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Purifies, enriches and revitalizes the blood and builds up the whole system.
It radically and permanently cures all blood diseases, from pimples to scrofula.
It is the best constitutional remedy for catarrh, rheumatism and dyspepsia.
There is no time of year when it is not more widely useful than any other medicine.
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The Trouble.
"I wish you would send a man up to fix my typewriter."
"What seems to be the matter with it?"
"I think the type is pled; look at this copy."
"It is not your typewriter, but your stenographer that needs overhauling; you'll have to do that yourself."—Houston Post.

THE FARMER TO BLAME.
If His Land Suffers from Drouth or Lacks Water for Irrigating When Small Stream is Near, by Says Robert Washburn.

"It is the farmer's own fault, if, in these days of scientific discovery, he does not reap all the returns he should from his land, be it located wherever or however it may, in or without the rain belt, so long as there is a small stream with a slight fall nearby." Such was the remark the other day of Mr. Robert Washburn, a man of wide experience in agriculture, horticulture and individual irrigation enterprises throughout the great Pacific Northwest, being at present an extensive owner and operator of Rogue river land. "Devastation to crops as a result of drouths and barrenness of land from lack of water are two evils that can easily be overcome," continued Mr. Washburn, "if the flow of a little stream is only utilized by any one of the modern mechanical devices now being made for just such work and already accomplishing for many the desired results. The simplest and most inexpensive of these devices for elevating the water of a stream to a higher level is, perhaps the hydraulic ram. It is a self-pumping engine that is rapidly fulfilling the need of the farmer and small irrigator for a sure scheme of getting out of their land all those bountiful returns yielded where water is plentiful."

On the Issue.
"Oh Gayboy plays the race, doesn't he?"
"No; he's too smooth for that. He works 'em."

To Break in New Shoes.
Always shake in Allen's Foot-Ease, a powder. It cures hot, sweating, aching, swollen feet. Cures corns, ingrowing nails and bunions. At all drug stores and shoe stores. Don't accept any substitute. Sample mailed FREE. Address Allen S. Olmsted, Le Roy, N. Y.

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Information.
"What is a domestic animal, mamma?" asked the little boy.
"A domestic animal," replied mamma, with a scornful glance at papa, who was putting on his coat, "is one who does not spend all his time at the club."—Brooklyn Life.

AGAINST THE STORM
THERE IS NO PROTECTION IN THE WORLD LIKE TOWER'S SLICKERS
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TAILORS: Columbia Woolen Mills Co., Portland, Ore. Latest style clothes made to measure cheap. Our self-measurement system insures perfect fit. Write for free samples and prices.
FLANOR & ORIAN: Oldest piano house on Pacific coast. Organ and Piano on easy payment. Write for list. Let us quote you a price. Allen & Gilbert, Kamaker Co., Portland, Oregon.
Human Hair Goods: Switches, Pompadours, Men's Toupees and Wig; best quality; lowest prices; send for free price list; mail orders a specialty. Paris Hair Store, 204 Washington St. Est. 1888.



Diet.

In much that is written concerning the matter of diet there are so many sweeping statements, impossible rules and foolish conclusions that it is no wonder that many persons brush the whole subject aside as being too complex for them.

The trouble is that there are too many persons trying to enforce their own personal ideas on this subject. There are the "cranks" who must have something to be cranky about in any case, and a "crank" who has picked up a little scientific jargon and thinks he has cured himself of something is a very persistent person. Then there are those who have really been cured of some ailment by a diet that happens to suit their own individual cases. They go about forever afterward finding the same ailment in everyone they meet and offering the same remedy. There are also the one-food people, who go about seeking what not to devour, and who would reduce every one to whole wheat or pecans.

Whole wheat and pecans are excellent foods and do much good, but so do black-heart cherries, lobsters and corned beef and cabbage. If John discovers that he has a nightmare every time he eats lobster he does well to renounce that dish, but he need not renounce it because Dick has the nightmare.

Again, one hears much of the good judgment displayed by those persons who rest for at least half an hour after eating, and it would, undoubtedly, be well if the world were so arranged that we could all do so, but unfortunately the business of the day rushes along, and most persons, at least until they come to their evening meal, must go to work as soon as they have eaten.

It is true that this fact constitutes a strong plea for light and easily digested meals in the daytime, leaving the principal one till the work is finished.

