March, April, May

There is a best time for doing everything—that is, a time when a thing can be done to the best advantage, most easily and most effectively. Now is the best time for purifying your blood. Why? Because your system is now trying to purify it—you know this by the pimples and other eruptions that have come on your face and body.

Hood's Sarsaparilla and Pills

Are the medicines to take—they do the work thoroughly and agreeably and never fail to do it.

Hood's are the medicines you have always heard recommended.

"I cannot recommend Hood's Sarsaparilla too highly as a spring medicine. When we take it in the spring we all feel better through the summer." MRS. S. H. NEAL, McCrays, Pa.

Hood's Sarsaparilla promises to cure and keeps the promise.

His Load With Him.

De Tanque—Guzzler says he doesn't believe in carrying other people's burdens.

O'Sosque—No wonder; he is generally carrying a pretty good load of his own.—Philadelphia Record.

TWO REASONS.

No One Need Neglect Their Teeth Any More—No Pain, Small Cost.

The two great reasons why people used to neglect their teeth were: Fear of being hurt, and the expense.

When you come to think it over now, it is truly remarkable what a revolution has taken place in modern dental methods. Wise Brothers, the famous Portland dentists, are among the foremost in the United States in this respect. Their announcements that there is not a particle of pain connected with any dental work done in their office is literally true. And it is also literally true that every person who goes to these dentists is greatly surprised at the small cost of having the teeth put in fine order. A whole set of teeth now costs less than some time ago it cost to have one pulled or filled. There is no excuse whatever for anyone to neglect his, or her, teeth. Even the man or woman receiving the lowest wages paid in this Northwest can well afford to have the teeth looked after and begin to enjoy life.

Again, a word about the children. When a young person has second teeth, fathers and mothers should see to it that their son or daughter goes to the dentist and has the teeth examined. Oftentimes just a little work before it is too late saves the teeth pure and beautiful for a lifetime. Take time by the forelock and consult Wise Brothers, Failing Building, Portland, Oregon.

Back Talk.

"I shall never marry," said Miss Ann Teek, with an air of determination.

"Perhaps not," replied Miss Peri, "but everyone admits you have made a brave fight against the inevitable."—Brooklyn Life.

If You Don't Know

How much different a can of Monopole peaches or pears or corn or other variety of fruits and vegetables taste from the ordinary brands we hope you will instruct your dealer to send you a can of Monopole today. We know Monopole brand is better than any other because we have compared them with all other so-called high class ones.

Most dealers handle Monopole goods. If yours doesn't send us his name.

Wadhams & Kerr Bros., Monopole Grocers and Dry Coffee Roasters, 81-83-85 Front street, Portland, Ore.

That Would Never Do.

She—Why don't you go out occasionally, dearest, and enjoy yourself, say at the club?

He—But I don't want to get into the habit of having a good time.—Life.

White Tailed Eagles.

Although the golden eagle has disappeared from Wales, white tailed eagles are still to be found in north Wales and Shropshire.

Millions in a Mantle.

One of the marvels of the recent Durbar was the display of jewelry and precious stones worn by the Maharaja Gaikwar of Baroda, who wore his state mantle of woven pearls, with its arabesque border of diamonds, rubies, emeralds and sapphires, whose value, estimated by a famous London jeweler, is $5,000,000.

The Importance of Steel.

Steel, when made into a sword, was the emblem of power. Steel, in the uses of peace and civilization, is just as important as it is in war. The country which is pre-eminently endowed with steel, or with coal and iron, of which and by means of which it is made, will stand at the head of the civilized world.

A Pessimist.

Rev. Thomas R. Slicer, during a recent discussion with a friend, asked him if he knew the definition of a pessimist.

"Of course," replied his friend, "he is one who is sore on himself and the world in general. Is not that your definition?"

"Hardly," replied Dr. Slicer. "A pessimist, in my opinion, is a man who has just left an optimist."—New York Times.

Loquacious.

The family was discussing the high prices of provisions generllay, when the small boy butted into the conversation.

"Jam has gone up, too," he remarked. "Ma keeps it on the top shelf now."

And then it suddenly dawned on his youthful perceptions that he had injured his case by talking too much.—Batavia News.

The Hotel of 2003.

Clerk — Michael, are you about through moving those trunks?,

"Yes, sorr; in a few minutes."

