A Bad Case.

"You wouldn't believe it, but Grampy has a bad case of swelled head."

"There must be some mistake."

"Not a bit of it. Genuine old-fashioned mumps on both sides."—Detroit Free Press.

The costliest rugs in the world are owned by the Shah of Persia and the Sultan of Turkey. It is said that each possesses a mat made of pearls and diamonds valued at over $2,500,000. The Carlton club, London, owns the largest mat or rug ever made.

The Italian Medical Council is importuning the government to no longer allow foreigners to practice medicine in Italy unless they have Italian diplomas.

1 OUT OF EVERY 3

Persons you meet every day,

WILL DIE

OF BRIGHT'S DISEASE

or some trouble of the kidneys, urinary or female organs.

THIS IS STARTLING, BUT IT IS TRUE.

WHAT CAN BE DONE?

In such a serious condition you must secure the best remedy you can find in the market

AT ONCE.

There is only one absolutely sure cure for these troubles, and that is

Warner's Safe Cure

"It has stood the test of time."

Bottled Up!

Whether in the form of pill powder or liquid, the doctor's prescription for blood diseases is always the same—mercury or potash. These drugs bottle up the poison and dry it up in the system, but they also dry up the marrow in the bones at the same time.

The suppleness and elasticity of the joints give way to a stiffness, the racking pains of rheumatism. The form gradually bends, the bones ache, while decrepitude and helplessness prematurely take possession of the body, and it is but a short step to a pair of crutches. Then comes falling of the hair and decay of the bones,—a condition truly horrible.

Contagious Blood Poison—the curse of mankind—is the most horrible of all diseases, and has always baffled the doctors. Their potash and mercury bottle up the poison, but it always breaks forth again attacking some delicate organ, frequently the mouth and throat, filling them with eating sores. S.S.S., is the only known cure for this disease. It is guaranteed purely vegetable, and one thousand dollars reward is offered for proof to the contrary. It never fails to cure Contagious Blood Poison, Scrofula, Eczema, Rheumatism, Cancer, or any other disease of the blood. If you have a blood disease, take a remedy which will not injure you. Beware of mercury; don't do violence to your system. Don't get bottled up! Our books sent free to any address. Swift Specific Co., Atlanta, Ga.

Best in the World!

Rambler Bicycles

'96 Models - - - - -	$60
'97 Models - - - - -	80
'96 Ideals - - - - -	39

Second-hand Machines of all makes from $20 to $40 cash, or on installments. Write for Catalog and Second-hand List. LIVE AGENTS WANTED.

FRED T. MERRILL CYCLE CO.,
PORTLAND, OR. SPOKANE, WASH.

FERRY'S

There has never been a time when growers should guard against failure with more care. There has never been a time when *Ferry's Seeds* were more essential. They are always the best. For sale by leading dealers everywhere. Insist on having them.

FERRY'S SEED ANNUAL

is full of information for gardeners and planters. There will never be a better time than now to send for the 1897 edition. Free. D. M. Ferry & Co., Detroit, Mich.

SEEDS

Sent Free!

To any person interested in humane matters, or who loves animals, we will send free, upon application, a copy of the "ALLIANCE," the organ of this Society. In addition to its intensely interesting reading, it contains a list of the valuable and unusual premiums given by the paper. Address

THE NATIONAL HUMANE ALLIANCE,
410-411 United Charities Building, New York.

WHEAT Make money by successful speculation in Chicago. We buy and sell wheat there on margins. Fortunes have been made on a small beginning by trading in futures. Write for full particulars. Best of reference given. Several years' experience on the Chicago Board of Trade, and a thorough knowledge of the business. Downing, Hopkins & Co., Chicago Board of Trade Brokers. Offices in Portland, Oregon, Spokane and Seattle, Wash.

"CHILDREN TEETHING." Mrs. Winslow's SOOTHING SYRUP should always be used for children teething. It soothes the child, softens the gums, allays all pain, cures wind colic, and is the best remedy for diarrhœa. Twenty five cents a bottle. It is the best of all.

