DECISIVE Baking Powder Tests

The United States Official

Investigation of Baking Powders, made, by authority of Congress, in the Department of Agriculture, Washington, D. C., furnishes the highest authoritative information as to which powder is the best. The Official Report

Shows the ROYAL to be a cream of tartar baking powder, superior to all others in leavening power (U.S. Dept. Agricult'e).

nine-tenths of us the same causes produce the same effects. Vertigo, dizziness or pain of any kind, excepting that of an injury, can come only when there is in our bodies some impurity of the blood which we have help. Therefore the proper thing to do is to get immediately the necessary help. No aid is so effective as Brandretti's PILLS. When you feel these ills coming on take from three to ten of these pills, according to your weight, and be relieved at once.

The hypophosphites of lime and soda combined with cod-liver oil in Scott's Emulsion improve the appetite, promote digestion, and increase the weight.

They are thought by some to be food; but this is not proved. They are tonics; this is admitted by all.

Cod-liver oil is mainly a food, but also a tonic.

In Scott's Emulsion the cod-liver oil and hypophosphites are so combined as to get the full advantage of both. Let us send you a book on CAREFUL LIVING; free.

orr & Bowne, Chemists, 13. South 5th Avenue,



NOT to Peel, Break or Stick. ~~ Guaranteed ~~~ There are two ways you can tell the genulne silcker: the Fish Brand trade mark and a not Woolen Collar. Sold everywhere, or sent free for price.

A. J. TOWER, Hanufr. Boston, Mass.

"August Flower'

Disease and one for Rheumatism. but did me no good. I could not speak aloud. Everything that I took | a very young artist-indeed, quite a boy into the Stomrch distressed me. I could not sleep. I had taken all ject being an aged knight in full armor, pany in the Athabasea district and in Jenner (who actually saw the process) kinds of medicines. Through a neighbor I got one of your books. I procured a bottle of Green's August Flower and took it. I am to-day stout, hearty and strong and enjoy the best of health. August Flower saved my life and gave me my health. Mrs. Sarah J Cox, Defiance, O. @

CURE FITS!

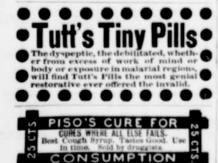
H. G. ROOT, M. C., 183 Pearl St., N. Y

INDIAN DEPREDATION PENSION PATENTS

The"EXAMINER" BUREAU of CLAIMS

San Francisco Examiner.

If you have a claim of any description whatsoeve sgainst the United States Government and wish it speedily adjudicated, address



COUGHS, HOARSENESS AND SORE THROAT.—
"Brown's Bronchial Troches" give immediate relief.

Every good detective has to some extent his own way of working, which is relief. as a rule the Parisian agent has a freer hand and works in a somewhat bolder. more self reliant manner than his English colleague. This follows from his isolation; he is less helped by "informait, so he is forced to acquire it by his

A favorite method is to assume the disguise of a workingman or hawker, and here it may be said that the use of an elaborate makeup exists now only in little wardrobe, and the simpler the bet-

other. Each carries a change of dressto the second, and dropping behind slips the blouse over his jacket and exchanges his felt hat for the casquette. Thus metamorphosed he resumes his place.—London Saturday Review

The Mud of Egypt.

was never spoken. Of course it is just streaks formed of laminated limestone. equally true, in a way, that Bengal is a In the grand cavern is an immense gift of the Ganges, and that Louisiana mound of materials, evidently fallen and Arkansas are a gift of the Missis- from the roof. Beyond the roof rises districts. The strange habits of the sippi, but with this difference, that in and forms two domes, one 50 feet the case of the Nile the dependence is far more obvious, far freer from disturbing or distracting details. For that reason, and also because the Nile is so much more familiar to most English speaking ing so much that the visitor has to folk than the American rivers, I choose stoop. The length of the grand cavern,

rocky platform of the Great Pyramid at yellow, but in the upper galleries.

evidence of its great antiquity and of its and 60 feet along it is the "well." it has often been asserted by poets, travelers and historians. In the Odyssey, for example, we are

growing wild seem at all credible, see galleries and caves in the same place, ing that it does not appear to be endow-but these are the principal ones. ed with the power of persistency, except under continued culture. -St. Louis

fruit to recruit his exhausted strength. Dickens took great interest in the young artist-who, by the way, is now very minent-and greatly admired his pic might; but, "My dear fellow," he said, use. 'those apples won't be of any use-that old gentleman requires burned brandy to bring him round!"-Temple Bar.

