THE HEALTH OF YOUNG WOMEN

Two of Them Helped by Mrs. Pinkham —Read their Letters.

"DEAR MRS. PINKHAM:—I am sixteen years old and am troubled with my monthly sickness. It is very irregular, occurring only once in two or three months, and also very painful. I also suffer with cramps and once in a while pain strikes me in the heart and I have drowsy headaches. If there is anything you can do for me, I will gladly follow your advice."—MISS MARY GOMES, Aptos, Cal., July 31, 1898.

"DEAR MRS. PINKHAM:—After receiving your letter I began the use of your remedies, taking both Lydia E. Pinkham's Vegetable Compound and Blood Purifier. I am now regular every month and suffer no pain. Your medicine is the best that any suffering girl can take."—MISS MARY GOMES, Aptos, Cal., July 6, 1899.

Nervous and Dizzy

"DEAR MRS. PINKHAM:—I wish to express my thanks to you for the great benefit I have received from the use of Lydia E. Pinkham's Vegetable Compound. I suffered constantly from terrible sideache, had chills, was nervous and dizzy. I had tried different kinds of medicine but they all failed entirely. After taking three bottles of Vegetable Compound and three of Blood Purifier I am all right. I cannot thank you enough for what your remedies have done for me."—MISS MATILDA JENSEN, Box 18, Ogdensburg, Wis., June 10, 1899.

Elevation Desirable.

Lady (with high hat)—I beg your pardon, but I forgot my opera glass. Would you kindly lend me yours just a moment?

Tyrant Man (in the seat behind)—Very sorry, madam, but I need it to sit on.—N. Y. Weekly.

Try Allen's Foot Ease,

A powder to be shaken into the shoes. At this season your feet feel swollen, nervous and hot, and get tired easily. If you have smarting feet or tight shoes, try Allen's Foot-Ease. It cools the feet and makes walking easy. Cures ingrowing nails, swollen and sweating feet, blisters and callous spots. Relieves corns and bunions of all pain and gives rest and comfort. We have 30,000 testimonials. Try it today. Sold by all druggists and shoe dealers for 25c. Trial package FREE. Address Allen S. Olmstead, LeRoy, N. Y.

The Occasion.

"Oh, yes; Prof. Groskopf is quite phlegmatic. In fact, I never knew him to be excited, except once."

"What was the trouble then?"

"He couldn't find his pipe."—Puck.

CASTORIA

For Infants and Children.

The Kind You Have Always Bought

Bears the Signature of *Chas. H. Fletcher.*

Fire Escape.

"My mother found my little brother putting his stockings on wrong side out this morning." "Yes? What did she do?" "Turned the hose on him."—Harvard Lampoon.

Beware of Ointments for Catarrh That Contain Mercury,

As mercury will surely destroy the sense of smell and completely derange the whole system when entering it through the mucous surfaces. Such articles should never be used except on prescriptions from reputable physicians, as the damage they will do is ten fold to the good you can possibly derive from them. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, O., contains no mercury, and is taken internally, acting directly upon the blood and mucous surfaces of the system. In buying Hall's Catarrh Cure be sure you get the genuine. It is taken internally, and made in Toledo, Ohio, by F. J. Cheney & Co. Testimonials free.

Sold by Druggists, price 75c. per bottle.
Hall's Family Pills are the best.

The problem of Indian education seems to be solved by the Indians themselves. In the territory the Chickasaws have five colleges and the Creeks have 10. The Choctaws have no colleges, but have 160 common schools in which the higher branches are taught. The expenses of educating the Indians are borne by the federal government.

The oldest story in the world probably is the one told by the boys when they return from hunting: that they killed a duck, but that they couldn't find it.

If a man has a little ability, people abuse him because he does not "do" more.

No boy thinks he has had enough candy until he has started a tooth to aching.

PACIFIC COAST MINING NEWS

Vancouver Iron and Big Oregon Company are the Current Talk This Week.

VANCOUVER IRON PROPERTY.

Pennsylvania Men Said to Be Buying for Development.

