

Dragged-Down Feeling

In the loins.
Nervousness, unrefreshing sleep, despondency.
It is time you were doing something.
The kidneys were anciently called the reins—in your case they are holding the reins and driving you into serious trouble.
Hood's Sarsaparilla
Acts with the most direct, beneficial effect on the kidneys. It contains the best and safest substances for correcting and toning these organs.

A Good Reason.

Mrs. Greene—What do you have an alarm clock in your chamber for if you don't have the alarm wound up?
Mrs. Gray—If you could have heard the awful things my husband said when the alarm went off, you wouldn't ask me.

FITS Permanently Cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. Send for Free \$2 trial bottle and treatise. Dr. R. H. Kline, Ltd., 931 Arch St., Philadelphia, Pa.

Nine Peas in a Pod.

When a maiden is shelling peas, according to an old superstition, she should if she find a pod with nine peas in it put it over the house door. Then the first young man to enter the house through the door will marry her.

His Narrow Logic.

"If I had my way," said the man of high principles, "there would be no money in politics."
"But," said Senator Sorghum, "if you didn't put any money in politics it isn't likely you could have your way."

LOWEST RATES

To Chicago, Dubuque and the East; to Des Moines, Kansas City and the Southeast, via Chicago Great Western railway. Electric lighted trains. Unequaled service. Write to J. P. Elmer, G. P. A., Chicago, for information.

An Odd Contrast.

It is a curious fact that, whereas in Italy the educated classes are physically greatly inferior to the peasants, in England members of the learned societies are physically superior to the laboring classes.

STATE OF OHIO, CITY OF TOLEDO, ss.

FRANK J. CHENEY makes oath that he is the senior partner of the firm of F. J. CHENEY & Co., doing business in the City of Toledo, County and State aforesaid, and that said firm will pay the sum of ONE HUNDRED DOLLARS for each and every case of Catarrh that cannot be cured by the use of HALL'S CATARRH CURE.

Sworn to before me and subscribed in my presence, this 6th day of December, A. D. 1903.
A. W. GLEASON,
Notary Public.
Hall's Catarrh Cure is taken internally and acts directly on the blood and mucous surfaces of the system. Send for testimonials, free.
F. J. CHENEY & CO., Toledo, O.
Sold by druggists, 75c.
Hall's Family Pills are the best.

Cause for Joy.

Mamma—Yes, the elopers have been discovered at Niagara Falls. They are going to telegraph home for forgiveness.

Papa—Thank goodness! I thought they were going to telegraph home for funds.

RHEUMATISM

An All the Year Round Disease.



Rheumatism does not come and go with winter time always; in fact some suffer more during the Spring and Summer than at any other season. When the blood is charged with Uric Acid, Alkali and other irritating poisons, then the system is in the right condition for Rheumatism to develop, and an attack is liable to come at any time, Winter or Summer. Rheumatism, because it attacks different parts of the body, and is sudden or slow in its action, is given various names such as acute and chronic, muscular, articular, inflammatory, mercurial and sciatic, but it is the same old acid blood that causes all. Some are constant sufferers, while others have only occasional spells of Rheumatism, but either kind is wearing upon the stiffness in the muscles and joints, and the blood settle upon the valves of the heart and ends suddenly and fatally.

It won't do to let Rheumatism run on. It is a dangerous disease, and you can never tell where it is going to strike. Home remedies, plasters, liniments and such things as produce counter-irritation, are soothing and may relieve the pain temporarily, but the polluted, acid blood cannot be reached by external applications.

Rheumatism must be treated through the blood, and no remedy brings such prompt and lasting relief as S. S. S. It attacks the disease in the blood, neutralizes the acids, and removes all irritating poisons and effete matter from the system.

S. S. S. strengthens and enriches the thin acid blood, and, as it circulates through the body, the corroding, gnawing poisons and acid deposits are dislodged and washed out of the muscles and joints, and the sufferer is happily relieved from the discomforts and misery of Rheumatism.

S. S. S. is a purely vegetable remedy, does not contain any Potash or mineral of any kind, and can be taken with safety by old and young.

Rheumatic sufferers who write us about their case will receive valuable aid and helpful advice from our physicians, for which no charge is made. We will mail free our special book on Rheumatism, which is the result of years of practical experience in treating this disease. It contains much interesting information about all kinds of Rheumatism.

THE SWIFT SPECIFIC CO., ATLANTA, GA.

Frills.

Von Porker—Aren't you satisfied with that ante-nuptial agreement?
Lord Grafton—I don't want to lose my self respect after marriage by having to run to my wife for every thousand.—Life.

Rivals in Misfortune.

