A SUFFERER RELIEVED AFTER DOCTORING FOR TEN YEARS—FACTS CONVINCE THE PUBLIC.

MARCH 8, 1890.

Manufacturers of the Great Sierra Kidney and Liver Cure.

GENTLEMEN: The gratitude I feel towards you I cannot express in these few words. I have been troubled in the past *ten years* with kidney disorders. I did not know in that time what it was to enjoy a full night's rest. I started in to try your Great Sierra Kidney and Liver Cure. I have given it a fair trial; my rest has returned; I am much improved in every way. Your remedy is just as you represent it—a *delightful* and *effective* one. Very truly yours,

C. H. NORTON,

Carpenter and Builder, 616 California street, San Francisco, Cal.

Eli Perkins, being asked a suitable line to place on the tombstone of a man who had been in the grate business, suggested: "Joined the grate majority."

DR. DARRIN'S CURES

Are Not Only Done Quickly by Electricity, But Are Permanent—Free Treatment Continued—Three More Remarkable Cures to Relate.

Editor Oregonian: For six years past I have been sorely afflicted with rheumatism and neuralgia. Of late I have been in almost constant pain in every muscle and part of my body. Had to walk the floor at nights, and had but little sleep for ten days past. Last Tuesday I came to Dr. Darrin for treatment by electricity, and to my great joy and satisfaction I am about cured and go home rejoicing. I reside at Buena Vista, Polk county, Or.

MRS. WM. DAVIDSON.

Another Remarkable Cure of Deafness.

To Whom It May Concern: For years I have been troubled with chronic catarrh. So troublesome had it become that I could scarcely breathe through my nose; had entirely lost sense of smell, and I became almost totally deaf, accompanied with ringing noises in my ears. After a course of electric and surgical treatment by Dr. Darrin I am perfectly cured of my deafness and buzzing noises. Refer to me at Kalama, Wash. JAMES FLANNAGAN.

Instantly Cured of Deafness.

Editor Oregonian: For eight years prior to calling on Dr Darrin I had been deaf, accompanied with ringing noises in my ears. Catarrh was a great source of annoyance—so much so that I could scarcely breathe through my nose at times. Dr. Darrin cured my deafness in ten minutes, and the catarrh is nearly well.

T. H. OGILBE.

Osborn Hotel, East Portland.

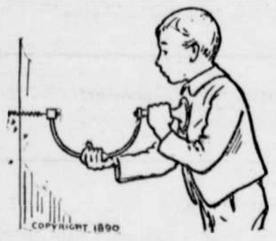
Drs. Darrin can be consulted daily at the Washington building, corner of Fourth and Washington streets, Portland. Hours 10 to 5; evenings, 7 to 8; Sundays, 10 to 12. All chronic and acute diseases, blood taints, loss of vital power and early indiscretions permanently cured, though no references are ever made in the press concerning such cases, owing to the delicacy of the patients. Examinations free to all, and circulars will be sent to any address. Charges for treatment according to patient's ability to pay. The rich and poor treated free of charge with electricity from 10 to 11 daily. All private diseases confidentially treated, and cures guaranteed. Patients at a distance can be cured by home treatment. Medicines and letters sent without the doctors' name appearing. [N. B—Dr. Darrin has a branch office at the Umatilla hotel, The Dalles, November 3 to the 8th.]

Visitor (finding his host's daughter at the piano)—That's right, young lady; practice makes perfect. Host—Perfect bedlam.

SHAKEN OUT OF GEAR

By malarial disease, the human machinery cannot half perform its office. Digestion, secretion, evacuation are disordered, the blood becomes watery, the nerves feeble, the countenance ghastly, sleep disturbed and appetite capricious. Terrible is this disease, fell its consequences. There is, however, a known antidote to the miasmatic poison and a certain safeguard against it. In malarious regions of our South and West, in South America, Guatemala and on the Isthmus of Panama, as well as in transmarine countries where the scourge exists, this intimitable preventive and remedy, Hostetter's Stomach Bitters, has during the last thirty-five years been constantly widening the area of its usefulness and demonstrating its sovereign value. Liver complaint, dyspepsia, constipation, kidney trouble, rheumatism and debility are all remedied by it.

A Southern preacher recently advised his congregation to be saved in the nick of time from the Nick of eternity.



