

Distress After Eating

Nausea between meals, belching, vomiting, flatulence, fits of nervous headache, pain in the stomach, are all symptoms of dyspepsia, and the longer it is neglected the harder it is to cure it.

Hood's Sarsaparilla and Pills

Radically and permanently cure it—strengthen and tone the stomach and other digestive organs for the natural performance of their functions.

Accept no substitute for Hood's. "I had dyspepsia twenty-five years and took different medicines but got no help until I began taking Hood's Sarsaparilla. Have taken four bottles of this medicine and can now eat almost anything, sleep well, have no cramps in my stomach, no burning and no distress." Mrs. WILLIAM G. BARRETT, 14 Olden St., Providence, R. I. Hood's Sarsaparilla promises to cure and keeps the promise.

Brazil Has a Fine Tea.

United States Consul Ayne writes from Para a recommendation of a Brazilian beverage, yerba mate tea, which is prepared from the roasted and pulverized leaves of an evergreen forest tree.

Yerba mate is largely consumed in Paraguay and in the Brazilian States, where it is made. It is extensively consumed in Argentina, in Uruguay, and to a less extent in Chile. There is a small consumption in other States of Brazil, a small quantity is exported to Europe and still less to the United States and Canada. Estimated exports may reach 45,000 to 57,000 tons annually.

Yerba mate has a peculiar bitter, smoky taste, which is usually considered unpleasant, and this has largely operated to prevent its more extensive use as a beverage. This smoky bitterness is chiefly due to the rude method employed for drying the leaves and it seems likely that the improved methods of drying the mate on iron or copper pans would give a much more delicate and agreeable product. Mate is said to have all of the best qualities of coffee and tea as a stimulating health beverage, without the disadvantage of either. It is a more gentle stimulant than either and is said to be much used in the hospitals of Paris.

The tree could probably be grown in southern California, perhaps in southern Texas, certainly in many parts of the Philippines.

Could Get No Rest.

Freeborn, Minn., Oct. 17 (Special).—Mr. R. E. Goward, a well-known man here, is rejoicing in the relief from suffering he has obtained through using Dodd's Kidney Pills. His experience is well worth repeating as it should point the road to health to many another in a similar condition.

"I had an aggravating case of Kidney Trouble," says Mr. Goward, "that gave me no rest day or night but using a few boxes of Dodd's Kidney Pills put new life in me and I feel like a new man."

"I am happy to state I have received great and wonderful benefit from Dodd's Kidney Pills. I would heartily recommend all sufferers from Kidney Trouble to give Dodd's Kidney Pills a fair trial as I have every reason to believe it would never be regretted."

Dodd's Kidney Pills make you feel like a new man or woman because they cure the kidneys. Cured kidneys mean pure blood and pure blood means bounding health and energy in every part of the body.

A Little Too Good.

Husband—Why do you shop at Slogo & Co.'s, instead of at Fastime's?

Wife—Fastime's has some new sort of electrical contrivance which brings your change so quick you don't have time to change your mind.

DREAD OF HUMANITY

I am compelled by a sense of gratitude to tell you the great good your remedy has done me in a case of Contagious Blood Poison. Among other symptoms I was severely afflicted with Rheumatism, and got almost past going. The disease got a firm hold upon my system; my blood was thoroughly poisoned with the virus. I lost in weight, was run down, had sore throat, eruptions, spots and other evidences of the disease. I was truly in a bad shape when I began the use of S. S. S., but the persistent use of it brought me out of my trouble safe and sound, and I have the courage to publicly testify to the virtues of your great blood remedy, S. S. S., and to recommend it to all blood-poison sufferers, sincerely believing it is taken according to directions, and given a fair trial, it will thoroughly eliminate every particle of the virus. JAMES CURRAN, Stark Hotel, Greensburg, Pa.

