CHANGES OF CLIMATE

Kill more people than is generally known. Particularly is this the case in instances where the constitution is delicate, and among our immigrant population seeking new homes in those portions of the West, and where malarial and typhoid fevers prevail at certain seasons of the year. The best preparative for a change of climate, or of diet and water which that change necessitates, is Hostetter's Stomach Bitters, which not only fortifies the system against malaria, a variable temperature, damp, and the debilitating effects of tropical heat, but is also the leading remedy for constipation, dyspepsia, liver complaint, bodily troubles specially apt to attack emigrants and visitors to regions near the equator, mariners and tourists. Whether used as a safeguard by sea voyagers, travelers by land, miners, or of agriculturists in newly populated districts, this fine specific has elicited the most favorable testimony.

Tom—Have you asked Bessie yet? Jack—Yes. "What did she say?" "That she would take vanilla."

EXPERIENCE OF AN EX-CHAMPION.

Athletes and men who take ordinary outdoor exercise, such as walking, running, bicycle riding, jumping, swimming, tennis, etc., are often the subjects of acute troubles. The experience of an ex-champion walker will be of interest to all who are afflicted. Read the following letter:

"No. 324 East Nineteenth St.,
New York, April 2, 1886.

Numerous statements relative to the merits of different plasters having been brought to my attention, I take this opportunity to state that I have used Allcock's Porous Plasters for over twenty years and prefer them to any other kind. I would furthermore state that I was very sick with catarrh of the kidneys, and attribute my recovery entirely to Allcock's Porous Plasters. Harry Brooks."

A vegetable bonnet—One with a turn-up on the side.

For relieving throat troubles and coughs "*Brown's Bronchial Troches*" have a world-wide reputation. *Sold only in boxes.* Price, 25 cents.

Think of the devil and a demagogue bobs up and begins to pet your children.

Use Enameline Stove Polish; no dust, no smell.

The man who goes to church much hears a great deal of preaching that hits other people.

Talk's cheap, but when it's backed up by a pledge of the *hard cash* of a financially responsible firm, or company, of world-wide reputation for fair and honorable dealing, *it means business!*

Now, there are scores of sarsaparillas and other blood-purifiers, all cracked up to be the best, purest, most peculiar and wonderful, but bear in mind (for your own sake), there's only *one guaranteed* blood-purifier and remedy for torpid liver and all diseases that come from bad blood.

That *one*—standing solitary and alone—sold *on trial*, is

Dr. Pierce's Golden Medical Discovery.

If it don't do good in skin, scalp and scrofulous diseases—and pulmonary consumption is only lung-scrofula—just let its makers know and get your money back.

Talk's cheap, but to back a poor medicine, or a common one, by selling it *on trial*, as "Golden Medical Discovery" is sold, would bankrupt the largest fortune.

Talk's cheap, but only "Discovery" is *guaranteed*.

"August Flower"

"I inherit some tendency to Dyspepsia from my mother. I suffered two years in this way; consulted a number of doctors. They did me no good. I then used **Relieved In** your August Flower and it was just two days when I felt great relief. I soon got so that I could sleep and eat, and I felt that I was well. That was three years ago, and I am still first-class. I am never **Two Days.** without a bottle, and if I feel constipated the least particle a dose or two of August Flower does the work. The beauty of the medicine is, that you can stop the use of it without any bad effects on the system. **Constipation** While I was sick I felt everything it seemed to me a man could feel. I was of all men most miserable. I can say, in conclusion, that I believe August Flower will cure anyone of indigestion, if taken **Life of Misery** with judgment. A. M. Weed, 229 Bellefontaine St., Indianapolis, Ind."

Faber's Golden Female Pills.

For Female Irregularities; nothing like them on the market. *Never fail.* Successfully used by prominent ladies monthly. Guaranteed to relieve suppressed menstruation.

SURE! SAFE! CERTAIN!

Don't be humbugged. Save Time, Health, and money, take no other.

Sent to any address, secure by mail on receipt of price, $2.00. Address,

THE APHRO MEDICINE COMPANY,
Western Branch, Box 27, PORTLAND, OR
Sold by Wisnor Drug Co., Portland, Or.

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Best in the World! Get the Genuine! Sold Everywhere!

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Branch Schools: Capital Bus. College, Salem, Oregon. Same courses of study, same rates of tuition.