Seattle, July 16.—The Post-Intelligencer states that managers of the McKeesport iron works, in Pennsylvania, have been visiting the Pacific coast, and have secured sites for new iron works at Port Angeles, after an unsuccessful attempt to locate in Victoria, B. C. The belief is expressed that the iron deposits of Vancouver island have attracted the attention of these iron men and that raw iron will be taken from Barclay sound, and elsewhere in the island, down to Port Angeles for working. It is known that the McKeesport iron men have secured options on three properties in the Barclay sound country, namely the Anderson Company, another owned by Wilson, Braden, Irving and others, and a third the property of Thompson, Braden, Logan and Kains. An option has been secured on these claims until the end of the year, and before the beginning of next month between 400 and 500 men will be taken up to Barclay sound to exploit its mineral wealth.

If development proves that these properties are at all equal their promise, it will mean much for Vancouver island and for Victoria. The properties in question run about 72 per cent in pig iron, a very high per centage, and one which envoked enthusiastic expressions from the visiting magnates. From these the raw material for the Port Angeles foundries will be drawn.

The Galena, one of the promising claims on the Gordon river, passed recently under bond to a number of Eastern capitalists. Active work will commence on this mine on August 1 and will be continued until the end of the year. A large sum is involved in this transaction should it go through.

WILL WORK THE CLAIM.

Owners Want a Showing Made in the Hard Cash.

Greenood, B. C., July 16.—The owners have bonded the Hard Cash mineral claim for $20,000 to John Rodgers. The bond is a working one, and so much work must be made before the first payment is made. The Hard Cash is a fractional claim, containing 28 acres, adjoining the Golden Crown, Winnipeg and the J. and R. The latter claim is owned by John Rodgers, and he recently uncovered a ledge on the property near the Hard Cash line. He, therefore, secured the Hard Cash that both claims might be worked together.

PACIFIC COAST WHEAT SHIPMENTS.

Thirty-five Million Bushels Sent From Portland, San Francisco, Seattle and Tacoma.

Portland, July 16.—The Oregonian publishes tables showing the wheat shipments from the four leading coast cities for the season of 1899-1900, as follows:

From Portland—94 cargoes, 14,239,064 bushels.

From San Francisco—127 cargoes, 13,534,635 bushels.

From Seattle and Tacoma—35 cargoes, 7,799,092 bushels.

ROSSLAND ORE SHIPMENTS.

Six Months of This Year Equal to All of Last.

Rossland, B. C., July 16.—Ore shipments from this district for the first half of 1900 were nearly equal to those of the whole year 1897, when the figures were 72,840 tons. The total for the past six months is 71,235 tons.

The Nickel Plate has been opened to the 600-foot level, is fully developed by drifts, etc., to the 200-foot level, and partially developed to the 400-foot level. Arrangements have been made to ship 250 tons of ore per day from the Nickel Plate.

RICH MOUNTAIN TUNNEL.

Twenty-three Times Gold Has Been Struck at Palmer.

Loomis, Wash., July 16.—In the Palmer mountain tunnel the last 30 feet driven has gone through a formation highly mineralized, giving assays each day running from $3.74 to $37 in gold. The last shot at the face broke into a well defined ledge, showing much blue quartz full of mineral which may prove one of the most important in the history of the tunnel. This ledge is in a different formation from that of the other 22 and the good values preceeding the cuttings of the footwall make the crossing and testing of this 23d vein a matter of special interest.

ENORMOUS ANACONDA PLANT

New Machinery Weighs Nearly Two Million Pounds.

Anaconda, Mont., July 16.—New machinery weighing 1,650,000 pounds is being installed in the concentrating plant of the Anaconda Mining Company here. The company is using 24 Huntington mills five feet in diameter, of the latest pattern; 24 sets of crushing rolls, 40 inches in diameter by 16-inch face, with forged steel shells; eight Blake crushers, 24x12 inches, and 16 Blake crushers 15x5 inches.

GOOD MONTANA MINE.

Copper and Gold Produced at the Copper Cliff.

Missoula, July 16.—Visitors in the city from the Copper Cliff mine report the shaft down 200 feet and the ore running high grade. The owners expect to drift at this depth and find better ore. There is on the dump about $35,000 worth of ore, running in both gold and copper.

IDAHO MINING COMPANIES.

Wallace Reports Two Recently Incorporated, Moderately Stocked.

Wallace, Idaho, July 16.—The Novelty Mining & Milling Company, limited, has filed articles of incorporation. Its principal place of business is Wallace, and its capital stock of $20,000 is divided into 200,000 shares.