It is absurd for persons who have not made themselves somewhat familiar with the chemistry of foods to try to talk learnedly about their action on the human economy, and it may be taken as an axiom that within the individual capacity (which can be learned only by individual experiment) a variety of diet is better than a monotony. A diet that is too strictly limited to a few things trains the stomach to adapt itself to those few, and it is in danger of losing its power to digest outside of that list.—Youth's Companion.

RISE OF ILLINOIS CAPITAL.

Springfield's First Court House Was of Logs and Cost \$42.

The Sangamon River of Illinois flows through the heart of a garden as rich and fertile as the one which the Euphrates watered in the far distant days of Adam and Eve. The County of Sangamon was formed out of a vast, verdant solitude of 800 square miles. Three commissioners were chosen to set in motion a county organization of government, and they met, without delay, at the cabin of John Kelly on Spring Creek, a tributary of the Sangamon. Kelly had wandered into the State in 1818 and had built him-



ILLINOIS STATE CAPITOL.

self a cabin on the edge of a green-bordered stream which he had named Spring Creek.

The Sangamon officials sent forth their report regarding the establishment of a temporary county seat of justice and agreed that "it should be called by the name of Springfield." A contract was made at once for a court house of rough logs to contain one room ample for court, and with plenty of space for the offices of county officials, who were already named. The court house was completed in twenty-four days, and paid for in the sum of forty-two dollars and fifty cents.

As it was evident that a constable could not exercise his functions without provision for the safe-keeping of offenders, a jail, to cost eighty-five dollars, was next projected to furnish proper support to the court house by holding in check a population not yet arrived, but hourly expected. These expectations were not so absurd as they seem, and within two years the county commissioners decided upon making the temporary county seat permanent.

Courts in the log quarters were rude, but justice was administered with a generally even hand and the early lawyers, Edwards, Kane, Thomas and others, were men whose learning and abil-

ity were hardly surpassed in later and more pretentious courts. There was an indescribable quality about these early administrations of law and equity that somehow make them of untold interest to-day.

Abraham Lincoln appeared in the Sangamon County about 1831 and the broad footprints he left during his sojourn of thirty years may easily be followed. For six years he was, by turns, clerk in a country store, merchant, soldier, postmaster, student, orator, and last a full-fledged lawyer. Bit by bit, as the artist designs a choice mosaic, this man was developing a character whose bold outlines were to stand out, an illuminating beacon to all mankind. In 1837 Lincoln became a citizen of Springfield and began the practice of law. He was elected the same year to represent Sangamon County in the legislature, and was also at the head of a project to remove the capital from Vandalia to Springfield. As every other town in the State was desirous of the same distinction the scheme seemed doubtful of realization; nevertheless it was accomplished.

While the delegates in convention assembled were here and there discussing merits among themselves, Lincoln gained the floor and called for a vote of those in favor of the removal of the capital from Vandalia. There was but one dissenting vote—Vandalia's. Then, without delay, or discussion, he called for the vote desiring to remove the capital to Springfield. He was answered by such a majority as gave the legislature the prompt duty of passing a bill for the removal, and thus Springfield carried off the prize, as some rustic beauty has been known to do in a social contest where a dozen belles were concerned.

The pleasant hunting-ground of John Kelly became in those sixteen years a capital destined to be the guardian of those sacred treasures of our Nation, the haunts, the home, and the tomb of the illustrious Lincoln.—L. K. Becker, in Four-Track News.

JAPANIZATION OF CHINA.

Mikado Planning to Strengthen Influence on the Continent.

Japan's victory in her war with China in 1894-5 procured for her indemnity in money, the cessation of Formosa and the prestige of success, which was immense, says the World To-Day. From that time on Japan has been strengthening her army and navy against Russia with the object which has been achieved. While at the same time China has been cultivated with a keen appreciation of the fact that without the moral, if not the material, control of that country, Japan could not alone accomplish the task she had assumed of directing the destinies of the Orient.

Japan has undertaken the Japanization of China methodically by the establishment in China and Japan of schools—military, industrial and agricultural. Recently twenty-two primary schools were opened in the Chinese provinces, with 3,364 scholars.

Four of these schools are military, at Paoing, Ootchan, Nanking and Canton, and are modeled after St. Cyr in France. The instructors are Japanese or Chinese educated in Japan. The school at Canton is administered by Japanese entirely. Every year 700 young Chinese, graduates of the schools in Japan, are assigned with rank to the provincial army. The student graduates are all exalted and imbued with new Japanese ideas. Actually there are 2,500 Chinese students in the schools and universities of Japan. The military mandarin, once a low-grade and despised officer, is now elevated and honored. The literary class, heretofore the special guardians of the honor and dignity of China, now recognize the importance, even necessity, of organizing a national army, solid and united, capable of compelling respect for the interests and dignity of the empire.

