I frequently experience a blissing sound in my ears. What would you advise me to do? Doctor—What is your occupation? Patient—I'm an actor. Doctor—Then I'd advise you to get some other kind of a job.—Chicago Daily News.

First Attempt.—"Do you keep silk-olme?" asked Mrs. Youngwife of the dry goods clerk. "I am sorry, madam, but we are all out of it to-day." "Oh, what a pity! I did want it awfully. But if you haven't it, I will have to make something else answer. Please give me two yards of cottonolene."

"So you can't help stealing?" asked the magistrate, kindly. "No, your honor, an impulse comes over me that I can't resist." "To bad, too bad! An impulse to send you up for six months is getting hold of me. There! It's got hold. Six months; can't resist. Impulse is a wonderful thing."—Ex.

Advantages of Yells.—Successful Farmer (whose son has been to college): "What was that howlin' you was doin' out in th' grove?" Cultured Son: "I was merely showing Miss Brighteyes what a college yell is like." Farmer: "Wall, colleges is some good after all. I'm goin' into town to sell some truck to-morrow. You kin go along an' do th' callin'."

RHEUMATISM

ALMOST AS COMMON IN SUMMER AS IN WINTER.

While the damp, cold, changing weather of Winter intensifies the pains and other disagreeable symptoms of Rheumatism, it is by no means a winter disease exclusively. Through the long months of Summer its wandering pains and twitching nerves are felt by those in whose blood the uric acid, which produces the disease, has accumulated.

Rheumatism is a disease that involves the entire system. Its primary cause results from the failure of the eliminative organs, the Liver, Kidneys and Bowels, to carry out of the system the urea, or natural refuse matter. This coming in contact with the different acids of the body forms uric acid which is taken up and absorbed by the blood. This acid causes fermentation of the blood, making it sour and unfit for properly nourishing the body, and as this vital stream goes to every nook and corner of the body, the poison is distributed to all parts. The nervous system weakens from lack of rich, pure blood, the skin becomes feverish and swollen, the stomach and digestion are affected, the appetite fails and a general diseased condition of the entire system is the result.

Not only is Rheumatism the most painful of all diseases, with its swollen, stiff joints, throbbing muscles and stinging nerves, but it is a formidable and dangerous trouble. If the uric acid is allowed to remain in the blood, and the disease becomes chronic, chalky deposits form at the joints, and they are rendered immovable and stiff, and the patient left a helpless cripple for life. Every day the poison remains in the system the disease gets a firmer hold. The best time to get rid of Rheumatism is in warm weather; because then the blood takes on new life and the skin is more active and can better assist in the elimination of the poisons. With the proper remedy to force the acid out of the blood, and at the same time build up and strengthen the Liver, Kidneys, Bowels and other organs of the body, Rheumatism can be permanently cured. External applications relieve the pain and temporarily reduce the inflammation, and for this reason are desirable, but they cannot have any effect on the disease. The blood is poisoned and the blood must be treated before a cure can be effected.

S. S. S., a remedy made from roots, herbs and barks, is the best treatment for Rheumatism. It goes into the blood and attacks the disease at its head, and by neutralizing the acid and driving it out, and building up the sour blood so it can supply nourishment and strength to every part of the body, it cures Rheumatism permanently. S. S. S. is the only safe cure for the disease; being purely vegetable, it will not injure the system in the least, as do those medicines which contain Potash or some other mineral ingredient. S. S. S. tones up every part of the body by its fine tonic properties.

While cleansing the blood of all poisons it builds up the appetite and digestion, soothes the excited nerves, reduces all inflammation, relieves pain and completely cures Rheumatism in every form—Muscular, Inflammatory, Articular or Sciatic. If you are worried with the nagging pains of Rheumatism, do not wait for it to become chronic, but begin the use of S. S. S. and purge the blood of every particle of the poison. Write for our book on Rheumatism, and ask our physicians for any advice you wish. We make no charge for either.

THE SWIFT SPECIFIC COMPANY, ATLANTA, GA.



Last Summer I had a severe attack of Inflammatory Rheumatism in the knees, from which I was unable to leave my room for several months. I was treated by two doctors and also tried different kinds of liniments and medicines which seemed to relieve me from pain for awhile, but at the same time I was not any nearer getting well. One day while reading a paper I saw an advertisement of S. S. S. for Rheumatism. I decided to give it a trial, which I did at once. After I had taken three bottles I felt a great deal better, and I continued to take it regularly until I was entirely cured. I now feel better than I have for years.
CHAS. E. GILDERLEEVE.
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SSS

MAKING ARTIFICIAL ICE CREAM.