The turning point in woman's life brings peculiar weaknesses and ailments. Dr. Pierce's Favorite Prescription brings relief and cure. It is a powerful, invigorating, restorative tonic and nervine. It imparts strength to the whole system in general, and to the uterine organs and appendages in particular. "Run-down," debilitated and delicate women need it. It's a legitimate medicine—purely vegetable, perfectly harmless. It's *guaranteed* to give satisfaction in every case, or money refunded. Nothing else does as much. You only pay for the good you get. Can you ask more?

As a regulator and promoter of functional action, at that critical period of change from girlhood to womanhood, "Favorite Prescription" is a perfectly safe remedial agent, and can produce only good results. It is equally efficacious and valuable in its effects when taken for those disorders and derangements incident to that later and most critical period, known as "The Change of Life."

SEVEN SEVENTEEN SEVENTY

To cure Biliousness, Sick Headache, Constipation, Malaria, Liver Complaints, take the safe and certain remedy. SMITH'S

BILE BEANS

Use the SMALL SIZE (40 little beans to the bottle). They are the most convenient, suit all ages. Price of either size, 25 cents per bottle.

KISSING at 7, 17, 70. Photo-gravure, panel size of this picture for 4 cents (coppers or stamps).

J. F. SMITH & CO.

Makers of Bile Beans. St. Louis, Mo.

AN AMERICAN GIFT.

Leland Stanford Junior University, With a Sketch of the Life and Labors of Its Founder.

The time-honored metaphor "A Princely Gift," is in fair way to be supplanted by the three words heading this article. It is eminently right, too, that the change should be made; for no gift of Princes throughout history can compare with the gifts of Americans. There is a marked difference, too, in the objects of their munificence. Princes give to fawning sycophants. Americans give to their own and to all succeeding generations of their countrymen. In this, our men of great wealth have set an example alike honorable to themselves and their country. Europeans fail to comprehend this trait in American character, because of their inability to understand the sentiment which underlies it. However prosperous the American may be in the pursuit of wealth or fame, he never loses touch with the people. His heart remains in every sense truly American. No more conspicuous example of the large-heartedness of our countrymen can be instanced than in the founding of Leland Stanford Junior University by Senator Leland Stanford. This noble and enobling act of Senator Stanford was inspired by sentiments of love for his countrymen and for his idolized son lost to him by death. For his countrymen he builds and richly endows a University of the first rank, which shall have no rival in either hemisphere. For his idolized son he builds a monument such as no father ever before erected.

LOCATION AND BEQUESTS.

The University is located in Santa Clara county, Cal., at Palo Alto, a half hour's ride from San Francisco. As a part of the bequest, a deed of trust conveys 83,200 acres of land, comprising some of the most valuable estates in California, the income from which will go to the University for all time. The founder has also set aside twenty millions of dollars as an endowment for the University, the main endowment being by will, in which the trustees are made residuary legatees.

FOR THE PEOPLE.

This is not to be a school for rich men's children alone, but for the poor man's children as well. The articles of endowment prescribe that students shall be admitted at the lowest possible expense. The studies shall embrace all the arts, all the sciences and mechanics. There will be a school of agriculture and horticulture, with a farm attached for experimental purposes.

NON-SECTARIAN.

The articles of endowment prohibit sectarianism and direct that there shall be taught that there is an all-wise intelligent God, and that the soul is immortal. The sexes will be admitted to equal privileges in every department of study, and preparatory schools will be established for children to bring them up to the standard required for entering upon the University course.

PLAN OF BUILDINGS.

It would be impossible in a newspaper article, of the space accorded to this one, to give a comprehensive description of the building plans as shown to the writer by the resident architect of the University. Some conception, however, of their magnitude may be had from the number of buildings contemplated and the ground they will cover. The plans embrace sixty-five buildings, which are to cover one hundred and sixty acres. Sixteen of the buildings are already under roof. Two hundred and fifty men are constantly employed, and although the University will be far from being completed, it will be dedicated early in the coming year. It is expected the President of the United States, together with other distinguished people of our own country and Europe, will be in attendance. In the careful preparation for making his bountiful bequest Senator Stanford has displayed, in a marked degree, those qualities of forethought which have made his phenomenal success in life. Finding the laws of California inadequate to his purposes, he drafted and secured the enactment of a law for the protection of endowments made for educational purposes in California.