Painful swellings in the groin, red eruptions upon the skin, sores in the mouth and loss of hair and eyebrows, are some of the symptoms of this vile disease. S. S. S. is an antidote for the awful virus that attacks and destroys even the bones. S. S. S. contains no Mercury, Potash or other mineral ingredient. We offer \$1.00 for proof that it is not absolutely vegetable. Home treatment book giving the symptoms and other interesting and valuable information about this disease, mailed free. Our physicians advise free those who write.

SSS
The Swift Specific Company, Atlanta, Ga.

WHEN SCHOOL OPENS: SOME "DON'TS" FOR PARENTS

Do not believe all that your children tell you about school. There was only one George Washington, and he is dead.

Do not tell the teacher that Willie will not lie. She probably knows better.

Do not condemn the teacher without a fair hearing. That is accorded to even the worst criminal. There are usually two sides to a story.

Do not send a scathing note to the teacher by Nellie, the contents of which she knows: Her aggressive look of triumph is not soothing, and the teacher is only human.

Do not make unfavorable comment upon the methods of the teacher in the presence of your child. Send him to carry in the wood while you are doing so, if it must be done.

Do not plead lack of time to visit the school. There is no excuse for shirking a duty.

Do not reproach the teacher with the fact that "Tommy has not learned a single thing the entire year." She is not responsible for his lack of brains.

Do not send a verbal request to have Jessie's seat changed. There is often no vacant seat, and one change usually means at least half a dozen.

Do not expect the teacher to manage without friction a child whom you yourself have never been able to control.

Do not insist that the teacher is keeping your child back through spite. She will hardly risk her reputation as an instructor to gratify a personal grudge, however disagreeable the child may be.

Do not forget that the parent owes a duty to the teacher just as surely as the teacher does to the child.—Alice Cook Fuller.

THE POSTAL SERVICE.

A High Standard of Devotion to Duty Is Maintained.

One clerk was busy throwing mail in a combination smoker and baggage car when suddenly, without an instant's warning, he felt the car leap from the track and heard a terrific crash. When he regained consciousness the wreck presented this chaotic condition: The two forward cars had been plunged down a seventy-foot embankment; the combination car landed in an upright position with the rear trucking on the roof, every seat in the smoking compartment being utterly demolished, while on the floor of the mail compartment was a huge angular stone weighing not less than half a ton. How the mail clerk escaped unhurt will always be a mystery, says the World's Work.

There is probably no department of the government service in which a higher standard of devotion to duty is maintained than in this. During a heavy freshet on the Susquehanna River, in 1890, all bridges were swept away and the railroad tracks along the banks practically destroyed. Four mail clerks remained in their car until the water rising and flowing through the doors compelled them to take to an improvised raft which consisted of pieces of floating sidewalks and other debris of the inundation, lashed together. On this frail craft they put their pouches, and carefully propelling by poles along with the current, gained the postoffice, a mile away. They found this abandoned, with eight feet of water in the street at that point. They were almost exhausted and their condition was precarious. Finally, however, they were rescued by boats and taken into houses through the second-story windows. The letter mail was all intact and in fairly good condition.

Some time ago the "run" on a Western road was "short" a clerk because of sickness. An official of the service happened to be on the train and volunteered his services. For fifteen hours he stuck to his work at the letter case. In the journey of more than 500 miles he had only a sandwich or two for food, and stood on his feet without relief. There are other instances on record where entire crews have stood to the work without food for twenty-four hours.

Preferred Arrest.
A thief broke into a large mansion early in the morning and found himself in the music room. Hearing foot-steps approaching, he hid behind a screen.

From 7 to 8 o'clock the eldest daughter had a lesson on the piano.

From 8 to 9 o'clock the second daughter took a singing lesson.

From 9 to 10 o'clock the eldest son had a violin lesson.

From 10 to 11 o'clock the other son took a lesson on the flute.

At 11 o'clock all the brothers and sisters assembled and studied an ear-splitting piece for the piano, violin, flute and voice.

The thief staggered out from behind the screen at half past 11 and, falling at their feet, cried, "For mercy's sake have me arrested, but stop!"