SURE CURE FOR PILES

Itching and Blind, Bleeding or Protruding Piles yield at once to DR. BO-SAN-KO'S PILE REMEDY. Stops itching, kills the tumors. A positive cure. Ointment and Tablets. Druggists or mail. DR. BOSANKO, Phila., Pa.

Indian Rainmakers.

All the Indian tribes had rain-makers, and some are yet left. This is one of their methods of operation. A large body of Creek Indians had gathered, all decked out in thier best finery. Two elderly men retired a short distance and seemed to be mumbling to each other something like prayers or invocations; after some time a fire was made on the bank of the stream, when the two rain-makers gave an order, and a young man plunged into the river, which was there very deep. When he came up he had a blue catfish in his hand, which one of the old men took and threw into the fire, the tribe looking on in perfect silence. Then there was more mumbling, accompanied by various contortions and gesticulations, when the gathering dispersed. It rained that night. Perhaps, on the whole, the Indian rain-maker is more generally successful than the civilized one occasionally appearing on the frontier in times of drought, the former having shrewder and more experienced forecast of weather probabilities and putting in his incantations at the right time.—N. Y. Tribune.

A new device for ringing street car gongs has two projections placed on opposite sides of the car axle, the bell lever being thrown into contact by means of a foot lever on the car platform. When the car is at a standstill the bell is rung by a pressure of the same lever.

CREASE AND INCREASE.

An elephant wears more creases to his trousers than any other animal. They seem to be sort of a kilt pleat with a bias slope. He is not very fashionable, but is up to date in taking care of himself. Some sudden, violent pains crease, twist or contract the muscles or tendons, and this is the nature of a bad sprain. If neglected, the creases increase, and so does the pain, until sometimes it is very difficult to straighten them out, but by the prompt use of St. Jacobs Oil, the friction or rubbing in its application and the curative qualities of the oil will smooth out the worst twist or crease and get the muscle in natural shape, where it will remain, restored, strengthened, cured. Promptness in using it insures prompt cure, and when the sprain is cured, it is cured for good.

C. P. Villiers, "Father of the house of commons," who just celebrated his ninety-fifth birthday, has represented Wolverhampton uninterruptedly for sixty-two years.

ON TIME,

And very early too. That's what any one should be in treating one's self for inaction of the kidneys and bladder. The diuretic which experience indicates as supplying the requisite stimulation to the organs without exciting them, is Hostetter's Stomach Bitters. Don't delay; kidney inaction and diseases are not far apart. For fever and ague, dyspepsia, constipation, rheumatism and nerve debility, also, use the Bitters.

A steel boiler plate seventy-six feet long, five feet wide and five-eighths of an inch thick was recently rolled in England.

HOW'S THIS?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

F. J. CHENEY & CO., Props., Toledo, O.

We the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by their firm.

WEST & TRUAX,
Wholesale Druggists, Toledo, O.
WALDING, KINNAN & MARVIN,
Wholesale Druggists, Toledo, O.

Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Price 75c. per bottle. Sold by all Druggists. Testimonials free.

Hall's Family Pills are the best.

Johanna, the giantess gorilla, is intensely jealous. She could kill a dozen unarmed men.

HOME PRODUCTS AND PURE FOOD.

All Eastern Syrup, so-called, usually very light colored and of heavy body, is made from glucose. *"Tea Garden Drips"* is made from Sugar Cane and is strictly pure. It is for sale by first-class grocers, in cans only. Manufactured by the PACIFIC COAST SYRUP CO. All genuine *"Tea Garden Drips"* have the manufacturer's name lithographed on every can.

Piso's Cure for Consumption is the best of all cough cures.—George W. Lotz, Fabucher, La., August 26, 1895.

Mr. Grocer: there are thousands of people who want good tea (many don't drink tea now, because it hasbeen either costly or bad) and here is *Schilling's Best*—good tea at a fair price.

Don't you want to sell lots of such tea, and money-back it if your customers don't like it.