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☞ In session throughout the year. Students admitted at any time. Catalogue from either school, free.

LASSOING A YANKEE SOLDIER.

The Story Told by a Survivor of the Eighth Texas Cavalry.

"The fight at Woodsonville was our first," said Maj. Z. mileman. "Our regiment was brought up to drive in the Federal pickets. We drove them in, and before we knew it ran right against a line of Federal infantry on the side of a strip of timber, and that was more than we had bargained for. There was but one thing to do and we did it—went right through them and were soon pretty well mixed up. You see the trouble was, a great many of us knew nothing about warfare with organized troops. True I had been an Indian fighter, but this was new to me. The Federals, however, were more surprised at our apparent daring than we were at finding their solid line where we least expected it, and thus we carried the day against great odds. All the boys went out with a peculiar notion," and here the major smiled grimly. "They said there was no use of wasting powder on the 'Yankees,' we'd just lasso 'em, and every one of us had his rope for that purpose. I must confess I was a little dubious about that, and away down in my heart didn't believe one of us could 'lick ten Yankees' by any means, but I was determined to do as much as the others did, and made up my mind to rope me a 'Yankee' before any one else had time to.

"During our mixed up scramble with the Federal infantry I saw one fellow, a picket, about 200 yards ahead of the line, and quick as a flash I thought, 'Here's my chance, if ever,' and I started for him. It was a toss up whether I would lasso him or he would kill me before I could get within rope range, and, besides, I was between the Federal main line and him. As I turned and dashed toward my man I think not less than 1,000 shots were fired at me, but I was not hit, my lasso shot through the air, and I had my man fast, with the rope under an arm and over the other shoulder, where it did not hurt him. In shooting at me his own friends had broken an arm for him, so I got him to a log, and he, at my direction, mounted behind me, and then his friends ceased firing. I know we were riding pretty fast for a double burden, jumping ditches, logs and all obstructions, but when my prisoner fell off I thought he did it purposely, and asked him what he meant by jumping off.

"'I didn't jump. I fell off. Perhaps you you don't know that my arm is broken, and besides I never saw such horse-back riding as this, let alone trying it myself.'

"I then placed my prisoner in the saddle and got up behind myself, and we soon had another trial to encounter, for my friends, seeing my horse coming in with a blue coat astride of him, concluded to give him a round. I stuck my head around my vis-a-vis and shouted to go slow, and there was great merriment when we dismounted. I believe that was the only man ever lassoed during the war."—Globe-Democrat.

Eaten Almost Everything.

In a recent interview Col. Pat. Donan, the Dakotan says: "I have eaten with the Chinese in China, I have eaten with the president of the United States in the White House. I have eaten with nearly every nation on earth. In many cases I don't know what I have eaten, for I have always regarded it as bad taste to ask questions about the dishes that are provided in your honor by hospitable people.

"In China I may have eaten rats, but I didn't know it; and what you don't know does you no harm. When the Sioux want to do you honor they will serve you up roast dog. In Spanish Honduras the dish of honor is baked monkey, and sweeter meat you could not imagine. These monkeys live up in the branches of trees and on the vines; their feet never touch the earth beneath them, and they live on the choicest nuts and fruit. No chicken was ever so sweet and tender as a baked monkey.

"I do confess, though, that on one of the last occasions of my dining in Spanish Honduras I did not feel that all was well when at the end of the meal I found I had stuffed myself with baked lizards. Of course there is nothing wrong with the lizard except our petty prejudices. It tasted splendidly, but when at last I saw the big scaly leg and the claw of the lizard I didn't think I liked it."—New York Press.

Seltzer for Burns.

A man whose hand and wrist had been badly burned walked into a downtown drug store the other afternoon and asked the druggist for a lotion to assuage the pain. The man of drugs seized a siphon of seltzer water and directing the sufferer to hold his hand and arm over the wash basin allowed the contents of the bottle to flow slowly over the affected parts. In a moment or two the man declared that the pain had vanished, after which a soothing or healing lotion was applied and the injured parts bandaged. Then the man walked away saying that he felt no inconvenience whatever.

"That's something new in the way of treating burns," said the druggist after the customer's departure, "and I find it very speedy and efficacious in its effects. It relieves the pain almost immediately, as you have seen, and in my opinion accelerates the cure. I think the carbonic acid gas, with which the water is impregnated, is the chief agent in affecting such good results. As the remedy is cheap and easily obtained it is well worthy of trial in all cases where the burns are not sufficiently severe to require the immediate attendance of a physician."—New York Mail and Express.