The Capitol Mining & Milling Company has filed articles of incorporation. Wallace is the principal place of business, and the capital stock of $100,000 is divided into 1,000,000 shares.

BIG OREGON COMPANY.

Mines in the Bonanza District to Be Developed.

Baker City, Ore., July 16.—The Keystone, Belle and Gold Boy Consolidated Mining Company has been incorporated with a capital stock of $2,000,000. The president of the company is Albert Geiser, of Bonanza fame; vice-president, Clark Tabor, of the Red Boy; treasurer, J. T. Donnelly, cashier of the First National bank; secretary, Eugene Sperry; manager, F. J. Couroy; consulting engineer, Captain C. H. Thompson.

The property is located in the Bonanza district, and is considered to be a very rich and promising mine. It is the intention of the company to push development work and get a mill on the property at once.

NEXT MINING CONGRESS.

Much Good May Result From the Boise Meeting in 1901.

Spokane, July 16.—In view of the fact that the next meeting of the International Mining Congress will meet in Boise, Idaho, in July, 1901, some of the events that took place last month in the Milwaukee meeting will be interesting to Northwestern mining men, says the Spokesman-Review.

The objects aimed at by the Milwaukee meeting were:

First—A permanent organization.

Second—A revision of the national mining laws, with a view of the better protection of claimants and owners of mineral lands.

Third—A mineral exhibit.

Fourth—To obtain and disseminate information regarding improvements and inventions of labor saving machinery and other mining appliances.

The permanent organization consisted of 416 registered delegates representing 23 different states.

Mineral exhibits were displayed by Alaska, Colorado, Wisconsin, New Mexico, Montana, Arizona, Canada, Idaho, Washington and Oregon.

Gold Mining in British Columbia.

The first authenticated discovery of gold in British Columbia, according to Dr. G. M. Dawson, occurred at Mitchell or Gold Harbor, on the west coast of Queen Charlotte island, in 1851, a nugget weighing several ounces having been accidentally picked up by an Indian woman on the seashore. This nugget was brought to Fort Simpson, and, coming into the possession of the officer in charge of the Hudson Bay Company's post at that place, was forwarded by him to the company's headquarters at Victoria. An expedition was at once fitted out, and, proceeding to the spot, succeeded in locating a quartz vein seven inches wide, "reported to contain 25 per cent gold in some places." The find was worked for some months and then abandoned, the narrow vein entirely giving out; no other indications of mineral were ever found on the island, notwithstanding that this extraordinary little seam of quartz had yielded in a few weeks it was worked a value of $20,000 on the word of one authority, or $75,000 on that of another. About the same time coal, which had been discovered on Vancouver island as far back as 1835, began to be mined in earnest at Nanaimo.

Suit Over Mining Claims.

Vancouver, Wash., July 16.—The case of Adolph Hooper and Victor Carlson against J. G. Copely and U. M. Lauman was on trial before a special jury, called for this case, in the superior court. The case relates to the rights of the parties to certain mining claims in the St. Helens mining district, in Skamania county. The suit was first brought in Lewis county, and was transferred to Skamania county, where the property in controversy is located. The trial was held in this county to suit the convenience of the parties to the action. Since the commencement of the action, the defendant, J. G. Copley, died, and Charles W. Thompson, administrator of his estate, was substituted as a party defendant.

New Oregon Mining Companies.

The Elk Creek Gold Mining Company, city of Union, $50,000.

The Lillian Gold Mining and Investment Company, Baker City, $500,000.

Keystone, Belle and Gold Boy Consolidated Mining Company, Baker City, $2,000,000.

New Washington Mining Companies.

Gold Ledge Consolidated Mining & Milling Company, Spokane, $100,000.

Sacramento Gold Mining Company, Spokane, $100,000.

Pilgrim Gold Mining & Milling Company, Davenport, $100,000.

Golden Era Mining Company, Colville, $75,000.

Consolidated Gold Mining Company, Republic, $1,500,000.

Myrtle Mining & Milling Company, Tacoma, $500,000.

Bald Mountain Mining Company, Clear Lake, $1,000,000.

Galena King Mining & Milling Company, Republic, $75,000.

The Plainview, Or., creamery turned out 10,000 pounds of butter the past month.

The city treasurer of Fairhaven, Wash., has just called in $5,300 of warrants.

The necessary acreage is pledged to secure a starch factory at Imbler, in Union county.

