CREASE AND INCREASE.

An elephant wears more creases to his trousers than any other animal. They seem to be sort of a kilt pleat with a bias slope. He is not very fashionable, but is up to date in taking care of himself. Some sudden, violent pains crease, twist or contract the muscles or tendons, and this is the nature of a bad sprain. If neglected, the creases increase, and so does the pain, until sometimes it is very difficult to straighten them out, but by the prompt use of St. Jacobs Oil, the friction or rubbing in its application and the curative qualities of the oil will smooth out the worst twist or crease and get the muscle in natural shape, where it will remain, restored, strengthened, cured. Promptness in using it insures prompt cure, and when the sprain is cured, it is cured for good.

The business of farming in Spain is so much depressed that the government is about to devote $1,200,000 to the relief of that industry.

GROAN IF YOU MUST,

But also appeal to a means of relief of the torture—if physical—which produces the groan. Rheumatism is a prolific source of agony in its acute inflammatory or chronic forms. But it may be annihilated at its birth with Hostetter's Stomach Bitters, which, unlike the poisons in minute doses often prescribed for it, is perfectly safe. In malarial, kidney, bilious, dyspeptic or nervous ailments the Bitters is a certain source of relief.

Roentgen ray photographs were admitted as evidence in a Denver, Col., court recently.

Incipient Insanity.

A SICK AND AILING GIRL—HER MOTHER'S ADVICE.

An Interesting Story Told Under Embarrassing Circumstances.

From the Express, Los Angeles, California.

The interviewer's lines sometimes fall in queer places. People who are to be talked to may be in all sorts of conditions and frames of mind, but one cannot conceive a much more embarrassing thing for all parties concerned than an assignment to interview a mother of a two days' old infant. Some things are too sacred for even the callous newspaper man to lightly ignore. But Mrs. C. C. Reeder had a story to tell and this paper wanted that story. The baby was asleep, and the mother expressed her amiability, so the reporter was ushered into the room.

Mrs. Reeder used to be Johanna Rinker, and lived for several years at Riverside, Cal. She was a domestic and worked very hard. Perhaps it was the toil, perhaps the climate, at all events, she fell sick. Doctors and medicines did her no good. Her appetite vanished. Sleep eluded her at night, always and ever that dreadful feeling of lassitude and depression, so familiar to women, made itself apparent to her. And then she began to imagine things. One night while driving across a bridge that she knew perfectly well was there, she cried out in fright because she could see nothing. The doctors might call this insanity, but until the hallucinations and delusions grow to be a menace to life or peace, not much heed is paid to the imaginings of weakly girls.

Last spring Mrs. Reeder, for she had married in the meantime, concluded to visit her old home at Daleville, Ind., and it was while there that her mother, Mrs. Caroline Leaser, told her of the wonderful properties of Dr. Williams' Pink Pills for Pale People. Mrs. Reeder began to take them. When she started in she could not walk the three-quarters of a mile to the postoffice, she was so weak. In about three weeks she took according to directions about five boxes of the pills, and at the expiration of that time could go down into town and come back and do a big day's washing over the tub at her home. Her blood came back into the pale cheeks, sleep once again refreshed her at night, the cold sweats left, and she could eat and enjoy all the pleasures and diversions of life where before she had been averse to society and amusements of all kinds. The awful notions and hallucinations left her, her brain again resumed its normal functions. From that time to now she has taken no medicine and she is well in all respects.

"See my baby, God bless its heart," said the proud mother. "It is as strong and healthy as any baby ever born. It weighed nine pounds." As it lay there, its little pink fists clenched over its thumbs, its little eyes puckered up in sleep, a bundle of pink, satiny infantile loveliness, there could be little doubt of the physical health of its parents.