BIOGRAPHICAL.

Leland Stanford was born in Albany county, N. Y., in 1824. He received an academic education and was entered at a law school from which he graduated, and was admitted to practice in the Supreme Court of the State. Moving with the great tide westward, he stopped for a time in Wisconsin. The destruction of his library by fire in 1852 decided him to join his brothers in California, five of whom had preceded him. Like nearly all new arrivals in the fifties, his first venture was in mining. His first business venture was as a merchant at Michigan Bluffs. In 1856 he removed to Sacramento, where he engaged in mercantile pursuits upon an extended scale.

It is a common error, in treating of Senator Stanford's connection with politics, to speak of it as due to his Presidency of the first railroad which connected the east and west sides of the continent. The facts are that he was a leader of his party before the feasibility of such a railroad had been admitted, except by a few daring men who were tolerated as inoffensive enthusiasts rather than received as practical men of affairs. His business ability and talents in finance caused him to be made the candidate of his party for Treasurer of the State, and though he was defeated, his canvass disclosed such qualities of leadership and such evidence of sound and elevated personal character, that he was nominated for Governor in 1859 by the Republican party, then in its weakness and infancy. The divided Democracy in the Sate that year cast an aggregate vote of 93,543, while he received 62,110, or 9 per cent. only of the total vote of the State. That canvass made him further known to the people and enlarged their appreciation of his qualities. Two years later, when the political skies were sombre with the coming tempest and the people turned instinctively to strong men only for positions of exceeding responsibility, he was again nominated for Governor, and his former hopeless appearing minority was changed into a plurality, while his percentage of the total vote rose from 9 to 46, and his vote exceeded that of one competitor by 23,286 and of the other by 25,092. This was before he had any influence or help or means of party leadership or political success except his character and qualifications, the faith of his friends and the confidence of the people.

None who have lived under his administration of Governor have forgotten that time of potent passion. California, isolated, remote and hardly accessible to the rest of the Union, wore lightly the bonds that bound her to the nation. Many men dreamed of separation and before the fancy of some rose a magnificent vision of a Pacific Coast Republic. Leland Stanford was the war Governor of the State. Political discussion ran into frenzy around him and temper was high and hot. Yet, while he never relaxed his vigilance or slackened his tense devotion to the Union and his cheer to all who could look forward through the storm and tempest to its restoration, he never made the temper and widely-different belief of his opponents an excuse for their persecution.

In the midst of the war and during political turmoil he and his associates began the Pacific Railroad. It is gratefully remembered that this was an interesting diversion of public attention from the war and its collaterals. The passions of men, who, whatever else they seemed, were Californians to the marrow, were forgotten in the prospect of realizing the dream of an overland road. After he had been three times before the voters of the State for honorable and responsible offices and had so impressed them that within two years his vote rose from almost nothing to a plurality, and after he had been Governor and had by tact and truthfulness and toleration mitigated the rasping frictions incident to the civil war, he promoted the building of the overland railway.

In the beginning it seemed as hopeless and as impossible as the realization of his public career had appeared when he first went forward to political leadership. But in the end it also succeeded. DeWitt Clinton was Governor of New York before he built the Erie Canal, and after that then stupendous work was accomplished, he was again elected Governor as an expression of gratitude by an immense majority, and death sought him in the midst of the duties and in the enjoyment of the honors conferred upon him by a grateful people.

Stephen A. Douglass secured for his State the Federal aid which built the Illinois Central Railway, a work which restored the public credit, reversed individual bankruptcy and laid the foundation of commercial and political greatness of that State. For this he was rewarded by confirmation of his place in the United States Senate, whence even the passionate hatred of Buchanan's administration could not drive him, and he died a Senator and a patriot.

Other examples might be quoted, but these suffice. What man lives who would not think worse of New York and Illinois if cold ingratitude had embittered the latter days of Clinton and Douglass? What Californian will deny that the construction of the Central Pacific railway ranks in importance with the Erie canal and the great railway system of Illinois?