Archbishop of Westminster.
The Archbishop of Westminster has become a total abstainer. Like Cardinal Manning, he has recognized the havoc made among his flock by drunkenness, and as he must preach teetotalism to those who need it, he has decided to practice it as well.

Why say a man has an eagle eye, meaning he is sharp eyed? Before the eagle has awakened up enough to know if it is on a tree or a horse, a cat is eating its prey. Hereafter, when any one is sharp to see a thing, call him cat-eyed.

Every time a woman sees the hideous underwear on the line which the men have to wear, she must be grateful that she is a woman.

Ayer's

Do you like your thin, rough, short hair? Of course you don't. Do you like thick, heavy, smooth hair? Of course you do. Then why

Hair Vigor

not be pleased? Ayer's Hair Vigor makes beautiful heads of hair, that's the whole story. Sold for 60 years.

"I have used Ayer's Hair Vigor for a long time. It is indeed, a wonderful hair tonic, restoring health to the hair and scalp, and, at the same time, giving a splendid dressing." Dr. J. W. CATBACH, Madrid, Ind. T.

Sole and only agents for Lowell, Mass. J. C. AYER & CO., Lowell, Mass.

Weak Hair

So Many Have.

"Here is an article about our corrupt police," said the reporter. "How should I head it?"

"Oh, just say the city has a bad case of the blues," replied the great editor.

Keeley LIQUOR-MORPHINE-TOBACCO CURE
FOR FULL PARTICULARS
ADDRESS THE KEELEY INSTITUTE, PORTLAND, ORE.

Good Joke at a Church Fair.
"Had a great time at the church fair last night!"

"So? What was doing?"

"They had some strawberry shortcake, and I nearly laughed myself to death thinking how I fooled 'em. I didn't eat it."

STATE OF OHIO, CITY OF TOLEDO, Lucas County.

FRANK J. CHENEY makes oath that he is senior partner of the firm of F. J. CHENEY & CO., doing business in the City of Toledo, County and State aforesaid, and that said firm will pay the sum of ONE HUNDRED DOLLARS for such and every case of CATARRH that cannot be cured by the use of HALL'S CATARRH CURE.

Sworn to before me and subscribed in my presence, this 6th day of December, A. D. 1890.

A. W. GLEASON, Notary Public.

Hall's Catarrh Cure is taken internally, and acts directly on the blood and mucous surfaces of the system. Send for testimonials, free.

F. J. CHENEY & CO., Toledo, O. Sold by Druggists, Etc. Hall's Family Pills are the best.

Her Mother's Prognostications.
He—Why does your mother insist on your having an elaborate church wedding?

She—She says it's the last chance I'll ever have to show off in good clothes.

Mother will send Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

The late Anton Techehoff was an intimate friend of Gorki and Tolstoi, and it was the remarkable success of the former that encouraged him in his literary efforts.

Piso's Cure is a good cough medicine. It has cured coughs and colds for forty years. At druggists, 25 cents.

The Washington Monument, in Washington, D. C., is the highest in the world. It towers 555 feet in the air, and is composed of 18,000 blocks of marble, each two feet thick.



Mrs. L. C. Glover, Vice-President Milwaukee, Wis., Business Woman's Association, is another one of the million women who have been restored to health by using Lydia E. Pinkham's Vegetable Compound.

"DEAR MRS. PINKHAM:—I WAS married for several years and no children blessed my home. The doctor said I had a complication of female troubles and I could not have any children unless I could be cured. He tried to cure me, but after experimenting for several months, my husband became disgusted, and one night when we noticed the testimony of a woman who had been cured of similar trouble through the use of Lydia E. Pinkham's Vegetable Compound, he went out and bought a bottle for me. I used your medicine for three and one-half months, improving steadily in health, and in twenty-two months a child came. I cannot fully express the joy and thankfulness that is in my heart. Our home is a different place now, as we have something to live for, and all the credit is due to Lydia E. Pinkham's Vegetable Compound. Yours very sincerely, MRS. L. C. GLOVER, 614 Grove St., Milwaukee, Wis." Vice President, Milwaukee Business Woman's Association. —\$50000 profit if original of above letter proving genuine—cannot be produced.