Mrs. Reeder lives at a cottage numbered 407½ East Pico street, Los Angeles, Cal., and the last wors she said were, "Oh, you are perfectly excusable. I am just as glad to endorse Dr. Williams' Pink Pills as you can possibly be to hear my story. If all suffering women only knew their power and good, there would be less sickness and misery in the world, I'm sure. Good-bye."

Dr. Williams' Pink Pills contain, in a condensed form, all the elements necessary to give new life and richness to the blood and restore shattered nerves. They are also a specific for troubles peculiar to females, such as suppressions, irregularities and all forms of weakness. They build up the blood, and restore the glow of health to pale and sallow cheeks. In men they effect a radical cure in all cases arising from mental worry, overwork or excesses of whatever nature. Pink Pills are sold in boxes (never in loose bulk) at 50 cents a box or six boxes for $2.50, and may be had of all druggists, or direct by mail from Dr. Williams' Medicine Company, Schenectady, N. Y.

A New York export firm will soon ship 3,000 pairs of shoes to the Argentine Republic and 2,500 pairs to Central America.

I believe my prompt use of Piso's Cure prevented quick consumption.—Mrs. Lucy Wallace, Marquette, Kans., Dec. 12, 1895.

We can afford to say: "Get every sort of *Schilling's Best* tea of your grocer, and get your money back on what you don't like."

Your tea-trade for the rest of your life is worth the risk—and there is no risk.

A Schilling & Company
San Francisco

NORTHWEST BREVITIES

Evidence of Steady Growth and Enterprise.

ITEMS OF GENERAL INTEREST

From All the Cities and Towns of the Thriving Sister States—Oregon.

The Grant county court has declared that taxes for the year 1896 will not be delinquent until May 15, 1897.

The county treasurer of Umatilla received from the sheriff last week $1,552.79, the first installment of 1895 taxes turned over by the sheriff.

Carl Parker has started for the John Day country to buy 30,000 head of sheep, if that number can be bought, for Foss & Co, says a Baker City paper.

President William H. Hampton, of the Miner's Association of Southern Oregon, has called a meeting of the executive committee, to be held in Grant's Pass, in the near future.

George and Edward Sally, two boys who were born and brought up in Baker county, were sentenced to the penitentiary by Judge Eakin, in Baker City, George to two years, and Edward to one and a half years. George is 22 years old, and Edward is 18.

The Grant county court has awarded the contract for putting in steel fixtures at the county jail to the Mosler Safe Company, of Portland, for $2,750. Among the improvements will be steel cells, closets, bathtubs, etc. The work is to be done this spring, and after that it is hoped there will be no more escapes from this jail.

T. A. Walker helped Engineer Nicholson in his recent geological surveys around Coquille. Among other things found was one of the government's initial points at the courthouse block, which had been tampered with. A fine of $250 is provided for arrest and conviction of the party or parties meddling with or defacing these posts.

J. B. Tucker, a farmer of Weston, says that wheat in his section of the counry is looking fine, and he does not think that there is any danger of its being hurt from this time on. He said that where he lived the wheat was much more likely to be injured than in the wheat belt west of Weston, because of the altitude, which causes more thawing and freezing.

Three horses belonging to R. R. Cleveland, of Beagle, Jackson county, died last week of a disease similar to spinal meningitis. The disease seemed to weaken the spine, and the animals grew rapidly worse, resulting in their deaths within four days from the day of the first symptoms. During the illness, they ate and drank heartily until within a short time before death.

George R. McKenzie, the expert accountant appointed by Judge Fullerton, to go through the books of Lincoln county, is now busily engaged at his task. He says that his instructions from the court are to go through the books and accounts of the sheriff, clerk and treasurer, checking up the same, and find out how much money has been received by these officers, and what disposition has been made of it.

Washington.

Garfield is working to have a creamery established there.

William Rowe, an old Walla Walla county pioneer, was buried last week in Walla Walla city.

Fishermen on Willapa harbor are busy tarring their nets and otherwise preparing for the fishing season.