Spokane lawyers have agreed to close their offices at noon each Saturday during July and August.

The Stayton, Or., creamery paid 17 cents for butter fat its first month, and 18 cents last month.

Fort Townsend's school directors have re-established the office of city superintendent of schools.

A young man named Arthur Dunn lost his right leg at Starbuck, Wash., on the 9th by attempting to board a moving train.

In every home you will find at least a half dozen skin lotions and toilet articles on a girl's dressing table, and a boy with hands chapped and bleeding.

THE DULL SEASON.

Railway Earnings Are Good, However, and Business Failures Few.

Bradstreets' says: Business is unusually dull at this season, and this year no exception to the general rule is remarked. A review of the past six months, however, gives little comfort to pessimists. Bank clearings, it is true, are smaller by about 11 per cent than they were in the first half of 1899, but railway earnings are about 10 per cent larger, and business failures, as reported to Bradstreet's, are the fewest reported for 18 years back, with liabilities of failing trades the same, with one exception, and that last year, since 1892. Winter wheat has about all been harvested in the Southwest and the yield there has been very large. Copious rains in the Northwest, too, have apparently worked some improvement, judging from the more cheerful tone of advices received from thence this week.

Wool is dull and manufacturers are supplying only actual wants.

In manufacturing lines dullness and weakness are most marked in products of iron and steel.

The settlement of labor troubles is effected in the better demand for building materials at affected centers, while rains in the Northwest have allowed white pine manufacturers to open their works, and give employment to many thousands of men.

Sugar has been marked up again this week, coffee is higher, while tea holds the full advance scored on the outbreak of the Chinese troubles. Wheat, including flour, shipments for the aggregate 3,018,832 bushels, against 3,184,144 bushels last week.

Business failures in the United States for the week number 196, as compared with 185 last week.

Business failures in Canada number 25 as compared with 18 last week.

PACIFIC COAST TRADE.

Seattle Markets.

Onions, new, 1½c.
Lettuce, hot house, $1 per crate.
Potatoes, new, 1c.
Beets, per sack, 90c@$1.
Turnips, per sack, 75c.
Carrots, per sack, $1.25
Parsnips, per sack, 50@75c.
Cauliflower, California 90c@$1.
Strawberries—$2 per case.
Cabbage, native and California, $1.00@1.25 per 100 pounds.
Tomatoes—$1.50 per case.
Butter—Creamery, 22c; Eastern 22c; dairy, 17@22c; ranch, 15@17c pound.
Eggs—20c.
Cheese—12c.
Poultry—14c; dressed, 14@15c; spring, $3.50.
Hay—Puget Sound timothy, $11.00@12.00; choice Eastern Washington timothy, $19.00.
Corn—Whole, $23.00; cracked, $23; feed meal, $23.
Barley—Rolled or ground, per ton, $20.
Flour—Patent, per barrel, $3.25; blended straights, $3.00; California, $3.25; buckwheat flour, $6.00; graham, per barrel, $3.00; whole wheat flour, $3.00; rye flour, $3.80@4.00.
Millstuffs—Bran, per ton, $18.00; shorts, per ton, $14.00.
Feed—Chopped feed, $19.00 per ton; middlings, per ton, $20; oil cake meal, per ton, $30.00.
Fresh Meats—Choice dressed beef steers, price 8c; cows, 7c; mutton 8c; pork, 8c; trimmed, 9c; veal, 8½@10c.
Hams—Large, 13c; small, 13¼; breakfast bacon, 12½c; dry salt sides, 8c.

Portland Market.