PISO'S CURE FOR
CURE WHERE ALL ELSE FAILS
Best Cough Syrup, Tastes Good, Use in time. Sold by druggists.

CONSUMPTION

STORY FROM AN ABSTRACT.

Farm Now in Kansas City Sold by Senator Cockrell in Boyhood.

If Senator Francis Marion Cockrell could have foreseen when he was a boy that the great city of the Missouri valley would be built here at the junction of the Kaw and Missouri rivers he might now be a multimillionaire. In examining an abstract to a lot on Tracy, between Thirty-sixth and Thirty-seventh streets, R. J. Holmden, the attorney, made the discovery that Cockrell, in 1847, when he was a boy of 13, owned eighty acres there, and he sold it all for \$900. The lot which Mr. Holmden was looking up sold recently for \$5,000.

The land, 640 acres of it, was deeded by the United States government in 1827 to the State of Missouri for seminary purposes. The tract was all of section 21, township 49, range 32. In 1833 Joseph Cockrell, father of the Senator, bought eighty acres of it from the State for \$2.02 an acre. Mr. Cockrell died, and in 1847, when Francis Marion Cockrell was 13 years old, he petitioned the court, through his guardian, to sell the eighty acres.

In his petition he said that he already owned a farm in Warrensburg sufficiently large for his needs when he should become of age, and, besides, he said, the big storm of 1844, the year of the great flood, had blown down all the trees on his eighty-acre tract in Jackson county and therefore it would be useless for him to hold it because, when he would come of age, the timber would be all dead. Hicks and Smart of Independence were Cockrell's lawyers. The court granted his request and the land was bought by Joseph Brown for \$900.—Kansas City Star.

Storm Cannons.

The storm cannons now in use along the southern side of the Alps, where damage from hailstorms during harvest time is imminent, look like a huge megaphone, such as boat-crew coaches use, and they are set, with their little mouths gaping skyward, beside little houses that look like sentry boxes. When they are fired they boom like "sure enough" cannons, and send reverberating, echoing, boom-booms caroming about among the hillsides; but instead of a ball or shell, or other similar projectile, they emit a ring of smoke which grows larger and larger as it ascends, until at last, before it breaks, it is big enough to surround a ten-acre field. What the effect of a smoke ring upon a mischievously intent cloud is I cannot exactly say, but instead of hail, only rain falls when the guns are used, and damage to crops is prevented.

Permanently Cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. For Free Trial Bottle and Treatise, Dr. R. H. Kline, Ltd., 287 Arch St., Philadelphia, Pa.

The Royal Color.

Purple has always been considered the royal color. The ill-fated Charles I. was, however, at his own desire, crowned in a robe of white. Although he was seriously reminded that of the two exceptions to this rule, Richard II. and Henry VI. who wore white satin robes at their coronations; both had come to a violent end, one at Pontefract castle and one in the Tower. Charles I. was resolute in his decision, and when, twenty-three years afterward, almost to a day, his body was conveyed to its grave through a heavy snowstorm, the superstitions could not help remarking that the third "white king" had suffered a violent death.

Monkeys Eaten in Brazil.

The savage tribes in the interior of Brazil are exceedingly fond of roast monkey. Humboldt estimated that one small tribe of 200 Indians consumed over 1,200 monkeys during a year. It is said that until recently monkey meat was for sale in the butcher shops of Rio Janeiro. Mr. Wallace, when in the Amazon region, had a monkey cut up and fried for breakfast. The flesh somewhat resembled rabbit in flavor and had no unpleasant or peculiar taste.

OREGON PORTLAND ST. HELEN'S HALL

A GIRL'S SCHOOL OF THE HIGHEST CLASS corps of teachers, location, building equipment—the best. Send for catalogue.