The people of Kettle Falls are building a bridge acrosss the Colville river, for the use of farmers coming to town.

Frank Smith, a tree pruner, living near Walla Walla, drank three bottles of a patent medicine one day last week, and died the next day.

A majority of the Indians on the Yakima reservation are said to favor the proposition to sell their lands, but a few of the more wealthy among them are against it.

Ah Sam and Ah Mum, two Chinese laborers, were arrested in Walla Walla last week, charged with being unlawfully in the United States. They will be sent before United States Judge Hanford, in Seattle, for a hearing.

Even the wheat raising district of Walla Walla has its mines. A carload of gold-bearing ore from Blue and Mill creeks, has been shipped to the Tacoma smelter. Should the experiment prove successful, a large force of men may be put to work at the mines.

The reference library of the Cheney normal school has received a valuable addition of about 200 volumes, consisting of literary, scientific and historical works by the most eminent writers of ancient and modern times. The literary work consists of both prose and poetry.

The telephone company is distributing poles between Myers Falls and Spokane. Teams are daily hauling poles between the falls and Chewelah. President Oakes and Secretary Aris say they expect soon to have the line in working order between the falls and Spokane.

A tree on the Northern Pacific track between Aberdeen and Montesano caused Fireman Hampden to jump from the engine one day last week. The engineer stuck to his post and the engine knocked the tree, which turned out to be rotten, all to pieces. The fireman was found unconscious, badly bruised, and bleeding, but he is recovering from his injuries.

Fifty-three persons joined the Methodist church during the recent revival meetings in Colfax.

The Chehalis county commissioners have granted a franchise to Ericson, Scammon & Thompson, to construct and maintain a street railway from the harbor wharf in Westport through the main streets of the town to the ocean beach. Work on the line will begin at once. Material for the constructiton of the lighthouse will be hauled over the road, and it will be continued as a passenger route during the summer months. The franchise is for twenty years. The line will be two miles long.

The business of this country is built upon its farms as a foundation.

A Polish Centenarian.

Chicago, March 22.—Adam Adamicek, a Pole, has just celebrated his 112th birthday. His wife is still living and is 87 years of age. Both are almost totally blind, and yet their general health otherwise is remarkably good. Adamicek is believed to be the oldest man in Chicago, and as far as known the oldest in the United States. Until recently, none but the parish priest and his Polish neighbors knew his remarkable story, although his habitation had stood in the stretch of muddy prairie near the railroads for over thirty years.

Adamicek's abnormally large head, his short stature and bent form gave him a brownie-like appearance. This is heightened by a surprising activity. His long gray hair straggles out from under a poked hat, and he wears a thin gray beard. For the last twelve years, ever since he passed the century mark, Adamicek has remained within his muddy cabin. His muscles are not shrunken, nor his form shriveled. It is pitiful to see the uncertainty which his blindness gives to his walk, but he steps firmly about the house and the palisaded enclosure. The old man is an inveterate snufftaker, and has smoked nearly all his life. He has not been a total abstainer from liquors.

Ran Into an Open Bridge.

Chattanooga, March 22.—News has just been received here from Cole City, Ga., of a terrible railroad accident there at noon. A switch engine of the Dade Coal Company, running between the mines and the furnaces, ran into an open bridge, washed away by high water. The locomotive plunged down an embankment, carrying with it the engineer, Stewart, and the fireman, Cagle. The locomotive turned upside down, and the coal from the firebox fell across the engineer's breast. The fireman was pinned to the side of the cab, and could not render Stewart assistance. Stewart begged the fireman to kill him. Stewart was burned to death.

Bartender Let Him Drink.

St. Joseph, Mo., March 22.—"Either give me whisky, or I'll drink this," exclaimed Frank Lewis, 26 years old, as he stood before the bar of a saloon this afternoon holding a small phial in his hand and addressing the barkeeper who had asked him to pay for a round of drinks. The barkeeper did not see fit to forgive the debt and Lewis poured the contents, three ounces of carbolic acid, down his throat. Lewis was carried to the police station, where he died in a few minutes in horrible agony. His father is one of the wealthiest business men of King county, Mo. No reason is assigned for this act.