After it is finished and Leland Stanford has passed from the war governorship to its presidency, successful in each, mindful of the public interest and considering what may be done to influence the world out of which in God's time he must follow the other captains of American enterprise, he sets aside a fortune that would dazzle a prince to found an institution in which parents may have their children taught the bread-winning industries and trades, in order that having the skill and knowledge to earn an honest livlihood, they may be saved from those sinister scourges of a people, idleness and privation. In this institution those who seek classical culture may get it, and thanks to the wisdom and the wealth of its founder, it will omit no means of training head and hand and heart for the high duties of life.

In the future when our sons and daughters have succeeded us, when they are the beneficiaries of the steadfastness of this State to the Union, and of its materialities so greatly enlarged by his enterprise and when their clean and gentle, and self-reliant lives have been enriched by the culture of the school which is his gift to humanity, they will look with pride to the honors bestowed by this generation upon their benefactor.

He is to-day one of the most conspicuous men in the United States Senate. He is large in person, large in mind and in the conception of gigantic schemes for the betterment of the condition of race. Above all he is large of heart. Such a man is the founder of the Leland Stanford Junior University. It is not too much to say only America could have produced him. Our children to the latest generation will benefit by his munificence.

Indian Civilization in Mexico.

There has existed on the Gila river, from time immemorial, a white house, the origin of which is unknown, much dilapidated by the wear and tear of time. Also, the remains of a large aqueduct and fragments of fine porcelain, all of which prove the existence of a civilized race in these regions at some remote period of antiquity. These Indians all raise corn, beans, melons and gourds of good flavor, some of which grow to an enormous size. The smaller ones are polished or painted and decorated in geometrical designs and used for domestic purposes. We brought away a basketful of them, some painted red, with designs outlined in black, while others were done in white. They make pretty ornaments for the toilet table, and are unique souvenirs of our visit.—Laura B. Starr in Cleveland Leader.

BEANS BETTER THAN WHEAT.

The Former Said to Be More Especially the Food of Civilization.

The bean is a better food than wheat, and is more especially the food of civilization. The average graham bread has but 9.5 per cent. of protein, while beans have 23.2 per cent., or two and a half times as much. The function of protein as food is principally to form the basis of blood, muscle, connective tissue, etc. Herein is the nitrogen that furnishes nerve and brain nourishment. Graham bread has 1.4 per cent. of fat, while beans have 2.1 per cent. Of carbohydrates, beans have 53.7 per cent. and graham bread 53.3 per cent., including woody fiber for the latter. The service of carbohydrates is to be transformed into fat and to be burned as fuel, as in the case of the fats themselves. The chief use of the carbohydrates of wheat bread seems to be to serve for fuel, though they are also transformed into fats. In power to keep the body warm and to furnish muscular energy (not muscle), graham bread hardly equals beans, and if we take into account the animal fats which men have always instinctively combined with beans, no doubt the cooked bean is much richer than wheat as a heat and force food. The mineral matters in graham bread, which are reduced to 1 per cent. in wheat bread, amount to only 1.6 per cent., while beans have 3.6 per cent. of them. These help largely to form bone and blood.

In no respect, then, are cooked beans inferior to graham bread as food, and in most respects they are more than twice as nutritious, particularly in those substances that go to brain and nerve nourishment and to the building up of the muscles and bones of the body. It is fair to presume that beans would have made a more vigorous man than wheat has done, with its large amount of starch to be converted into fat and heat. In case of famine and a small supply of food, the advantage of beans over wheat would have been considerable, and the same may be said of them for long marches and military campaigns. It is a matter of common experience that people are made corpulent by eating starchy foods, and these unwieldy bodies are not so healthy and workable as the leaner bodies of other people. A good diet for persons who want to reduce flesh is made up of leguminous foods, and these have been eaten in such cases with successful result. It is not easy to over eat the leguminous foods, for they soon satisfy the cravings of hunger. Professor Atwater maintains that the bodily ills resulting from over eating are greater and more common than those resulting from the intemperate use of alcoholic drinks. Whether this is fully true or not, the ills from over eating are incalculable, and they would have been and would be greatly reduced if beans had been substituted for wheat.

Other things equal, the bean eater will prevail over the wheat eater and over the potato and the rice eater. The Arabian bean eaters came within one battle of spreading Mohammedan civilization all over Europe. The superiority of the bean over wheat would have made Europeans a stronger and better nourished people than they have been as wheat eaters, and equally as energetic, and they would have had the food that would have made possible, not to say probable, a higher degree of intelligence.