Theology a Progressive Science. Theology is always as much a progressive science as geology. If 1,000 of the wisest, purest, most intellectual. most healthy scholars in Christendom today were to formulate a creed out of the New Testament scriptures, as they to prison.—Detroit Free Press. are known today, that theology stateent could not remain the same to the late of A. D. 2892. The power, the thought, the study of a thousand years would throw it into new forms of exmain the same. - Beacon

Electricity has been used in Sweden as a substitute for dynamite in blast ng. A strong current is turned into he rock and the intense heat causes

Sappey, the learned physiologist. says that the human stomach con toed.—St. Louis Republic. ains 5,000,000 glands which are constantly secreting gastric juice.

The latest calculation of the earth distance from the sun, based upon the transit of Venus in 1882, puts it seriousuess: at 92,043,074 miles.

CAVES IN NEW ZEALAND.

Some Very Interesting Facts Contained Curious Ideas, Beliefs and Facts About A recent report of the surveyor general of New Zealand contains an ac- exhaust the subject of cuckoo folk lore. count of a visit to the Waitomo caves, No bird is so much noticed by rustics in the King Country, in the North and round no other bird have so many The London Times. The Waitomo goose, several familiar plants are named river, a tributary of the Waipa, which from it and when it has once arrived i passes through these caverns, lies about must eat three meals of cherries, ac eighty-five miles south of Auckland, in | cording to the folk lore, before it ceases a straight line. The caves are about its song, while ten miles from Otorohanga railway station. The country around is undulating. A quarter of a mile before the caves are reached the Waitomo, about twenty feet in width, is seen emerging from the side of a hill under which it has flowed through limestone caverns of various sizes for about twenty chains. A light canoe can be taken along the river through the caves to within a short distance of the egress, where further progress is barred by the roof coming down to the water. At the en trance to the cavern the stream is eight feet deep. The natives have never had the courage to enter. The entrance to the cave is 30 feet

wide and 20 feet high, and is in the face of a cliff. It is beautifully arched ered stalactites. The visitor is taken in a canoe ninety feet from the en trances and landed on a silt covered ponderous stalactites, three feet to six feet thick, reaching from the roof. tion received" and too badly paid to buy twenty feet above, to within a foot of extensive and intricate cavern are seen | cuckoo building no nest, but laying her size in vast numbers, with marvelous sparrow. On the feast of the Annunthousands of glowworms, giving it the their nests; the cuckoo was an excepter. The most effectual disguises are appearance of a starlit sky. Passing tion, and worked as usual. It was those which best assimilate the wearer down the left bank of the stream for therefore cursed and deprived of a husto common life. The Parisian has two 140 feet, over a large deposit left by band. Some may be glad to know that in particular—the blouse and the work- floods, the stream is crossed by means | they can insure themselves against lumof a foot bridge. From the entrance bago the rest of the year by rolling "Shadowing" is always done by two to the bridge the cavern averages 50 over and over in the grass the first time men, one some little way behind the feet in breadth and from 20 to 30 feet the cuckoo is heard. Its note is proin height. After crossing the bridge a verbially monotonous, and the Scotch to wit, a blouse wound sashwise around sharp turn to the right is made up a have a saying, "Ye're like the cuckoo, the waist and a casquette carried inside steep incline for a distance of seventy ye hae but one song." Its depositing the shirt. The moment the first man feet to the foot of the ladder, which fancies himself perceived he gives place leads to a narrow passage 4 feet wide there to be hatched is the origin of and 15 feet high, which is the entrance | Shakespeare's rather forced jokes on its to the Grand cavern. Here is the bottom of the "well"-a