A Bay Collision.

San Francisco, March 22.—A collision, fortunately unattended by loss of life, occurred on the bay this afternoon between the stern-wheeler Sunol, bound for Napa, and the bark Olympic, inward bound from Philadelphia, while the latter was beating up the harbor. Although the Sunol's engine-room was wrecked, she only partly filled, and was towed to the flats. Her passengers and crew escaped by climbing over the bows of the Olympic, after she crashed into the steamer. The accident was due to carelessness of the Sunol's captain, who tried to cross the Olympic's bows.

Killed by His Brother.

San Luis Obispo, Cal., March 22.—P. H. Dalidet, jr., one of the best-known business men of this county, and member of a well-known and highly respected family of this city, was fatally shot by his younger brother, John Dalidet, at the family residence yesterday. The shooting was the result of a family difference. The tragedy caused a big sensation here, owing to the prominence of the family.

Spanish Defeat in Philippines.

New York, March 22.—A special cable to the Herald from Manilla says 2,000 troops under Solodo were led on March 9 by the native guides into an ambush near a strong position occupied by the rebels. The latter, 8,000 in number, attacked the Spaniards and defeated them. The Spaniards retreated in confusion, after almost a hand-to-hand fight. The extent of the Spanish loss is unknown.

Paris Has a Genuine Duel.

Paris, March 22.—A duel with swords was fought this afternoon in the park of St. Quen, between the Chevalier Pinea, master of the Italian school of arms, and M. Thomageux, a French amateur swordsman. The meeting which excited intense interest, arose from a letter insulting Pinea as the outcome of a recent assault at arms. Thomageux was wounded in the face.

Misery of Turkish Troops.

Constantinople, March 22.—The Imperial Ottoman bank advanced only at the last moment the £600,000 required by the porte for military expenses. The misery of the Turkish troops is intense. Their wages have not been paid for the last nine months, and many officers are selling their arms and uniforms to get food.

The Largest Schooner.

Bath, Me., March 22.—The schooner Frank A. Palmer, the largest of its class on the high seas, was successfully launched here this morning. The vessel measures 261 feet on the keel, and from the end of the jibboom to the end of the spinnaker 412 feet.

Oxford Followed Suit.

Oxford, England, March 22.—The honorary degree of doctor of civil law was conferred here today upon Dr. Nansen, the Norwegian explorer.

According to the Botanical Gazette, a notable cactus garden has been established at the University of Arizona. It is the intention to bring together eventually all the cactaceae which are indigenous to the United States, and already more than one hundred species are represented.

Probably Fatally Wounded.

Missoula, Mont., March 22.—This morning Theo Beckman was shot by Frank Payette three times, as the latter was leaving a hotel. Both men are cooks and had a disagreement over a board bill. The wounds will probably prove fatal. Beckman was mustered out of the United States army at Vancouver barracks, with a record as a sharpshooter.

It takes thirty-seven specially constructed and equipped steamers to keep the submarine telegraph cables of the world in repair.

WEEKLY MARKET LETTER.

Downing, Hopkins & Company's Review of Trade.

There was a fair trade in speculative wheat the past week, the market being subject to frequent but moderate changes. The feeling manifested was, on the whole, firm, though at times the market exhibited rather an easy undertone, the week closing with about 1¼c advance. There has been fair buying of late by certain interests which has led many traders to believe that the market is having support from operators who of late have favored the short side, and no doubt this buying was something of a power this week. Conditions of supply and demand have not changed since our last review, and certainly do not warrant lower prices for wheat. Values may drag a little lower, owing to lack of speculative support, but natural laws cannot be ignored with impunity any more in business matters than in physical life. It is an assured certainty that American supplies of wheat will be more nearly exhausted before next harvest than at any time since the late European war. It is equally certain that the amount of wheat on passage will fall below the lowest previous record. Stocks of wheat at home and abroad are being rapidly depleted. That values should decline under such conditions is one of those inexplicable phenomena that should invite rather than repel speculative investment.

