

Royal Baking Powder
ABSOLUTELY PURE

Driving the Brain

at the expense
of the Body.

While we drive
the brain we
must build up
the body. Ex-
ercise, pure air
—foods that
make healthy flesh—refreshing
sleep—such are methods. When
loss of flesh, strength and nerve
become apparent your physician
will doubtless tell you that the
quickest builder of all three is

A black and white illustration of a man sitting at a desk, looking tired or stressed. He is wearing a suit and tie. On the desk are several books and a lamp. The man's head is resting on his hand, and he appears to be struggling with his work.

of Cod Liver Oil, which not only creates flesh of and in itself, but stimulates the appetite for other foods.

Prepared by Scott & Bowne, N. Y. All druggists.

FOR CALIFORNIA HOMES, Lands and Investments, send for CLO GH & AK R - Real Estate Investment Circular, free. 1002 Broadway, Oakland Cal.

N. P. U. No. 515-S. F. N. U. No. 592

"THE WHITE DEATH."

A Show Baby.
A dainty little maid of seven or eight years was the observed of all observers one day last week as, accompanied by her French bonne, she promenade[d] with great dignity of demeanor down Commonwealth Avenue. She was arrayed in a gown of rose-colored broadcloth bordered with beaver fur and lined with fawn and rose-shed silk. Her tiny hands were thrust into an equally tiny tuft of beaver, and a large fawn-colored hat covered with pink ostrich tye shaded her serious eyes and golden curls of hair. She was so demure and so impossible to have found a fainter sight; but more than one of the onlookers saw an element of sadness in the spectacle of this self-contained, unchildlike mite whose decorum never once deserted her, despite the fact that she was a child of the "real live" children who were capering and shouting around her.—Boston Globe.

I seized the child, ran with her into the

Knew About Servants.

Little girl to her nurse, who has told her the story of Adam and Eve's dismissal from the garden of Eden—I suppose they were both sent away without

The only time a man is willing to stay

PISO'S CURE FOR
Consumptives and people
who have weak lungs or Asthma,
should use PISO's Cure for
Consumption. It has cured
thousands. It has not injured
one. It is not hard to take.
It is the best cough syrup.
Sold everywhere. 25c.

CONSUMPTION.

This guaranteed medicine is an invigorant



RHEUMATISM
Moore's

ASTORIA, OREGON, JAMES MOORE'S REVEALED RHEUMATISM and my own RHEUMATISM when the best doc-

and room per week, \$7 to \$12; single rooms 50c to \$1. Free coach to and from hotel.

CURED BY THE USE OF
Revealed Remedy.
y 10.—I can state with pleasure that by the use of
EDY my husband was relieved from an old case of
best boy cared entirely of INFLAMMATORY WHEU
I could get did him no good. Yours to gratitude
MRS. N. V. STEELE.