A Schilling & Company
San Francisco 425

Syrup of Figs

Gladness Comes

With a better understanding of the transient nature of the many physical ills, which vanish before proper efforts—gentle efforts—pleasant efforts—rightly directed. There is comfort in the knowledge, that so many forms of sickness are not due to any actual disease, but simply to a constipated condition of the system, which the pleasant family laxative, Syrup of Figs, promptly removes. That is why it is the only remedy with millions of families, and is everywhere esteemed so highly by all who value good health. Its beneficial effects are due to the fact, that it is the one remedy which promotes internal cleanliness without debilitating the organs on which it acts. It is therefore all important, in order to get its beneficial effects, to note when you purchase, that you have the genuine article, which is manufactured by the California Fig Syrup Co. only and sold by all reputable druggists.

If in the enjoyment of good health, and the system is regular, laxatives or other remedies are then not needed. If afflicted with any actual disease, one may be commended to the most skillful physicians, but if in need of a laxative, one should have the best, and with the well-informed everywhere, Syrup of Figs stands highest and is most largely used and gives most general satisfaction.

NORTHWEST BREVITIES

Evidence of Steady Growth and Enterprise.

ITEMS OF GENERAL INTEREST

From All the Cities and Towns of the Thriving Sister States—Oregon.

About forty tons of corn are being shipped from Nebraska to Dallas.

The principal of the Jacksonville public schools is paid $1,000 a year.

Eleven hundred sacks of potatoes were shipped south by the latest steamer out of Coos bay.

An eagle was shot on the Siuslaw last week that measured seven feet from tip to tip and weighed ten pounds.

The grand jury in Douglas county reported that the county jail in Roseburg is insecure, for the safe custody of prisoners.

Frosts in Umatilla county have in places taken off the tops of the grain a little, but no serious damage has been sustained.

Farmers in Sherman county have about finished plowing and are now waiting for the ground to dry enough to begin seeding.

A boy living near Centerville, in Washington county, a few days ago shot a hawk on the wing that measured four feet six inches from tip to tip.

Lambing has begun on some of the sheep ranches in Sherman county, and, in spite of unfavorable weather, a good percentage of the lambs is being saved.

Commissioner Lee, of Fremont, Neb., who at one time made annual purchases of sheep in Grant county, has returned again this year, and will buy a band.

The sheriff of Crook county prevented a jail break last week by discovering in tmie a hole in the jail wall that one of the prisoners had dug out with a case-knife.

Coyotes are increasing so fast near Hayes' hill, in Josephine county, that the number of quail, large gray squirrel and other small game is rapidly disappearing.

The county court of Harney, at its recent session, ordered the new Burns road opened. The road is to extend straight westward from the bridge near Sayer's mill, to the south end of the town of Burns.

It costs the city of Pendleton about $50 every time a fire alarm is turned in, whether the fire amounts to anything or not, and it is suggested that some more economical arrangement should be made with the firemen.

Joseph Hall, who was found dead near Medford last week, with a bullet hole in his head, having been shot from behind, was a bachelor, and about 45 years of age. He had lived on Elk creek, where he was killed, about two years.

Washington.

A warm wave brought relief to the stockraisers in Adams county last week.

The plan of spreading disease among the squirrels by inoculating some of them and turning them loose will be tried in Adams county.

The severe weather and a lack of feed was the cause of several hundred head of stock dying, one man losing at the rate of seven head a day.

Scarcely any plowing has been done around Oakesdale, but as the snow is now rapidly melting, and the ground is not frozen, a large acreage will be put to wheat.

The commissioners sent to North Yakima to treat with the Yakima Indians for the sale of their lands have left for Montana, being unable to accomplish anything.

The Indians along the Sans Poil are busy pulling up the location stakes that were driven on the Colville reservation bars by the locators that expected to see the reservation opened.

A band of horses and cattle has been started from Rock creek valley for the bald hills of the St. Mary's, where there is plenty of feed. The farmers in Rock creek valley have run out of feed.

Taxes are being paid into the county treasury in Spokane at a rate that may make it unnecessary for the county to negotiate a loan for $36,000 with which to pay interest on the county's funding bonds.

The hunters of Pierce county will meet to the number of about 100, and drive Fox island, from end to end, on April 17, for the purpose of slaughtering coons and other "varmints" on the island.