Known by His Ears.

After all it seems that there is no feature quite like the ear to establish identity. You may know a man by his ears, when you can not distinguish him by his nose or his eyes. Better yet, in his make up a man may change his other features quite beyond recognition, but he can not conceal his ear mark. That is somewhat after the purport of the ancient fable. Other features also modify with a man's growth, but the ear remains faithful to heredity. Taking his cue by this, a famous police captain urges that photographs of criminals be taken, not with front view, but from the side, giving a full view of the ear. "A mouth will fall in, an eye will sink, a nose grow projecting, a brow grow prominent, a cheek baggy, a chin pointed, but an ear always remains unchanged into old age; and no two ears are alike; so that a thief would be known by his ears as long as there is anything left of him." If he clips his ears he will still be marked as a thief.—Globe-Democrat.

Trouble with Italian Depositors.

Some of the old established savings banks of this city refuse to take Italians as depositors. When asked why they discriminate against land organs and p anuts the officers said that our Italian brothers are not a comfortable class to deal with. Their names are against them, being, in many cases, almost similar, at least to American ears. This causes confusion and often serious trouble, as some not overburdened with integrity take advantage of it, get hold of each other's books and go and draw out the other fellow's money. And when anything goes in a way that doesn't please the Italian depositor of humble station, he makes off and brings his priest, in the full belief that that functionary can straighten out all terrestrial tangles.—New York Press.

A Dream Ends in a Nightmare.

A girl over at the telephone exchange has one less mash on the string—or wire—than a week ago. She was in the habit of calling up a particular office about 6 p. m. every day and holding sweet converse with a refined and cultured voice which evidently made its headquarters there. The office is that of a manufacturing concern. The other day the secretary of the company lingered after his usual hour and unwittingly answered the signal to the electrical tryst. The young woman recognized the new voice, and asked: "Who is the young man that generally is alone in your office at this time?" The reply was: "Why, that must be the colored porter!"—Buffalo Express.

HERO OF THE RAIL.

DANGEROUS DUTIES PERFORMED BY THE LOCOMOTIVE ENGINEER.

Qualifications Essential to Success—What to Do When There Is Danger Ahead. Quick Decision—The Cloud Which Hangs Over Engineer and Fireman.

The locomotive engineer is the popular "hero of the rail," and the popular estimate in this respect is substantially just. Others have to brave dangers and perform duties under trying circumstances, but the engine runner has to ride in the most dangerous part of the train, take charge of a steam boiler that may explode and blow him to atoms, and of machinery that may break and kill him and try to keep up a vigilance which only a being more than human could successfully maintain. He must be a tolerably skillful machinist—he cannot be too good—and have nerves that will remain steady under the most trying circumstances. If running a fast express through midnight darkness over a line where a similar train has been tipped off a precipice (and a brother runner killed) by train wreckers the night before, he must dash forward with the same confidence that he would feel in broad daylight on an open prairie. But he does not "heroically grasp the throttle" in the face of danger, when the throttle has been already shut, nor does he "whistle down brakes" in order to add a stirring element to the reporter's tale, when by the magic of the air brake he can, with a turn of his hand, apply every brake in the train with the grip of a vise in less time than it would take him to reach the whistle pull.

When there is danger ahead there is generally just one thing to do, and that is to stop as soon as possible. . instant suffices for shutting off the steam and applying the brake. With modern trains this is all that is necessary or can be done. Reversing the engine is necessary on many engines, and formerly was on all; this would, in fact, be done instinctively by old runners, in any case, but this also is done in a second. After taking these measures there is nothing for the engineman to do but look out for his own safety. In some circumstances, as in the case of a partially burned bridge which may possibly support the train even in a weakened condition, it may be best to put on all steam. The runner is then in a dilemma, and a right decision is a matter of momentary inspiration. Many lives have been saved by quick witted runners in such cases, but there is no ground for censure of the engineer, who, in the excitement of the moment, decides to slacken instead of quicken his speed. The rare cases of this kind are what show the value of experience, and of men of the right temperament and degree of intelligence to acquire experience lessons readily.

PROBABILITIES OF ACCIDENT.