"Well, when you've finished, stretch the life net over the front pavement. Mrs. Hibawl has just telephoned from the top floor that her husband has fallen out of the window."—Smart Set.

At Delhi.

Posterity will look upon the picture of a vast and utterly barbaric population numbering nearly one-fourth of the human family, subdued, governed, educated, Christianized and led up to the dignity of self-government by a handful of strangers who come from an inconsiderable island 15,000 miles away."—An old prophecy about India.—New York Press.

Geographical.

Kentucky Teacher (of infant geography class)—Tommy Blood may tell us what a strait is.

Tommy Blood—It's jes' the plain stuff 'thout nothin' in it.—Ohio State Journal.

His Theory.

"There's no doubt that colored men often make good soldiers."

"Course dey does," answered Mr. Erastus Pinkley. "You put a cullud man along of a purcession an' he's gwine ter foller it to de finish, no matter whut de danger is."—Washington Star.

The Influence.

Jerry—How do good clothes make a man a gentleman?

Joe—They make him feel as if he was expected to act like one. — Detroit Free Press.

To Break in New Shoes,

Always shake in Allens Foot-Ease, a powder. It cures chilblains, damp, sweating, aching, swollen feet. Cures Corns and Bunions. At all druggists and shoe stores, 25c. Don't accept any substitute. Sample mailed FREE. Address Allen S. Olmstead, LeRoy, N. Y.

Ending the Dissertation.

"Would you call a cat herbivorous or carnivorous?" asked the man who is learned but tedious.

"Neither," answered the man who yawns, "merely vociferous."

An Ingenious Clock.

Brussels has a church clock wound by atmospheric expansion induced by the heat of the sun.

Won in a Walk.

Say, how did you get off in the glee club try-out?

Made first bass on four bawls.

START THE JETTY

SECRETARY ROOT PROMISES TO BEGIN WORK IMMEDIATELY.

Action Has Been Delayed by Efforts of Haupt to Secure Adoption of His Plan for Reaction Jetties—Local Engineers Ready to Begin Construction as Soon as Orders Come.

Washington, March 9. — Senators Mitchell and Fulton today called on Secretary Root and other war department officials to urge the early approval of the report of the engineer board on the project for improving the mouth of the Columbia river. They laid before the department a large number of telegrams and letters from commercial bodies and other interested parties, emphasizing the importance of early action. Secretary Root told the senators he would act on the report in about a week, or in ten days at the outside. He said it was now held up on account of requests made by L. M. Haupt, who is bringing every influence to bear to have the board's recommendations overruled and his reaction jetty substituted. The senators gave the secretary to understand that the people of Oregon are well satisfied with the board plan, and believe their unanimous judgment cannot be improved upon. In view of the great importance of the work, they do not now want any experimenting at the mouth of the Columbia river.

Secretary Root did not say what action he would take, but strongly intimated that he would approve the board report. He did say that as soon as the report was acted upon the work would be done with all possible speed, and that his department was desirous of affording relief to the commerce of the Coluumbia river with the least possible delay.

Senator Fulton intends, as soon as he has more data and details, to take up with the war department the matter of the right of way for the state portage road between The Dalles and Celilo, for which the legislature recently made the appropriation. He desires to secure permission from the government to construct this portage road over the right of way that was acquired for the old boat railwaay, which is now the property of the government, and which will not be required for canal purposes.

BLOOD WILL FLOW.

Another Reign of Terror Impending in China—Empress Dowager in Plot.

Victoria, March 9.—According to advices received from Pekin, an outbreak, and with it a carnival of murder exceeding the Boxer outbreak, is regarded by many as imminent. Correspondents of Chinese papers at Pekin are sending columns telling of the duplicity of the empress dowager and of the threatened outbreak.

The North China Daily News, one of the best informed journals of the East, has received advices that the empress dowager and Yung Lu, the grand chancellor, are known to be aiding the movement of Tung Fu Hsiang in Kansu, and on the authority of a Chinese "of high literary rank" at Pekin, a Shanghai paper says that, while the empress dowager is issuing edicts commanding reforms on Western lines and pretending to initiate reforms, she is secretly sending instructions to viceroys and governors prohibiting the inauguration of foreign methods.