Gin Pon, a Chinese, who was convicted of murdering Lee Tong in Spokane, has been denied a rehearing by the supreme court, and will now be resentenced to hang, unless there should be an appeal to the United States supreme court.

A sawmill and box factory is being erected near the Great Northern depot in Wenatchee. This location will be convenient for fruit shippers this season as they can unload their fruit, and, without going out of the way, take on a load of boxes for the return trip.

Tacoma's lumber manufacturing concerns are unusually busy just now. The St. Paul and Tacoma mill is running day and night to get out the orders. The Wheeler-Osgood Company began to run day and night last week. The company has recently been getting out the largest order ever placed with a Pacific Northwest firm for lumber for Africa. The Tacoma mill is kept busy turning out the fir lumber.

The printers' copy of the senate journal of the recent legislature is ready to be turned over to the state printer.

An ordinance has passed the Spokane council and will be voted upon by the citizens. It provides for a loan of $40,000 for installing an electric light plant, owned and operated by the city. Estimates have been made by a competent engineer and presented before the council, of the cost of establishing and maintaining a plant of this kind, which puts the total cost of the plant at $31,000, and operating expenses at $1,020 per month. Under this system the city expects to furnish its own arc lights at a cost of $5.01 per month, and it is now paying at the rate of $8 per month for all arc lights in use.

THE FRUIT OUTLOOK.

A General Survey of Present Conditions in the Northwest.

A correspondent writing from Salem, Or., in regard to the fruit outlook in the Northwest, says:

All are looking anxiously to see the fruit trees of our wide reigon pass through the ordeal of springtime, for that is the critical period with orchards. It is not often that any severe injury is done in the fall and winter, and if fruit trees are in good condition at the middle of May there is no reason to fear harm while the fruit is being perfected.

The past fall was exceptional in respect to damage done, for the heavy freeze that occurred late in November was quite disastrous in many localities. While this is no doubt true, it will not be possible to trace the extent of the injury until the growing season comes, for while in the dormant state it cannot easily be known how much harm was done.

It was said at the time that the Italian prune was especially affected, which appears to have been true at The Dalles region; also at Hood River. Mr. D. J. Cooper, of Wasco county, told me that much harm had been done in that district. He thought it was chiefly due to overmuch and too late cultivation and irrigation, for he says he had noticed that where there was light cultivation and irrigation was not continued late, the wood ripened early and trees are all right.

Mr. E. L. Smith, of Hood River, who is a very close observer, says much harm was done in that country to young apple trees, and the Spitzenbergs were especially suffering, the heavy freeze having in many instances, killed the tops, as it occurred when the sap was flowing. In many cases the bark had split on the trunk, but he doubted if the damage would all show until spring came.

Mr. Smith thought the excessive rainfall in the mountains made it worse there than out in the open country. The Hood river valley is in the very heart of the Cascade range, and when there were light rains west of the ranges, there was constant, heavy rain there last fall, and the effect was to keep the sap flowing and the trees growing. At the time the freeze came, late in November, the leaves were all on and held their dark green color, so the effect of the cold snap was more disastrous than if it had occurred in a normal season, as the sap was frozen, and much tender young wood was killed. We expected to hear of harm done wherever people had plowed or cutivated late, and so kept sap flowing but conditions at Hood River were exceptional, and the damage seems to have been general.

There seems to have been damage done in many parts of the country. Clark county, Wash., was said at the time to have suffered loss in the Italian prune, which is planted largely there. As to orchards in this valley (the Willamette), it is not probable that much harm was done where they had not too much and too late cultivation. People had to learn that there can be too much of a good thing. There has been too much pruning, as well as too much cultivation. What is needed is to assist nature, not to take the job too much out of her hands. Only a few days before that freeze, one of those very enthusiastic orchard men told me he had kept on plowing and cultivating up to date. I asked him where he would be when a freeze came, and thought of him the first thing when it did come.