Take Babies to Polls.

When the various provinces of Australia were federated into one commonwealth and the federal franchise was given to women the newspapers were greatly concerned as to what would become of the babies while their mothers were out voting, says the New York Tribune.

"They never thought how the babies were getting on on the 364 other days of the year," said Miss Alice Henry of Australia to the New York Equal Suffrage Association, at the Hotel Astor, "but their possible fate on that one day out of 365 seemed to give them great concern."

"But the matter settled itself very simply. We found, on the first day when we enjoyed the federal franchise, that there were plenty of women politicians ready to stay with the babies while their mothers went out and voted. They were organized and detailed for that very purpose. But many of the mothers did not think it necessary to avail themselves of such services, for there was no law against taking the babies to the polls. I myself saw perambulators going down the streets by the dozen on election day and some women actually marked their ballots with their babies crowing and gurgling in their arms."

Found an Ancient Ring.

A laborer breaking stone recently on the roadside at Wanborough, England, the site of the old Roman camp, discovered a ring, which he sold for a few shillings. Experts now pronounce it to be of great interest and value. An inscription on it seems to show that it was a betrothal ring belonging to Bueric, king of the Marclans, who married Ethelwitha, daughter of Ethelwulf, king of Wessex, in the year 853.

Yeast raises the bread, but the trust raises the price.



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There are two classes of remedies: those of known quality and which are permanently beneficial in effect, acting gently, in harmony with nature, when nature needs assistance; and another class, composed of preparations of unknown, uncertain and inferior character, acting temporarily, but injuriously, as a result of forcing the natural functions unnecessarily. One of the most exceptional of the remedies of known quality and excellence is the ever pleasant Syrup of Figs, manufactured by the California Fig Syrup Co., which represents the active principles of plants, known to act most beneficially, in a pleasant syrup, in which the wholesome Californian blue figs are used to contribute their rich, yet delicate, fruity flavor. It is the remedy of all remedies to sweeten and refresh and cleanse the system gently and naturally, and to assist one in overcoming constipation and the many ills resulting therefrom. Its active principles and quality are known to physicians generally, and the remedy has therefore met with their approval, as well as with the favor of many millions of well informed persons who know of their own personal knowledge and from actual experience that it is a most excellent laxative remedy. We do not claim that it will cure all manner of ills, but recommend it for what it really represents, a laxative remedy of known quality and excellence, containing nothing of an objectionable or injurious character.

There are two classes of purchasers: those who are informed as to the quality of what they buy and the reasons for the excellence of articles of exceptional merit, and who do not lack courage to go elsewhere when a dealer offers an imitation of any well known article; but, unfortunately, there are some people who do not know, and who allow themselves to be imposed upon. They cannot expect its beneficial effects if they do not get the genuine remedy.

To the credit of the druggists of the United States be it said that nearly all of them value their reputation for professional integrity and the good will of their customers too highly to offer imitations of the

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manufactured by the California Fig Syrup Co., and in order to buy the genuine article and to get its beneficial effects, one has only to note, when purchasing, the full name of the Company—California Fig Syrup Co.—plainly printed on the front of every package. Price, 50c per bottle. One size only.

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The subject under discussion at the corner grocery was the Panama canal.
"I've heard a good deal," remarked Mr. Wipedunk, "about this Culebra cut. Why in thunder don't some of the newspapers print it?"

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We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.
F. J. CENEY & CO., Props., Toledo, O. We, the undersigned, have known F. J. CENEY for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by their firm.
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What?
"I knew he was something of a celebrity, but I didn't know he was rich. How did he make his money?"
"In dirt."
"Real estate or mining?"
"Neither. He wrote a book. You've read it, haven't you?"

The Next Step.
"I don't want any government at all," said the anarchist.
"Suppose you succeeded in abolishing the government?"
"Then I could step in and start one of my own."—Washington Star.

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Mrs. Belma Jones of 200 Main St., Ansonia, Conn., says: "If it had not been for Doan's Kidney Pills I would not be alive today. Seven years ago I was so bad with pain in the back, and so weak that I had to keep to my room, and was in bed sometimes six weeks at a spell. Beginning with Doan's Kidney Pills, the kidney weakness was soon corrected, and inside a week all the pain was gone. I was also relieved of all headaches, dizzy spells, soreness and feelings of languor. I strongly recommend Doan's Kidney Pills."

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