The empress is also said to be sending notifications to some viceroys that Tung Fu Hsiang is to be aided in marching his army to Pekin to escort Pu Chun, son of Prince Chun and exheir apparent, to the throne. On their arrival, Kwang Hsu, the present emperor, is to be made away with, says the Chinese correspondent, and the representatives of the various foreign powers and all foreigners in the capital as well as in the provinces, are to meet the same fate, without distinction.

Crank Who Wants $100,000.

Washington, March 9.—A Swede who gave his name as Z. Berg, of Providence, R. I., tried for an hour today to see the president. He was urged by the white house attaches to reduce his communication to writing. This he endeavored to do, but failed. One of the secret service officers interviewed him and found him possessed of hallucinations. Berg said that several years ago he had informed the United States government that the Spaniards intended to blow up one of the battleships, and wanted the president to see that he received $100,000 for his information.

Earthquake Shakes Saxony.

Berlin, March 9. — Earthquake shocks have been felt for two days in the district of Voigtland, Saxony, in the Erzgebierge mountains. Yesterday's shocks were slight, but those of today were violent. The inhabitants of Grazlitz left houses and passed into the streets. The tremors were felt as far as Poluen, Richenbach and Zwickau. Houses at Unter Sachsenburg and at Asch shook for several seconds. There was great excitement throughout the affected district.

Worse Than Blockade.

Willemstad, Island of Curacao, March 9.—The steamship which arrived here today from Maracaibo, Venezuela, carried only one-third of her usual cargo and brought no coffee. The merchants of Maracaibo say they cannot pay the present export duties, which, they add, are more ruinous to them than was the blockade of the Venezuelan coast. Advices received here from revolutionary sources in Venezuela say the revolutionary forces have gathered around Caracas; and also hold all the eastern part of Venezuela, except Cumana.

Barclay to Command at Bremerton.

Washington, March 9.—While no official announcement has been made, it is believed in naval circles that Captain Charles J. Barclay, commandant at the Boston navy yard, has been selected for similar duty at the Bremerton, Wash., yard, and that the assignment will soon be made. Captain Barclay stands well up on the list of captains, and his promotion to the grade of rear admiral is likely to follow soon after the transfer.

CHANGE OF LIFE.

Some sensible advice to women passing through this trying period.

The painful and annoying symptoms experienced by most women at this period of life are easily overcome by **Lydia E. Pinkham's Vegetable Compound.** It is especially designed to meet the needs of woman's system at the trying time of change of life.

It is no exaggeration to state that Mrs. Pinkham has over 5000 letters like the following proving the great value of her medicine at such times.

"I wish to thank Mrs. Pinkham for what her medicine has done for me. My trouble was change of life. Four years ago my health began to fail, my head began to grow dizzy, my eyes pained me, and at times it seemed as if my back would fail me, had terrible pains across the kidneys. Hot flashes were very frequent and trying. A friend advised me to try **Lydia E. Pinkham's Vegetable Compound.** I have taken six bottles of it and am to-day free from those troubles. I cannot speak in high enough terms of the medicine. I recommend it to all and wish every suffering woman would give it a trial."—BELLA ROSS, 88 Montclair Ave., Roslindale, Mass.—*$5000 forfeit if original of above letter proving genuineness cannot be produced.*

Her Call.

"I ran into town today to do some shopping, dear," said Mrs. Subbubs, entering her husband's office, "and I—"

"I see," he interrupted, "and you just ran in here because you ran out."

"Ran out?"

"Yes—of money."

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

The Time To Retire.

Ex-Senator Jewett, of St. Louis, is ninety-four years old. Someone asked him not long ago how old he thought a man should be before retiring from business. The old gentleman gravely responded: "I don't really think a man should keep on after he has reached the age of ninety."

Beware of Ointments for Catarrh That Contain Mercury,

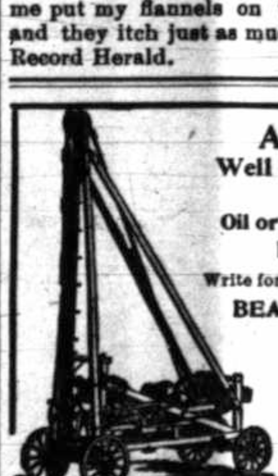
As mercury will surely destroy the sense of smell and completely derange the whole system when entering it through the mucous surfaces. Such articles should never be used except on prescriptions from reputable physicians, as the damage they will do is ten fold to the good you can possibly derive from them. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, O., contains no mercury, and is taken internally, acting directly upon the blood and mucous surfaces of the system. In buying Hall's Catarrh Cure be sure you get the genuine. It is taken internally, and made in Toledo, Ohio, by F. J. Cheney & Co. Testimonials free.