If beans had been substituted for wheat, the effect on the agriculture of the world would have been incalculable. In Massachusetts, in 1880, 963 acres produced 15,768 bushels of wheat, or 16 1-3 bushels per acre. The average product in the United States in that year was but 13 bushels. The product of beans in Massachusetts in 1875 was 41,879 bushels from 1,354 acres, or 31 bushels per acre. Therefore, since beans are about two and a half times as nutritious as wheat (the animal fat mixed with cooked beans reduces the exception in the matter of fuel), and since an acre produces twice as much beans as wheat, then it follows that five times more nutriment is got from an acre of beans than from an acre of wheat.

The western farmer might till but one acre in five of his wheat area if he could raise beans, and people would eat them instead of wheat. The savings of land tillage in the United States would amount to four-fifths of the wheat area, or to 44,280 square miles, according to the census of 1880, and the same amount of nutriment would still be got for the nation and the world—that is to say, an area larger than the state of Pennsylvania, and larger than the state of Ohio, would be freed from the necessity of producing sustenance for the human race, taking account of the land in the United States alone. When the time comes, which is generally expected when the pressure of population will try the ability of the soil to sustain it, the substitution of beans for wheat will be a live question.—Good Housekeeping.

Drawbacks to Hygienic Living.

On all sides the habits and customs of civilized life compel us to tolerate, as best we can, a thousand and one drawbacks to strictly hygienic living. Nature has wisely made liberal provision for deviations from an ideal or perfect standard. The climate we inhabit is far from perfect; alternations of heat and cold, excessive humidity and excessive dryness, all contribute to overtax and depress the vital powers. The food we eat is in no sense ideal; the water we drink is frequently anything but the pure and sparkling element of which bucolic poets sing, and the air we breathe is, for the most part, loaded with every conceivable kind of visible and invisible impurities—germs, spores, organic motes, foul gases, the exhalations of animal bodies and putrefying waste.—Hall's Journal of Health.

Canals of the Punjab.

The irrigation canals of the Punjab are divided into two classes—the perennial or constant type, and those which store and distribute the inundation water only. Of the first class there are 1,330 miles of main canals and 3,034 miles of distributors; of the latter there are 2,440 miles of canal and 641 miles of distributing canals. In 1886-7 the perennial canals irrigated 1,011,061 acres, and the inundation canals watered 939,579 acres, a total of 1,950,640 acres. The crops produced are sugar cane, rice, cotton and wheat, the last covering an area of 747,514 acres in 1887; this is the largest on record.—Engineering News.

To Sea on Friday.

Out of fifty-two ships launched in England on Friday, forty-nine proved fast sailers and profitable crafts. The Scotch are the only nation which still cling to the old superstition, but even Scotch sea captains will put to sea on Friday if under orders.—Detroit Free Press.

Why waste your arguments on one who will not be convinced? Yet if you keep your arguments till they are sure to convince, they are to be found rusty when they are put to use.

A LEVEL HEAD.

The Advantage of Presence of Mind in an Emergency.

During the late strike on the New York Central railroad the militia were ordered to be in readiness in case of a riot, but they were not called out.

In an interview Governor Hill said the troops were not to be called upon except in case of an emergency. The emergency had not arisen; therefore, they would not be ordered out. He remarked that this was the first great strike with which he had had experience, and he did not propose to lose his head; the only point at which there had then been serious trouble was at Syracuse, and there a Deputy Sheriff had lost his head and precipitated an encounter.

The strike continued several weeks, and there was riotous action at various points along the road, but the civil authorities were able to cope with it without calling on the militia.

The test of a man's real ability comes when an emergency arises which makes a hasty call on his good judgment and discretion. The man who retains his presence of mind, maintains his equipoise and exercises sound discretion at such critical junctures is to be relied on, and will be put to the front.

Men with level heads have the staying qualities which do not falter in the face of danger. Otis A. Cole of Kinsman, O., June 10, 1890, writes: "In the fall of 1888 I was feeling very ill. I consulted a doctor, and he said I had Bright's disease of the kidneys and that he would not stand in my shoes for the State of Ohio." But he did not lose courage or give up; he says: "I saw the testimonial of Mr. John Coleman, 100 Gregory street, New Haven, Conn., and I wrote to him. In due time I received an answer, stating that the testimonial that he gave was genuine and not overdrawn in any particular. I took a good many bottles of Warner's Safe Cure; have not taken any for one year."