Cottonseed Oil Used Instead of the Ordinary Ingredients.

"When Prof. Stillman of Stevens Institute gave a dinner to two friends, at which most of the viands were made artificially by chemical means," writes Lawrence Perry in the Technical World Magazine, "he had small idea of the future his efforts would produce. But he has received hundreds of letters asking how different dishes were produced—so many that he has not had time to answer many of them.

"The chemical processes which he employed were some of them simple and some quite complicated. To make vanilla ice cream by artificial means, for instance, the alchemist took some triple refined cottonseed oil and placed it in a centrifugal machine which revolved at a velocity of 3,000 revolutions a minute. A beautiful emulsion was thereby produced, which was then frozen, chemically, of course. The flavor was obtained by the addition of vanillin, glucin and nitrobenzol. They say that ice cream composed as above is sold in many Southern States where cottonseed oil is more plentiful and consequently cheaper than milk or cream. It is far from harmful, tastes good and does not melt as quickly as the genuine ice."

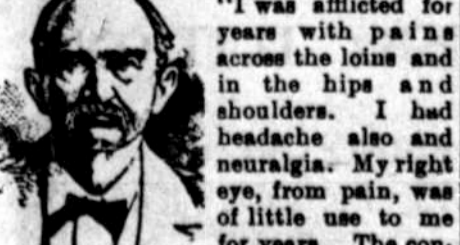
Mothers will find Mr. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

Couldn't Deny It.
Prospective Investor—The earthquake, of course, has disturbed property values out here a great deal.
San Franciscan—Well, sir, to tell the truth, our real estate fluctuated like the mischief while the quake was on.—Chicago Tribune.

UTTERLY WORN OUT.
Vitality Sapped by Years of Suffering With Kidney Trouble.

Capt. J. W. Hogan, former postmaster of Indianapolis, now living at Austin, Texas, writes: "I was afflicted for years with pains across the loins and in the hips and shoulders. I had headache also and neuralgia. My right eye, from pain, was of little use to me for years. The constant flow of uric acid kept my system depleted, causing nervous chills and night sweats. After trying seven different kinds of climate and using all kinds of medicine, I had the good fortune to hear of Doan's Kidney Pills. This remedy has cured me. I am as well today as I was twenty years ago, and my eyesight is perfect."

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.



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Refort Courtrooms.

"Aw—captain, you used to be a whaler, didn't you?"

"Yes."
"Would you mind telling me—aw—what kind of bait you used in catching a whale?"
"Dudes, when we could get 'em, young feller."—Chicago Tribune.

Divorce Increasing.
Divorces seems to be growing more prevalent every succeeding year. In 1895 there were 202 divorces in New York City. In 1904 there were 843.

The same increase is true of Chicago, where in 1895 there were 1,145 divorces, and in 1904 there were 2,350. In Philadelphia in 1904 614 divorces are on record, against 364 in 1895. In Boston there were 268 cases of divorce in 1895, and 512 in 1904.

Nearly all the larger cities show a corresponding increase of divorces.

STATE OF OHIO, CITY OF TOLEDO, Lucas County.
FRANK J. CHENEY makes oath that he is senior partner of the firm of F. J. CHENEY & Co., doing business in the City of Toledo, County and State aforesaid, and that said firm will pay the sum of ONE HUNDRED DOLLARS for each and every case of CATARRH that cannot be cured by the use of HALL'S CATARRH CURE.
FRANK J. CHENEY.
Sworn to before me and subscribed in my presence, this 6th day of December, A. D. 1896.
A. W. GLEASON, Notary Public.

Hall's Catarrh Cure is taken internally, and acts directly on the blood and mucous surfaces of the system. Send for testimonials, free.
F. J. CHENEY & CO., Toledo, O.
Sold by Druggists, 7c.
Hall's Family Pills are the best.

Decidedly Improved.
Mr. Snagsby (rummaging in closet)—Martha, this is a new hat, isn't it? Why don't you wear it? It looks better than anything you have worn this season.
Mrs. Snagsby—That's my old hat. It blew off my head the other day and was run over by a street car, and I think you are just as mean as you can be!—Chicago Tribune.

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