100 Doses For One Dollar

Economy in medicine must be measured by two things-cost and effect. It cannot be measured by either alone. It is greatest in that medicine that does the most for the money-that radically and permanently cures at the least expense. That medicine is

# Hood's Sarsaparilla

It purifies and enriches the blood, cures pimples, eczema and all eruptions, tired, languid feelings, loss of appetite and general debility.

"I have taken Hood's Sarsaparilla and found it reliable and giving perfect satisfaction. It takes away that tired feeling, gives energy and puts the blood in good condition." MISS EFFIE COLONNE, 535 10th Street, N. W., Washington, D. C.

Hood's Sarsaparilla promises te oure and keeps the promise.

#### Chums.

Bessie-The wedding is a long way off, but I get dreadfully nervous when I think of it.

May-I don't blame you for worryshould get rich suddenly and not have eye."-Pittsburg Press. to marry .- Indianapolis Sun.

Mothers will find Mrs. Winslow's Sootbing syrup the best remedy to use for their children ething season.

#### Not Sanguine.

"What do you think the result of 'a national American theater would be?" "Merely to create an appetite for more," answered the cold-blooded manager. "One national theater couldn't possibly accommodate all the unproduced plays."

For forty year's Piso's Cure for Con-sumption has cured coughs and colds. At druggists. Price 25 cents.

### Growth of English.

At the beginning of the nineteenth century English was the native speech of perhaps 20,000,000 of men and women, and at the close of the century it was spoken by 130,000.000.

STATE OF OHIO, CITY OF TOLEDO, | 88.

SEAL

married.

LUCAS COUNTY. FRANK J. CHENEY makes oath that he is the senior parter of the firm of F. J. CHENEY & Co., doing business in the City of Toledo, County and State aforesaid, and that said firm will pay

Mutually Agreed. "But, George, as the time passes on and I grow stout and red-faced, will you love me just the same?"

"I don't think it's quite fair to put it that way, Mabel. You see, I'm quite likely to experience a change myself. No doubt I'll develop an aldermanic rotundity and a fierce double chin and a dignified waddle and-"" "Stop, George! I can't bear to think of you looking like that."

"And I can't dream of you as stout and red-nosed, Mabel."

"Why borrow trouble?" "Why, indeed?"-Cleveland Plaindealer.

# Polish Nationalists Active.

Polish nationalists held a great meeting in Lemberg recently for the purpose of keeping alive the Polish national sentiment. The gathering expressed sympathy with Polish resistance to German and Russian oppression. It also urged the direction of Polish effort in Austria, Russia and Germany toward the common aim of national independence.

## Beaming.

"Remember," admonished 'the reverend gentleman, "when you begin to notice the mo e in your neighbor's eye there is pretty certain to be a beam in your own."

"That's right," replied Sinnickson, 'it makes the average man's whole face ing. Wouldn't it be dreadful if he beam to find a mote in his neighbor's and with relish is far better than dou-

10,000 Plants for 16c.

This is a remarkable offer the John A. Salzer Seed Co., La Crosse, Wis, makes. They will send you their big plant and seed catalog, together with enough seed to grow 1,000 fine, solid Cabbages, 2,000 blenching nutty Calery.

2,000 blanching, nutty Celery, 2,000 rich, buttery Lettuce, 1,000 splendid Onlons,

1,000 gorious Badishes, 1,000 gorious brilliant Flowers. This great offer is made in order to induce you to try their warranted seeds—for when you once plant them you will grow no others, and

ALL FOR BUT ICC POSTAGE, providing you return this notice, and if you will send them 20c in postage, they will add to the above a package of the famous Berliner Cauliflower. [P. C. L.]

# Equals the Bramble Bush Story.

Pa., became blind in his right eye many months ago and recently one of the family threw a potato which destroyed the sight of his left eye. His nourishing, as most people suppose it physicians believed him entirely blind. to be. but the sight gradually returned to the right eye.

FITS Permanentiy Cured. No fits or nervousness after first day's use of Dr. Kline's Great Nervo Restorer. Send for Free S2 trial bottle and treatise. Dr. B. H. Kline, Ltd., 92' Arch St., Philadelphia, Pa.



# Use and Endorse Pe-ru-na

Dr. Llewellyn Jordan, medical examiner of the U.S. treasury department, graduate of Columbia college, and who served three years at West Point, has the following to say of Peruna:

"Allow me to express my gratitude to you for the benefit derived from your wonderful remedy. / One short month has brought forth a vast change and I now consider myself a well man after months of suffering. Fellow sufferers, Peruna will cure you."