narrow shaft running to another series of caves above. The well is four feet across and perfectly regular, as if made | The body of a cuckoo, for instance, Egypt, says Herodotus, is a gift of the by human hands, and its sides are A truer or more pregnant word beautifully marked with horizontal there is a sudden fall, the roof lower-Egypt as my type of a regular mudland | at the end of which the stream is again mustn't stop all your time in Cairo and width from 15 to 40 feet, and from 20 the Delta; you mustn't view it only from to 50 feet in height. Up to this point the terrace of Shepheard's hotel or the the color is a dull brown and light Gizeh; you must push up country early thirty feet above, there are alabaster portance of good, rich, black mud first gallery, so called from the appearance of the great stalagmitic mass, The existence of names for wheat in gallery the main gallery above is involve theirs during the period of in the most ancient languages confirms the reached by a twenty-five foot ladder, fancy. that wheat has never been found grow-seen. Fifty feet from the upper wall way 30 feet in length is the banquet told that wheat formerly grew in Sicily | is the white terrace, a stalagmitic mass, onsly in Palestine, but neither this nor above and directly over the lower en-

Life and health can be sustained in variable in color. definitely on a diet of lean meat and The son of a neighbor of Dickens, then water, according to Professor J. W. speedily thrusts out its foster parents' had painted his first picture, the sub. The servants of the Hudson's Bay com- dering them, as it were, on its back, as apparently having recently returned the Mackenzie river region depend en describes it, and then throwing them from the wars, and overcome with fattirely on the natural food supply of the out of the nest with a jerk. Most resitigue. Finding himself unable to reach country, some living on meat alone and dents in the country must have noticed his ancestral castle, he sinks exhausted some solely on fish. Great bodily and the ungainly looking young cuckoo on a fallen tree in a sort of orchard, and mental vigor has been retained on such after it has flown from the nest, resting ome cottage children bring him some a diet for periods of twenty or thirty on the lawn or on a tree in a helpless, ure, especially the figure of the old salt meat has been provided for winter herself but a little water wagtail. This

When Joseph Darby, the English lows its kind to the south, the old ones jumper, set out to learn jumping he always going first. - Cor. St. James said that if he could beat any man in Budget England he would willingly lay down and die. The day came when he was champion, yet because a man hit him with a brick he raised a row and refused to die and had his assailant sent

Slightly Sarcastic. Professor (who has sent the servant girl after a light, and who was slow in well enough to tell her she can't sing. pression, while the substance would re rate of 100,000 miles a second. Where fish hawker. Can't you introduce me!" did you go to get that light!-Exchange.

Extremities of Animals. No animal has more than five toes, digits or claws to each foot or limb. The horse is one toed, the ox two toed, the rhinoceros is three toed, the hippopotamus is four toed and the elephant and hundreds of other animals are five

ing suggestive sentence, uttered in all

corpse of eight teachers."-Wide Awake. zine.

He must be a well read man who can

Retirement. Island, a summary of which is given in , curious fancies crystallized. Like the THE INTERESTING ENTERPRISE HE IS NORSING.

Interesting Account of Himself.

The first cock o' hay Frights the cuckoo away And then (after St. John's day) he turns into a hawk. Almost every gamekeeper at the present day shoots ckoos in consequence of this belief, although he could not well spare them, nasmuch as the euckoo "sucks little birds' eggs to make her voice clear. In Yorkshire this bird influences agri

CUCKOO FOLK LORE.

the money in your pocket on first hearas at that time endless good fortune will follow you throughout the year,

Cuckoo oats and woodcock hay Make a farmer run away.

Not only does the cuckoo prognostiens how many years they will remain kinds charmed the eye at every turn. unmarried. A pretty Bohemian superthe ground. Everywhere and over the stition accounts for the fact of the stalactites and stalagmites of immense own egg in that of a linnet or hedge beauty of form and color. At one ciation, it seems, old custom prescribed place the dark vault is studded with that birds should leave off building its egg in a strange nest and leaving it name—"A word of fear, unpleasant to a husband's ear."

the cuckoo was a bird of much value.

and economy are so curious that no in could mention the names of acquain ventive powers are required to heighten tances who have used it with great But in order to understand it fully you met with, is 250 feet. It varies in the bird's attractiveness. It is supposed that the males considerably outnumber the females, and that the latter do not sing. The cuckoo is a parasitical bird, leaving its eggs to be as a very valuable remedy, for my own hatched and its young to be reared by experience has demonstrated that it is, to Luxor and the First Cataract. It is and Parian marblelike scenes of unfoster parents. Two birds, belonging analagous habits, and with the 150 feet from its entrance, rising tier cuckoos are the only birds which fasten. upon tier, like the front of an organ as it were, on another bird, upon whose with marble pipes. From the grand | food they live and whose death would