Thomas Bellas, the most indefatigable compiler of figures in Chicago, having a bullish tendency on wheat, draws attention to the visible supply now, compared with former years. Mr. Bellas says: "The visible supply of wheat in this country has decreased from the first of the year, or during the close season, 12,929,000 bushels, and should it continue to decrease only in the same prroportion till the first week in May (and it is almost certain to decrease some millions more when spring shipments begin), it will stand at that time 29,493,000 bushels, compared with 55,458,000 bushels last year at the same time. It will be the smallest stock in the first week of May in twelve out of fifteen years."

Market Quotations.

Portland, Or., March 22, 1897.

Flour—Portland, Salem, Cascadia and Dayton, $4.25; Benton county and White Lily, $4.25; graham, $3.50; superfine, $2.75 per barrel.

Wheat—Walla Walla, 78@79c; Valley, 79c per bushel.

Oats—Choice white, 38@40c per bushel; choice gray, 36@37c.

Hay—Timothy, $13@13.50 per ton; clover, $11.00@12.00; wheat and oat, $9.00@11 per ton.

Barley—Feed barley, $17.50 per ton; brewing, $18@19.

Millstuffs—Bran, $15.00; shorts, $16.50; middlings, $26.

Butter—Creamery, 45@50c; dairy, 30@40c; store, 17½@30c per roll.

Potatoes—Oregon Burbanks, 60@70c; Garnet Chiles, 70c; Early Rose, 80@90c per sack; sweets, $3.00 per cental for Merced; new potatoes, 6½c per pound.

Onions—$1.75@2.00 per cental.

Poultry—Chickens, mixed, $2.50@3.00; geese, $3.50@4.50; turkeys, live, 11@12c; ducks, $3.00@4.00 per dozen.

Eggs—Oregon, 9@9½c per dozen.

Cheese — Oregon, 12½c; Young America, 13½c per pound.

Wool—Valley, 11c per pound; Eastern Oregon, 7@9c.

Hops—9@10c per pound.

Beef—Gross, top steers, $2.75@3.00; cows, $2.25@2.50; dressed beef, 4@5½c per pound.

Mutton—Gross, best sheep, wethers and ewes, $3.00@3.25; dressed mutton, 5½@6c per pound.

Hogs—Gross, choice, heavy, $3.25@3.50; light and feeders, $2.50@3.00; dressed, $4.50@5.00 per cwt.

Seattle, Wash., March 22, 1897

Wheat—Chicken feed, $27 per ton.

Oats—Choice, $23@24 per ton.

Barley—Rolled or ground, $22 per ton.

Corn—Whole, $19 per ton; cracked, $19@20; feed meal, $19@20.

Flour—(Jobbing)—Patent excellent, $5.10; Novelty A, $4.75; California brands, $5.35; Dakota, $5.65; patent, $6.40.

Millstuffs—Bran, $14.00 per ton; shorts, $18.

Feed—Chopped feed, $18.00 per ton; middlings, $22; oilcake meal, $29.

Hay—Puget sound, per ton, $10.00; Eastern Washington, $14.

Butter — Fancy native creamery, brick, 26c; select, 24c; tubs, 23c; ranch, 15@17c.

Cheese—Native Washington, 12½c.

Vegetables—Potatoes, per ton, $17@18; parsnips, per sack, 75c; beets, per sack, 60c; turnips, per sack, 60c; rutabagas, per sack, 50c; carrots, per sack, 40@50c; cabbage, per 100 lbs, $1.50; onions, per 100 lbs, $2.00.

Sweet potatoes—Per 100 lbs, $4.00.