People are often proud of the properties to which they are heirs, but surely few landed estates are so vaunted, few castles are so boasted about, as are the ills to which the flesh is heir. Human nature fairly revels in its misfortunes, and this revelry leads to rivalry and to many complications. None is so proud, none is so jealous, as your traveling invalid.—London Queen.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children's teething season.

The Cheerful Giver.

"Ya-a, brer'en," said Bre'r Jasper, as he closed the book, "De Lawd lub de cheerful giver. Las' Sun's Bre'r Jenkins dun gib fifty cents to pay fo' whitewashin' de pastor's fence, an' de Lawd lub him so he dun took him home to glory today."

Piso's Cure is a good cough medicine. It has cured coughs and colds for forty years. At druggists, 25 cents.

Putting Her Right.

"That man with the bird cage on his face," remarked the beautiful girl in the grand stand to her escort, "just yelled 'fool,' but I can't see even a feather."

"Of course not," replied the wise guy who had steered her up against the game, "both of the nines are picked. See?"—Chicago News.

His Conscience Troubled Him.

"Look here, are you the man I gave a square meal to one cold, bleak February morning?" "I'm the man, mum." "Well, do you remember you promised to shovel all the snow out of my back yard and then sneaked off without doing it?" "Yes, mum, an' me conscience smote me. Dat's de reason I tramped all de way here t'rough de blazin' sun to finish de job."

Long Fasts.

A physician in Georgia is said to have completed a fifty days' fast, undertaken to cure a severe case of dyspepsia. During the fast the doctor attended to his professional duties and took daily walks. The longest fast on record is said to have been one of sixty-three days.

What Did She Mean.

She—And are you really so much better since you returned from your trip abroad?
He—Yes, indeed; I'm quite another man, I assure you.
She—Well, I'm sure all your friends will be delighted to hear it.—Chicago News.

Shoes and the Feet.

"Maudie, dear, those shoes look tight. How do they feel on your feet?"

"Perfectly comfortable, mamma." (To herself) "If she had asked me how my feet felt in the shoes she would have had me."

REFORMER OF MUSIC.

Wilhelm Richard Wagner, the Great Musical Composer.

Two forthcoming events are at the present time attracting attention to one of the geniuses of the nineteenth century. One is the American production of Parsifal and the other the dedication of the magnificent Wagner monument in Berlin. The man whose name is thus brought conspicuously before the musical public is Wilhelm Richard Wagner.



WILHELM WAGNER.

His compositions have enjoyed little popular favor in America, though their excellence has been acknowledged and Parsifal will be an experiment here. The belief is held by Wagner's admirers that his music will obtain a fair hearing henceforth from American critics and that the outcome will be its more cordial reception. Wagner was the reformer of music. His great triumph came in 1876. He had all along been aiming at reform in music. He believed the whole school of conception and expression to be wrong. In the Niebelungen Ring his theories first found expression, and the opera was given by Bayreuth for the first time in 1876. He declared that the French and Italian schools of opera were wrong. He contended that the theme should be poetic in the deepest, purest sense; that the poetry should be married to fitting music, and that the whole should be associated with the sympathies and convictions of humanity. Hence he took his themes from romance, legend and popular myths.

Wagner was a copious writer. He collected works along various lines, and they abound in vigorous, ingenious, original ideas. He wrote many overtures, songs, marches, poems, etc. But it was years before his style met with acceptance outside of Germany. In America he was ridiculed by many, but eventually he had admirers numerous and influential. He wrote the grand march for the American centennial in 1876. His pieces will never become popular except in fragments, because of the skill required in their execution on the piano.

The wife of Wagner was a daughter of Liszt. They lived at Bayreuth until his death in 1883.

TALKS ON ADVERTISING

There are two ways of looking at advertising, both of them right. Advertising should be done during the dull time for the purpose of stirring up trade at that time and also for the sake of the benefit which will come from being continually before the public eye.

A man should just as quickly think of stopping his advertisements in the summer or in the dull time after the holidays as he should think of closing up his store several months in the year and keeping it open only when trade would keep him busy.

It does not take people very long to forget things, and if a store were closed up four months or the advertising stopped four months a great many people would have forgotten that the business was in existence. The other view of advertising is that it ought to be pushed during the busy time, when the people are ready to buy.

Advertising cannot be expected to sell goods when people don't want them, and it will be naturally most effective when it gives publicity to some desirable article at just the right time. To be sure, advertising will sell anything at any time if the price be made low enough and the advertisement sufficiently attractive. Some lines of goods can be forced, and some cannot, but even those which cannot be forced should not be allowed to drop out of sight.

Keep up your advertising during the summer, and you will not only profit by it in the fall, but your summer sales will also show a fine increase.—Saginaw (Mich.) News.

Italian Immigration.