Another fact has been discovered in cultivation in the more temperate parts Here it is 12 feet in diameter, with regard to this. It is found that the feof Europe, Asia and Africa. From the smooth sides of hard limestone, and the male cuckoo lays her egg, not in the on the Pacific Coast. evidence adduced by botanists of high sound of moving water is heard below. nest which she selects, but on the standing, it seems highly improbable This is 45 feet above where it was first ground — sometimes close, at other times some little distance from the ing persistently in a wild state, although is a fairy grotto, and through an archinest—and then transports it in her bill to the nest where she desires to leave chamber. At the end of this chamber it. Professor Newton remarks that cuckoos have occasionally been shot without the aid of man. Diodorus re- rising in a series of terraces. From this while thus carrying their eggs, and

peats the tradition that Osiris found the upper entrance to the caves is thinks, with much show of reason, that wheat and barley growing promisen- reached, high in a wooded cliff 60 feet this custom has probably given rise to the belief that they suck the eggs of other reputed discoveries of wheat trance. The report describes other other birds; to which we would add the corroborative fact that they are continually mobbed by other birds as if they were mischievous robbers. The egg, as most school boys know, is very

When it is hatched the young cuckoo Good, of the Manitoba Medical coilege. eggs, and even any young ones, shoulyears, with singular freedom from con- begging attitude, noisily calling for stipation and indisposition of every food, which is always faithfully supkind. Scurvy has appeared only where plied by its foster mother, even when contrast between the pair in size and independence is ludierous and striking. After some time the young cuckoo fol-

> Rather Embarrassing. Know that young lady at the piano,

"Yes, I am slightly acquainted with

"Well, I wish I was." "Why?

"I'd cultivate her until I knew her bringing it)-Katie, light travels at the Her voice reminds me of the cry of a "With pleasure. I am her father."

A Word About Stage Dialogue. The art of writing good stage dialogue is still inchoate. It must be natural and yet when it is natural it is beneath the dignity of the drama, and must be elevated again to the proper pitch. Manifestly the stage is not to blame for this, but the world of society, which is to loquacious and frivolous, and lives with out regard to the compensations, keeping and culminations of art. Only the The principal of a graded school sur- esoteric essence of our life is now fit for prised his hearers recently by the follow- dramatic representation, and the dramatists who can see and adequately portray that essence are shall we say he "I am teaching at S-, and have a is -not numerous. - Lippincott's MagaIN FOOTHILL GROVES.

Where Ira G. Hoitt Has Found

The Well-Known Educator Gives an

Since the expiration of his term office as State Superintendent of Public Instruction, a little over a year ago, but little has been heard of Ira G. Hoitt who filled that office for four years. An Evening Post reporter who went in uest of him yesterday found him at

one of the most charming places of re-Alighting from the train at the pretty suburban village of San Mateo he was soon speeding over the country road which presented a panorama of luxurious beauty. Two miles from the town a narrow lane opened in the road. The Woe betide you if you do not turn long graceful curves of this lowely and he money in your pocket on first hear-shaded lane were followed for nearly a

ing the bird! If you have plenty of mile westward toward the foothills, and at length the open gate of a magnificent private estate was entered. After rounding the top of a little hill, picturesque and any wish within reasonable limits country seat nestling in a sheltered will then be granted. Here is another place at the foot of graceful hills burst farmers' proverb, the interpretation of on the view. A well-kept orchard, which is self evident: were successively passed, and then came a picturesque bridge over the neck of a ittle lake and under an arch of massiv cate length of life, but what is still the journey was embowered in roses more interesting it is able to tell maidive oaks. The long porch which ended

late J. H. Redington who for years lavished wealth on the house and grounds. It was secured last year b Mr. Hoitt who opened there Hoitt's Oak Grove School for boys. The house is elegantly furnished, has a library, billiard-room and every facility for the sound of exterior human life reaches this romantic retreat—sheltered by hills and by live-oak groves. Here the wellown educator was found, enjoying his fe and labor as master of a school in hich his own educational ideas could be wholly carried out. In response to a servant's summons, he came from the chool-building where recitations were oing on and cordially greeted the re-