But the terrible cloud constantly hanging over the engineer and fireman of a fast train is the chance of encountering an obstacle which cannot possibly be avoided, and which leaves them no alternative but to jump for their lives, if indeed it does not take away even that. To the fact that this cloud is no larger than it is, and that these men have sturdy and courageous natures must be attributed the lightness with which it rests upon them. On one road or another, from a washout, or inefficient management, or a collision caused by an operator's forgetfulness, or some one of a score of other causes, there are constantly occurring cases of men heroically meeting death under the most heartrending circumstances. Every month records a number of such, though happily they are not frequent on any one road.

On the best of roads a freight train wrecked by a broken wheel under a borrowed car may be thrown in the path of a passenger train on another track just as the latter approaches. This has happened more than once lately. No amount of fidelity or forethought (except in the maker of the wheels) can prevent this kind of disaster. There is constant danger on most roads of running off the track at misplaced switches, many switches being located at points where the runner can see them only a few seconds before he is upon them; but the chance is so small—perhaps one in ten or a hundred thousand—that the average runner forgets it, and it is only by severe self discipline that he can hold himself up to compliance with the rule which requires him to be on the watch for every switch target as long before reaching it as he possibly can. He find the switches all right and the road perfectly clear so regularly, day after day and month after month, that he may easily fall into the snare of thinking that they will always be so. But, like other trainmen, the engineman finds enough more agreeable thoughts to fill his mind, and reflects upon the hazards of his vocation perhaps too little.—B. B. Adams, Jr., in Scribner's Magazine.

Whales of the Scottish Isles.

Few people would guess the etymology of "ca'ing" when applied to a whale, printed as it was exactly like this in the columns of a weekly contemporary. It is really "ca'ing," the Scotch for calling, that name being given to this species of whale from the curious bleating sound they make. A stranded calf whale has a very pitiful call for its dam, which the latter answers in a harsher tone. The name is really local to the Scottish islands, the proper name being the deductor, the whales being so called because they roam about the sea under the guidance of a leader in the shape of an old bull. In the early spring, just before the breeding season, there is a very keen competition for this office, and more than once the contending bulls have both been known to die from the effects of the encounter.

The whale is not a very large one, being only from sixteen to eighteen feet long; it has occasionally been taken in immense quantities among the shoals and channels of the Hebrides, Orkneys, Shetlands and Fair Isles. When a herd makes its appearance the natives lose no time in collecting all the boats, guns and harpoons which they can lay their hands on. They then try all they can to get seaward of the shoal, and if they succeed endeavor, by advancing with blowing horns, splashing oars, firing guns and shouting, to drive the terrified cetaceans on shore. Once they are stranded a terrific attack is made, and hundreds have been slain in a single battue. The scene is one of the most picturesque it is possible to witness in the north of Scotland. It is quite another affair from the occasional grounding of a Greenland whale, the ca'ing whale being of an entirely different and far more gregarious species.—London Globe.

A Tramp on the Washing Question.

"If your appearance is any indication I think I may be justified in assuming that you are opposed to washing," ventured Mr. Hungry Higgins' hostess.

"Washin'," answered Mr. Higgins after a moment of mental abstraction, during which he absently tried to blow the foam off his cup of cold coffee—"washin', ma'am, is a mighty good thing to support a family on, but it seems to sorter sour a woman's temper. In fact that's how I come to go on the road."—Indianapolis Journal.

USE OF WAX CANDLES.

Some Interesting Points About Their Material, Color and Decoration.

Fashionable caterers keep a varied stock of wax candles on hand all the time for decorating and illuminating dinner tables, buffets, etc. Private families who entertain largely purchase their supplies of candles directly from the manufacturers. They are frequently used now at teas and luncheons in the day time, the curtains being drawn down to give the wax light the preference. The ornamental value of the finer tinted, molded and decorated tapers, set in rich candelabra, cannot be excelled for table decoration, aside from the desirableness of the light.

A prominent dealer uptown, who has a large candle factory at Syracuse, gave some curious facts about the business in a conversation recently. "The fashionable demand has increased greatly in the last few years," said he. "Our best qualities we call Egyptian wax, a composition candle, or still better is the queen wax, made of prime beeswax, cream colored, and unequaled for a pure light. You must know that a pure beeswax candle cannot be molded. They are all "dipped" by hand. A workman passes along a row of wicks with a dipper and pours on the melted wax until they get to the requisite size. You see when I break this wax candle the wax is all in layers.