Poultry—Chickens, live, per pound, hens, 11c; dressed, 10@11c; ducks, $4.00@5.00; dressed turkeys, 15.

Eggs—Fresh ranch, 12½c.

Fresh Meats—Choice dressed beef, steers, 6½c; cows, 6c; mutton, sheep, 7c per pound; lamb, 5c; pork, 6c per pound; veal, small, 8c.

Fresh Fish—Halibut, 4½@6; salmon, 5@6; salmon trout, 7@10; flounders and soles, 3@4c.

Provisions—Hams, large, 11c; hams, small, 11½c; breakfast bacon, 10c; dry salt sides, 5¾c per pound.

San Francisco, March 22, 1897.

Potatoes —Salinas Burbanks, 90c@$1.10; Early Rose, 70@80c; River Burbanks, 60@70c; sweets, $1.25@1.75 per cental.

Onions—$1.50@2.00 per cental.

Eggs—Ranch, 11@12½c per dozen.

Butter—Fancy creamery, 15@16c; do seconds, 15@16c; fancy dairy, 14@14½c; seconds, 12@13c.

Cheese — Fancy mild, new, 7c; fair to good, 6@8½c; Young America, 8@9c; Eastern, 14@14½c.

Wool—Choice mountain, 6@7c; poor do, 4@5c; San Joaquin plains, 3@5c; do foothill, 6@8c per pound.

Hay—Wheat and oat, $7@10; best barley, $7.00@8.50; alfalfa, $5@8; clover, $6@8; compressed wheat, $6@8.50; do oat, $6@7 per ton.

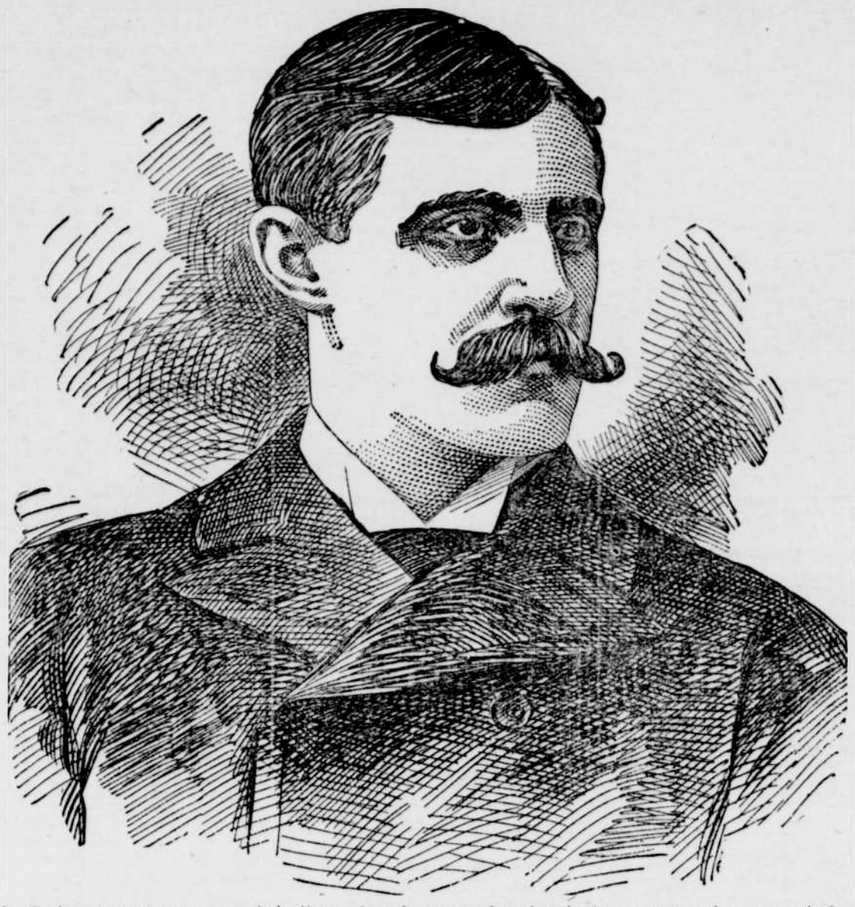
Tropical Fruit—Bananas, $1.00@2.00 per bunch; pineapples, $2@4.