Governor Hill is accounted a very successful man; he is cool and calculating, and belongs to the class that do not lose their heads when emergencies arise.

We know what the girl who never thinks talks about. Now we would like to find out what the girl who never talks thinks about.

RELIEVED OF KIDNEY TROUBLE.

S. J. CRONIN, ROSSINI HOUSE, TORONTO, CANADA, writes:

"I have been troubled with a backache for some time past and great difficulty in passing urine. Three weeks ago I applied an ALLCOCK'S POROUS PLASTER, and have done so every five days since. Almost immediately I had partial relief, and now I am entirely free from pain—water passing freely and perfectly clear, without burning. I owe my great relief to ALLCOCK'S POROUS PLASTERS, and heartily recommend them in any case of kidney trouble."

"It don't hurt much to get smashed," said a railroad brakeman, "but it's the scrapin' an' sewin' at the hospital that makes you swear."

Sudden changes of the weather often cause pulmonary, bronchial and asthmatic troubles. "*Brown's Bronchial Troches*" will allay the irritation which induces coughing, giving immediate relief.

No matter how good a man may be, he does not like to have people think he could not be wicked if he should try.

Dobbins' Electric Soap does not chap the hands, being *perfectly pure*. Many people afflicted with salt rheum have been cured by its use. Preserves and whitens clothes. Have your grocer order it, and try it *now*.

Some American colleges would never be heard of if the students didn't cut up occasionally and do something outrageous.

RUPTURE AND PILES CURED.

We positively cure rupture and all rectal diseases without pain or detention from business. No cure, no pay; and no pay until cured. Address for pamphlet Drs. Porterfield & Losey, 838 Market street, San Francisco.

TRY GERMEA for breakfast.

HOW'S THIS?

We offer $100 reward for any case of catarrh that cannot be cured by taking Hall's Catarrh Cure. F. J. CHENEY & CO., Proprietors, Toledo, O.

We, the undersigned, have known F. J. Cheney for the last fifteen years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by their firm. WEST & TRUAX, Wholesale Druggists, Toledo, O.

WALDING, KINNAN & MARVIN, Wholesale Druggists, Toledo, O.

Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Price, 75 cents per bottle. Sold by all druggists.

Beware of imitations of the celebrated Seal of North Carolina Plug Cut Tobacco.

SURE CURE FOR PILES.

Sure cure for blind, bleeding and itching piles. One box has cured the worst case of ten years' standing. No one need suffer ten minutes after using Kirk's German Pile Ointment. It absorbs tumors, allays the itching, acts as a poultice, gives relief. Dr. Kirk's German Pile Ointment is prepared only for Piles and itching of the private parts, and nothing else. Every box is warranted. Sold by Druggists and sent by mail on receipt of price, $1.00 per box. J. J. Mack & Co., Wholesale Agents, San Francisco.

ONE ENJOYS

Both the method and results when Syrup of Figs is taken; it is pleasant and refreshing to the taste, and acts gently yet promptly on the Kidneys, Liver and Bowels, cleanses the system effectually, dispels colds, headaches and fevers and cures habitual constipation permanently. For sale in 50c and $1 bottles by all druggists.

CALIFORNIA FIG SYRUP CO

SAN FRANCISCO, CAL.

LOUISVILLE, KY. NEW YORK, N.Y.

$75 00 to $250 00 A MONTH can be made working for us. Persons preferred who can furnish a horse and give their whole time to the business. Spare moments may be profitably employed also. A few vacancies in towns and cities. B. F. JOHNSON & CO., 1009 Main St., Richmond, Va.

EVERY SKIN AND SCALP DISEASE, whether torturing, disfiguring, humiliating, itching, burning, bleeding, scaly, crusted, pimply or blotchy, with loss of hair, from pimples to the most distressing eczemas, and every humor of the blood, whether simple, scrofulous or hereditary, is speedily, permanently and economically cured by the CUTICURA REMEDIES, consisting of CUTICURA, the great skin cure, CUTICURA SOAP, an exquisite skin purifier and beautifier, and CUTICURA RESOLVENT, the new blood and skin purifier and greatest of humor remedies, when the best physicians and all other remedies fail. This is strong language, but true. Thousands of grateful testimonials from infancy to age attest their wonderful, unfailing and incomparable efficacy.