Sold by Druggists, price 75c. per bottle.
Hall's Family Pills are the best.

Something Equally Good.

Teacher—Johnny, have you been vaccinated?

Johnny—No'm; but mamma made me put my flannels on this morning, and they itch just as much.— Chicago Record Herald.



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FOR
Oil or Water any Depth.
Write for catalogue.
BEALL & CO.,
Gen'l Agts.
313 Commercial Block
PORTLAND, OREGON.

AMERICAN CREAM SEPARATORS

Are sold subject to approval and at a price that will enable you to make a good profit on a few cows. The cleanest, fairest machine in all the world.

Strongest in ALL these points than any other, viz:
Close Skimming. Easy Cleaning.
Light Running. Durability.
Write for free catalogue.

MITCHELL, LEWIS & STAVER CO.
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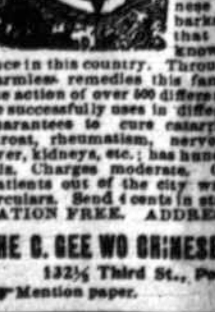
Won Medal, Paris, 1900.



DR. C. GEE WO
WONDERFUL HOME TREATMENT

This wonderful Chinese doctor is called great because he cures people without operation that are given up to die. He cures with those wonderful Chinese herbs, roots, buds, barks and vegetables that are entirely unknown to medical science in this country. Through the use of those harmless remedies this famous doctor knows the action of over 500 different remedies, which he successfully uses in different diseases. He guarantees to cure catarrh, asthma, lung, throat, rheumatism, nervousness, stomach, liver, kidneys, etc.; has hundreds of testimonials. Charges moderate. Call and see him. Patients out of the city write for blanks and circulars. Send 4 cents in stamps. CONSULTATION FREE. ADDRESS

THE C. GEE WO CHINESE MEDICINE CO.
132½ Third St., Portland, Oregon.
Mention paper.

PISO'S CURE FOR
CURES WHERE ALL ELSE FAILS.
Best Cough Syrup. Tastes Good. Use in time. Sold by druggists.
CONSUMPTION
25 CTS

OVER A BILLION AND A HALF.

Total Appropriations of Last Congress Amount of Each Bill.

Washington, March 6.—The appropriations made during the session of congress which closed Wednesday aggregated $753,484,019, as against $800,624,496 for the last session. The total for the entire congress thus footed up $1,554,108,514, or something more than $100,000,000 in excess of the total appropriations for the 56th congress. The total for that congress was $1,440,489,438.

These figures were embodied in a statement presented to the senate by Allison, chairman of the committee on appropriations. The statement also contained an itemized statement showing the expenditures for the past session by bills as follows:

Agriculture	$ 5,978,160
Army	78,138,757
Diplomatic and consular	1,968,250
District of Columbia	8,647,497
Fortifications	7,188,146
Indian	8,512,950
Legislative, executive and judicial	27,595,953
Military academy	658,248
Navy	81,871,291
Pensions	139,847,600
Postoffices	153,401,459
Sundry civil	82,272,955
Deficiency	21,561,572
Permanent annual appropriations	132,589,520
Miscellaneous	3,250,000

FOUND MARINE GRAVEYARD.

Many Other Wrecks Where the Bark Alex McNeil Was Lost.

Victoria, B. C., March 6.—Details were received by the Empress of India of the wreck of the bark Alex McNeil, which was lost on Pratas reef, as was briefly cabled, when bound from Manila to Port Townsend. She left Manila December 10, and 13 days later piled up on Pratas shoal, which, by Captain Jorgensen's reckoning, should have been 60 miles distant. The mate, Evans, and four seamen left in the ship's boat to explore the reef and nothing further was heard of them. At low water the captain explored the reef and found the wrecks of half a dozen vessels, including the wreck of a four-masted ship and a steamer.

The reef stretched for miles, and at the western end was a deserted fishing station with a joss house and half a dozen Chinese graves. There was a deserted cabin, containing pictures and articles which must have been secured from wrecks. After several days spent on the wreck, the survivors started in their patched-up cutter for Hong Kong. They were four days at sea, suffering great privations, when a Norwegian steamer picked them up and landed them at Hong Kong.