Wheat—Walla Walla, 56@57½c; Valley, 57½c; Bluestem, 60c per bushel.
Flour—Best grades, $3.20; graham, $2.70; superfine, $2.10 per barrel.
Oats—Choice white, 35c; choice gray, 33c per bushel.
Barley—Feed barley, $14.00@15.00; brewing, $16.00 per ton.
Millstuffs—Bran, $12.50 ton; middlings, $19; shorts, $13; chop, $14 per ton.
Hay—Timothy, $10@11; clover, $7@7.50; Oregon wild hay, $6@7 per ton.
Butter—Fancy creamery, 35@40c; store, 25c.
Eggs—16c per dozen.
Cheese—Oregon full cream, 13c; Young America, 14c; new cheese 10c per pound.
Poultry—Chickens, mixed, $3.00@3.50 per dozen; hens, $4.50; springs, $2.00@3.50; geese, $4.00@5.00 for old; $4.50@6.50; ducks, $3.00@4.00 per dozen; turkeys, live, 14@15c per pound.
Potatoes—40@50c per sack; sweets, 2@2¼c per pound.
Vegetables—Beets, $1; turnips, 75c; per sack; garlic, 7c per pound; cabbage, 1½c per pound; parsnips, $1; onions, 1¼c per pound; carrots, $1.
Hops—2@8c per pound.
Wool—Valley, 15@16c per pound; Eastern Oregon, 10@15c; mohair, 25 per pound.
Mutton—Gross, best sheep, wethers and ewes, 3¾c; dressed mutton, 7@7½c per pound; lambs, 5½c.
Hogs—Gross, choice heavy, $5.00; light and feeders, $4.50; dressed, $5.00@6.50 per 100 pounds.
Beef—Gross, top steers, $4.00@4.50; cows, $3.50@4.00; dressed beef, 6½@7¾c per pound.
Veal—Large, 6½@7½c; small, 8@8½c per pound.

San Francisco Market.

Wool—Spring—Nevada, 13@15c per pound; Eastern Oregon, 10@15c; Valley, 18@20c; Northern, 10@12c.
Hops—1899 crop, 11@13c per pound.
Butter—Fancy creamery 18@19c; do seconds, 17½c; fancy dairy, 17c; do seconds, 15@16½c per pound.
Eggs—Store, 13½c; fancy ranch, 17c.
Millstuffs — Middlings, $17.00 @ 20.00; bran, $12.50@13.50.
Hay—Wheat $6.50@10; wheat and oat $6.00@9.50; best barley $5.00@7.00; alfalfa, $5.00@6.00 per ton; straw, 25@40c per bale.
Potatoes—Early Rose, 60@65c; Oregon Burbanks, 80c@90; river Burbanks, 35@65c; new, 70c@$1.25.
Citrus Fruit—Oranges, Valencia, $2.75@3.25; Mexican limes, $4.00@5.00; California lemons 75c@$1.50; do choice $1.75@2.00 per box.
Tropical Fruits—Bananas, $1.50@2.50 per bunch; pineapples, nominal; Persian dates, 6@6½c per pound.

A New Romantic Novelist.

The Century Company announces the discovery of a new romantic novelist in a young New Yorker, Miss Bertha Runkle, whose maiden effort is to be The Century's leading piece of fiction for the next eight months, beginning in the August number. It is described as a dramatic romance of love and adventure, and is entitled "The Helmet of Navarre." The scene is Paris during the siege by Henry of Navarre, and the action occupies but four days of the week preceding the Sunday when Henry entered the city. The story is full of vigorous action, and the plot is said to be one of fascinating interest.

The Trust Problem

To a thoughtful mind is one of serious import, for it creeps upon society before you are aware of its existence, in this respect much resembling the various disorders which attack the stomach, such as constipation, indigestion and dyspepsia. Hostetter's Stomach Bitters is the one reliable remedy for all such ailments.

Religious Conserving Power.

Man today begins life in a garden of innocence and purity, wherein are the divinest possibilities, but where there is also the subtle spirit awaiting the chance to beguile. In every walk, as he grows to maturity, are impressions made on the plastic soul, and ever present is the intelligence, working often for good, but which may in self-sufficiency beguile to evil paths. It is here religion seaks, reminding men of God.—Rev. J. K. Smyth.

One result of the installation of the corn kitchen at the Paris fair has been a widespread agitation in that country in favor of the appointment of a commission by the government for the purpose of visiting the United States and ascertaining the best means of introducing corn in France.

If a man living in this part of the country should tire of fried eggs, we don't know what on earth he would eat for breakfast.

If you want to make trouble for an enemy, tell his wife that a daughter in the family has musical talents which must not be buried.