Citrus Fruit—Oranges, navel, $2@3.25; seedlings do, 75c@1.25; common lemons, 75c@$1.00; good to choice, $1.50@2.00; fancy, $2.25 per box.

Apples—Good to choice, $1@1.75; fancy, $2 per box.

MAKES THE WEAK STRONG!

The Foremost Athletic Trainer in America Recommends Paine's Celery Compound.



John Graham is the foremost man in American athletics.

It was he who managed the successful team from this country that attracted world-wide attention in the recent Olympic games at Athens.

Formerly trainer for Columbia college, then for Princeton and finally for Harvard university, Mr. Graham had much to do with raising the standard of collegiate sports. A small army of gentlemen have been guided by him since he left Harvard and took his present position, superintendent of the famous gymnasium of the Boston athletic association.

Three of his proteges, White, Brewer and McCarthy, have just won the New England championship at the mile, quater-mile and five-mile run. He has trained Weeks of Brown university, one of the best college sprinters in the country.

Many another student of what makes men and women strong has used and has recommended Paine's celery compound as the best known remedy for those who are weak and dispirited, the overworked and enfeebled persons who are most concerned in the general awakening of interest in outdoor exercise and indoor attention to the proper rules of health.

It was the ablest professor of medicine and surgery in any college, that giant among men, Prof. Edward E. Phelps, M. D, LL. D., of Dartmouth college, who after years of patient investigation and study, assisted by all that was best in the progress of medical science at home and abroad, first discovered the wonderful formula of Paine's celery compound.

There was no doubt of the interest that would be awakened at once by the announcement of any discovery by Prof. Phelps. The formula from the first was furnished to the best physicians, and forthwith this remarkable Paine's celery compound was personally used and professionally prescribed by them. The result of the closest investigation might have been expected. It soon required a considerable industry to produce the remedy, and rapidly but steadily, without ceasing, the demand for Paine's celery compound has increased, until today there is no other remedy that in comparison begins to hold half the public attention that it holds.

In untold number of cases where every other remedy has been tried and failed, Paine's celery compound has attained the wished-for results, making the weak strong, purifying the blood, rebuilding the wornout nervous tissue, curing chronic sickness, proving a never-failing and permanent relief for rheumatism, neuralgia, kidney diseases and disorders of the liver, all due to the impairment of the person's nervous system, the consequent impoverishment of the blood and the breaking down in consequence of some particular organ.

When Mr. Graham, writing January 18, 1897, said: "I have used Paine's celery compound to my benefit, and I have no doubt that any person undergoing great physical and mental strain would find it of great service. For students especially it ought to be of great value." When so prominent a student of bodily health, who has no equal, unless, perhaps, one mentions Dr. Sargent of Harvard, with whose methods Mr. Graham became well acquainted at Harvard—when Mr. Graham says bluntly that after his experience he believes others would find Paine's celery copmound of great service, what man or woman out of perfect health can afford to neglect this well considered and expert advice!

There is no doubt that Paine's celery compound cleans the blood of eczema, salt rheum and such humors, not only in the spring, that is so favorable a time, but at any time during the year, so thoroughly that nothing further is ever heard of them.

Paine's celery compound has been tested, tried, scrutinized and heartily approved by so many impartial physicians and men and women whose word in any matter would not be questioned for a moment, that one must be stubborn-minded indeed who prefers to mope around half sick instead of verifying these positive, straightforward statements.

HOW'S THIS?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

F. J. CHENEY & CO., Props., Toledo, O.

We the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by their firm.