TO RECLAIM 340,000 ACRES.

Tacoma Man Given Big Contract to Dam Snake River.

Tacoma, March 6.—Nelson Bennett, of Tacoma, has secured the contract for damming the Snake river in Idaho, at a point 25 miles above Shoshone falls, and building 65 miles of canal on the south side of the river and 24 miles on the north side, not including laterals, which will reclaim 340,000 acres of land under the new government irrigation law. The dam is to cost $400,000 or more, and the canals $2,500,000, not including the laterals. The larger canal is to be 80 feet wide at the top, and to carry ten feet of water, which is to be raised from the river 46 feet. The contract is let by the Twin Falls land and water company, of Salt Lake. Two sections of the canal must be complete in one year. For the completion of the entire work five years are allowed.

Mr. Bennett is today shipping several trainloads of his outfit to a small station on the O. R. & N. known as Kimama. The canals are to be in Owyhee and Lincoln counties.

Ames Must Show Cause.

Nashua, N. H., March 6.—An order of the supreme court in the habeas corpus proceedings brought by counsel for Dr. A. A. Ames, former mayor of Minneapolis, who is wanted in that city in connection with the bribery scandals, was served upon Dr. Ames today at Hancock, where he is under arrest. The court orders that Dr. Ames shall appear in court on March 11 and show cause, if any, why he should not be taken back to Minneapolis for trial. It is now the opinion of the physicians that Dr. Ames' condition is sufficiently improved to permit his return to Minneapolis.

Alaskan Treaty Ratified.

Washington, March 5.—Secretary Hay and Sir Michael Herbert today exchanged ratifications of the Alaska boundary treaty. The preparation of the cases of the two sides will proceed with all speed, as, under the treaty, they must be submitted to the arbitrators within 60 days. It will require the greatest effort on the part of the United States government to have its own case ready within the appointed time. The United States government has come into possession in recent years of a vast amount of data.

Smoking Car Smashed.

Kansas City, Mo., March 6.—Outgoing Rock Island Texas train No. 23, which left the union station at 10:30 o'clock tonight, over the Union Pacific tracks, which the Rock Island uses out of here, crashed into the smoker of Rock Island trains Nos. 12 and 22, which were made into one, but were late and trying to make a siding at Rock Island Junction, just outside the Kansas City yards. The smoker was thrown from the track, turned over and smashed into kindling wood and all inside more or less injured, but none killed.

Famine in Japan.

Yokohama, March 6.—The practically complete failure of the rice crop last year has caused widespread distress in Japan, culminating in famine in the northwestern provinces. From an official report it is learned that the destitution is much greater than was supposed. The number of starving, so far as officially known, is 147,688, with the possibility of these figures being greatly added to. The foreign element is now taking steps for relief.

Murder in First Degree.

Eugene, Or., March 6.—Elliott Lyons, who, while resisting arrest for horse stealing at his home west of Eugene on February 5, shot and killed Sheriff Withers, of this county, was found guilty of murder in the first degree by the jury in ten minutes. He will be sentenced today.

Asthma

"One of my daughters had a terrible case of asthma. We tried almost everything, but without relief. We then tried Ayer's Cherry Pectoral, and three and one-half bottles cured her."—Emma Jane Entsminger, Langsville, O.

Ayer's Cherry Pectoral certainly cures many cases of asthma.

And it cures bronchitis, hoarseness, weak lungs, whooping-cough, croup, winter coughs, night coughs, and hard colds.

Three sizes: 25c., 50c., $1. All druggists.

Consult your doctor. If he says take it, then do as he says. If he tells you not to take it, then don't take it. He knows. Leave it with him. We are willing.
J. C. AYER CO., Lowell, Mass.

Mike's Poodle.

Hogan—An' is he a blooded dog, Mike?

"Blooded? I sh'd say he wuz. W'y, when he wus a pup th' doc had ter bleed him to kape him from bein' a blood hound, faith!"

FITS Permanently Cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. Send for FREE $2.00 trial bottle and treatise. Dr. R. H. KLINE, Ltd. 931 Arch St., Philadelphia, Pa.

Home Discomforts.

"No," grumbled the husband in a spasm of confidence to a friend, "I have no place at all for my books. The storage room is kept exclusively for my wife."