HEAD ACHE

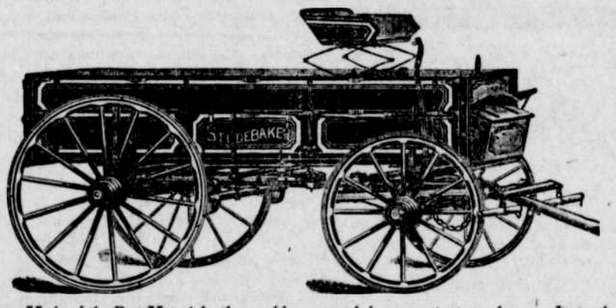
"Both my wife and myself have been using CASCARETS and they are the best medicine we have ever had in the house. Last week my wife was frantic with headache for two days, she tried some of your CASCARETS, and they relieved the pain in her head almost immediately. We both recommend Cascarets."
CHAS. STEDEFORD.
Pittsburg Safe & Deposit Co., Pittsburg, Pa.

CANDY CATHARTIC
Cascarets
TRADE MARK REGISTERED
REGULATE THE LIVER

Pleasant. Palatable. Potent. Taste Good. Do Good, Never Sicken, Weaken, or Gripe. 10c. 25c. 50c.
... CURE CONSTIPATION. ...
Sterling Remedy Company, Chicago, Montreal, New York. 317

NO-TO-BAC Sold and guaranteed by all druggists to CURE Tobacco Habit.

DON'T LET YOUR HARVEST SEASON FIND YOU WITHOUT A STUDEBAKER WAGON.



Made of the Best Materials, thoroughly seasoned, by competent workmen. It stands without an equal. Call on our Agent, or address
STUDEBAKER BROS. MANUFACTURING CO.,
320-338 East Morrison Street, Portland, Oregon.

(The Famous German Wood Preserver)

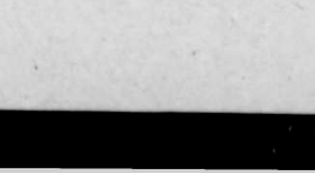
..AVENARIUS CARBOLINEUM..

WHICH PERMANENTLY DESTROYS

..CHICKEN LICE AND VERMIN..

☞One application is all that is required. It lasts for years. If your dealer cannot supply you, write for circulars and information to the following distributing agents: Perfection Pile Preserving Co., Seattle, Wash.; Fisher, Thorsen & Co., Portland, Oregon.; Whittier, Coburn & Co., San Francisco, Cal.

Mitchell Wagons



Are the best that can be made. Nothing is or can be superior to a Mitchell Wagon, because it is made of the best material—by experienced workmen—which, coupled with 65 years' experience in building wagons, during which time the manufacturers have had but one aim, and that to produce the best possible to build, is a guarantee of quality. If you buy a Mitchell Wagon, you get the best that can be made. AGENTS EVERYWHERE.—If none in your vicinity, we will sell to you direct. Send for circular.

MITCHELL, LEWIS & STAVER CO
PORTLAND, OREGON.
Branches at Spokane, Seattle Salem, McMinnville, Medford and La Grande.
Mention this paper.

Here's a Proposition

Isn't it reasonable to suppose that a firm of 30 years experience could tell you the best way to get good value for your money? If you are making improvements in your house, or building a new house, no matter how small or large the sum you wish to spend in electrical or gas fixtures, fireplaces, mantel furniture, etc., you will save money and be well suited if you consult THE JOHN BARRETT CO., 91 First Street, Portland, Oregon.

Dayton's Fly Killer

Used a few minutes evenings, will rid your house of Flies and Mosquitoes. No mark or stain left on the ceilings or walls. Works like magic. Price 25 cents. Write for booklet. Dayton Hardware Co., Portland, Oregon.

IF CLAIMANTS FOR PENSION Write to NAIHAN BICKFORD, Washington, D. C., they will receive quick replies. B. 5th N. H. Vols. Staff 20th Corps. Prosecuting claims since 1878.

JOHN POOLE, PORTLAND, OREGON, can give you the best bargains in general machinery, engines, boilers, tanks, pumps, plows, belts and windmills. The new steel I X L windmill, sold by him, is unequalled.

HARD WORKING WOMEN
Can find quick and permanent relief for serious and strength destroying troubles in
Moore's Revealed Remedy
Thousands have used it and thousands now praise it. It cures permanently. $1 per bottle at your druggist's.

DR. GUNN'S IMPROVED LIVER PILLS
ONE FOR A DOSE. Cure Sick Headache and Dyspepsia, Remove Pimples, Purify the Blood, Aid Digestion, Prevent Biliousness. Do not Gripe or Sicken. To convince you, will mail sample free; full box, 25c. DR. BOSANKO CO., Philadelphia, Pa. Sold by Druggists.