WEST & TRUAX,
Wholesale Druggists, Toledo, O.
WALDING, KINNAN & MARVIN,
Wholesale Druggists, Toledo, O.

Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Price 75c. per bottle. Sold by all Druggists. Testimonials free.

Hall's Family Pills are the best.

The queen regent of Spain smokes more than a dozen cigarettes a day.

HOME PRODUCTS AND PURE FOOD.

All Eastern Syrup, so-called, usually very light colored and of heavy body, is made from glucose. *"Tea Garden Drips"* is made from Sugar Cane and is strictly pure. It is for sale by first-class grocers, in cans only. Manufactured by the PACIFIC COAST SYRUP CO. All genuine *"Tea Garden Drips"* have the manufacturer's name lithographed on every can.

Colored photographs taken at a single operation are shown by Dr. Joly, of Dublin, Ireland.

HIS IS THE TIME of year .. .. when men .. and women .. become weakened by .. the weather, and run down generally. .. .. The first parts that the weather affects are the kidneys. The urea is not thrown off, but is forced back upon the lungs, and disease results—caused by weakness of the kidneys.

HERE IS ONLY ONE SURE WAY known to medical men for promptly checking troubles of the kidneys and restoring these great organs to health and strength, and that is by the use of

WARNER'S Safe Cure

It has stood the test of time; it has saved thousands of lives; it has restored millions of sufferers to health; it has done what was never done, never attempted before; it has made men stronger and healthier; it has made .. women brighter and happier; .. it stands alone in all these qualities. Do you not think it would be wise for you to use it and thus avoid the dangers of the season? Insist upon having it.

"Large bottle, or new style, smaller one at your druggists."

FOR PEOPLE THAT ARE SICK or "Just Don't Feel Well," DR. GUNN'S IMPROVED LIVER PILLS are the One Thing to use. Only One for a Dose. Sold by Druggists at 25c. a box. Samples mailed free. Address Dr. Bosanko Med. Co. Phila. Pa.

REASONS FOR USING

Walter Baker & Co.'s

Breakfast Cocoa.

1. Because it is absolutely pure.
2. Because it is not made by the so-called Dutch Process in which chemicals are used.
3. Because beans of the finest quality are used.
4. Because it is made by a method which preserves unimpaired the exquisite natural flavor and odor of the beans.
5. Because it is the most economical, costing less than one cent a cup.

Be sure that you get the genuine article made by WALTER BAKER & CO. Ltd., Dorchester, Mass. Established 1780.

Sent Free!

To any person interested in humane matters, or who loves animals, we will send free, upon application, a copy of the "ALLIANCE," the organ of this Society. In addition to its intensely interesting reading, it contains a list of the valuable and unusual premiums given by the paper. Address

THE NATIONAL HUMANE ALLIANCE,
410-411 United Charities Building, New York.

When you plant seeds, plant FERRY'S Always the best. For sale everywhere. D. M. FERRY & CO., Detroit, Mich.

BEST IN THE WORLD.

Rambler Bicycles

'96 Models	$60
'97 Models	80
'96 Ideals	39

Second-hand Machines of all makes from $20 to $40 cash, or on installments. Write for Catalog and Second-hand List. LIVE AGENTS WANTED.

FRED T. MERRILL CYCLE CO.,
PORTLAND, OR. SPOKANE, WASH.

"CHILDREN TEETHING." MRS. WINSLOW'S SOOTHING SYRUP should always be used for children teething. It soothes the child, softens the gums, allays all pain, cures wind colic, and is the best remedy for diarrhœa. Twenty five cents a bottle. It is the best of all.

RAZORS FINEST IN THE WORLD. Finck's "C. C." Razor In sizes 4-8, 5-8 and 6-8. Price, $2.50. Can be exchanged if not Satisfactory. Send for General Catalogue or Catalogue of Sporting Goods or Barber Supplies.

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