"And what does she use it all for?"

"Oh, she puts away the things that are a trifle too good to be destroyed, yet scarcely good enough to be of use."

For bronchial troubles try Piso's Cure for Consumption. It is a good cough medicine. At druggists, price 25 cents.

Strange Case.

A woman has sued for divorce because her husband "gives too much attention to the church." This will puzzle a lot of women who heretofore thought they knew something about man.

JOHN POOLE, PORTLAND, ORE.
Foot of Morrison Street.
Can give you the best bargains in Boilers and Engines, Windmills, Pumps and General Machinery. Wood Sawing Machines a specialty. See us before buying.

I WANT TO BUY FOR CASH
Chicken, Duck and Geese feathers. Address
O. O. SMITH.
10th and Davis Sts., Portland, Or

210 Kinds for 16c.

It is a fact that Salzer's seeds are found in more gardens and on more farms than any other in America. There is a reason for this. We own and operate over 5000 acres for the production of our choice seeds. In order to induce you to try them we make the following unprecedented offer:

For 16 Cents Postpaid
25 sorts wonderful onions,
25 sorts elegant cabbage,
15 sorts magnificent carrots,
25 peerless lettuce varieties,
25 rare luscious radish,
20 splendid beet sorts,
75 gloriously beautiful flower seeds,
in all 210 kinds positively furnishing bushels of charming flowers and lots and lots of choice vegetables, together with our great catalogue telling all about Macaroni Wheat, Billion Dollar Grass, Teosinte, Bromus, Speltz, etc., all for only 16c. in stamps and this notice.
Onion seed at but 60c. a pound.
JOHN A. SALZER SEED CO.,
La Crosse, Wis.

Lazy Liver

"I have been troubled a great deal with a torpid liver, which produces constipation. I found CASCARETS to be all you claim for them, and secured such relief the first trial, that I purchased another supply and was completely cured. I shall only be too glad to recommend Cascarets whenever the opportunity is presented." J. A. SMITH.
2920 Susquehanna Ave., Philadelphia, Pa.

CANDY CATHARTIC
Cascarets
TRADE MARK REGISTERED
REGULATE THE LIVER

Pleasant, Palatable, Potent. Taste Good. Do Good, Never Sicken, Weaken, or Gripe. 10c, 25c, 50c.
... CURE CONSTIPATION. ...
Sterling Remedy Company, Chicago, Montreal, New York.

NO-TO-BAC Sold and guaranteed by all druggists to CURE Tobacco Habit.

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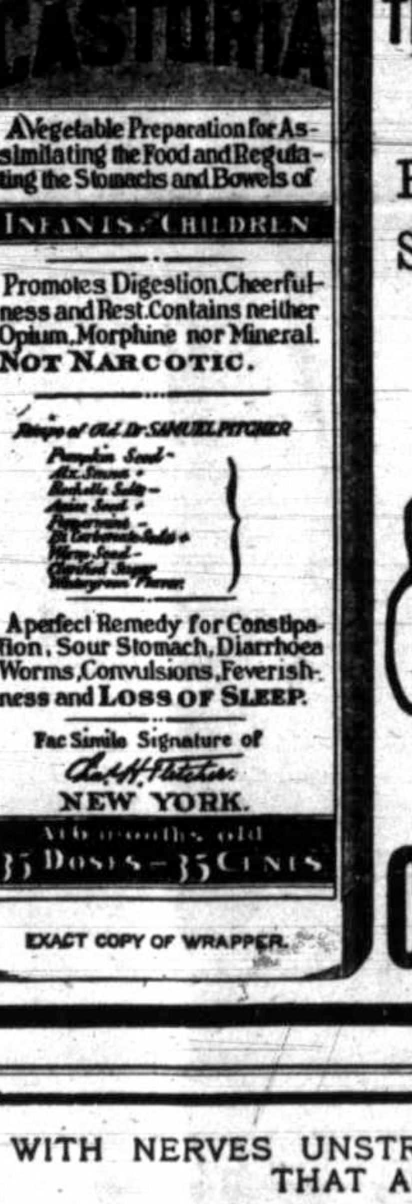

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For Infants and Children.

The Kind You Have Always Bought

Bears the Signature of *Chas. H. Fletcher.*

In Use For Over Thirty Years

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THE CENTAUR COMPANY, NEW YORK CITY.