he said, "but we are enjoying the We have twenty-five boys now and there are four instructors besides my wife and myself. I find that my health has been better here than for years past, although I have never had any serious trouble since my severe attack of sciatica about six years ago. My physician finally gave me relief, but symptoms of rheumatism continued, appearing especi next the body in a hareskin caused sleep. These are samples of the genius for the marvelous which so dominated friend suggested that I try Warner's men's minds in the Middle ages, and which still remains in out of the way cuckoo tended to the formation of these have not used anything else and it has high. Forty feet up is the entrance to myths, and nothing could be too wild never failed to give prompt relief. his back. If I felt at liberty to do so success. One is a man in business Oakland who tried Warner's Safe Cu for kidney trouble and was cured. you ask me the question directly I have The reporter thanked Mr. Hoitt f up country that Egypt unrolls itself visibly before your eyes in the very process of making. It is there that the full im-(Molothrus pecoris and M. niger) pos groves where the eminent educator ha

ing.—San Francisco Evening Post. Some noblemen are rever heard of at hon abroad until they marry American girls.

A GOOD PLACE FOR BOYS. Hoitt's School, near Millbrae, San Mater ounty, Cal., in charge of ex-State Super ntendent Ira G. Hoitt and wife, is un-loubtedly one of the best schools for Boys

Use Enameline Stove Polish; no dust, no smell



AWRENCE, KANS., Aug. 9, '88. George Patterson fell from a second-story window, strikng a fence. I found him using

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He used it freely all over his bruises. I saw him next norning at work. All the spots rapidly disappeared, aving neither pain, scar nor C. K. NEUMANN, M. D.

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CONSUMPTION.

ACROSS THE DEEP, TO THE FAR

ter's Stomach Bitters is carried as the most im-portant item in the materis medica of the trav-eling public. It deprives vitisted, brackish water of its huriful properties and execrable flavor, counteracts the pernicious effects upon the stomach of bad or indigestible food, reme-dies cramps, heartburn and wind upon the stom-ach. It is a fine defense against maintial disor-ders, nullifies the effects of excessive heat, cold and damp, relieves sick headaches, and is an in-comparable cure for costiveness and biliousuess. The fatigue of travel often tells most disastrous-ly upon invalids and convalescents, occasionally to such an extent as to jeopardize life. Persons

A leading actress says that "a kiss to be artistic

There is more catarrh in this section of the country than all other diseases put together, and until the last few years was supposed to be in urable. For a great many years dectors produmed it a local disease, and prescribed local cmedies, and by constantly falling to care coal treatment pronounced it incurable. Set nee has proven catarrh to be a constitutional lisease, and therefore requires constitutional reatment. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, Ohio, is the only constitutional cure on the market. It is taket internally in doses from ten drops to a teaspoon ful. It ac's directly upon the blood and mucous surfaces of the system. They offer \$100 for an case it fails to cure. Send for circulars and to timonials. Address F. J. CHENEY & CO., Toledo, O.

Sold by druggists: 75c. TRY GERMEA for breakfast.



The wrong way, with Catarrh, is to stop it without curing it. The poisonous, irritating snuffs, strong caustic solutions, "creams," balms and the like may, perhaps, palliate for a time. But If You Are in Need of Trout Files, Get they may drive the disease to the lungs. The wrong way is full of

The right way is a proved one It's with Dr. Sage's Catarrh Rem edy. It cures, perfectly and permanently, by its mild, soothing, cleansing and healing properties, the worst cases of Chronic Catarrh. It has proved itself right, thousands of times, when everything else has failed.

And this makes its proprietors willing to prove that it's the right thing for you, no matter how bad your case or of how long standing. If they can't cure your Catarrh, they'll pay you \$500 in cash.

They're certain of their medi-



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don't feel like work. The YOUR trouble is your liver is tor-oid. You are full of bile. YOUR Get rid of it without delay. N. P. N. U. No. 445-3. F. N. U. No. 522 Three doses of Moore's Revealed Remedy will do it and make LIVER

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