A constantly increasing number of physicians prescribe Peruna in their practice. It has proven its merits so thoroughly that even the doctors have overcome their prejudice against socalled patent medicines and recommend it to their patients.

Peruna occupies a unique position in medical science. It is the only internal systemic catarrh remedy known to the medical profession today. Catarrh, as every one will admit, is the cause of one-half the disease which afflicts mankind. Catarrh and catarrhal diseases afflict one-half of the people of the United States.

> Robert R. Roberts, M.D., Washington, D. C., writes:

"Through my own experience as well as that of many of my friends and acquaintances who have been cured or relieved of catarrh by the use of Hartman's Peruna, I can confidently recommend it to those suffering from such disorders, and have no hesitation in prescribing it to my patients."-Robert R. Roberts.

Dr. R. Robbins, Muskogee, I. T., writes:

"Peruna is the best medicine I know of for coughs and to strengthen a weak stomach and to give appetite. Besides prescribing it for catarrh, I have ordered it for weak and debilitated people, and have not had a patient but said it helped him. It is an excellent medicine and it fits so many cases.

"I have a large practice, and have a chance to prescribe your Peruna. I hope you may live long to do good to the sick and the suffering."

Dr. M. C. Gee, writes from 513 Jones St., San Francisco, Cal.: "Peruna has performed so many won-

**DR. LLEWELLYN JORDAN** 

Treasury.

I have frequently advised its use for women, as I find it insures regular and painless menstruation, cures leucorrhoea and ovarian troubles, and builds up the entire system. I also consider it one of the finest catarrh remedies I know of."-M. C. Gee, M. D.

Catarrh is a systemic disease curable only by systemic treatment. A remedy that cures catarrh must aim directly at the depressed nerve centers. This is what Peruna does.

Peruna immediately invigorates the nerve-centers which give vitailty to the mucous membranes. Then catarrh disappears. Then catarrh is permanently

cured. If you do not derive prompt and satisfactory results from the use of Peruna write at once to Dr. Hartman, giving a full statement of your case, and he will be pleased to give you his valuable advice gratis. Address Dr. Hartman,

# to get a sick person to take nourishing food, and no task, as a rule, is worse managed. Amateur nurses may be successful in other matters, but they generally make a failure of the food proposition. The nurse is usually to blame when the patient will not take enough food.

She will bring a huge plateful of jelly or a big basinful of beef tea to him, and he will reject it with disgust, because the sight of so much food is distasteful. If she brought a few spoonfuls at a time and served them daintily he would be glad to eat.

Feeding the Sick.

Few things are more difficult than

Give little food at a time, and give it often. That which is eaten willingly ble the amount swallowed with disgust.

If a time is fixed for the patient's meals, always be punctual. If kept waiting, most sick people lose their desire to eat, and will reject the food when it is brought to them.

Be careful never to leave food in the sickroom in the hope that the patient may eat it presently. Miss Florence Nightingale, the world's most famous nurse, says this will simply prevent him from taking food at all.

Never take a large quantity of anything at one time, thinking that because the patient had liked it before he will like it again. In nine cases out of ten a sick person's appetite is very John Miller, colored, of Uniontown, capricious. His food, therefore, should be varied as much as possible. Don't rely too much on beef tea. It is a useful stimulant, but is not really

> Be particularly careful to serve everything in the daintiest style. Glass should be bright, silver burnished, napkins lily white and saucers free from slops. These little details will make all the difference in the patient's ap-

MEDICAL EXAMINER

Of the United States Treasury Rec-

ommends Pe-ru-na.

Medical Examiner United States



breath of the "ice-king" this miserable disease is fanned into life and all the disgusting symptoms return. The nostrils are stopped up and the throat can be kept clear of mucous secretions only by continual hawking and spitting. Catarrh is a nuisance

and source of annoyance, not only to the one who has it, but everybody else. The thick, yellow discharge from the head produces a feeling of personal defilement, and the odor of the breath is almost intolerable.

The catarrhal poison brings on stomach troubles and affects the Kidneys and Bladder. It attacks the soft bones and tissues of the head and throat, causing total or partial deafness, the loss of smell, and giving to the voice a rasping, nasal twang. No part of the body is secure from its ravages. Catarrh makes you sick all over, for it is a disease of the blood, and circulates all through the system, and for this reason, sprays, washes, inhalers, powders and salves have proven failures

The way to cure Catarsh thoroughly and permanently is to cleanse the blood of the unhealthy secretions that keep the membranes of the body inflamed, and nothing does this so surely and promptly as S. S. S. As long as the blood is poisoned with

medical advice.