Sold everywhere. Price, CUTICURA, 50c; SOAP, 25c; RESOLVENT, $1. Prepared by Potter Drug and Chemical Corporation, Boston, Mass.

Send for "How to Cure Skin and Blood Diseases."

Pimples, blackheads, chapped and oily skin prevented by CUTICURA SOAP.

Rheumatism, kidney pains and muscular weakness relieved in one minute by the CUTICURA ANTI-PAIN PLASTER. 25c.

WINTER IS COMING.

Send to **Smith's** for your winter outfit. They have the biggest stock of underclothing. They have the best boots and shoes. They have the cheapest hosiery for everybody. They have the greatest variety of dry goods. They have family groceries of all kinds. They have dried fruit of the new crop. They have canned goods at wholesale prices. They have warm mittens and gloves. They have blankets from $1.25 pair up. They have comforts from 90 cents each to $5. They have overalls of every size. They pay special attention to all orders. Address for full particulars and copy of *Home Circle* (free) **Smith's Cash Store, 418 Front Street, San Francisco, Cal.**

BEECHAM'S PILLS

PAINLESS. EFFECTUAL. WORTH A GUINEA A BOX.

For BILIOUS & NERVOUS DISORDERS

Such as Wind and Pain in the Stomach, Fullness and Swelling after Meals, Dizziness, and Drowsiness, Cold Chills, Flushings of Heat, Loss of Appetite, Shortness of Breath, Costiveness, Scurvy, Blotches on the Skin, Disturbed Sleep, Frightful Dreams, and all Nervous and Trembling Sensations, &c.

THE FIRST DOSE WILL GIVE RELIEF IN TWENTY MINUTES.

BEECHAM'S PILLS TAKEN AS DIRECTED RESTORE FEMALES TO COMPLETE HEALTH.

For Sick Headache, Weak Stomach, Impaired Digestion, Constipation, Disordered Liver, etc.,

they *ACT LIKE MAGIC, Strengthening* the muscular *System*, restoring long-lost *Complexion*, bringing back the *keen edge of appetite*, and arousing with the *ROSEBUD OF HEALTH* the *whole physical energy* of the human frame. One of the best guarantees to the *Nervous and Debilitated* is that **BEECHAM'S PILLS HAVE THE LARGEST SALE OF ANY PROPRIETARY MEDICINE IN THE WORLD.**

Prepared only by THOS. BEECHAM, St. Helens, Lancashire, England.

Sold by Druggists generally. B. F. ALLEN CO., 365 and 367 Canal St., New York, Sole Agents for the United States, who (if your druggist does not keep them) WILL SELL BEECHAM'S PILLS on RECEIPT of PRICE, 25c. a BOX. (MENTION THIS PAPER.)

An education THAT CAN BE USED EVERY DAY is the kind that pays. Scores of young business men, and hundreds of book-keepers and stenographers of both sexes, attribute their success to a course at the **Portland Business College**, Portland, Oregon, or the **Capital Business College**, Salem, Oregon. Both are under the management of A. P. Armstrong, have same courses of study, same rates of tuition. *Business, Shorthand, Typewriting, Penmanship and English Departments.* Write to either for joint Catalogue and specimens of penmanship.

Dr. Price's Cream Baking Powder

A Pure Cream of Tartar Powder. Superior to every other known. Used in Millions of Homes—40 Years the Standard.

Delicious Cake and Pastry, Light Flaky Biscuit, Griddle Cakes, Palatable and Wholesome.

No other baking powder does such work.

GREAT MEN

are like Sapolio.—They waste themselves to make the world brighter. SAPOLIO is the electric light of house-cleaning.

THE OLD RUT

and old methods are not the easiest by far. Many people travel them because they have not tried the better way. It is a relief from a sort of slavery to break away from old-fashioned methods and adopt the labor-saving and strength-sparing inventions of modern times. Get out of old ruts and into new ways by using a cake of SAPOLIO in your house-cleaning.

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