N. P. N. U. No. 29—1900.

WHEN writing to advertisers please mention this paper.

Warm Weather

Weakness is Quickly Overcome.

The cooling, toning, and blood enriching qualities of Hood's Sarsaparilla are wonderful. It strengthens the stomach and digestive organs and creates an appetite. It has an unequal record of cures of scrofula, salt rheum, boils, pimples and other diseases caused by impure blood.

Hood's Sarsaparilla

Is America's Greatest Medicine. Price $1. Prepared by C. I. Hood & Co., Lowell, Mass.

HOOD'S PILLS cure indigestion. Price 25 cents.

By "appearing at perfect ease in society," is meant that one laughs and talks as loud as if on the back porch at home.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

The gossips in Bible days must have had a good time, if they knew of the things going on that the Bible tells about.

Piso's Cure cannot be too highly spoken of as a cough cure.—J. W. O'BRIEN, 322 Third Ave., N., Minneapolis, Minn., Jan 6, 1900.

It is better to be defeated in a good cause than to be victorious in an unrighteous one.—United Presbyterian.

Down in the Dumps.

Sad, with a heavy, anxious feeling—the blues! The liver needs quick attention. Take Cascarets Candy Cathartic at once! All druggists, 10c, 25c, 50c.

Parkhurst on John 3:16.

I could get along with a confession of faith containing but the little that Jesus said when He was trying to make a Christian of Nicodemus: "God so loved the world that He gave His only begotten Son, that whosoever believeth in Him should not perish, but have eternal life." That gives to us the doctrine of God's unlimited love, human guilt, the divnity of Christ, salvaton through Christ, faith in Christ, immortality; every word Saxon, three-quarters of the words monosyllables, profound enough for any elder, simple enough for any four-year old.—Dr. C. H. Parkhurst.

HOITT'S SCHOOL.

Menlo Park, San Mateo County, Cal., with its new buildings, newly furnished and complete laboratories, beautiful surroundings and home influences, is one of the best equipped schools for the training of boys and young men on the coast. It is in charge of Dr. Ira G. Hoitt and is accredited at the universities. Send for catalog. Tenth year begins August 6, 1900.

The empress dowager of China is the one woman in the world to defy all Europe. She is now about 60 years old, and for the last 40 years has exerted an all-powerful influence in directing the affairs of China. She is the second wife of the emperor, and because she bore him a son and the first wife did not she takes precedence. As to education, she has received the best China can give. A native wit and cleverness supply what she may lack in book knowledge.

O.R.&N.

DEPART	TIME SCHEDULES	ARRIVE
Chicago Portland Special 9:15 a. m.	Salt Lake, Denver, Ft. Worth, Omaha, Kansas City, St. Louis, Chicago and East.	4:00 p. m.
Atlantic Express 9:00 p. m.	Salt Lake, Denver, Ft. Worth, Omaha, Kansas City, St. Louis, Chicago and East.	7:00 a. m.
Spokane Flyer 6:00 p. m.	Walla Walla, Lewiston, Spokane, Minneapolis, St. Paul, Duluth, Milwaukee, Chicago & East	8:40 a. m.
8:00 p. m.	Ocean Steamships. All sailing dates subject to change. For San Francisco—Sail every 5 days.	4:00 p. m.
Daily Ex. Sunday 8:00 p. m. Saturday 10:00 p. m.	Columbia River Steamers. To Astoria and Way Landings.	4:00 p. m. Ex. Sunday
6:00 a. m. Ex. Sunday	Willamette River. Oregon City, Newberg, Salem, Independence & Way Landings.	4:30 p. m. Ex. Sunday
7:00 a. m. Tues., Thur. and Sat.	Willamette and Yamhill Rivers. Oregon City, Dayton, & Way Landings.	3:30 p. m. Mon., Wed. and Fri.
6:00 a. m. Tues., Thur and Sat.	Willamette River. Portland to Corvallis & Way Landings.	4:30 p. m. Mon., Wed and Fri.
Lv. Riparia 8:35 a. m. Daily	Snake River. Riparia to Lewiston	Lv. Lewiston Daily 9 a.m.

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*8:30 a. m. Daily except Sunday.	Roseburg passenger—Via Woodburn, for Mount Angel, Silverton, West Scio, Brownsville, Springfield and Natron.	*4:30 p. m. Daily except Sunday.
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