WITH NERVES UNSTRUNG AND HEADS THAT ACHE

WISE WOMEN BROMO-SELTZER TAKE

TRIAL BOTTLE 10 CENTS.

McCAULEY & BURBANK, General Machinists
Mine, Mill and Marine work. General repairs. Printing Machinery repaired and rebuilt
PROMPT ATTENTION TO OUT-OF-TOWN ORDERS.
Poole Bldg., Foot of Morrison St. PORTLAND, OREGON

PRUSSIAN STOCK FOOD

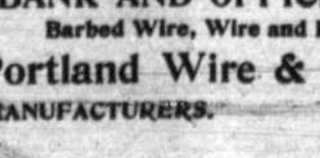
The Great Conditioner and Stock Fattener. HORSES do More Work on Less Feed. COWS give More and Richer Milk. HOGS Fatten Quicker if given this Food.

Package, 50c and $1.00.

MAKES PIGS GROW—GOOD FOR STUNTED CALVES.

PRUSSIAN REMEDY CO., St. Paul, Minn.
GENTLEMEN:—I have been feeding your PRUSSIAN STOCK FOOD to my thoroughbred swine. It gives them an appetite, and makes the pigs grow. I also tried it on stunted calves with satisfactory results.
F. W. GROOME, Elgin, Neb.

PORTLAND SEED CO., Portland, Oregon, Coast Agents.



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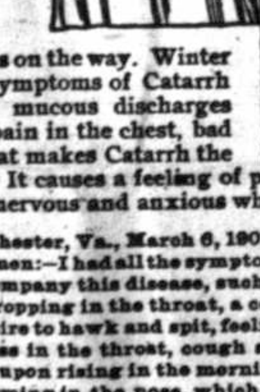
LOOK OUT FOR CATARRH



When the cold wave flag is up, freezing weather is on the way. Winter is here in earnest, and with it all the miserable symptoms of Catarrh return—blinding headaches and neuralgia, thick mucous discharges from the nose and throat, a hacking cough and pain in the chest, bad taste in the mouth, fetid breath, nausea and all that makes Catarrh the most sickening and disgusting of all complaints. It causes a feeling of personal defilement and mortification that keeps one nervous and anxious while in the company of others.

In spite of all efforts to prevent it, the filthy secretions and mucous matter find their way into the Stomach and are distributed by the blood to every nook and corner of the system; the Stomach and Kidneys, in fact every organ and part of the body, become infected with the catarrhal poison. This disease is rarely, if ever, even in its earliest stages, a purely local disease or simple inflammation of the nose and throat, and this is why sprays, washes, powders and the various inhaling mixtures fail to cure. Heredity is sometimes back of it—parents have it and so do their children.

Manchester, Va., March 6, 1901.
Gentlemen:—I had all the symptoms that accompany this disease, such as mucus dropping in the throat, a constant desire to hawk and spit, feeling of dryness in the throat, cough and spitting upon rising in the morning, scabs forming in the nose, which required much effort to blow out, sometimes causing the nose to bleed and leaving me with a sick headache. I had thus suffered for five years.
I commenced to take S. S. S. and after I had taken three large bottles, I noticed a change for the better. Thus encouraged, I continued to take it and in a short while was entirely cured. JUDSON A. BELLAM.
Main and Vine Sts., Richmond, Va.

In the treatment of Catarrh, antiseptic and soothing washes are good for cleansing purposes or clearing the head and throat, but this is the extent of their usefulness. To cure Catarrh permanently, the blood must be purified and the system relieved of its load of foul secretions, and the remedy to accomplish this is S. S. S. which has no equal as a blood purifier. It restores the blood to a natural, healthy state and the catarrhal poison and effete matter are carried out of the system through the proper channels. S. S. S. restores to the blood all its good qualities, and when rich, pure blood reaches the inflamed membrane and is carried through the circulation to all the Catarrh infected portions of the body, they soon heal, the mucous discharges cease and the patient is relieved of the most offensive and humiliating of all complaints.

SSS

S. S. S. is a vegetable remedy and contains nothing that could injure the most delicate constitution. It cures Catarrh in its most aggravated forms, and cases apparently incurable and hopeless. Write us if you have Catarrh, and our physicians will advise you without charge.

THE SWIFT SPECIFIC CO., ATLANTA, GA.