"Many people come here who cannot tell a wax, a paraffine, a sperm or a composition candle from another. Others are well posted. Sperm oil is too costly to be popular for candles, being 50 per cent. higher than beeswax. The likelihood of war abroad makes it high, for it is the only efficacious substance for cooling gun barrels in action. Paraffine, as you know, comes from the ground, and is imported. It is cheaper for candles than tallow. Stearine is another cheap substance. Do you know that tallow candles are shipped largely to South America where the natives use them to anoint their bodies?

"The hardest part of our business is to get good dyes for coloring the wax candles. We have to have the most delicate shades in pink, gold, etc. Then the coloring always detracts more or less from the brilliancy of the light. To obviate this we have a candle that is simply plated with colored wax. It has all the beauty of a colored taper, and the interior is pure white wax. Then there is a great deal of hand decoration on our candles. We employ artists by the year for this work. All these impressions are made by hand, and the figures in gold leaf are first applied warm to a sheet of wax, and then cut out by hand and applied to the candle while heated."—New York Tribune.

Facts Concerning Consumption.

I maintain that consumption can be cured, but it is still greatly beyond our control. There are numerous cases on record where a a dissected lung has been found covered with scars, which proved that the person once was afflicted with consumption but had been cured. A hemorrhage does not always indicate consumption, as there is more than one kind of disease of the lungs which will cause them to bleed. Consumption is hereditary in a great degree, but many people whose bodies contain the germs of the disease will die of other causes simply because they commit no act of indiscretion that will cause the malady to manifest itself. The seeds of consumption lurk hidden away in many an apparently sound body. It is a strange fact that many prize fighters and athletes die of consumption, but in not a few of these cases it is due to the tremendous strains and exertions put forth in contests, also to the various exposures and exercises for which athletes and bruisers are noted.

Place three men out in a rain and let them get thoroughly drenched; as a result one will contract rheumatism, another will suffer no inconvenience, but the third will take a severe cold which will start him on the road to death. So it is every man's duty to guard against colds, and cure them as soon as possible. Many women have defective lungs as a result of tight lacing. There are hundreds of cases where certain portions of women's lungs are practically dead and useless, caused by tight lacing, but the majority of them die of something other than lung troubles. Again, it is a wrong idea to think that stoop-shouldered people are apt to have weak lungs. In Tennessee there are counties where the men are all tall, gaunt and very stoop-shouldered, but consumption among them is a rare thing indeed, but that may be owing to the pure mountain they breathe. The best thing for consumptives is pure air and change of climate.—Physician in Globe-Democrat.

Marriages in Mexico.

In Mexico everybody marries, whether young or old, rich or poor, handsome or ugly; whether their marriage portion consists of good fincas (houses or other real estate), ready talegas (a talega is $1,000), or of only cuatro piernas al ayre. This last phrase, which is another proverbial saying, is a puzzling one to translate. "Four legs in the air" is the literal rendering of it. I suppose it means people who bring to each other in wedlock no dower save their person, which, indeed, is the most usual one in this country. The reckless Mexicans, like too many people north of the Rio Grande, rush into matrimony without the slightest care for the future or the beggars they may bring into the world. If any sober friend, who has observed the ways of life, should suggest to an ardent young couple how necessary some little property is to keep the devil out of the house, the en morados (lovers) will only laugh and answer: "Dios nos amparara" (God will help us), which simply means, in other words: "We are both young and brimful of passion, we like each other exceedingly, and we will do our will, come what may." In such cases the Deity is seldom seriously thought of.—City of Mexico Letter.

Industries Injurious to Health.

The injurious effects of certain industries upon the health of employes, arising from the dust involved, are specially felt, according to a report made to the British parliament on the subject, by corn millers, maltsters, tea handlers, coffee roasters, snuff-makers, papermakers, flock dressers, feather dressers, shoddy grinders, weavers of coverlets, dressers of hair, hatters in certain departments, dressers of colored leather, workers in flax, dressers of hemp, some workers in wool, ware grinders, masons, colliers, iron miners, lead miners, grinders of metals, file cutters, machine makers, makers of firearms and button makers. To these may be added colliers, who suffer from lung diseases in ill-ventilated mines; potters, especially the class called flat pressers, in whom emphysema is so common that it is known as the potters' asthma; the china scourers, who all, sooner or later, become asthmatical from inhaling the light flint dust in suspension; pearl button makers and pin pointers, who suffer from bronchitis and hæmoptysis; the makers of grindstones, Portland cement, etc.—Chicago News.