I hear of some damage (to Italian prunes especially) done to orchards near here on prairie land, and to some extent in the hills. The Oregon Land Company has 3,000 acres of trees on high hill land a few miles south of Salem, that they cultivated late, and I hear some harm was done there. The lesson to fruitgrowers is that there is a time when trees should mature their wood, as well as their fruit, and if we ignore the laws of nature, we are apt to pay heavily for it. A gentleman who is engaged in fruitgrowing reports that he was in Southern Idaho after the freeze, and young orchards along Snake river were almost destroyed by it. They were, no doubt, forcing growth by irrigation, and overdid it; so suffer as a cosequence. It was a warm November up to the freeze, and the change came suddenly and was disastrous.

While this must be true of many, it is safe to say that the older orchards of the Pacific Northwest are in good condition to produce well, and that we may hope for the largest yield for the season of 1897 that ever was known. The short crop of 1896 leaves the trees well rested, and with vigorous growth of fruit buds. We are almost at the end of March, and yet the trees are not in bloom, when they often are in full bloom before this time. There is more danger from late spring rains than from winter freezes. If we have a late bloom time, and no cold rains later, we may look for an exceptional fruit year all over this Western Oregon, as well as the Indland Empire. We have had so much to learn that it has been a school of experience up to date, and henceforth we should reap some of the practical results.

The Bill Killed.

Springfield, Ill., March 29.—The senate anti-department store bill came up in the house today on first reading, and was ordered laid on the table. This action practically kills the measure.

The Case of Butler.

San Francisco, March 29.—United States Marshal Baldwin has received the mandate ordering him to deliver the Australian murderer, Butler, to agents of the British government. Two men will watch the murderer day and night until he sails April 1 for Australia. The Australian detectives fear he may commit suicide.

Five years penal servitude was the sentence imposed recently on a bicycle thief in England.

Manual Trianing for Women.

New York, March 29.—William R. Grace, his wife, Lillius Grace, and his son, Joseph Grace, have jointly set aside $200,000 for the founding of a manual training school for young women and girls. A bill providing for the incorporation of the institution has been introduced in the legislature. The school when established will be knonw as the Grace institute of New York city. The plans are not yet completed in detail.

An Iowa couple have just been married who had been engaged forty years.

WEEKLY MARKET LETTER

Downing, Hopkins & Company's Review of Trade.

Trading in wheat this week has not been widespread, but to a great extent was confined within the ranks of the professionals, who are considerably worked up over the increasing amount of bad crop news. St. Louis appears to be the center of the disturbance and has been persistently loading the wries with stories of great harm done. Many traders have been disinclined to give the reports much attention, and in fact have only arched their eyebrows when brought to their notice. Many of those who have been loathe to acknowledge these stories are now changing front and think there must be some fire where there is so much smoke. The country at large, though, is only buying wheat sparingly, but St. Louis professionals appear to be taking hold liberally, and are pinning their faith in the reliability of crop damage in the Southwest. This is just the time of year for a genuine crop scare, and, with the weather conditions as they are, damage tales will multiply instead of diminish.

Statistics are, of course, just as favorable for an advance as at any time recently; in fact more so. Visible stocks are decreasing and the world's stocks are steadily diminishing. The world's shipments are running from 3,000,000 to 3,500,000 bushels below the weekly requirements of the United Kingdom and the continent, but for all that, foreigners are not alarmed over the outlook. They are certainly not taking the wheat from this country in such quantities as one would expect under the circumstances. Cables are merely fractional in quoting changes on the other side. Exports of wheat and flour from both coasts for the week are 100,000 bushels more than last week, and exceed those for the same week in 1896 by about 5,000 bushels. We have had war scares of the opera bouffe order, but war seems to be just as distant as ever.

There has been a fair amount of trading in the corn market this week and speculation has been brisker. Wheat no longer exerts much of an influence upon values.

Market Quotations.

Portland, Or., March 30, 1897.

Flour—Portland, Salem, Cascadia and Dayton, $4.10; Benton county and White Lily, $4.10; graham, $3.50; superfine, $2.75 per barrel.

Wheat—Walla Walla, 77@78c; Valley, 79c per bushel.