One of the curious features in modern emigration statistics relates especially to the Italian people. In the decade ending in 1880 120,000 left the peninsula for foreign parts. In 1902 over 600,000 Italians left their ancestral homes. The increase in Italian emigration has been steadily growing for twenty years, the 500,000 mark being passed in 1901. Of the 600,000 and upward who left their native shores last year, 252,000 came to the United States.

Risks of Railway Men.

During the last fiscal year one in every forty railway employees was killed and one in every twenty-four injured.

Free Medical Advice to Women.



Every sick and ailing woman,
Every young girl who suffers monthly,
Every woman who is approaching maternity,
Every woman who feels that life is a burden,
Every woman who has tried all other means to regain health without success,
Every woman who is going through that critical time—the change of life—
is invited to write to Mrs. Pinkham, Lynn, Mass., in regard to her trouble, and the most expert advice telling exactly how to obtain a CURE will be sent absolutely free of cost.

The one thing that qualifies a person to give advice on any subject is experience—experience creates knowledge.

No other person has so wide an experience with female ills nor such a record of success as Mrs. Pinkham has had.

Over a hundred thousand cases come before her each year. Some personally, others by mail. And this has been going on for twenty years, day after day, and day after day.

Twenty years of constant success—think of the knowledge thus gained! Surely women are wise in seeking advice from a woman with such an experience, especially when it is free.

Mrs. Hayes, of Boston, wrote to Mrs. Pinkham when she was in great trouble. Her letter shows the result. There are actually thousands of such letters in Mrs. Pinkham's possession.

"DEAR MRS. PINKHAM:—I have been under doctors' treatment for female troubles for some time, but without any relief. They now tell me I have a fibroid tumor. I cannot sit down without great pain, and the soreness extends up my spine. I have bearing down pains both back and front. My abdomen is swollen, I cannot wear my clothes with any comfort. Womb is dreadfully swollen, and I have had flowing spells for three years. My appetite is not good. I cannot walk or be on my feet for any length of time.
"The symptoms of Fibroid Tumor, given in your little book, accurately describe my case, so I write to you for advice."—Mrs. E. F. HAYES, 253 Dudley St. (Boston), Roxbury, Mass.

"DEAR MRS. PINKHAM:—I wrote to you describing my symptoms, and asked your advice. You replied, and I followed all your directions carefully for several months, and to-day I am a well woman.

"The use of Lydia E. Pinkham's Vegetable Compound, together with your advice, carefully followed, entirely expelled the tumor, and strengthened the whole system. I can walk miles now.

"Your Vegetable Compound is worth five dollars a drop. I advise all women who are afflicted with tumors, or any female trouble, to write you for advice, and give it a faithful trial."—Mrs. E. F. HAYES, 253 Dudley St. (Boston), Roxbury, Mass.

Mrs. Hayes will gladly answer any and all letters that may be addressed to her asking about her illness, and how Mrs. Pinkham helped her.

\$5000 FORFEIT if we cannot forthwith produce the original letter and signature of above testimonial, which will prove its absolute genuineness.
Lydia E. Pinkham Medicine Co., Lynn, Mass.

Expressive Face.

He—That bull terrier of yours has a speaking countenance, hasn't he?
She—Do you think so?
He—Yes. It says to me as plainly as words could, "Beware of the dog."

Do as They Please.

Dick—These folks next door have an awful good time.
Dora—How?
Dick—Oh, they don't have to go anywhere, and they don't entertain.—Exchange.

Anticipating Him.

"Jenkins, I believe you have some of the elements of success about you."
"Not a dollar, old man. Honor bright. You'd be welcome to it if I had it."—Stray Stories.

Not in Character.

Visitor (behind the scenes at the circus)—What is that fearful noise?
Attendant—Oh, dat's de human skeleton a-beatin' of his wife.
Visitor—Poor woman, how she cries for mercy. I bet she's a frail weak thing.
Attendant—Well, hardly. She do de great female Hercules act wid de 750 pound dumbbells.—New Orleans Times-Democrat.

Good Pills

Ayer's Pills are good liver pills. You know that. The best family laxative you can buy. They keep the bowels regular, cure constipation.

Want your moustache or beard a beautiful brown or rich black? Use **BUCKINGHAM'S DYE**

ALCOHOL, OPIUM, TOBACCO USING.
WRITE FOR ILLUSTRATED CATALOGUE
First and Montgomery Sts., Portland, Ore.
Telephone, Main 394.

Southwick Hay Press

The Southwick has the largest capacity, is fastest and easiest worker of any Hay Press made. Send for catalogue. Mailed free.

MITCHELL, LEWIS & STAYER CO.
First and Taylor Portland, Oregon