The Mediæval Sleeve.

The "high art" craze in London and Paris has done away with the tight sleeve, in which the arm had quite the effect of a sausage roll, though it is questionable if some of the drapsel, slashed, and puffed affairs that replace it are not even more of monstrosities, for all they are mediæval.—Chicago Times.

Against Signed Editorials.

Nothing is more wearisome to me than the much iterated assertion that an editorial carries only the weight that the writer's brains and character give it. It isn't any deeper or abler, of course, but it has more weight just because he is merely furnishing a dress for opinions laid out for him by a virtual vote of a large party. The weakest of a paper's writers is clothed with its authority as an expounder. The most fractious is subject to its responsibilities. A paper with signed editorials would carry no weight and represent nothing but a few third rate or first rate, the point is the same) writers. You could not forecast anything by it.—Forrest Morgan in The Writer.

BEFORE YOU CONSULT A PHYSICIAN

Consult common sense, and if you make an attempt to think once, the process will be less painful the next time you try. It will lead you to the irresistible conclusion that things and institutions and professions are not necessarily good because established in the remote past. They did not know everything in those days. They are monuments of ignorance with their faces turned to the past and their backs to the future. You cannot stay the hands of time. He who hesitates to advance with the world's progress in thought and action is hopelessly left behind. Doctors form no exception to the rule; the old schools of medicine belong to the dead, buried past; all hope is centered in the new Histogenetic System of Medicine.

SEATTLE, June 27, 1891.

My mother was taken with la grippe last spring in its most violent form, which rapidly developed into consumption. She had a most terrible cough, raised pus constantly, and we despaired of her recovery. We sent for my brother in California, as we did not know how long she might live. When we realized her condition we sent for Dr. Jordan, and at once began giving her his prescription. In two weeks she was out of bed, greatly to the surprise of every one who was acquainted with the case. In two months she is better than she has been in two years. This and other experiences with the Histogenetic Medicine convinces us that it is the only medicine to use. Any one wishing to know more of this case may inquire of MRS. L. TUCK, 713 Sutter Street.

NORTH BEND, Wash., June 12, 1891.

Dr. J. Eugene Jordan, Seattle, Wash.—DEAR SIR: I am happy to say that two weeks' use of your medicines has done me so much good that I am going to start out prospecting to-morrow. The pain in my eyes has almost entirely vanished. Yours truly, HERBERT G. POWERS.

Dr. Jordan's office is at the residence of ex-Mayor Yesler, Third and James.

Consultations and prescriptions absolutely *free.*

Send for free book explaining the Histogenetic system.

CAUTION.—The Histogenetic Medicines are sold in but one agency in each town. The label around the bottle bears the following inscription: "Dr. J. Eugene Jordan, Histogenetic Medicine." Every other device is a fraud.

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Sure cure for blind, bleeding and itching Piles. One box has cured the worst cases of ten years' standing. No one need suffer ten minutes after using Kirk's German Pile Ointment. It absorbs tumors, allays the itching, acts as a poultice, gives relief. Dr. Kirk's German Pile Ointment is prepared only for Piles and itching of the private parts, and nothing else. Every box is warranted.

Sold by Druggists and sent by mail on receipt of price, $1.00 per box. J. J. Mack & Co., Wholesale Agents, San Francisco.

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Delicious Cake and Pastry, Light Flaky Biscuit, Griddle Cakes, Palatable and Wholesome.

No other baking powder does such work.

OREGON PEACH BITTERS. If taken according to directions, is unexcelled as a kidney and liver cure; a positive preventive for la grippe. Try it and be convinced. All orders, accompanied with $7.50 for 1 doz., will be promptly attended to. H. KLAS, manufacturer and patentee, Aumsville, Or.

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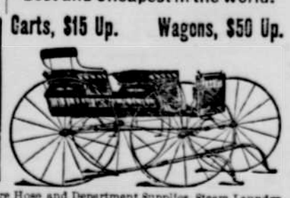

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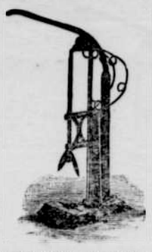

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