Oats—Choice white, 42@44c per bushel; choice gray, 36@38c.

Hay—Timothy, $13@13.50 per ton; clover, $11.00@12.00; wheat and oat, $9.00@11 per ton.

Barley—Feed barley, $17.50 per ton; brewing, $18@19.

Millstuffs—Bran, $14.50; shorts, $16.50; middlings, $26.

Butter—Creamery, 45@50c; dairy, 30@40c; store, 17½@30c per roll.

Potatoes—Oregon Burbanks, 55@65c; Garnet Chiles, 75@80c; Early Rose, 70@80c per sack; sweets, $3.00 per cental for Merced; new potatoes, 6½c per pound.

Onions—$1.75@2.00 per cental.

Poultry—Chickens, mixed, $3.00@3.25; geese, $4.00@5.00; turkeys, live, 11@12c; ducks, $4.00@4.50 per dozen.

Eggs—Oregon, 9½c per dozen.

Cheese — Oregon, 12½c; Young America, 13½c per pound.

Wool—Valley, 11c per pound; Eastern Oregon, 7@9c.

Hops—9@10c per pound.

Beef—Gross, top steers, $2.75@3.50; cows, $2.25@3.00; dressed beef, 4@6c per pound.

Mutton—Gross, best sheep, wethers and ewes, $3.50@3.75; dressed mutton, 6c per pound.

Hogs—Gross, choice, heavy, $3.25@4.25; light and feeders, $2.50@3.00; dressed, $4.50@5.00 per cwt.

Seattle, Wash., March 30, 1897.

Wheat—Chicken feed, $27 per ton.

Oats—Choice, $23@24 per ton.

Barley—Rolled or ground, $20 per ton.

Corn—Whole, $19 per ton; cracked, $19@20; feed meal, $19@20.

Flour—(Jobbing)—Patent excellent, $5.00; Novelty A, $4.60; California brands, $5.35; Dakota, $5.65; patent, $6.40.

Millstuffs—Bran, $14.00 per ton; shorts, $18.

Feed—Chopped feed, $18.00 per ton; middlings, $22; oilcake meal, $30.

Hay—Puget sound, per ton, $10.00; Eastern Washington, $14.

Butter — Fancy native creamery, brick, 26c; select, 24c; tubs, 23c; ranch, 15@17c.

Cheese—Native Washington, 12½c.

Vegetables—Potatoes, per ton, $17@18; parsnips, per sack, 75c; beets, per sack, 60c; turnips, per sack, 60c; rutabagas, per sack, 50c; carrots, per sack, 40@50c; cabbage, per 100 lbs, $1.50; onions, per 100 lbs, $2.00.

Sweet potatoes—Per 100 lbs, $4.00.

Poultry—Chickens, live, per pound, hens, 10c; dressed, 10@11c; ducks, $7.50; dressed turkeys, 15.

Eggs—Fresh ranch, 11c.

Fresh Meats—Choice dressed beef, steers, 7c; cows, 6½c; mutton, sheep, 9c per pound; lamb, 5c; pork, 6c per pound; veal, small, 8c.

Fresh Fish—Halibut, 4½@6; salmon, 5@6; salmon trout, 7@10; flounders and soles, 3@4c.

Provisions—Hams, large, 11½c; hams, small, 11¾c; breakfast bacon, 10c; dry salt sides, 6¼c per pound.

San Francisco, March 30, 1897.

Potatoes—Salinas Burbanks, 90c@$1.10; Early Rose, 65@75c; River Burbanks, 50@75c; sweets, $1.25@1.75 per cental.

Onions—$1.50@2.00 per cental.

Eggs—Ranch, 10½@12c per dozen.

Butter—Fancy creamery, 14@15c; do seconds, 13@13½c; fancy dairy, 13@13½c; seconds, 11½@12½c.

Cheese—Fancy mild, new, 6½@7c; fair to good, 5½@6c; Young America, 8@9c; Eastern, 14@14½c.

Wool—Choice mountain, 6@7c; poor do, 4@5c; San Joaquin plains, 3@5c; do foothill, 6@8c per pound.