Term Opens September 15, 1904

PRICES THAT TALK.
Best galvanized standard wrought iron pipe 3/4 inch, \$5.90 per foot. Best galvanized standard wrought iron pipe, 1 inch, \$7.10 per foot. All sizes in black and galvanized pipe at lowest market prices. Wood pumps—capacity one barrel per minute, \$8. Rubber, leather and canvas belting, hose and packing at wholesale prices. Write us for your wants in the machinery line. Irrigation plants a specialty. Reiser Machinery Co., Portland, Oregon.

Dr. C. Gee Wo

WONDERFUL HOME TREATMENT

This wonderful (Chinese) doctor is called great because he cures people without operation. He gives you to die. He cures you with those wonderful Chinese herbs, roots, barks, berries and vegetables that are entirely unknown to medical science in this country. Through the use of these herbaric remedies this famous doctor knows the action of over 300 different remedies, which he successfully uses in different diseases. He guarantees to cure catarrh, asthma, lung, throat, rheumatism, nervousness, stomach, liver, kidneys, etc.; has hundreds of testimonials; charges moderate. Call and see him. Patients out of the city write for blank and circulars. Send stamp. CONSULTATION FREE. ADDRESS

The C. Gee Wo Chinese Medicine Co. 233 Alder St., Portland, Oregon.

P. N. U. No. 43-1904

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Perfect Remedy for Constipation, Sour Stomach, Diarrhoea, Worms, Convulsions, Feverishness and LOSS OF SLEEP.

Fac-Simile Signature of *Dr. J. C. Hatcher* NEW YORK.

At 6 months old 35 DROPS—35 CENTS

EXACT COPY OF WRAPPER.

A Son's Suggestion.
"Papa," said little Arthur, after his mother had punished him, "will you do something for me?"
"What is it you want?"
"Marry somebody else, and I'd wish you'd pick out grandma, because she's always kind to me."—Chicago Record-Herald.

You Can Get Allen's Foot-Ease FREE.
Write Allen S. Olmsted, Le Roy, N. Y., for a free sample of Allen's Foot-Ease. It cures sweating, hot swollen, itching feet. It makes new or tight shoes easy. A certain cure for corns, ingrowing nails and bunions. All druggists sell it. 25c. Don't accept any substitute.

Thoroughly Experienced.
Official—Yes, we have room for a few more "L" road guards. Had any experience?
Applicant (vicoferously)—Schnooow-mowwystreet! Wake up! Don't beall-day! Steplively! Shakaleg!

Choice Selection.
"I learn that the Van Ruxtons allow their chickens to diet on their neighbors' flowers. Do they keep it secret?"
"Well, I should think not. If you dine with them the suave Mr. Van Ruxton will ask if you prefer violet-fed fowl or 'chicken de roses.'"

Special Card to the Public.
Dr. C. Gee Wo, Chinese Medicine Co., 208 Alder St., Portland, Oregon, regrets being confused with Doctor Lee Sing Koon, who was killed recently in Portland. Dr. Wo is not dead, and is practicing at same location, 222 Alder Street. Some people thought there was only one Chinese doctor.

Domestic Happiness.
Mrs. Neighbors—Men have different ways of making home happy.
Mrs. Hamer—How so?
Mrs. Neighbors—Some do it by staying at home and some by staying away.

When

St. Jacobs Oil

The old monk cure, strong, straight, sure, tackles

Hurts, Sprains, Bruises

The muscles flex, the kinks untwist, the soreness dies out. Price 25c. and 50c.

"DIDN'T HURT A BIT" IS WHAT THEY SAY

By Our Method

We are enabled to extract from one to 72 teeth at one sitting, positively and absolutely without pain or bad after effects. People in delicate health need have no fear as our method of extracting is positively safe and absolutely painless. Absolute cleanliness is our motto. We do crown and bridge work without pain. Our 17 years' experience in place work enables us to fit your mouth comfortably. The best is the cheapest in the end. We have feelings as well as you.

Open evenings till 9. Sundays from 9 to 1. Phone Main 2021.

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