Hay—Wheat and oat, $8@11; best barley, $6.50@8.00; alfalfa, $5@6; clover, $6@8; compressed wheat, $6@9.50; do oat, $6@7 per ton.

Tropical Fruit—Bananas, $1.00@2.00 per bunch; pineapples, $2@4.

Citrus Fruit—Oranges, navel, $2@3.25; seedlings do, 75c@1.25; common lemons, 75c@$1.00; good to choice, $1.50@2.00; fancy, $2.25 per box.

Apples—Good to choice, $1@1.75; fancy, $2 per box.

NATURE'S BEST REMEDY.

Paine's Celery Compound Prevents Nervous Breakdown.

Spring has come.

It is time for all persons to think seriously of their health.

But that doesn't mean taking the first spring remedy that happens to be offered.

Persons who make it their business to get the most effective remedy to be had are sure to carry home Paine's celery compound. No other remedy is capable of cleansing the blood, nourishing the nerves and regulating the bowels and digestive organs like Paine's celery compound.

If you are troubled at all by rheumatism, neuralgia, headaches or sleeplessness, even if these attacks come only now and then, now is the time to purify the system of them. Don't procrastinate and dally till frightened into doing something when you find the task of getting well has asumed desperate proportions.

Paine's celery compound will cure kidney trouble, heart palpitation and disordered liver accurately, intelligently and permanently when other remedies only raise hopes that are never fulfilled.

Paine's celery compound, which owes its origin to the most distinguished physician and investigator this country ever produced, Prof. Edward E. Phelps, M. D., LL.D., of Dartmouth college, has been publicly indorsed among medical experts as the only spring remedy in any sense entitled to that name.

It can be said without fear of contradiction that no other remedy can truthfully refer to men and women responsible, so trustworthy, so convincing, because of their straighforward, enthusiastic and easily-verified testimonials in praise of Paine's celery compound.

It is foolish to take poor health "philosophically" these spring days. There is no reason why anyone should sit hands in lap, and submit to headaches, poor appetite, continual tired feeling or constipation. If every disheartened invalid will go right at getting well by using Paine's celery compound, that person will be astonished and delighted with the quickness with which this wonderful remedy is able to call a halt to wasting diseases, diseases of debility and a "run-down" condition.

Paine's celery compound does wonders in making people well.

Here is what a woman, an ambitious and hard-working member of the legal profession in New York city, says of this great remedy:

220 4th Ave., New York.

While a student in the New York university law school and under great pressure from work and study, I was advised to take Paine's celery compound. I did so, and its beneficial results to one whose nerves are under the trial of severe mental effort, I am only too ready to assert. After taking three bottles I found that it produced quietness of nerves and induced sleep very beneficial to my health. For those troubled with insomnia I can heartily recommend it as a harmless inducer of sleep on account of its quieting effect on the nerves. Yours very truly,

(Signed.) Florence H. Dangerfield,
Attorney and Counselor at Law.

Paine's celery compound, which makes the weak strong, has received testimonials from thousands of people who had almost despaired of ever again being in perfect health.

A Pretty Face

Tells a story of health. It is the reflection of strength in all the vital parts. A face is expressive of joy and mirth, caused by health, or of misery and suffering, caused by disease. The nerves that are irritable and tired cannot give brightness to the eye; blood that is sluggish cannot make the cheeks rosy; so ill health tells its story, too. But nature provides a cure for all such troubles.

Dr. Sanden's Electric Belt

Whence comes the joyous vital force? From electricity—animal magnetism. Dr. Sanden's Electric Belt saturates the vital parts with its warming, vitalizing power, which gives new life and healthy blood to all parts of the body. It arouses the energy of youth and makes life a pleasure.

"I have received very much benefit from the use of your Belt. My health has been very much better this winter. I am relieved of that tired and worn-out feeling; also of the numbness of my hands and twitching of the eyelids. I am well pleased with the Belt, and would not do without one for a good deal more than it cost if I could get it. I shall always remember the Sanden Electric Co. with a grateful heart."—D. C. COYNER, Montesano, Wash., March 22, 1897.

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